

SOUTH OF THAMES CCA FIVE MILE TEAM RACE, 23rd November 2019

Morden Park

M	W			M	W		
1	Joe Morwood	AFD	25:38	49		Wayne Lashley	Dul R 30:15
2	Ben Bradley M45	AFD	25:43	50		David Worden	Camb H 30:17
3	Owen Hind	Kent	26:08	51		William Johnson	Belg 30:22
4	Tewelde Menges	M&M	26:16	52		Tom Wilson M40	Dul R 30:23
5	Jim Allchin	Kent	26:17	53		Richard Cohen	WW 30:23
6	Chris Busaileh	Kent	26:50	54		Matthew Reed	Walt 30:31
7	Jordan Weaver	Kent	26:58	55		Kraig Wright	G&G 30:37
8	Callum Stewart	Belg	27:19		W3	Holly Dixon	Camb H 30:38
9	Mike Cummings	HHH	27:29	56		Matthew Reed	Walt 30:40
10	Neil Phillips M40	Kent	27:37	57		David Reader M45	Camb H 30:46
11	Niall Stewart	Kent	27:39	58		Kevin O'Gallagher	WW 30:50
12	Paskar Owor	Belg	27:47	59		Alex Mills	Belg 30:55
13	Daniel Pettit	Kent	27:55	60		Matt Cooke	Dul R 30:58
14	Andrew Warburton	HHH	27:57	61		Charlie Jeffrey U20	Strag 31:00
15	Rob Laing M40	Kent	28:01	62		Terry Booth M50	G&G 31:01
16	Josh Knight	HollS	28:03	63		Adrian Haines M50	Craw 31:06
17	Angus Butler	HHH	28:11	64		Ian Ellwood	Kent 31:07
18	Alex Hobley	HHH	28:13	65		Dan Bulbrook	Sutt R 31:08
19	David Morgan	Kent	28:18	66		David Ogden M60	SLH 31:08
20	Mark Wilkins	M&M	28:21	67		Matthew Pharaoh	Walt 31:20
21	Ben Cook	Kent	28:38	68		Simon Bean M60	E&E 31:22
22	Barnaby Day	Kent	28:40	69		Norman Urquia M50	WW 31:23
23	Jamie Ashton	Brack	28:46	70		Daniel Mann M40	Dul R 31:23
24	Phil Sanders M45	Kent	28:48		W4	Katie Rowland	Kent 31:25
25	George Russell	Kent	28:51	71		James Ruskin	Strag 31:28
26	Greg Cole	Tonb	28:54	72		Tom Shakli	Dul R 31:29
27	James Macdonald	Camb H	28:59	73		Gareth Williams M50	M&M 31:34
28	Oliver Hall U20	Brack	29:00	74		Alun Rodgers M50	M&M 31:36
29	Justin Lane M40	M&M	29:00		W5	Gintare Jukmyte	AFD 31:37
30	Neil Henderson M40	E&E	29:02	75		Darren Bradley M45	AFD 31:38

31	Michael Cottrill U20	Walt	29:09	76	David Williams M55	G&G	31:39
32	Peter Lighting	Kent	29:11	77	Gareth Tomlinson M40	WW	31:39
	W1 Emily Wickes	AFD	29:14		W6 Chloe Crossman	G&G	31:39
33	Dal Wolff	E&E	29:27	78	Keith Newton M55	HHH	31:43
34	Andrew Howey M55	TWH	29:27	79	Damien hersey	Sutt R	31:43
35	Lee Haze	Kent	29:27		W7 Sophie Biggs W45	Strag	31:46
36	Tom South	Dul R	29:33	80	Peter Lee M50	HW	31:47
37	Jeff Cunningham	HHH	29:36	81	Clinton de Tarnowski M45	Walt	31:50
38	Andrew Grigg	HHH	29:38	82	Eddie Lambert M40	SLH	31:53
39	Joe Hartley	Kent	29:41	83	Christian Poulton M50	Camb H	31:54
40	Alexander Jeffreys	TWH	29:42	84	Mark Tennyson M55	G&G	31:56
41	Isaac Maxwell U20	Kent	29:47		W8 Iona Cousland	Belg	31:57
42	Robin Jones M45	HHH	29:48	85	Mike King M45	TWH	31:59
43	Oliver Garner	Strag	29:56		W9 Elkie Mace	Dul R	31:59
44	Joe Elliott	HHH	29:58	86	Roy Reeder M50	Strag	32:00
45	James Adams	G&G	30:00		W10 Sally Judd W40	SCVets	32:01
46	Ben Hurley	Belg	30:01	87	Kieran Fitzpatrick	TWH	32:02
47	Anthony Bennett M40	Tonb	30:05	88	Steve Corfield M55	SoC	32:07
48	Rob Tuer	HW	30:09	89	Ben Smith	Dul R	32:09
	W2 Carolyne Baxter	G&G	30:10		W11 Fiona de Mauny	HHH	32:10
				90	Adam Featherstone	M&M	32:10

