

Distance	Time	Race	Date	Name	P B	CB	Type	Gender	Age
1.87M	00:11:43	Nonsuch Park Relay -4 x 1.87 Miles/3k	04/07/2012	Mary James			ROAD	F	37
1.87M	00:13:36	Nonsuch Park Relay -4 x 1.87 Miles/3k	04/07/2012	Cat Gaskell			ROAD	F	31
1.87M	00:14:15	Nonsuch Park Relay -4 x 1.87 Miles/3k	04/07/2012	Elaine Reid			ROAD	F	42
1.87M	00:14:20	Nonsuch Park Relay -4 x 1.87 Miles/3k	04/07/2012	Ruth Cottam			ROAD	F	47
1.87M	00:14:32	Nonsuch Park Relay -4 x 1.87 Miles/3k	04/07/2012	Annette Helliwell			ROAD	F	53
1.87M	00:15:16	Nonsuch Park Relay -4 x 1.87 Miles/3k	04/07/2012	Prisca Abalo			ROAD	F	39
1.87M	00:15:51	Nonsuch Park Relay -4 x 1.87 Miles/3k	04/07/2012	Alicia Fox			ROAD	F	47
1.87M	00:16:26	Nonsuch Park Relay -4 x 1.87 Miles/3k	04/07/2012	Tish Coombs			ROAD	F	67
1.87M	00:16:51	Nonsuch Park Relay -4 x 1.87 Miles/3k	04/07/2012	Gill Stalley			ROAD	F	48
1.87M	00:18:46	Nonsuch Park Relay -4 x 1.87 Miles/3k	04/07/2012	Karen Patching			ROAD	F	41
1.87M	00:18:48	Nonsuch Park Relay -4 x 1.87 Miles/3k	04/07/2012	Maggie Swinerton			ROAD	F	55
1.87M	00:19:12	Nonsuch Park Relay -4 x 1.87 Miles/3k	04/07/2012	Ria Rundley			ROAD	F	64
1.87M	00:20:41	Nonsuch Park Relay -4 x 1.87 Miles/3k	04/07/2012	NicolaARRANT			ROAD	F	28
1.87M	00:23:20	Nonsuch Park Relay -4 x 1.87 Miles/3k	04/07/2012	Alicia Symonds Taylor			ROAD	F	54
10K	00:42:19	Stutton 10k	13/05/2012	Mary James		y	ROAD	F	36
10K	00:42:25	Ridmond 10k	24/06/2012	Mary James			ROAD	F	37
10K	00:44:26	Elmbridge 10k	22/07/2012	Mary James			ROAD	F	37
10K	00:45:19	Xshott 10k	30/10/2011	Mary James			ROAD	F	36
10K	00:45:22	Croydon 10k	16/10/2011	Jenny Infield			ROAD	F	35
10K	00:45:37	Xshott 10k	30/10/2011	Jenny Infield			ROAD	F	35
10K	00:45:53	Surrey Classic Series - Nonsuch Park 10k	06/11/2011	Jenny Infield			ROAD	F	35
10K	00:47:36	Elmbridge 10k	22/07/2012	Nicola Stevenson			ROAD	F	33
10K	00:49:41	Surrey Classic Series - Nonsuch Park 10k	06/11/2011	Elaine Reid	y		ROAD	F	41
10K	00:49:46	Stutton 10k	13/05/2012	Elaine Reid			ROAD	F	42
10K	00:49:49	Valentine's 10k	12/02/2012	Elaine Reid			ROAD	F	42
10K	00:50:02	Valentine's 10k	12/02/2012	Jenny Infield			ROAD	F	35
10K	00:50:15	Elmbridge 10k	22/07/2012	Elaine Reid			ROAD	F	42
10K	00:50:24	Horton Country Park 10k	18/12/2011	Elaine Reid			ROAD	F	42
10K	00:50:35	Ridmond 10k	24/06/2012	Elaine Reid			ROAD	F	42
10K	00:50:51	Xshott 10k	30/10/2011	Elaine Reid	y		ROAD	F	41
10K	00:50:58	Croydon 10k	16/10/2011	Annette Helliwell	y		ROAD	F	52

Distance	Time	Race	Date	Name	P B	CB	Type	Gender	Age
10K	00:51:05	Valentine's10k	12/02/2012	Ruth Cottam			R O A D	F	47
10K	00:51:12	Elm bridge 10k	22/07/2012	Ruth Cottam			R O A D	F	47
10K	00:51:12	HortonCountryPark10k	18/12/2011	Annette Helliwell			R O A D	F	52
10K	00:51:12	Richmond 10k	24/06/2012	Annette Helliwell			R O A D	F	53
10K	00:51:22	Elm bridge 10k	22/07/2012	Annette Helliwell			R O A D	F	53
10K	00:51:35	Surrey ClassicSeries-Non-suchPark10k	06/11/2011	Annette Helliwell			R O A D	F	52
10K	00:51:45	Valentine's10k	12/02/2012	Annette Helliwell		y	R O A D	F	52
10K	00:51:49	Elm bridge 10k	22/07/2012	PiscaAbdo			R O A D	F	39
10K	00:51:50	Surrey ClassicSeries-Non-suchPark10k	06/11/2011	Ruth Cottam			R O A D	F	46
10K	00:51:56	Utton 10k	13/05/2012	Rachel Tanner			R O A D	F	43
10K	00:51:58	Surrey ClassicSeries-Non-suchPark10k	06/11/2011	Cat Gaskell			R O A D	F	30
10K	00:52:16	Valentine's10k	12/02/2012	Rachel Tanner			R O A D	F	42
10K	00:52:28	Oshtott 10k	30/10/2011	Annette Helliwell			R O A D	F	52
10K	00:52:31	Croydon 10k	16/10/2011	Ruth Cottam			R O A D	F	46
10K	00:52:47	HortonCountryPark10k	18/12/2011	Ruth Cottam			R O A D	F	46
10K	00:52:48	Croydon 10k	16/10/2011	Cat Gaskell			R O A D	F	30
10K	00:53:34	Non-suchPark10k	26/02/2012	Rachel Tanner			M U L T I	F	42
10K	00:53:44	Hillcrest 10k	13/05/2012	Cat Gaskell			M U L T I	F	31
10K	00:54:25	Surrey ClassicSeries-Non-suchPark10k	06/11/2011	Alison Fox	y		R O A D	F	47
10K	00:54:38	Croydon 10k	16/10/2011	Elaine Reid			R O A D	F	41
10K	00:54:46	Folkestone Coastal 10k	27/05/2012	Annette Helliwell			R O A D	F	53
10K	00:54:47	Elm bridge 10k	22/07/2012	Cat Gaskell			R O A D	F	31
10K	00:55:26	Richmond 10k	24/06/2012	Lorraine Thomas	y		R O A D	F	40
10K	00:55:43	Croydon 10k	16/10/2011	Alison Fox			R O A D	F	47
10K	00:55:47	HortonCountryPark10k	18/12/2011	Cat Gaskell			R O A D	F	30
10K	00:55:52	Gatton 10k	25/07/2012	Cat Gaskell			M U L T I	F	31
10K	00:56:17	HortonCountryPark10k	18/12/2011	Alison Fox			R O A D	F	47
10K	00:56:22	East Grinstead 10k	25/09/2011	Annette Helliwell			M U L T I	F	52
10K	00:56:33	HortonCountryPark10k	18/12/2011	Lorraine Thomas	y		R O A D	F	40
10K	00:56:54	Elm bridge 10k	22/07/2012	Lorraine Thomas			R O A D	F	40
10K	00:56:59	London Easter Bunny 10k	09/04/2012	PiscaAbdo			R O A D	F	39

