

Collingwood Standards Awarded to 05/03/15

Name	Distance	Gender	Cat	Time	Award Standard	Course	Date
Andy Randall	10K	M	M	00:40:43	Bronze	Richmond 10k	19/06/2011
Andy Randall	10K	M	SM	00:40:11	Silver	Valentines 10K	16/02/2014
Andy Randall	13.1M	M	SM	01:29:28	Silver	Croydon Half	30/03/2014
Annette Helliwell	10K	F	V45	00:50:58	Bronze	Croydon 10K	16/10/2011
Annette Helliwell	10K	F	V45	00:45:49	Silver	Croydon 10K	20/10/2013
Annette Helliwell	10K	F	V45	00:45:09	Gold	Sutton 10k	11/05/2014
Annette Helliwell	10M	F	V45	01:27:45	Bronze	Dorking 10	05/06/2011
Annette Helliwell	10M	F	V55	01:15:01	ELITE	Dorking 10	01/06/2014
Annette Helliwell	13.1M	F	V45	01:43:47	Silver	Brighton Half	16/02/2014
Annette Helliwell	26.2M	F	V45	04:22:52	Bronze	Liverpool Marathon	14/10/2012
Annette Helliwell	26.2M	F	V55	03:44:40	Gold	Nottingham Marathon	28/09/2014
Annette Helliwell	5K	F	V45	00:24:37	Bronze	Battersea Park Self Trans	23/05/2011
Annette Helliwell	5K	F	V45	00:24:30	Silver	Battersea Park Self Trans	14/05/2012
Annette Helliwell	5K	F	V55	00:21:55	ELITE	Self Transcendence 5k	02/06/2014
Antony Constantinou	10K	M	V50	00:38:59	ELITE	Richmond 10k	22/06/2014
Antony Constantinou	5K	M	V50	00:18:40	ELITE	Self Transcendence 5k	30/06/2014
Bill Walsh	10M	M	V50	01:09:58	Gold	Tadworth 10	06/01/2013
Bill Walsh	13.1M	M	V40	01:29:23	Silver	Brighton Half	20/02/2011
Bill Walsh	26.2M	M	V40	03:19:46	Bronze	Brighton Marathon	15/04/2012
Cat Gaskell	10K	F	W	00:49:06	Bronze	Croydon 10k	21/10/2012
Cat Gaskell	10M	F	W	01:21:51	Bronze	Dorking 10	10/06/2012
Cat Gaskell	13.1M	F	SL	01:45:47	Bronze	Great North Run	15/09/2013
Cat Gaskell	5K	F	W	00:22:46	Bronze	Battersea Park Self Trans	02/07/2012
David Johnson	13.1M	M	M	01:24:52	Silver	Watford Half	06/02/2011
Elaine Reid	10K	F	V35	00:48:24	Bronze	Valentines 10K	16/02/2014
Elaine Reid	10M	F	V35	01:21:51	Bronze	Dorking 10	01/06/2014
Elaine Reid	13.1M	F	V35	01:48:40	Bronze	Richmond Half	04/05/2014
Elaine Reid	5K	F	V35	00:23:08	Bronze	Self Transcendence 5k	23/06/2014
Ercole Lugari	10K	M	M	00:40:50	Bronze	Croydon 10k	21/10/2012
Ercole Lugari	10M	M	M	01:12:06	Bronze	Epsom 10	20/11/2011
Ercole Lugari	10M	M	M	01:06:48	Silver	Folkestone 10 mile	29/03/2013
Ercole Lugari	13.1M	M	M	01:30:38	Bronze	Silverstone Half	11/03/2012
Ercole Lugari	26.2M	M	M	03:17:14	Bronze	Milan	15/04/2012
Ercole Lugari	5K	M	M	00:19:15	Silver	Dulwich Midsummer 5K	20/06/2012
Jason Smith	5K	M	V40	00:20:52	Silver	Battersea Park Self Trans	02/07/2012
Karen Chart	5K	F	V35	00:24:48	Bronze	Self Transcendence 5k	30/06/2014
Maggie Swinnerton	10K	F	V55	01:00:06	Bronze	Valentines 10K	16/02/2014
Mark Constantinou	10K	M	M50	00:38:09	ELITE	Sutton 10k	11/05/2014
Mark Constantinou	10M	M	M50	01:02:28	ELITE	Dorking 10	01/06/2014
Mark Constantinou	5K	M	V50	00:18:16	ELITE	Self Transcendence 5k	30/06/2014
Martin Lloyd	10K	M	M50	00:39:16	ELITE	Sutton 10K	12/05/2013
Martin Lloyd	10K	M	V50	00:40:08	Gold	Sutton 10K	01/05/2011
Martin Lloyd	10M	M	V50	01:05:52	ELITE	Dorking 10	05/06/2011
Martin Lloyd	13.1M	M	V50	01:31:05	Silver	Croydon Half	03/04/2011
Martin Lloyd	26.2M	M	V50	03:27:43	Silver	Brighton Marathon	10/04/2011
Mary James	10K	F	V35	00:42:19	Gold	Sutton 10K	13/05/2012
Mary James	13.1M	F	V35	01:30:12	Gold	Brighton Half	16/02/2014

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Melvin Trundley	10K	M	M60	00:55:00	Bronze	Sutton 10K	12/05/2013
Melvin Trundley	5K	M	V60	00:25:20	Bronze	Battersea Park Self Trans	01/07/2013
Neil Reissland	10K	M	V40	00:35:23	ELITE	Richmond 10k	24/06/2012
Neil Reissland	5K	M	V40	00:16:56	ELITE	Battersea Park Self Trans	21/05/2012
Nigel Wood	10K	M	V50	00:41:38	Gold	Ashford and District	06/02/2011
Nigel Wood	10M	M	V50	01:09:45	Gold	Wiltshire 10	13/02/2011
Nigel Wood	13.1M	M	V50	01:34:43	Silver	Lydd Half	13/03/2011
Nigel Wood	5K	M	M50	00:20:17	Gold	Bridge Inn 5k	28/05/2013
Ria Trundley	10K	F	V65	01:05:50	Bronze	Sutton 10K	12/05/2013
Ria Trundley	5K	F	V65	00:31:46	Bronze	Battersea Park Self Trans	01/07/2013
Roger Bryant	10K	M	V45	00:36:56	ELITE	Richmond 10k	24/06/2012
Roger Bryant	10M	M	V45	01:02:16	ELITE	Dorking 10	10/06/2012
Roger Bryant	5K	M	V45	00:17:44	ELITE	Dulwich Midsummer 5K	20/06/2012
Ruth Cottam	10K	F	V45	00:52:27	Bronze	Valentines 10K	13/02/2011
Ruth Cottam	13.1M	F	V45	01:53:48	Bronze	Reading Half	20/03/2011
Ruth Cottam	26.2M	F	L45	04:04:17	Bronze	Kent Roadrunner M	01/06/2013
Trish Coombs	10K	F	V65	00:59:05	Silver	Sutton 10K	12/05/2013
Trish Coombs	10M	F	V65	01:39:23	Silver	Dorking 10	02/06/2013
Trish Coombs	13.1M	F	V65	02:08:39	Silver	Edinburgh Half	26/05/2013
Trish Coombs	26.2M	F	V65	04:53:51	Silver	London M	21/05/2013