M	W			M	W		
91	Trevor Chilton M50	HHH	32:12	129	Stewart Bond M50	HW	34:30
	W12 Julia Wedmore	HHH	32:19		W24 Jordan Foster	HHH	34:30
92	Sean Rodwell	M&M	32:20	130	Kevin Stroud M55	DMV	34:31
93	Keith Ridgeway M40	Sutt R	32:27	131	Peter McLoskey	WW	34:33
94	James Sarre M40	TWH	32:28	132	John Cooper M45	Brack	34:35
	W13 Maria Kowal	SCVets	32:29	133	Alan Bates M50	E&E	34:36
	W14 Amy Billups	SLH	32:32	134	Barnaby Rudd M40	G&G	34:38
95	Simon Howden M45	TWH	32:36	135	Richard Lee-Smith M45	SoC	34:44
	W15 Alex Parker	Kent	32:39	136	Chris Walmsley M45	TWH	34:46
96	Graeme Drysdale M50	SoC	32:39	137	Simon Attridge M40	Strag	34:49
97	Donovan Duffy M40	Strag	32:42	138	Adam Dennis M40	TWH	34:49

98	Duncan Corrie	Kent	32:46	139	Lloyd Collier M45	Dul R	34:53
	W16 Sarah Winter W45	Strag	32:47	140	Neil Aikman M45	Croy	34:55
99	Norman Urquia M50	WW	32:48	141	John Cheal M50	Strag	34:56
100	Russ Rook	Dul R	32:48	142	Eddie Lambert M40	SLH	34:57
101	Shaun Cooney M45	SLH	32:48	143	Tom Cheetham M50	HW	34:57
102	Phil Pryke M45	G&G	32:50		W25 Mary James W40	SLH	35:00
103	Mark Pitcairn-Knowles M50	Ton	32:53		W26 Debbie Jackson W45	Coll	35:00
104	Gower Tan M50	Dul R	32:55	144	Gareth Pritchard M50	Strag	35:02
105	Aziouz Lammali M55	HollS	32:55	145	Mark Maginn M40	Croy	35:06
	W17 Lisa Rooney W40	Coll	32:58	146	Bill Arbury M50	E&E	35:10
106	Andy Perks M45	SoC	33:00		W27 Katie Styles W35	Dul R	35:10
	W18 Jennifer Berg	Kent	33:05		W28 Ruth Hutton W50	SLH	35:15
107	Kit Hawtin	G&G	33:06		W29 Marta Miaskiewicz	Dul R	35:18
108	Ian Davies M45	G&G	33:10		W30 Lisa Thomas W50	HW	35:20
109	Simon Wright	WW	33:11	147	Rob Zeitz M60	SoC	35:21
110	James Moore M45	Croy	33:12	148	John Foss M60	SLH	35:22
111	Graham Maynard M55	Camb H	33:13	149	Alan Curtis M50	Kent	35:24
112	Gavin Englefield M40	SLH	33:14		W31 Marta Cecconi	E&E	35:26
	W19 Eliza Grant	Kent	33:14	150	Jacob Armstrong-Pleith M45	Croy	35:26
113	Christopher Quaid	Kent	33:22	151	Terry Everest	TWH	35:27
114	Malcolm Davies M50	HW	33:22		W32 Susanna Harrison W55	G&G	35:28
115	Dan Greenslade M40	Strag	33:25	152	Mark Dudgeon M45	SLH	35:28
116	Simon Woodley M40	HW	33:25		W33 Marleen Renders W35	Strag	35:40
117	Aaron Israel M45	Strag	33:27		W34 Phyllis Flynn W55	Strag	35:45
118	Joshua Lawless	Camb H	33:37	153	Phil McElhinney M50	WW	35:49
119	James Morris	Belg	33:38		W35 Emma Ibell W45	Dul R	35:51
120	Justin Siderfin	Dul R	33:38		W36 Ange Morris W55	Dul R	35:51
121	Jaran Finn M45	Croy	33:41	154	Gary Ribbons	VAC	35:54
	W20 Lin Skinner W40	SLH	33:46		W37 Yvette Dore M45	Dul R	35:55
122	Simon Powell M50	Craw	33:59	155	Andy Collins M55	SLH	35:59
123	Alex Luce M55	Belg	34:03	156	Freysen Maritz M45	Strag	36:02
124	Michael Duncan	Kent	34:04	157	Rob Greenwood M40	Strag	36:03
125	Kris Kringelis	WW	34:04	158	Chris Morton M50	SoC	36:03
	W21 Mhairi Hall	Belg	34:10	159	Matt Gibbons	HW	36:07
126	Tom Wilson M40	Dul R	34:14	160	Clem Dixon M55	Camb H	36:09

