

PBs to 27/01/19

Date	Race	Posn	Name	GunTime	ChipTime	AccTime	Distance	ActualDistance	Type	PB
20/05/2017	Banstead Woods 5k parkrun	103	Aaron MORRELL	00:26:23		00:26:23	5K		XC	y
22/04/2017	Roundshaw Downs 5k parkrun	74	Aaron MORRELL	00:25:18		00:25:18	5K		XC	y
06/06/2015	Roundshaw Downs 5k parkrun	77	Aaron MORRELL	00:29:04		00:29:04	5K		XC	y
09/05/2015	Roundshaw Downs 5k parkrun	84	Aaron MORRELL	00:30:48		00:30:48	5K		XC	y
25/04/2015	Roundshaw Downs 5k parkrun	79	Aaron MORRELL	00:32:06		00:32:06	5K		XC	y
14/03/2015	Roundshaw Downs 5k parkrun	90	Aaron MORRELL	00:33:10		00:33:10	5K		XC	y
07/02/2015	Roundshaw Downs 5k parkrun	102	Aaron MORRELL	00:35:55		00:35:55	5K		XC	y
25/10/2014	Roundshaw Downs 5k parkrun	77	Aaron MORRELL	00:37:36		00:37:36	5K		XC	y
30/06/2002	Dysart Dash	60	Adam Strong			00:39:02	10K		ROAD	y
05/05/2002	Sutton 10k	53	Adam Strong			00:39:20	10K		ROAD	y
11/11/2001	Surrey Classic 10k - Oxshott	61	Adam Strong			00:39:39	10K		ROAD	y
21/10/2001	Surrey Classic 10k - Nonsuch Pk	57	Adam Strong			00:41:51	10K		ROAD	y
22/07/2001	Elmbridge 10k	187	Adam Strong			00:42:56	10K		ROAD	y
11/04/1999	Croydon 10k		Adam Strong			00:40:07	10K		ROAD	y
19/10/1997	Croydon 10k		Adam Strong			00:42:48	10K		ROAD	y
22/12/1996	Surrey Classic 10k - Horton CP		Adam Strong			00:42:54	10K		ROAD	y
10/11/1996	Surrey Classic 10k - Oxshott		Adam Strong			00:43:22	10K		ROAD	y
27/10/1996	Surrey Classic 10k - Morden Pk		Adam Strong			00:45:08	10K		ROAD	y
09/06/2002	Dorking 10		Adam Strong			01:07:23	10M		ROAD	y
24/03/2002	Woking 10		Adam Strong			01:06:10	10M		ROAD	y
23/09/2001	Cabbage Patch 10	220	Adam Strong			01:08:42	10M			y
17/03/2002	Hastings Half	303	Adam Strong			01:33:59	21.098K		ROAD	y
07/10/2001	Caterham Hill Half	43	Adam Strong			01:39:43	21.098K		ROAD	y
19/08/2001	Isle Of Wight Half		Adam Strong			01:39:47	21.098K			y
13/05/2001	Richmond Half	147	Adam Strong			01:44:49	21.098K		ROAD	y
11/08/2002	Wimbledon 5k		Adam Strong			00:18:45	5K		ROAD	y
09/05/2002	Dave Clarke 5k	21	Adam Strong			00:19:01	5K		ROAD	y
09/04/2011	Roundshaw Downs 5k parkrun	68	Aimee Fox			00:27:24	5K		XC	y
02/04/2011	Roundshaw Downs 5k parkrun	76	Aimee Fox			00:28:47	5K		XC	y
19/03/2011	Roundshaw Downs 5k parkrun	64	Aimee Fox			00:31:01	5K		XC	y
21/11/1999	Brighton 10k		Albert Jones			00:52:49	10K		ROAD	y
29/09/2013	Nottingham Half	4539	Alex Helliwell	02:13:30	02:09:55	02:09:55	21.098K		ROAD	y
01/09/2016	Recurring Handicap	5	Alex Helliwell	00:49:36		00:49:36	5.33M		ROAD	y
07/03/2013	Recurring Handicap	22	Alex Helliwell	00:51:55		00:51:55	5.33M		ROAD	y
