



2024/25 Club Championship Races



1	7th April 2024	Sutton 10km (SRL) (road)
2	11th April 2024	Ewell Court 4 (ESL) (road)
3	March, April, May 2024	Any Spring Half Marathon, inc Richmond (SRL) 12th May
4	March, April, May 2024	Any Spring Marathon
5	xxth May, xxth June, xxth July 2024	Any Near-as-damn-it 10km (trail)
6	2nd June 2024	Dorking 10 miles (SRL) (road)
7	xxxx June 2024	Tour of Parkruns – 5 race mini-league
8	xxth June 2024	Nonsuch Relays 4x3km (road)
9	23rd June 2024	Richmond 10km (SRL) (road)
10	June / Sept / Dec / March	Any Recurring Handicap Race (road)
11	13th July 2024	Elmore 7 (SRL) (road)
12	21st July 2024	Elmbridge 10km (SRL) (road)
13	Sept, Oct, Nov 2024	Any Autumn Half Marathon
14	Sept, Oct, Nov 2024	Any Autumn Marathon
15	xxth Sept 2024	Surrey County Relays (road)
16	xxth Sept 2024	The Andrew Griffin Mile (track)
17	xxth Oct 2024	Switchback 5 (trail)
18	xxth October 2024	The Robbie 'Red Hat' Marathon relay (trail)
19	xxth October 2024	East Sy Lge XC #1 (ESL) – Lloyd Pk (trail)
20	xxth October 2024	Surrey Cross-Country League #1 (2 races) (trail)
21	20th October 2024	Cabbage Patch 10 miles (road)
22	xxth November 2024	Surrey Cross-Country League #2 (2 races) (trail)
23	24th November 2024	Beddington Park 10km (road)
24	5th January 2025	Tadworth 10 miles (mixed)
25	xxth January 2025	Surrey Cross-Country League #3 (2 races) (trail)
26	xxth February 2025	Surrey Cross-Country League #4 (2 races) (trail)
27	xxth February 2024	Valentines 10km (road)
28	xxth March 2025	East Sy Lge XC #2 (ESL) – Lloyd Pk (trail)
29	1st, 8th, 15th, 22nd, 29th March 25	Any Banstead Wood or Roundshaw Downs parkrun

(SRL) = Surrey Road League (ESL) = East Surrey League

Short' distance

Medium' distance

Long' distance

Red Box = 10 bonus points awarded for Age Graded and Handicap competitions