Distance	Time	Race	Date	Name	P B	CB	Type	Gender	Age
10K	00:57:12	Valentine's10k	12/02/2012	Sandhya Drew			ROAD	F	46
10K	00:57:13	Valentine's10k	12/02/2012	Alison Fox			ROAD	F	47
10K	00:57:19	Heartbreak 10k	26/02/2012	Jenny S infield			MULTI	F	35
10K	00:57:32	Horton Country Park 10k	18/12/2011	Gill S talley	y		ROAD	F	48
10K	00:57:33	xshott 10k	30/10/2011	Cat Gaskell			ROAD	F	30
10K	00:57:35	Richmond 10k	24/06/2012	Alison Fox			ROAD	F	47
10K	00:57:40	xshott 10k	30/10/2011	Lorraine Thomas		y	ROAD	F	40
10K	00:57:50	Elmbridge 10k	22/07/2012	Alison Fox			ROAD	F	47
10K	00:59:14	Valentine's10k	12/02/2012	Gill S talley		y	ROAD	F	48
10K	00:59:37	Surrey Classics Series - Nonsuch Park 10k	06/11/2011	Gill S talley		y	ROAD	F	48
10K	00:59:40	xshott 10k	30/10/2011	Gill S talley		y	ROAD	F	48
10K	01:00:29	Elmbridge 10k	22/07/2012	Tish Coombs			ROAD	F	68
10K	01:00:56	Gatton 10k	25/07/2012	Ruth Cottam			MULTI	F	47
10K	01:01:11	Nonsuch Park 10k	26/02/2012	Mel Bonard			MULTI	F	40
10K	01:01:28	Gatton 10k	25/07/2012	Elaine Reid			MULTI	F	42
10K	01:01:30	Richmond 10k	24/06/2012	Tish Coombs			ROAD	F	67
10K	01:01:31	Gatton 10k	25/07/2012	Annette Helliwell			MULTI	F	53
10K	01:02:31	Valentine's10k	12/02/2012	Cat Gaskell			ROAD	F	30
10K	01:03:15	Croydon 10k	16/10/2011	Karen Weighall	y		ROAD	F	44
10K	01:04:04	Elmbridge 10k	22/07/2012	Sandhya Drew			ROAD	F	47
10K	01:07:07	London Easter Bunny 10k	09/04/2012	Janet Nash			ROAD	F	51
10K	01:07:28	Richmond 10k	24/06/2012	Ria Rundley			ROAD	F	64
10K	01:08:45	Valentine's10k	12/02/2012	Nicola Arant			ROAD	F	27
10K	01:09:27	Hillcrest 10k	13/05/2012	Karen Weighall			MULTI	F	45
10K	01:10:04	BUPA 10k	27/05/2012	Karen Weighall			ROAD	F	45
10K	01:10:12	Gatton 10k	25/07/2012	Ria Rundley			MULTI	F	65
10K	01:11:25	Hillcrest 10k	13/05/2012	Ria Rundley			MULTI	F	64
10K	01:11:52	London Easter Bunny 10k	09/04/2012	Nicola Arant			ROAD	F	28
10K	01:13:57	Elmbridge 10k	22/07/2012	Ria Rundley			ROAD	F	65
10K	01:14:07	Traillblazer 10k	12/05/2012	Michele Watrough			MULTI	F	58
10K	01:16:42	Stutton 10k	13/05/2012	Kate Knight			ROAD	F	52

Distance	Time	Race	Date	Name	PB	CB	Type	Gender	Age
10K	01:18:11	Valentine's10k	12/02/2012	Kate Knight			R O A D	F	52
10K	01:21:03	R eigateP rioritySummer Evening 10k	04/07/2012	Kate Knight		y	M U L T I	F	52
10K	01:21:11	Elm bridge 10k	22/07/2012	Kate Knight			R O A D	F	52
10K	01:21:46	Croydon 10k	16/10/2011	Kate Knight			R O A D	F	52
10K	01:24:24	Sutton 10k	13/05/2012	Jeanl uested	y		R O A D	F	64
10K	01:25:08	R ichmond 10k	24/06/2012	Kate Knight			R O A D	F	52
10K	01:26:04	Croydon 10k	16/10/2011	Jeanl uested			R O A D	F	63
10K	01:26:15	Surrey Classics Series-Il onsworthP ark10k	06/11/2011	Kate Knight			R O A D	F	52
10K	01:35:42	HortonCountryP ark10k	18/12/2011	Kate Knight			R O A D	F	52
10K	01:40:52	Gatton 10k	25/07/2012	Kate Knight			M U L T I	F	52
10M	01:20:52	Dorking 10	10/06/2012	N icolaS tevenson			R O A D	F	33
10M	01:21:51	Dorking 10	10/06/2012	Cat Gaskell	y		R O A D	F	31
10M	01:24:37	Dorking 10	10/06/2012	R uth Cottam	y		R O A D	F	47
10M	01:24:53	T empest 10	04/09/2011	Cat Gaskell	y		R O A D	F	30
10M	01:27:10	T adworth10	02/01/2012	ElaineR eid	y		M U L T I	F	42
10M	01:27:17	Epsom 10	20/11/2011	R uth Cottam	y		R O A D	F	46
10M	01:27:34	Dorking 10	10/06/2012	AnnetteHelliwell			R O A D	F	53
10M	01:28:12	Dorking 10	10/06/2012	P riscaAbdo			R O A D	F	39
10M	01:28:19	T empest 10	18/03/2012	R achelT amer			R O A D	F	42
10M	01:29:13	T adworth10	02/01/2012	AnnetteHelliwell			M U L T I	F	52
10M	01:29:27	Epsom 10	20/11/2011	ElaineR eid			R O A D	F	41
10M	01:29:41	Dorking 10	10/06/2012	R achelT amer			R O A D	F	43
10M	01:32:44	T adworth10	02/01/2012	R uth Cottam		y	M U L T I	F	46
10M	01:33:20	U stendBruges10	04/03/2012	L orrairel hom as	y		R O A D	F	40
10M	01:36:56	T adworth10	02/01/2012	Cat Gaskell			M U L T I	F	30
10M	01:39:08	Epsom 10	20/11/2011	L orrairel hom as	y		R O A D	F	40
10M	01:39:08	Epsom 10	20/11/2011	Alison Fox			R O A D	F	47
10M	01:41:28	Dorking 10	10/06/2012	T rish Coombs			R O A D	F	67
10M	01:45:25	T adworth10	02/01/2012	L orrairel hom as			M U L T I	F	40
10M	01:45:26	T adworth10	02/01/2012	Alison Fox			M U L T I	F	47
10M	01:45:54	Epsom 10	20/11/2011	GillS talley			R O A D	F	48