01/12/2011	Recurring Handicap	1	Alex Helliwell			00:56:30	5.33M		ROAD	y
18/04/2015	Roundshaw Downs 5k parkrun	65	Alex HELLIWELL	00:27:06		00:27:06	5K		XC	y
28/07/2012	Roundshaw Downs 5k parkrun	37	Alex Helliwell			00:27:34	5K		XC	y
21/07/2012	Roundshaw Downs 5k parkrun	59	Alex Helliwell			00:28:00	5K		XC	y

26/05/2012	Roundshaw Downs 5k parkrun	57	Alex Helliwell			00:28:07	5K		XC	y
12/05/2012	Roundshaw Downs 5k parkrun	57	Alex Helliwell			00:28:08	5K		XC	y
03/10/2009	Roundshaw Downs 5k parkrun	40	Alex Helliwell			00:28:52	5K		XC	y
25/04/2010	London Marathon	25417	Alex King			04:55:45	42.195K		ROAD	y
12/05/2013	Sutton 10k	99	Alex Magee	00:42:19	00:42:13	00:42:13	10K		ROAD	y
29/06/2013	Banstead Woods 5k parkrun	15	Alex MAGEE	00:19:45		00:19:45	5K		XC	y
22/06/2013	Banstead Woods 5k parkrun	12	Alex MAGEE	00:20:11		00:20:11	5K		XC	y
15/06/2013	Banstead Woods 5k parkrun	28	Alex MAGEE	00:20:24		00:20:24	5K		XC	y
18/05/2013	Banstead Woods 5k parkrun	14	Alex MAGEE	00:20:25		00:20:25	5K		XC	y
04/10/2014	Banstead Woods 5k parkrun	131	Alex STALLEY	00:29:18		00:29:18	5K		XC	y
13/09/2014	Banstead Woods 5k parkrun	126	Alex STALLEY	00:30:18		00:30:18	5K		XC	y
06/09/2014	Banstead Woods 5k parkrun	152	Alex STALLEY	00:32:03		00:32:03	5K		XC	y
21/09/2014	Kew Gardens 10k	396	Alison Fox	00:52:08	00:51:51	00:51:51	10K		ROAD	y
20/07/2014	Elmbridge 10k	401	Alison Fox	00:53:54	00:53:31	00:53:31	10K		ROAD	y
22/06/2014	Richmond 10k	403	Alison Fox	00:53:58	00:53:33	00:53:33	10K		ROAD	y
23/06/2013	Richmond 10k	363	Alison Fox	00:54:10	00:53:49	00:53:49	10K		ROAD	y
06/11/2011	Surrey Classic 10k - Nonsuch Pk	125	Alison Fox			00:54:25	10K		ROAD	y
03/05/2009	Sutton 10k	315	Alison Fox			00:54:40	10K		ROAD	y
03/05/2009	Sutton Runners 10k	315	Alison Fox			00:54:40	10K		ROAD	y
01/06/2014	Dorking 10	413	Alison Fox	01:30:32	01:30:08	01:30:08	10M		ROAD	y
16/03/2014	Tempest 10	102	Alison Fox	01:32:51	01:32:25	01:32:25	10M		ROAD	y
02/06/2013	Dorking 10	415	Alison Fox	01:33:48	01:33:15	01:33:15	10M		ROAD	y
05/06/2011	Dorking 10	422	Alison Fox	01:34:30	01:33:59	01:33:59	10M		ROAD	y
18/09/2014	Andrew Griffin Mile	6	Alison Fox	00:07:41		00:07:41	1M		TRACK	y
01/04/2012	Paddock Wood Half	1364	Alison Fox	02:04:07	02:02:21	02:02:21	21.098K		ROAD	y
30/10/2011	Barns Green Half	1035	Alison Fox	02:05:25	02:04:29	02:04:29	21.098K		ROAD	y
15/04/2012	Brighton Marathon	6516	Alison Fox	05:01:21	04:42:55	04:42:55	42.195K		ROAD	y
05/06/2014	Recurring Handicap	9	Alison Fox	00:46:45		00:46:45	5.33M		ROAD	y
04/06/2009	Recurring Handicap	7	Alison Fox			00:48:31	5.33M		ROAD	y
12/07/2014	Kingsbury Water 5k parkrun	108	Alison Fox	00:25:50		00:25:50	5K		MULTI	y