127	George Tovey U20	SLH	34:17	W38	Natalie Nash	Belg	36:11
128	Will Lyon-Tupman	Croy	34:17	W39	Ella Waddingham W40	WW	36:14
	W22 Iona Cousland	Belg	34:22	161	Toby Kent M50	SLH	36:15
	W23 Felicity Cole W40	Belg	34:24	162	David Devlin M45	Kent	36:16

M	W			M	W			
	W40	Alice Smith W50	SLH	36:19	194	Rotimi Oyegunle	SoC	38:40
163		Robin Dow M45	Coll	36:20	195	Chris Walmsley M65	TWH	38:43
164		Nic Mills M45	SLH	36:21		W59 Shun-Lai Chan W50	Coll	38:45
	W41	Amber Brough-Nueswk W40	Sutt R	36:21		W60 Jo Quatrill W60	SLH	38:50
165		Malcolm Fletcher M60	Strag	36:29	196	Guy Laister M40	E&E	38:55
	W42	Susie Fairbrass	Kent	36:30		W61 Sharmila-Franks W45	E&E	38:59
166		Mick Turner M55	SoC	36:31		W62 Angela Wilson	SLH	39:05
167		Mark Pattinson M60	Strag	36:34		W63 Jordan Foster	HHH	39:20
168		John Barron M60	Kent	36:37		W64 Amanda Nio	Kent	39:22
	W43	Mimi Corden-Lloyd	Belg	36:40		W65 Ana-Maria Green W50	TWH	39:26
	W44	Jillian Holford W45	TWH	36:45		W66 Tasha Tennant	Belg	39:33
	W45	Sara Roloff	Dul R	36:51	197	Mike Brewer M50	Sutt R	39:41
169		Stuart Roberts M40	Sutt R	36:52	198	Jeremy Schwartz M55	HollS	39:50
170		Shelley Atwal M40	Walt	36:52		W67 Emma Lonnen	WW	39:59
171		Geoff Turner M55	TWH	36:53	199	Andy Page M55	TWH	40:05
172		Sam Hodgson M45	Sutt R	36:53		W68 Evie McDermott	HHH	40:09
173		Chris Nugent	G&G	36:58		W69 Pippa Major W50	SLH	40:11
	W46	Vicky Boyle W40	Kent	37:03	200	Phil Marsden M45	Kent	40:17
174		Robert Nagorski M55	HHH	37:06		W70 Karen Levene W45	Strag	40:23
	W47	Natalie McDougall	WW	37:07	201	Matthew Saunders M60	SLH	40:29
175		Bernie Hutchinson M60	Kent	37:08		W71 Maggie Statham W65	Holl S	40:33
	W48	Susan Dixon W50	Camb H	37:08		W72 Beth Davies W45	G&G	40:37
176		Ed Polehampton M40	Strag	37:19	202	Andrew Deighton M50	TWH	40:37
177		Martin Lloyd M55	Coll	37:20		W73 Elaine Reid W45	Coll	40:38
178		Richard Knight M55	HollS	37:21	203	Mark Taylor M65	TWH	40:46
	W49	Michelle Lennon W50	Dul R	37:21		W74 Olga Reading W40	Sutt R	40:49