Distance	Time	Race	Date	Name	P B	CB	Type	Gender	Age
10M	01:47:37	Tempest 10	04/09/2011	Karen Weighall			ROAD	F	44
10M	01:48:04	Dorking 10	10/06/2012	Karen Weighall			ROAD	F	45
10M	02:05:44	Dorking 10	10/06/2012	NicolaARRANT			ROAD	F	28
10M	02:09:27	Dorking 10	10/06/2012	Kate Knight		y	ROAD	F	52
10M	02:15:30	Dorking 10	10/06/2012	Harriet Archer			ROAD	F	44
10M	02:20:20	Epsom 10	20/11/2011	Kate Knight			ROAD	F	52
10M	02:45:32	Tadworth 10	02/01/2012	Kate Knight			MULTI	F	52
13.4M	02:06:08	Brighton Half	19/02/2012	Rachel Tamer			ROAD	F	42
13.4M	02:20:28	Brighton Half	19/02/2012	Sandhya Drew			ROAD	F	46
13.4M	03:09:02	Brighton Half	19/02/2012	Kate Knight			ROAD	F	52
16M	02:46:56	Kingston 16	01/04/2012	Tish Coombs			ROAD	F	67
16M	03:10:43	Midsomer Norton Ultra Half	23/06/2012	Cat Gaskell			MULTI	F	31
16M	03:39:18	Midsomer Norton Ultra Half	23/06/2012	Melanie Ross			MULTI	F	37
1M	00:06:56	Self Transcendence 3 x 1 Mile Relay	25/06/2012	Annette Helliwell			ROAD	F	53
1M	00:08:15	Fetch Mile - Battersea	18/02/2012	Alison Fox			ROAD	F	47
2.6M	00:23:47	Beckenham AC (Forbanks) Relay	09/05/2012	Sandhya Drew			ROAD	F	46
20M	03:01:52	S pitfire 20	18/03/2012	Ruth Cottam			ROAD	F	47
20M	03:06:42	S pitfire 20	18/03/2012	Cat Gaskell	y		ROAD	F	30
20M	03:20:34	S pitfire 20	18/03/2012	Elaine Reid			ROAD	F	42
20M	03:26:14	S pitfire 20	18/03/2012	Alison Fox			ROAD	F	47
20M	03:47:18	S pitfire 20	18/03/2012	Tish Coombs			ROAD	F	67
20M	04:12:22	Compton 20	07/04/2012	Melanie Ross			MULTI	F	37
20M	04:56:10	S pitfire 20	18/03/2012	Kate Knight			ROAD	F	52
21.098K	01:46:19	New Forest Half	25/09/2011	Jenny Sinfild			MULTI	F	35
21.098K	01:50:26	Richmond Half	06/05/2012	Ruth Cottam	y		ROAD	F	47
21.098K	01:51:48	Richmond Half	06/05/2012	Cat Gaskell	y		ROAD	F	31
21.098K	01:52:14	Reading Half	01/04/2012	Ruth Cottam			ROAD	F	47
21.098K	01:53:27	Robin Hood Half	11/09/2011	Cat Gaskell			ROAD	F	30
21.098K	01:53:39	Croydon Half	01/04/2012	Elaine Reid			ROAD	F	42
21.098K	01:54:06	Great Birmingham Half	23/10/2011	Annette Helliwell			ROAD	F	52
21.098K	01:54:51	Croydon Half	01/04/2012	Annette Helliwell			ROAD	F	52

Distance	Time	Race	Date	Name	P B	CB	Type	Gender	Age
21.098K	01:56:08	Shakespeare Marathon (Half)	29/04/2012	Ruth Cottam			ROAD	F	47
21.098K	01:56:36	Tunbridge Wells Half	26/02/2012	Cat Gaskell			ROAD	F	30
21.098K	01:58:08	Hastings Half	25/03/2012	Annette Helliwell			ROAD	F	52
21.098K	01:58:24	Shakespeare Marathon (Half)	29/04/2012	Annette Helliwell			ROAD	F	52
21.098K	02:00:48	Reading Half	01/04/2012	Jo Parsons			ROAD	F	41
21.098K	02:02:21	Paddock Wood Half	01/04/2012	Alison Fox	y		ROAD	F	47
21.098K	02:03:45	Richmond Half	06/05/2012	Elaine Reid			ROAD	F	42
21.098K	02:04:22	Eastbourne Half	04/03/2012	Rachel Tanner			ROAD	F	42
21.098K	02:04:29	Barns Green Half	30/10/2011	Alison Fox	y		ROAD	F	47
21.098K	02:06:57	Reading Half	01/04/2012	Mel Bonard			ROAD	F	40
21.098K	02:08:09	Croydon Half	01/04/2012	Pisca Abdo			ROAD	F	39
21.098K	02:08:56	Selsdon Half	24/03/2012	Rachel Tanner			ROAD	F	42
21.098K	02:09:11	Hastings Half	25/03/2012	Lorraine Thomas	y		ROAD	F	40
21.098K	02:18:21	Eastbourne Half	04/03/2012	Mel Bonard			ROAD	F	40
21.098K	02:18:24	Richmond Half	06/05/2012	Tish Coombs			ROAD	F	67
21.098K	02:22:17	Bolbec Half	03/09/2011	Tish Coombs			ROAD	F	67
21.098K	02:34:29	Paddock Wood Half	01/04/2012	Ria Rundley			ROAD	F	64
21.098K	02:36:54	Bewl Water Half	05/05/2012	Alison Fox			MULTI	F	47
21.098K	02:36:59	Bewl Water Half	05/05/2012	Lorraine Thomas			MULTI	F	40
21.098K	02:52:31	Bewl Water Half	05/05/2012	Sandhya Drew			MULTI	F	46
21.098K	02:53:50	Eastbourne Half	04/03/2012	Kate Knight			ROAD	F	52
21.098K	02:58:45	Richmond Half	06/05/2012	Kate Knight			ROAD	F	52
21.098K	03:00:16	Tunbridge Wells Half	26/02/2012	Kate Knight			ROAD	F	52
21.098K	03:10:35	Croydon Half	01/04/2012	Kate Knight			ROAD	F	52
21.098K	03:14:51	Hastings Half	25/03/2012	Kate Knight			ROAD	F	52
21.098K	03:16:29	New Forest Half	25/09/2011	Kate Knight			MULTI	F	52
21.098K	03:40:00	Bewl Water Half	05/05/2012	Kate Knight			MULTI	F	52
26.2M	05:50:16	Druids Challenge -Day 3	13/11/2011	Annette Helliwell			MULTI	F	52
26.7M	04:13:37	A20 Path 'n' Downs	13/11/2011	Melanie Ross			MULTI	F	36
26.8M	05:35:36	Druids Challenge -Day 2	12/11/2011	Annette Helliwell			MULTI	F	52
29M	06:25:50	Druids Challenge -Day 1	11/11/2011	Annette Helliwell			MULTI	F	52