16/10/2010	Roundshaw Downs 5k parkrun	40	Alison Fox			00:25:52	5K		XC	y
18/09/2010	Roundshaw Downs 5k parkrun	58	Alison Fox			00:26:48	5K		XC	y
18/04/2009	Banstead Woods 5k parkrun	108	Alison Fox			00:27:03	5K		XC	y
04/04/2009	Banstead Woods 5k parkrun	106	Alison Fox			00:27:08	5K		XC	y
27/04/2014	Hogsmill 5	29	Alison Fox	00:44:31		00:44:31	5M	5.3M	MULTI	y
29/04/2012	Hogsmill Ladies 5	45	Alison Fox			00:46:15	5M		MULTI	y
08/05/2011	Hogsmill Ladies 5	45	Alison Fox			00:46:38	5M		MULTI	y
15/07/2017	Elmore 7	276	Alison Fox	01:07:32		01:07:32	7M		ROAD	y
16/07/2011	Elmore 7	267	Alison Fox			01:08:20	7M		ROAD	y
14/04/2012	Dulwich 5k parkrun	158	Alison Symonds-Tayler	00:37:30		00:37:30	5K		ROAD	y
07/04/2012	Roundshaw Downs 5k parkrun	104	Alison Symonds-Tayler			00:38:46	5K		XC	y
05/04/2009	Taunton Marathon	27	Allan Rumbles			03:10:24	42.195K		ROAD	y
03/12/2006	Luton Marathon	93	Allan Rumbles			03:26:24	42.195K		ROAD	y
30/10/2006	Dublin Marathon	1408	Allan Rumbles			03:36:10	42.195K		ROAD	y
04/06/2009	Recurring Handicap	1	Amber Turan			00:47:35	5.33M		ROAD	y

17/05/2008	Banstead Woods 5k parkrun	57	Andrea Davies			00:24:25	5K		XC	y
04/03/2010	Recurring Handicap	4	Andrew Griffin			00:39:55	5.33M		ROAD	y
07/03/2013	Recurring Handicap	10	Andy Alsleben	00:37:41		00:37:41	5.33M		ROAD	y
06/11/2011	Surrey Classic 10k - Nonsuch Pk	21	Andy Randall			00:40:00	10K		ROAD	y
16/10/2011	Croydon 10k	43	Andy Randall			00:40:11	10K		ROAD	y
19/06/2011	Richmond 10k	169	Andy Randall			00:40:43	10K		ROAD	y
10/06/2012	Dorking 10	96	Andy Randall			01:07:13	10M		ROAD	y
02/01/2012	Tadworth 10	52	Andy Randall			01:09:48	10M		MULTI	y
30/03/2014	Croydon Half	24	Andy Randall	01:29:33	01:29:28	01:29:28	21.098K		ROAD	y
16/11/2014	A20 Path N Downs Marathon	5	Andy Randall	03:10:34	03:10:33	03:10:33	42.195K		ROAD	y
30/10/2011	Lausanne Marathon		Andy Randall			03:12:14	42.195K		ROAD	y
09/10/2014	Recurring Handicap	4	Andy Randall	00:34:56		00:34:56	5.33M		ROAD	y
06/03/2014	Recurring Handicap	10	Andy Randall	00:35:11		00:35:11	5.33M		ROAD	y
21/05/2012	Self Transcendence 5k	32	Andy Randall			00:19:15	5K		ROAD	y
26/11/2011	Roundshaw Downs 5k parkrun	8	Andy Randall			00:19:28	5K		XC	y
22/10/2011	Roundshaw Downs 5k parkrun	4	Andy Randall			00:19:35	5K		XC	y
08/10/2011	Roundshaw Downs 5k parkrun	3	Andy Randall			00:19:58	5K		XC	y
13/08/2011	Roundshaw Downs 5k parkrun	6	Andy Randall			00:20:07	5K		XC	y
11/06/2011	Roundshaw Downs 5k parkrun	7	Andy Randall			00:20:11	5K		XC	y
17/06/2018	Richmond 10k	422	Andy Schendel	00:51:56	00:51:30	00:51:30	10K		ROAD	y