	W50	Anna Thomas W35	Dul R	37:23	204	Gerry Smith M65	E&E	40:51
	W51	Ellie Balfe	Dul R	37:25		W75	Sally Carr	Camb H 41:00
179		Neil Carrington M45	Strag	37:30		W76	Mhairi McDonald	Belg 41:02
180		Al Gibson M45	G&G	37:33	205		Ian McCarthy M60	Camb H 41:09
	W52	Flic Carr	SLH	37:36	206		Peter McLoskey	WW 41:24
181		Mark Cahill M45	HW	37:38	207		Stephen Penpraze M45	Strag 41:26
	W53	Caroline Carrini W45	Coll	37:40	208		Paul Wolff M50	E&E 41:27
182		Miles Gawthorp M45	Dul R	37:48		W77	Johanna Mott	Kent 41:30
183		Alan Black M65	Camb H	37:49		W78	Emily Flowers	Croy 41:34
	W54	Nicole Brown W40	G&G	37:51		W79	Clare Andrew W45	TWH 41:36
184		Alan Newman M65	Tonb	37:51	209		Gary Budinger M55	Dul R 41:38
185		Martin Double M40	Dul R	37:53	210		Andy Howarth M55	Strag 41:39
186		Guy Surtees M50	WW	37:54		W80	Lesley Page W45	TWH 41:42
187		Dave Beattie M70	Craw	37:59	211		John Gorst	WW 41:42
188		Tom Howarth	Strag	38:11		W81	Julie Holmes W55	Strag 41:45
189		Mike Mann M70	Dul R	38:13	212		Rob Wood M65	SCVets 41:50
	W55	Jessica Winfield W35	HHH	38:15		W82	Pippa Cumbers W45	Sutt R 42:24
	W56	Rachel Gurnett	Kent	38:28		W83	Hannah Little W40	Dul R 42:41
190		Sujan Shrestha M40	Sutt R	38:32	213		Scott Shurner M45	Ton 42:44
191		Craig Stockley M50	E&E	38:34		W84	Justine Dade W40	Eps OB 42:52
	W57	Lucy Clapp W55	Dul R	38:35		W85	Suzannah Kinsella W45	TWH 43:05
	W58	Lisa Wood W40	WW	38:35	214		Jon Parry M45	Strag 43:08
192		Martin Hawkins M55	Camb H	38:36		W86	Sunanda Sarker-Bell W50	Croy 43:09
193		Phillip Burnett M55	DMV	38:38		W87	Midge Cameron W55	Dul R 43:17

	W88	Sarah Allen W55	HHH	43:20		W105	Leena Lindwall W65	SLH 46:34
	W89	Sonja Jutte W40	Dul R	43:34	223		Mike Simmons M60	Camb H 46:35
	W90	Rowene Hornshaw	HW	43:43		W106	Sabine Duffy W40	Strag 46:45
	W91	Eveleigh McCarthy W40	EpsOB	43:47		W107	Tamsyn Down W40	Coll 47:00
	W92	Catherine Buglass W40	Dul R	43:50		W108	Stephanie Oliver W40	WW 47:17
	W93	Claire Hayhurst-Knowles W50	TWH	43:54	224		Peter Howes M60	Croy 47:34
	W94	Mary Hyde W40	Strag	43:56		W109	Lesley Bowcott W75	WW 47:49

215	Peter Hadley M70	Camb H	43:58	225	Ian Strong M55	HHH	47:53
216	Peter Dry M65	Eps OB	44:12	W110	Suzanne Belcher W40	Sutt R	47:55
	W95 Caroline Ford	Kent	44:20	W111	Gail Caruana W60	Strag	47:59
217	Steve Rudland M55	WW	44:26	W112	Jane Lambert W55	Sutt R	48:14
218	Barrie Nichols M65	Dul R	44:33	W113	Stephanie Oliver W40	WW	49:25
	W96 Pam Clarke W65	Sutt R	44:44	W114	Mirella Genziani W45	Strag	49:29
	W97 Jules del Nevo W45	Croy	44:49	W115	Vanessa Lok	Strag	49:59
	W98 Fiona Peters W45	Eps OB	44:50	226	Stuart Colston M50	Sutt R	50:41
	W99 Claire Steward W65	Dul R	44:51	W116	Angela Hussey	Sutt R	50:44
	W100 Sheila Rowell W45	Sutt R	45:02	W117	Jennifer Child W55	Eps OB	50:49
	W101 Carol Tsang W40	TWH	45:10	W118	Annabelle Hadlow W60	Kent	53:14
219	Terence Barnes M55	Craw	45:39	W119	Carol Johnson W55	Croy	56:31
220	Mick Child M60	Eps OB	46:02	227	Stuart Roberts M40	Sutt R	57:04
	W102 Ros Tabor W70	Dul R	46:03	W120	Wendy Ballard W50	Sutt R	57:56
	W103 Lindsey Annable W50	Dul R	46:04				
221	Richard Hooper M50	Croy	46:11				
222	Andy Murray M60	Dul R	46:18				
	W104 Sue James W65	Tonb	46:20				