Distance	Time	Race	Date	Name	PB	CB	Type	Gender	Age
2M	00:14:46	Self Transcendence 2	09/07/2012	Annette Helliwell			ROAD	F	53
3.5M	00:28:47	Standard Chartered City Race 3.5	12/07/2012	Sandhya Drew			ROAD	F	47
3.7M	00:24:16	TOE - Norwich Park 3.7	12/06/2012	Mary James			ROAD	F	37
3.7M	00:24:42	TOE - Hogs Hill 3.7	13/06/2012	Mary James			MULTI	F	37
3.7M	00:28:35	TOE - Norwich Park 3.7	12/06/2012	Cat Gaskell			ROAD	F	31
3.7M	00:28:51	TOE - Norwich Park 3.7	12/06/2012	Annette Helliwell			ROAD	F	53
3.7M	00:29:14	TOE - Norwich Park 3.7	12/06/2012	Ruth Cottam			ROAD	F	47
3.7M	00:29:22	TOE - Hogs Hill 3.7	13/06/2012	Cat Gaskell			MULTI	F	31
3.7M	00:29:48	TOE - Hogs Hill 3.7	13/06/2012	Ruth Cottam			MULTI	F	47
3.7M	00:30:06	TOE - Norwich Park 3.7	12/06/2012	Elaine Reid			ROAD	F	42
3.7M	00:30:41	TOE - Hogs Hill 3.7	13/06/2012	Annette Helliwell			MULTI	F	53
3.7M	00:31:06	TOE - Norwich Park 3.7	12/06/2012	Prisca Abdo			ROAD	F	39
3.7M	00:32:03	TOE - Hogs Hill 3.7	13/06/2012	Elaine Reid			MULTI	F	42
3.7M	00:32:45	TOE - Hogs Hill 3.7	13/06/2012	Prisca Abdo			MULTI	F	39
3.7M	00:34:14	TOE - Hogs Hill 3.7	13/06/2012	Alicia Fox			MULTI	F	47
3.7M	00:34:18	TOE - Norwich Park 3.7	12/06/2012	Alicia Fox			ROAD	F	47
3.7M	00:34:31	TOE - Norwich Park 3.7	12/06/2012	Trish Coombs			ROAD	F	67
3.7M	00:34:39	TOE - Norwich Park 3.7	12/06/2012	Lisa Bianchi			ROAD	F	40
3.7M	00:35:01	TOE - Hogs Hill 3.7	13/06/2012	Trish Coombs			MULTI	F	67
3.7M	00:38:35	TOE - Norwich Park 3.7	12/06/2012	Gill Stalley			ROAD	F	48
3.7M	00:39:10	TOE - Norwich Park 3.7	12/06/2012	Marial Lawrence			ROAD	F	45
3.7M	00:39:12	TOE - Hogs Hill 3.7	13/06/2012	Gill Stalley			MULTI	F	48
3.7M	00:39:20	TOE - Norwich Park 3.7	12/06/2012	Ria Rundley			ROAD	F	64
3.7M	00:40:23	TOE - Hogs Hill 3.7	13/06/2012	Ria Rundley			MULTI	F	64
3.7M	00:41:58	TOE - Norwich Park 3.7	12/06/2012	Maggie Swinerton			ROAD	F	55
3.7M	00:44:48	TOE - Norwich Park 3.7	12/06/2012	Kate Knight			ROAD	F	52
3.7M	00:44:54	TOE - Hogs Hill 3.7	13/06/2012	Kate Knight			MULTI	F	52
3.7M	00:50:41	TOE - Norwich Park 3.7	12/06/2012	Alicia Symonds Ayler			ROAD	F	54
3.7M	00:51:20	TOE - Norwich Park 3.7	12/06/2012	Jean Ousted			ROAD	F	64
30M	06:35:02	Downland 30	22/07/2012	Melanie Ross			MULTI	F	37
30M	07:11:00	The Olympic	23/06/2012	Melanie Ross			MULTI	F	37