24/07/2016	Elmbridge 10k	374	Andy Schendel	00:52:50	00:52:16	00:52:16	10K		ROAD	y
19/06/2016	Richmond 10k	418	Andy Schendel	00:52:24		00:52:24	10K		ROAD	y
02/06/2016	Recurring Handicap	2	Andy Schendel	00:43:10		00:43:10	5.33M		ROAD	y
03/03/2016	Recurring Handicap	4	Andy Schendel	00:47:41		00:47:41	5.33M		ROAD	y
24/07/2010	Roundshaw Downs 5k parkrun	10	Andy Southern			00:20:37	5K		XC	y
17/07/2010	Roundshaw Downs 5k parkrun	12	Andy Southern			00:21:03	5K		XC	y
01/05/2010	Roundshaw Downs 5k parkrun	8	Andy Southern			00:21:04	5K		XC	y
24/04/2010	Roundshaw Downs 5k parkrun	6	Andy Southern			00:21:37	5K		XC	y
17/04/2010	Roundshaw Downs 5k parkrun	11	Andy Southern			00:21:11	5K		XC	y
07/11/2010	Surrey Classic 10k - Nonsuch Pk	29	Andy Stalley			00:39:56	10K		ROAD	y
20/06/2010	Richmond 10k	108	Andy Stalley			00:38:39	10K		ROAD	y
31/05/2010	D-Day 10k	24	Andy Stalley			00:39:05	10K		ROAD	y
23/05/2010	Dorking 10	49	Andy Stalley			01:07:01	10M		ROAD	y
01/06/2008	Dorking 10	152	Andy Stalley			01:10:25	10M		ROAD	y
07/10/2007	Wimbledon 10	77	Andy Stalley			01:13:44	10M		ROAD	y
12/09/2019	Kings of The Castle 1 (26.2 miles)	11	Andy Stalley	04:08:57		04:08:57	26.2M		ROAD	
02/04/2017	Groovy Baby 6 Hour Challenge	2	Andy Stalley	04:32:56		04:32:56	29.32M	29.32M	XC	y
15/07/2017	Samphire Challenge	12	Andy Stalley	04:59:15		04:59:15	29.7M		XC	
22/04/2017	Wonderland Caucus Run - 6 Hour Challenge	6	Andy Stalley	04:59:03		04:59:03	30M		ROAD	y
07/05/2017	Viking 6 Hour Challenge	2	Andy Stalley	05:12:00		05:12:00	33.4M	33.4M		y
06/05/2017	Viking 6 Hour Challenge	2	Andy Stalley	05:16:00		05:16:00	33.4M			y
17/09/2017	Rewell Wood Marathon	6	Andy Stalley	05:03:56		05:03:56	42.195k			
27/04/2008	Shakespeare Marathon	38	Andy Stalley			03:10:03	42.195K		MULTI	y
13/04/2008	London Marathon	1999	Andy Stalley			03:11:23	42.195K		ROAD	Y
06/04/2008	Bungay Marathon	17	Andy Stalley			03:12:01	42.195K		ROAD	Y

04/09/2009	Recurring Handicap	2	Andy Stalley			00:35:06	5.33M		ROAD	y
11/11/2019	We Will Remember	1	Andy Stalley	04:55:02		04:55:02	50K			y
17/11/2018	Winter Is Coming Run	3	Andy Stalley	04:58:53		04:58:53	50K		ROAD	y
21/10/2018	Can't Stop The Running I	3	Andy Stalley	05:05:01		05:05:01	50K		ROAD	y
05/06/2010	Banstead Woods 5k parkrun	12	Andy Stalley			00:19:34	5K		XC	y
22/05/2010	Banstead Woods 5k parkrun	13	Andy Stalley			00:19:35	5K		XC	y
01/05/2008	Dave Clarke 5k	13	Andy Stalley			00:19:43	5K		ROAD	Y
17/07/2010	Elmore 7	38	Andy Stalley			00:44:43	7M		ROAD	y
18/07/2009	Elmore 7	30	Andy Stalley			00:45:59	7M		ROAD	y
16/07/2017	Samphire Challenge	4	Andy Stalley	04:57:28		04:57:28			XC	