347 finished

Mens teams (four to score)

1	Kent AC	(3, 5, 6, 7)	21
2	Kent AC 'B'	(10, 11, 13, 15)	49
3	Herne Hill H	(9, 14, 17, 18)	58
4	Kent 'C'	86	
5	Belgrave H	117	
6	Medway & Maidstone	128	
7	Kent 'D'	131	
8	HHH 'B'	161	
9	Epsom & Ewell H	164	
10	Dulwich Runners	197	
11	Walton AC	208	
12	Cambridge H	217	
13	Guildford &G	238	

14 Tunbridge Wells H	246
15 Wimbledon Windmilers	257
16 Stragglers	261
17 Kent 'E'	316
18 Hercules Wimbledon	348
19 South London H	351
20 Tonbridge AC	360
21 Guildford 'B'	401
22 Sutton R	406
23 Dulwich R 'B'	413
24 Striders of Croydon	425
25 TWH 'B'	463
26 Wimbledon W 'B';	464
27 Stragglers 'B'	466
28 Croydon H	509
29 HHH 'C'	568
30 SLH 'B'	569
31 Camb H 'B'	572
32 Crawley AC	591
33 Stragglers 'C'	598
34 Kent AC 'F'	603
35 Dul R 'C'	632
36 Striders of C 'B'	665
37 WW 'C'	676
38 SLH 'C'	681
39 Stragglers 'D'	687
40 HW 'B'	712
41 TWH 'C'	716
42 Epsom & E 'B'	727
43 Croydon H 'B'	740
44 Sutton R 'B'	785
45 Stragglers 'E'	819
46 Camb H 'C'	835
47 Dul R 'D'	838

Womens teams (four to score)

1 Kent AC	(4, 15, 18, 19)	56
2 Belgrave H	(8, 21, 22, 23)	74
3 South London H	(14, 20, 25, 28)	87
4 The Stragglers	(7, 16, 33, 34)	90
5 Dulwich Runners	(9, 27, 29, 35)	90
6 Guildford & G	95	
7 Herne Hill H	102	
8 Collingwood AC	155	
9 Dulwich R 'B'	167	
10 Wimbledon W	211	
11 Belgrave 'B'	213	
12 South London H 'B'	214	
13 Dulwich R 'C'	241	
14 Kent AC 'B'	242	
15 Tunbridge W H	268	
16 Sutton Runners	295	
17 The Stragglers 'B'	351	
18 Dulwich R 'D'	367	
19 Croydon H	380	
20 Epsom Oddballs	390	
21 Sutton R 'B'	438	

Mens 8-to-score (Brent Shield)

1 Kent AC	21 + 49	70
2 Kent AC 'B'	86 + 131	217
3 Herne Hill H	58 + 161	219
4 Dulwich Runners	197 + 413	610
5 Guildford & Godalming	238 + 401	639
6 Tunbridge Wells H	246 + 463	709
7 The Stragglers	261 + 466	727
8 Cambridge H	217 + 572	789
9 Epsom & Ewell H	164 + 727	891
10 Kent AC 'C'	316 + 603	919
11 South London H	351 + 569	920

12 Hercules Wimbledon	348 + 712	1060
13 Striders of Croydon	425 + 665	1090
14 Sutton Runners	406 + 785	1191
15 The Stragglers 'B'	598 + 687	1285
16 Dulwich Runners 'B'	632 + 838	1470

Many thanks to Dennis Williams and friends of his who laid out the course and to all the officials on the day.

South of Thames Championship race over 7.5 miles will be held at Lloyd Park, Croydon on Sat 21st December

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