Distance	Time	Race	Date	Name	PB	CB	Type	Gender	Age
33M	07:02:05	Pilgrim sChallenge -Day 1	04/02/2012	Annette Helliw ell			M U L T I	F	52
33M	09:00:10	Pilgrim sChallenge -Day 2	05/02/2012	Annette Helliw ell			M U L T I	F	52
3M	00:21:25	Surrey County Relays	10/09/2011	Jenny S infield			R O A D	F	35
3M	00:21:31	Surrey County Relays	10/09/2011	M elanie Ross			R O A D	F	36
3M	00:22:32	Surrey County Relays	10/09/2011	Jenny S infield			R O A D	F	35
3M	00:22:35	Surrey County Relays	10/09/2011	M elanie Ross			R O A D	F	36
3M	00:24:08	Surrey County Relays	10/09/2011	Elaine Reid			R O A D	F	41
3M	00:25:31	Surrey County Relays	10/09/2011	Alison Fox			R O A D	F	47
3M	00:30:47	Surrey County Relays	10/09/2011	Karen Patching			R O A D	F	40
4.25M	00:32:48	East Surrey League -Ewell Court 4.25	05/04/2012	N icola Stevens			R O A D	F	33
4.25M	00:32:50	East Surrey League -Ewell Court 4.25	05/04/2012	R uth Cottam			R O A D	F	47
4.25M	00:32:53	East Surrey League -Ewell Court 4.25	05/04/2012	Annette Helliw ell			R O A D	F	52
4.25M	00:35:43	East Surrey League -Ewell Court 4.25	05/04/2012	Cat Gaskell			R O A D	F	30
4.25M	00:36:45	East Surrey League -Ewell Court 4.25	05/04/2012	L orraie Thomas			R O A D	F	40
4.25M	00:36:53	East Surrey League -Ewell Court 4.25	05/04/2012	P risca Abdo			R O A D	F	39
4.25M	01:04:08	East Surrey League -Ewell Court 4.25	05/04/2012	Kate Knight			R O A D	F	52
4.5M	00:45:38	Molehill Challenge -Leg 1	27/11/2011	Karen Weighall			M U L T I	F	45
4.6M	00:31:22	M obM atchv Sutton R v26.2 RRC -N onsi chP k-4.6 M iles	12/07/2012	M ary James			M U L T I	F	37
4.6M	00:36:57	M obM atchv Sutton R v26.2 RRC -N onsi chP k-4.6 M iles	12/07/2012	Cat Gaskell			M U L T I	F	31
4.6M	00:37:41	M obM atchv Sutton R v26.2 RRC -N onsi chP k-4.6 M iles	12/07/2012	Elaine Reid			M U L T I	F	42
4.6M	00:37:59	M obM atchv Sutton R v26.2 RRC -N onsi chP k-4.6 M iles	12/07/2012	Annette Helliw ell			M U L T I	F	53
4.6M	00:39:23	M obM atchv Sutton R v26.2 RRC -N onsi chP k-4.6 M iles	12/07/2012	R uth Cottam			M U L T I	F	47
4.6M	00:40:17	M obM atchv Sutton R v26.2 RRC -N onsi chP k-4.6 M iles	12/07/2012	P risca Abdo			M U L T I	F	39
4.6M	00:43:21	M obM atchv Sutton R v26.2 RRC -N onsi chP k-4.6 M iles	12/07/2012	Alison Fox			M U L T I	F	47
4.6M	00:43:26	M obM atchv Sutton R v26.2 RRC -N onsi chP k-4.6 M iles	12/07/2012	L orraie Thomas			M U L T I	F	40
4.6M	00:44:17	M obM atchv Sutton R v26.2 RRC -N onsi chP k-4.6 M iles	12/07/2012	T rish Coombs			M U L T I	F	68
4.6M	00:47:02	M obM atchv Sutton R v26.2 RRC -N onsi chP k-4.6 M iles	12/07/2012	Jude Wheeler			M U L T I	F	28
4.6M	00:48:25	M obM atchv Sutton R v26.2 RRC -N onsi chP k-4.6 M iles	12/07/2012	Gill Staley			M U L T I	F	48
4.6M	00:51:14	M obM atchv Sutton R v26.2 RRC -N onsi chP k-4.6 M iles	12/07/2012	M aggie Swinerton			M U L T I	F	55
4.6M	01:03:11	M obM atchv Sutton R v26.2 RRC -N onsi chP k-4.6 M iles	12/07/2012	Kate Knight			M U L T I	F	52
4.9K	00:19:33	Dave Clarke 5k	03/05/2012	M ary James			R O A D	F	36

Distance	Time	Race	Date	Name	P B	CB	Type	Gender	Age
4.9K	00:22:33	Dave Clarke 5k	03/05/2012	Nicola Stevenson			ROAD	F	33
4.9K	00:23:23	Dave Clarke 5k	03/05/2012	Elaine Reid			ROAD	F	42
4.9K	00:23:28	Dave Clarke 5k	03/05/2012	Cat Gaskell			ROAD	F	31
4.9K	00:23:50	Dave Clarke 5k	03/05/2012	Ruth Cottam			ROAD	F	47
4.9K	00:24:00	Dave Clarke 5k	03/05/2012	Annette Helliwell			ROAD	F	52
4.9K	00:26:33	Dave Clarke 5k	03/05/2012	Jenny Sinfield			ROAD	F	36
4.9K	00:26:54	Dave Clarke 5k	03/05/2012	Alison Fox			ROAD	F	47
4.9K	00:27:03	Dave Clarke 5k	03/05/2012	Sandhya Drew			ROAD	F	46
4.9K	00:29:07	Dave Clarke 5k	03/05/2012	Trish Coombs			ROAD	F	67
4.9K	00:30:03	Dave Clarke 5k	03/05/2012	Gill Stalley			ROAD	F	48
4.9K	00:30:13	Dave Clarke 5k	03/05/2012	Karen Weighall			ROAD	F	45
4.9K	00:31:39	Dave Clarke 5k	03/05/2012	Ria Rundley			ROAD	F	64
4.9K	00:38:09	Dave Clarke 5k	03/05/2012	Kate Knight			ROAD	F	52
42.195K	03:47:00	Bucharest Marathon	09/10/2011	Melanie Ross			ROAD	F	36
42.195K	03:57:00	Murray Marathon	04/09/2011	Melanie Ross			ROAD	F	36
42.195K	04:00:10	New Forest Marathon	25/09/2011	Melanie Ross			MULTI	F	36
42.195K	04:05:28	Kent Roadrunner Marathon	04/06/2012	Ruth Cottam	y		ROAD	F	47
42.195K	04:05:55	Portsmouth Coastal Waterside Marathon	18/12/2011	Melanie Ross			MULTI	F	37
42.195K	04:08:00	Christmas Enigma Marathon	21/12/2011	Melanie Ross			ROAD	F	37
42.195K	04:12:21	Snowdonia Marathon	29/10/2011	Melanie Ross			ROAD	F	36
42.195K	04:14:03	Milton Keynes Marathon	29/04/2012	Melanie Ross			ROAD	F	37
42.195K	04:14:37	Luton Marathon	20/11/2011	Melanie Ross			ROAD	F	36
42.195K	04:15:05	London Marathon	22/04/2012	Cat Gaskell	y		ROAD	F	30
42.195K	04:16:08	Richmond Park Marathon	20/05/2012	Melanie Ross			MULTI	F	37
42.195K	04:16:19	Dublin Marathon	31/10/2011	Ruth Cottam			ROAD	F	46
42.195K	04:20:00	Liverbird Double - Marathon 2	01/01/2012	Melanie Ross			ROAD	F	37
42.195K	04:23:00	Battle of Northampton Challenge	28/01/2012	Melanie Ross			MULTI	F	37
42.195K	04:23:22	Brighton Marathon	15/04/2012	Elaine Reid			ROAD	F	42
42.195K	04:28:56	Marrakech Marathon	29/01/2012	Annette Helliwell	y		ROAD	F	52
42.195K	04:29:12	London Marathon	22/04/2012	Melanie Ross			ROAD	F	37
42.195K	04:33:05	Gloucester Marathon	22/01/2012	Melanie Ross			ROAD	F	37