09/07/2017	From Here To There And Back	18	Andy Stalley	05:18:00		05:18:00			MULTI	
15/12/2019	Mince Pi Run	6	Andy Stalley (28.25 miles)	05:46:54		05:46:54	28.25M			y
17/08/2013	Riddlesdown 5k parkrun	14	Ange Norris	00:19:54		00:19:54	5K		MULTI	y
21/03/2015	Banstead Woods 5k parkrun	27	Anita HEDGES	00:21:41		00:21:41	5K		XC	y
04/10/2014	Banstead Woods 5k parkrun	39	Anita HEDGES	00:22:12		00:22:12	5K		XC	y
13/09/2014	Banstead Woods 5k parkrun	48	Anita HEDGES	00:22:20		00:22:20	5K		XC	y
15/05/2010	Roundshaw Downs 5k parkrun	62	Anne Flint			00:28:24	5K		XC	y
11/05/2014	Sutton 10k	173	Annette Helliwell	00:45:25	00:45:09	00:45:09	10K		ROAD	y
20/10/2013	Croydon 10k	103	Annette Helliwell	00:45:55	00:45:49	00:45:49	10K		ROAD	y
16/10/2011	Croydon 10k	240	Annette Helliwell			00:50:58	10K		ROAD	y
05/01/2014	Tadworth 10	245	Annette Helliwell	01:22:17	01:22:07	01:22:07	10M		MULTI	y
05/06/2011	Dorking 10	363	Annette Helliwell			01:27:45	10M		ROAD	y
21/11/2010	Epsom 10	262	Annette Helliwell			01:32:36	10M		ROAD	y
03/01/2010	Tadworth 10	447	Annette Helliwell			01:33:10	10M		MULTI	y
16/02/2014	Brighton Half	1744	Annette Helliwell	01:47:48	01:43:47	01:43:47	21.098K		ROAD	y
13/09/2009	Moray Half	139	Annette Helliwell			01:53:51	21.098K		ROAD	y
10/05/2009	Ranelagh Richmond Half	763	Annette Helliwell			02:06:53	21.098K		ROAD	y
05/10/2014	Downs Link Ultra	20	Annette Helliwell	06:06:25		06:06:25	30M		XC	y
13/09/2014	JW Ultra	32	Annette Helliwell	04:50:48		04:50:48	30M		MULTI	y
28/09/2014	Nottingham Marathon	347	Annette Helliwell	03:45:39	03:44:40	03:44:40	42.195K		ROAD	y
06/04/2014	Manchester Marathon	2080	Annette Helliwell	03:50:44	03:46:59	03:46:59	42.195K		ROAD	y
29/09/2013	Nottingham Marathon	513	Annette Helliwell	04:18:41	04:11:51	04:11:51	42.195K		ROAD	y
14/10/2012	Liverpool Marathon	1762	Annette Helliwell	04:25:06	04:22:52	04:22:52	42.195K		ROAD	y
29/01/2012	Marrakech Marathon	68	Annette Helliwell			04:28:56	42.195K		ROAD	y
12/09/2010	Nottingham Marathon	1121	Annette Helliwell			04:35:57	42.195K		ROAD	y
25/04/2010	London Marathon	22719	Annette Helliwell			04:45:02	42.195K		ROAD	y
27/09/2009	New Forest Marathon	444	Annette Helliwell			04:51:15	42.195K		MULTI	y
26/04/2009	Shakespeare Marathon	777	Annette Helliwell			04:53:26	42.195K		MULTI	y
05/06/2014	Recurring Handicap	16	Annette Helliwell	00:39:54		00:39:54	5.33M		ROAD	y
06/03/2014	Recurring Handicap	3	Annette Helliwell	00:40:59		00:40:59	5.33M		ROAD	y
05/09/2013	Recurring Handicap	1	Annette Helliwell	00:41:44		00:41:44	5.33M		ROAD	y
02/09/2010	Recurring Handicap	1	Annette Helliwell			00:43:58	5.33M		ROAD	y
