

Position	No	Athlete	Club	Age Group	Time	M/F Posn
1	190	Adam Hudson	S&D	U20M	00:23:00	1
2	544	Alex Gurteen	E&E	SM	00:23:17	2
3	546	Ollie Garod	E&E	SM	00:23:32	3
4	545	Steve Winder	E&E	M50	00:23:59	4
5	538	Daniel Wolff	E&E	SM	00:24:39	5
6	88	Pat Lucas	CRO	SM	00:24:58	6
7	452	Tatsuya Okamoto	SOC	M40	00:25:21	7
8	300	Dan Oppe	LIN	SM	00:25:26	8
9	541	Chris Ryhns	E&E	M40	00:26:20	9
10	540	Shaun Silander	E&E	M40	00:26:49	10
11	387	Joe Robinson	LIN	M40	00:26:50	11
12	534	Stuart Flack	E&E	M45	00:27:02	12
13	191	Tom Keenan	S&D	SM	00:27:13	13
14	399	Jeremy Garner	LIN	M45	00:27:56	14
15	77	Joseph O'Keefe	CRO	U20M	00:27:59	15
16	537	Gary Coleman	E&E	M45	00:28:01	16
17	76	Ernie Hann	CRO	SM	00:28:31	17
18	79	Jacob Armstrong-Plieth	CRO	M45	00:28:43	18
19	542	Laurence Anderson	E&E	SM	00:28:57	19
20	1156	Lauren Johnson	E&E	W40	00:29:12	1
21	547	Sheridan Marshall	E&E	W40	00:29:28	2
22	450	Andy Perks	SOC	M50	00:29:33	20
23	83	James Moore	CRO	M50	00:29:47	21
24	539	William Caruana	E&E	SM	00:29:54	22
25	486	Mick Turner	SOC	M55	00:30:10	23
26	75	Colin Oxlade	CRO	M60	00:30:28	24
27	86	Terry Lapins	CRO	SM	00:30:44	25
28	482	Consuelo Kennefick	SOC	W45	00:30:45	3
29	484	Stephen Kennefick	SOC	M45	00:30:45	26
30	195	Keith Dunning	COL	M55	00:30:49	27
31	543	Helen Maguire	E&E	W40	00:30:56	4
32	87	Antara Singh	CRO	U20W	00:31:06	5
33	292	John Cazabon	COL	M50	00:31:16	28
34	84	Leanne Moore	CRO	U20W	00:31:53	6
35	80	Matthew Kiernan	CRO	SM	00:32:05	29
36	416	Vernon Given	LIN	M45	00:32:18	30
37	227	Jenny Cooney	COL	W45	00:33:06	7
38	198	Lisa Rooney	COL	W40	00:33:07	8
39	200	Andy Randall	COL	M45	00:33:08	31
40	395	Ian Greenaway	LIN	M50	00:33:21	32
41	556	Steve Botrodgen	EO	M65	00:33:28	33
42	535	Gareth George	E&E	M50	00:33:33	34
43	487	Stephen Sui	SOC	M40	00:33:35	35
44	555	Clara Joyce	EO	W50	00:33:58	9
45	196	Martin Lloyd	COL	M60	00:34:36	36
46	72	Sunanda Sarker-Bell	CRO	W55	00:34:40	10
47	536	Jane Davies	E&E	W70	00:34:51	11
48	192	Valerie Parocki	S&D	U20W	00:35:34	12
49	427	Maggie Statham-Berry	LIN	W65	00:35:35	13

50	291 Alex Legge	COL	W45	00:35:52	14
51	398 Scott McDonald	LIN	M55	00:36:33	37
52	392 Dave Nottidge	LIN	M65	00:37:32	38
53	82 Miriam De Souza	CRO	W45	00:38:31	15
54	428 Isla Greenaway	LIN	SW	00:38:58	16
55	426 Sue Garner	LIN	W75	00:40:15	17
56	293 Eileen Leonard	COL	W60	00:41:30	18
57	197 Lorraine Turner	COL	W50	00:42:08	19
58	294 Tamsyn Down	COL	W45	00:43:22	20
59	228 Sarah Read	COL	W45	00:43:42	21

Men	1	2	3	4	Total
E&E	2	3	4	5	14
CRO	6	15	17	18	56
LIN	8	11	14	30	63
SOC	7	20	23	26	76
COL	27	28	31	36	122

Women	1	2	3	Total
E&E	1	2	3	6
CRO	5	6	10	21
COL	7	8	14	29
LIN	13	16	17	46