Distance	Time	Race	Date	Name	P B	CB	Type	Gender	Age
42.195K	04:34:00	M arafun	12/05/2012	M elanie Ross			R O A D	F	37
42.195K	04:34:01	100 Club AGM M arathon	08/01/2012	M elanie Ross			R O A D	F	37
42.195K	04:42:55	Brighton M arathon	15/04/2012	Alison Fox	y		R O A D	F	47
42.195K	04:43:41	Robin Hood M arathon	11/09/2011	Annette Helliwell			R O A D	F	52
42.195K	05:03:30	London M arathon	22/04/2012	Trish Coombs			R O A D	F	67
42.195K	05:46:39	Brighton M arathon	15/04/2012	M el Bonard			R O A D	F	40
42.195K	05:55:00	New Forest M arathon	11/03/2012	Ruth Cottam			M U L T I	F	47
42.195K	06:38:27	London M arathon	22/04/2012	Kate Knight			R O A D	F	52
42.195K	06:41:05	Loch Ness M arathon	02/10/2011	Kate Knight			R O A D	F	52
42.195K	06:51:17	Dublin M arathon	31/10/2011	Kate Knight			R O A D	F	52
42.195K	06:59:35	Milton Keynes M arathon	29/04/2012	Kate Knight			R O A D	F	52
4M	00:51:05	Molehill Challenge - Leg 3	27/11/2011	Karen Weighall			M U L T I	F	45
5.33M	00:39:10	Recurring Handicap	01/12/2011	Jenny Sinfeld			R O A D	F	35
5.33M	00:44:15	Recurring Handicap	01/12/2011	Annette Helliwell			R O A D	F	52
5.33M	00:44:53	Recurring Handicap	01/12/2011	Elaine Reid	y		R O A D	F	41
5.33M	00:45:56	Recurring Handicap	01/09/2011	Elaine Reid			R O A D	F	41
5.33M	00:46:01	Recurring Handicap	01/09/2011	Annette Helliwell			R O A D	F	52
5.33M	00:46:11	Recurring Handicap	01/09/2011	Ruth Cottam			R O A D	F	46
5.33M	00:49:26	Recurring Handicap	01/12/2011	Gill Stalley	y		R O A D	F	48
5.33M	00:49:30	Recurring Handicap	01/12/2011	Alison Fox			R O A D	F	47
5.33M	00:51:05	Recurring Handicap	01/12/2011	Lorraine Thomas			R O A D	F	40
5.33M	00:52:18	Recurring Handicap	01/09/2011	Gill Stalley			R O A D	F	47
5.33M	00:56:06	Recurring Handicap	01/09/2011	Karen Weighall			R O A D	F	44
5.33M	00:59:14	Recurring Handicap	01/12/2011	Michele Quatrough			R O A D	F	57
5.33M	01:02:51	Recurring Handicap	01/12/2011	Trish Coombs			R O A D	F	67
5.33M	01:08:49	Recurring Handicap	01/12/2011	Kate Knight			R O A D	F	52
50M	09:09:00	Thames Trot 50	04/02/2012	M elanie Ross			M U L T I	F	37
50M	11:15:00	Eco Trail de Paris	25/03/2012	M elanie Ross			M U L T I	F	37
56M	10:26:00	Comrades M arathon	03/06/2012	M elanie Ross			R O A D	F	37
5K	00:20:26	Monsie Park 5k parkrun	22/10/2011	M ary James			M U L T I	F	36
5K	00:20:32	Medina 10 W 5k parkrun	16/06/2012	M ary James			M U L T I	F	37

Distance	Time	Race	Date	Name	PB	CB	Type	Gender	Age
5K	00:21:02	Nonsuch Park 5k parkrun	17/09/2011	Mary James			MULTI	F	36
5K	00:22:33	Colwick 5k parkrun	07/07/2012	Nicola Stevenson			MULTI	F	33
5K	00:22:46	Selfranscendence 5k	02/07/2012	Cat Gaskell	y		ROAD	F	31
5K	00:23:29	Nonsuch Park 5k parkrun	05/06/2012	Cat Gaskell			MULTI	F	31
5K	00:23:31	Selfranscendence 5k	14/05/2012	Annette Helliwell	y		ROAD	F	52
5K	00:23:45	Selfranscendence 5k	18/06/2012	Annette Helliwell			ROAD	F	53
5K	00:23:48	Wimbleton Common 5k parkrun	31/03/2012	Cat Gaskell			ROAD	F	30
5K	00:24:00	Riddleslow 5k parkrun	04/06/2012	Cat Gaskell		y	MULTI	F	31
5K	00:24:07	Tilgate 5k parkrun	28/07/2012	Cat Gaskell			ROAD	F	31
5K	00:24:18	Dulwich 5k parkrun	14/04/2012	Ruth Cottam	y		ROAD	F	47
5K	00:24:41	Perseverance 5k	14/08/2011	Cat Gaskell			ROAD	F	30
5K	00:24:42	Kingshead Center 5k	29/08/2011	Cat Gaskell		y	ROAD	F	30
5K	00:24:54	Dulwich 5k parkrun	14/04/2012	Prisca Abalo	y		ROAD	F	39
5K	00:25:07	Richmond Park 5k parkrun	03/12/2011	Jenny Sinfield			MULTI	F	35
5K	00:25:19	Kingston 5k parkrun	12/11/2011	Cat Gaskell			MULTI	F	30
5K	00:25:24	Perseverance 5k	14/08/2011	Elaine Reid	y		ROAD	F	41
5K	00:25:51	Highbury Fields Olympic 5k parkrun	26/07/2012	Prisca Abalo			ROAD	F	39
5K	00:25:56	Nonsuch Park 5k parkrun	05/06/2012	Rachel Tanner			MULTI	F	43
5K	00:26:08	Riddleslow 5k parkrun	01/01/2012	Mary James			MULTI	F	36
5K	00:26:11	Nonsuch Park 5k parkrun	05/06/2012	Prisca Abalo		y	MULTI	F	39
5K	00:26:16	Perseverance 5k	14/08/2011	Ruth Cottam			ROAD	F	46
5K	00:26:18	Riddleslow 5k parkrun	01/01/2012	Jenny Sinfield			MULTI	F	35
5K	00:26:18	Riddleslow 5k parkrun	05/05/2012	Prisca Abalo			MULTI	F	39
5K	00:26:24	Guildford 5k parkrun	07/07/2012	Prisca Abalo			MULTI	F	39
5K	00:26:24	Richmond 5k parkrun	26/05/2012	Prisca Abalo			MULTI	F	39
5K	00:26:34	Riddleslow 5k parkrun	04/06/2012	Prisca Abalo			MULTI	F	39
5K	00:26:41	Tilgate 5k parkrun	28/07/2012	Prisca Abalo			ROAD	F	39
5K	00:26:48	Nonsuch Park 5k parkrun	21/04/2012	Prisca Abalo			MULTI	F	39
5K	00:26:54	South Manchester 5k parkrun	07/04/2012	Lorraine Thomas			ROAD	F	40
5K	00:26:57	Nonsuch Park 5k parkrun	05/06/2012	Lorraine Thomas			MULTI	F	40
5K	00:27:01	Wimbleton Common 5k parkrun	31/03/2012	Lorraine Thomas			ROAD	F	40

