



# Collingwood AC Club Championships Rules & Explanation



## Club Championships Explanation

- 1) There are two annual Collingwood AC 'Club Championship' competitions, one for male members and one for female members.
- 2) They are intended to recognise the best male and best female runners, over a variety of distances and surfaces, during the qualifying year.
- 3) The qualifying year runs from April 1<sup>st</sup> until March 31<sup>st</sup> of the following year.
- 4) The Club Championships are open to all competing club members, who have paid their annual subscriptions.
- 5) If a new member joins during the qualifying year, only races that they compete in after joining the club will count towards the Club Championships.
- 6) The Club Championship trophies are awarded at the AGM.
- 7) The objectives of the competitions are:
  - > to encourage members to represent the club in local races;
  - > to encourage members to compete in and support local races; and
  - > to create a friendly competitiveness within the club.
- 8) The two Club Championships are designed to support and complement the two Club Handicap Competitions and the two Club Age-Graded Competitions.

## **Nominated Races for the Club Championships**

- 9) The Club Championships will comprise a maximum of thirty nominated races during the qualifying year.
- 10) The nominated races will be relatively local to Wallington. This is intended to allow as many members as possible the opportunity to compete.
- 11) The nominated races will be over a range of distances from five kilometres to the full marathon distance. Also included will be a number of shorter relay races in which members compete as part of a team and represent the club.
- 12) The nominated races will be a mixture of road, trail and off-road races. They will include the Surrey Road League races, the Surrey Cross-Country League fixtures (for both men and women) and the East Surrey Road League events.
- 13) The Committee will agree the nominated races in advance of the qualifying year. However, if necessary the Committee will change the nominated races in the event of a cancellation of an event, clashing of dates or other similar unforeseen circumstance.
- 14) The nominated races will be published on the 'events' section of the club website and in the Club Newsletter, as will any necessary changes.
- 15) One race of the full marathon distance will always be included in the Club Championships. The actual marathon race is the only non-specified event and can be any marathon that is run by a member during the month of September. This enables each member the freedom to choose one of the many marathons held in September. If a member runs more than one marathon in September, their best time will count towards the Club Championships.
- 16) A member may compete in any of the three Near-as-damn-it 10km off-road races. If a member runs more than one Near-as-damn-it 10km race, which are held in May, June and July, their best time will count towards the Club Championships.
- 17) A member may compete in any of the three Surrey Classic 10km road races. If a member runs more than one Surrey Classic 10km road race, which are held in October, November and December, their best time will count towards the Club Championships.
- 18) A member may compete in any Banstead Woods parkrun or Roundshaw Downs parkrun in March. If a member runs more than one of these parkruns in March, their best time will count towards the Club Championships.

## Points Scoring in the Club Championships

- 19) Club members will have to compete in at least eight of the nominated races to register a score in the Club Championships.
- 20) Club members will have to compete in at least one nominated race of less than six miles in length to register a score in the Club Championships.
- 21) Club members will have to compete in at least one nominated race of between six miles and under 10 miles in length to register a score in the Club Championships.
- 22) Club members will have to compete in at least one nominated race of at least 10 miles in length to register a score in the Club Championships.
- 23) Club members must complete in nominated races wearing a club vest or club top to score points in the Club Championships.
- 24) The Club Championships are calculated by awarding points based solely on the official finishing times in the nominated races. The results published on the club website will be used to calculate the points.
- 25) If a race result is given using a 'Chip Time' and a 'Gun Time', then the 'Chip Time' will be used to calculate the points awarded for that race.
- 26) A club member nominated by the committee will administer the Club Championships scoring. They will have discretion as to whether a race result is included or not, where for example there are issues with the race or a member's result.
- 27) Scoring in the Club Championships for each nominated race is as follows.
  - > the first club member will score 40 points;
  - > the second club member will score 39 points;
  - > the third club member will score 38 points; and
  - > so on down the field.
- 28) If two members complete a race in identical times, then they will both receive the same points. For example, if two members tie for first place in a race, they would score 40 points each and the third member would receive 38 points.
- 29) Male and female members will be scored separately in all races.
- 30) The club member's best ten scores will count towards the final points table. So, the maximum possible score is 400 points.
- 31) The winner of each Club Championship is the member scoring the highest points total, during the qualifying year, having met the criteria under rules 19 to 23.

- 32) If no member has competed in eight nominated races (rule 19), the winner will be the member scoring the highest total number of points.
- 33) If no member has competed over the three distances (rules 20 to 22), the winner will be the member scoring the highest total number of points.
- 34) If there is a tie for any place in the overall standings, the member scoring the most points in the Surrey Cross-Country League Fixtures will be adjudged to have finished higher. If there is still a tie, the member who has competed in the most nominated races will be adjudged to have finished higher. If there is still a tie, the member with the fastest 10km time in a nominated race will be adjudged to have finished higher.
- 35) Regular updates on the current position in the scoring tables will be shown on the club website and in the Club Newsletter.