Distance	Time	Race	Date	Name	P B	CB	Type	Gender	Age
5K	00:27:07	Self Transcendence 5k	02/07/2012	Sandhya Drew	y		ROAD	F	46
5K	00:27:20	Dulwich Mills Summer 5k	20/06/2012	Sandhya Drew	y		ROAD	F	46
5K	00:27:29	Ridlesdown 5k parkrun	04/06/2012	Lorraine Thomas			MULTI	F	40
5K	00:27:56	Ridlesdown 5k parkrun	21/01/2012	Alison Fox		y	MULTI	F	47
5K	00:28:35	Nonsuch Park 5k parkrun	07/04/2012	Sandhya Drew			MULTI	F	46
5K	00:28:37	Nonsuch Park 5k parkrun	05/06/2012	Alison Fox			MULTI	F	47
5K	00:28:43	Nonsuch Park 5k parkrun	05/06/2012	Tish Coombs			MULTI	F	67
5K	00:28:44	Ridlesdown 5k parkrun	04/06/2012	Alison Fox			MULTI	F	47
5K	00:28:55	Perserance 5k	14/08/2011	Gill Stalley			ROAD	F	47
5K	00:29:14	Ridlesdown 5k parkrun	01/01/2012	Alison Fox			MULTI	F	47
5K	00:29:19	Nonsuch Park 5k parkrun	23/06/2012	Tish Coombs			MULTI	F	67
5K	00:29:27	Ridlesdown 5k parkrun	04/06/2012	Emily Tanner			MULTI	F	14
5K	00:29:56	Ellidardur 5k parkrun	25/05/2012	Ria Rundley			ROAD	F	64
5K	00:30:10	Ridlesdown 5k parkrun	25/12/2011	Gill Stalley			MULTI	F	48
5K	00:31:21	Ridlesdown 5k parkrun	01/01/2012	Cat Gaskell			MULTI	F	30
5K	00:31:29	Brookwell 5k parkrun	14/04/2012	Tish Coombs			ROAD	F	67
5K	00:31:42	Ridlesdown 5k parkrun	05/05/2012	Janet Nash			MULTI	F	51
5K	00:31:58	Ridlesdown 5k parkrun	01/01/2012	Gill Stalley			MULTI	F	48
5K	00:32:08	Ridlesdown 5k parkrun	07/04/2012	Karen Patching			MULTI	F	41
5K	00:32:08	St Albans 5k parkrun	28/04/2012	Nicola Arrant			ROAD	F	28
5K	00:32:13	Nonsuch Park 5k parkrun	21/04/2012	Sam Nettle			MULTI	F	33
5K	00:32:15	Ridlesdown 5k parkrun	07/04/2012	Ria Rundley	y		MULTI	F	64
5K	00:32:16	Ridlesdown 5k parkrun	04/06/2012	Marial Arance			MULTI	F	45
5K	00:32:23	Dulwich 5k parkrun	14/04/2012	Nicola Arrant	y		ROAD	F	28
5K	00:32:24	Ridlesdown 5k parkrun	19/05/2012	Marial Arance			MULTI	F	45
5K	00:32:36	Ridlesdown 5k parkrun	12/05/2012	Marial Arance			MULTI	F	45
5K	00:32:37	Milton Keynes 5k parkrun	31/03/2012	Nicola Arrant	y		MULTI	F	28
5K	00:32:41	Nonsuch Park 5k parkrun	05/06/2012	Gill Stalley			MULTI	F	48
5K	00:32:50	Ridlesdown 5k parkrun	19/05/2012	Karen Patching			MULTI	F	41
5K	00:33:05	Ridlesdown 5k parkrun	12/05/2012	Ria Rundley			MULTI	F	64
5K	00:33:09	Nonsuch Park 5k parkrun	21/04/2012	Nicola Arrant			MULTI	F	28

Distance	Time	Race	Date	Name	P B	CB	Type	Gender	Age
5K	00:33:13	Riddleslow n 5k parkrun	01/01/2012	Karen Weighall			MULTI	F	45
5K	00:33:18	Nonsuch Park 5k parkrun	05/06/2012	Ria Tundley			MULTI	F	64
5K	00:33:28	Riddleslow n 5k parkrun	03/03/2012	Ria Tundley			MULTI	F	64
5K	00:33:28	Ellidãrdalur 5k parkrun	26/05/2012	Ria Tundley			ROAD	F	64
5K	00:33:43	Nonsuch Park 5k parkrun	21/04/2012	Janet Nash			MULTI	F	51
5K	00:33:43	Highbury Fields Olympic 5k parkrun	26/07/2012	Nicola Arrant			ROAD	F	28
5K	00:34:24	Riddleslow n 5k parkrun	05/05/2012	Nicola Arrant			MULTI	F	28
5K	00:34:53	Riddleslow n 5k parkrun	04/06/2012	Jenny Sinfeld			MULTI	F	36
5K	00:35:08	Tilgate 5k parkrun	28/07/2012	Nicola Arrant			ROAD	F	28
5K	00:35:11	Richmond 5k parkrun	26/05/2012	Nicola Arrant			MULTI	F	28
5K	00:35:18	Riddleslow n 5k parkrun	04/06/2012	Frances Loss	y		MULTI	F	30
5K	00:35:18	Riddleslow n 5k parkrun	04/06/2012	Frances Loss	y		MULTI	F	30
5K	00:35:56	Nonsuch Park 5k parkrun	22/10/2011	Sophie Gaskin	y		MULTI	F	45
5K	00:36:06	Nonsuch Park 5k parkrun	29/10/2011	Sophie Gaskin			MULTI	F	45
5K	00:36:20	Killerton 5k parkrun	09/06/2012	Nicola Arrant			MULTI	F	28
5K	00:36:35	Guildford 5k parkrun	07/07/2012	Nicola Arrant			MULTI	F	28
5K	00:36:48	Nonsuch Park 5k parkrun	15/10/2011	Sophie Gaskin	y		MULTI	F	45
5K	00:36:57	Nonsuch Park 5k parkrun	05/06/2012	Kate Knight			MULTI	F	52
5K	00:37:29	Riddleslow n 5k parkrun	04/06/2012	Kate Knight			MULTI	F	52
5K	00:37:30	Dulwich 5k parkrun	14/04/2012	Alyson Symonds Ayley	y		ROAD	F	54
5K	00:37:38	Nonsuch Park 5k parkrun	26/11/2011	Sophie Gaskin			MULTI	F	45
5K	00:37:53	Nonsuch Park 5k parkrun	12/11/2011	Sophie Gaskin			MULTI	F	45
5K	00:39:13	Nonsuch Park 5k parkrun	05/06/2012	Alyson Symonds Ayley			MULTI	F	54
5K	00:39:33	Medina 10 W 5k parkrun	21/04/2012	Alyson Symonds Ayley			MULTI	F	54
5K	00:39:46	Riddleslow n 5k parkrun	04/06/2012	Alyson Symonds Ayley			MULTI	F	54
5K	00:41:14	Nonsuch Park 5k parkrun	01/10/2011	Sophie Gaskin		y	MULTI	F	45
5K	00:42:05	Dulwich 5k parkrun	14/04/2012	Jean Uested			ROAD	F	64
5K	00:42:29	Riddleslow n 5k parkrun	04/06/2012	Jean Uested			MULTI	F	64
5K	00:42:49	Nonsuch Park 5k parkrun	05/11/2011	Sophie Gaskin			MULTI	F	45
5K	00:42:54	Nonsuch Park 5k parkrun	05/06/2012	Jean Uested			MULTI	F	64
5K	00:43:02	Nonsuch Park 5k parkrun	24/09/2011	Sophie Gaskin			MULTI	F	45

Distance	Time	Race	Date	Name	P B	CB	Type	Gender	Age
5M	00:33:47	Hogsmill Ladies5	29/04/2012	Mary James			MULTI	F	36
5M	00:36:38	Switchback5	25/09/2011	Mary James			MULTI	F	36
5M	00:41:35	Hogsmill Ladies5	29/04/2012	Cat Gaskell	y		MULTI	F	31
5M	00:42:47	Switchback5	25/09/2011	Elaine Reid			MULTI	F	41
5M	00:44:32	Switchback5	25/09/2011	Cat Gaskell			MULTI	F	30
5M	00:45:58	Hogsmill Ladies5	29/04/2012	Prisca Abalo			MULTI	F	39
5M	00:46:15	Hogsmill Ladies5	29/04/2012	Alison Fox	y		MULTI	F	47
5M	00:48:33	Switchback5	25/09/2011	Lorraine Thomas			MULTI	F	40
5M	00:49:00	Hogsmill Ladies5	29/04/2012	Rachel Tanner			MULTI	F	43
5M	00:50:49	Switchback5	25/09/2011	Gill Stalley			MULTI	F	47
5M	00:51:59	Hogsmill Ladies5	29/04/2012	Janet Nash			MULTI	F	51
5M	00:54:51	Hogsmill Ladies5	29/04/2012	Ria Tundley			MULTI	F	64
5M	00:55:17	Hogsmill Ladies5	29/04/2012	Marial Lawrence			MULTI	F	45
5M	00:59:36	Hogsmill Ladies5	29/04/2012	Jenny Sinfeld			MULTI	F	36
5M	01:04:40	Hogsmill Ladies5	29/04/2012	Alison Symonds Taylor			MULTI	F	54
6.06M	00:52:02	The Perch	29/01/2012	Elaine Reid			MULTI	F	42
6.06M	00:53:06	The Perch	29/01/2012	Ruth Cottam		y	MULTI	F	47
6.06M	00:56:31	The Perch	29/01/2012	Alison Fox			MULTI	F	47
6.06M	00:56:33	The Perch	29/01/2012	Cat Gaskell			MULTI	F	30
6.06M	01:00:16	The Perch	29/01/2012	Gill Stalley			MULTI	F	48
6.06M	01:06:56	The Perch	29/01/2012	Karen Weighall			MULTI	F	45
6.06M	01:28:42	The Perch	29/01/2012	Kate Knight			MULTI	F	52
66M	16:02:15	Pilgrims Challenge - Overall	05/02/2012	Annette Helliwell			MULTI	F	52
7M	00:55:39	Elmore 7	14/07/2012	Cat Gaskell			ROAD	F	31
7M	00:56:33	Elmore 7	14/07/2012	Elaine Reid			ROAD	F	42
7M	01:01:50	Elmore 7	14/07/2012	Prisca Abalo			ROAD	F	39
7M	01:04:30	Elmore 7	14/07/2012	Lorraine Thomas			ROAD	F	40
7M	01:06:09	Elmore 7	14/07/2012	Alison Fox			ROAD	F	47
7M	01:08:21	Elmore 7	14/07/2012	Tish Coombs			ROAD	F	68
7M	01:10:18	Elmore 7	14/07/2012	Sandhya Drew			ROAD	F	47
7M	01:16:40	Elmore 7	14/07/2012	Karen Weighall			ROAD	F	45

Distance	Time	Race	Date	Name	P B	CB	Type	Gender	Age
7M	01:18:42	Elmore 7	14/07/2012	Ria Tundley			R O A D	F	65
7M	01:20:02	Elmore 7	14/07/2012	Nicola Tarrant			R O A D	F	28
7M	01:31:13	Elmore 7	14/07/2012	Kate Knight			R O A D	F	52
7M	01:35:59	Elmore 7	14/07/2012	Alison Symonds Taylor			R O A D	F	54
8.2M	01:21:36	Kingston 8.2	01/04/2012	Sharon Keefe			R O A D	F	55
82M	17:51:42	Druids Challenge - Overall	13/11/2011	Annette Helliwell			M U L T I	F	52
8K	00:50:21	Running For Women Windsor 8k	25/09/2011	Karen Weighall			R O A D	F	44
9.8K	00:50:18	Beddington Park 10k	27/11/2011	Ruth Cottam			R O A D	F	46
9.8K	00:50:41	Beddington Park 10k	27/11/2011	Annette Helliwell			R O A D	F	52
9.8K	00:56:25	Beddington Park 10k	27/11/2011	Jo Parsons			R O A D	F	41
9.8K	00:56:25	Beddington Park 10k	27/11/2011	Alison Fox			R O A D	F	47
9.8K	00:57:49	Beddington Park 10k	27/11/2011	Gill Stalley			R O A D	F	48
9.8K	00:58:04	Beddington Park 10k	27/11/2011	Sandhya Drew			R O A D	F	46
9.8K	01:19:23	Beddington Park 10k	27/11/2011	Kate Knight			R O A D	F	52