04/09/2009	Recurring Handicap	1	Annette Helliwell			00:46:38	5.33M		ROAD	y
04/06/2009	Recurring Handicap	3	Annette Helliwell			00:48:18	5.33M		ROAD	y
04/09/2008	Recurring Handicap	12	Annette Helliwell			00:49:53	5.33M		ROAD	y

02/06/2014	Self Transcendence 5k	134	Annette Helliwell	00:21:55		00:21:55	5K		ROAD	y
19/04/2014	Roundshaw Downs 5k parkrun	27	Annette HELLIWELL	00:22:13		00:22:13	5K		XC	y
23/11/2013	Roundshaw Downs 5k parkrun	25	Annette HELLIWELL	00:22:55		00:22:55	5K		XC	y
29/07/2013	Self Transcendence 5k	130	Annette Helliwell	00:23:02		00:23:02	5K		ROAD	y
14/05/2012	Self Transcendence 5k	90	Annette Helliwell			00:23:31	5K		ROAD	y
10/03/2012	Roundshaw Downs 5k parkrun	36	Annette Helliwell			00:24:25	5K		XC	y
23/05/2011	Self Transcendence 5k		Annette Helliwell			00:24:37	5K		ROAD	y
16/04/2011	Roundshaw Downs 5k parkrun	41	Annette Helliwell			00:24:58	5K		XC	y
07/08/2010	Roundshaw Downs 5k parkrun	24	Annette Helliwell			00:25:10	5K		XC	y
24/07/2010	Roundshaw Downs 5k parkrun	37	Annette Helliwell			00:25:39	5K		XC	y
29/05/2010	Roundshaw Downs 5k parkrun	59	Annette Helliwell			00:26:08	5K		XC	y
22/05/2010	Roundshaw Downs 5k parkrun	50	Annette Helliwell			00:26:18	5K		XC	y
22/08/2009	Roundshaw Downs 5k parkrun	40	Annette Helliwell			00:26:28	5K		XC	y
17/07/2010	Elmore 7	235	Annette Helliwell			01:01:09	7M		ROAD	y
22/07/2019	Sri Chinmoy Relay		Anthony Constantinou	00:05:29		00:05:29	1M		ROAD	y
13/12/2015	Surrey Classic 10k - Horton CP	8	Antony CONSTANTINOU	00:37:43		00:37:43	10K		ROAD	y
21/06/2015	Richmond 10k	92	Antony CONSTANTINOU	00:38:12	00:38:07	00:38:07	10K		ROAD	y
14/12/2014	Surrey Classic 10k - Horton CP	15	Antony CONSTANTINOU	00:38:57		00:38:57	10K		ROAD	y
22/06/2014	Richmond 10k	86	Antony CONSTANTINOU	00:39:03	00:38:59	00:38:59	10K		ROAD	y
22/10/2017	Great South Run	189	Antony CONSTANTINOU	01:03:37		01:03:37	10M		ROAD	y
20/09/2015	Reigate Half	64	Antony CONSTANTINOU	01:27:42	01:27:37	01:27:37	21.098K		ROAD	y
21/09/2014	Reigate Half	65	Antony CONSTANTINOU	01:27:48	01:27:41	01:27:41	21.098K		ROAD	y
23/08/2014	Thames Meander Half	19	Antony CONSTANTINOU	01:30:07	01:30:03	01:30:03	21.098K		MULTI	y
02/03/2014	Silverstone Half	269	Antony CONSTANTINOU	01:30:57		01:30:57	21.098K		ROAD	y
21/10/2018	Abingdon Marathon	169	Antony Constantinou	03:04:58	03:04:27	03:04:27	42.195K		ROAD	y
23/04/2017	London Marathon	2667	Antony CONSTANTINOU		03:07:10	03:07:10	42.195K		ROAD	y
06/04/2014	Brighton Marathon	451	Antony CONSTANTINOU	03:21:02	03:20:59	03:20:59	42.195K		ROAD	y
08/06/2018	Tour of parkruns - Recurring Handicap	7	Antony Constantinou	00:33:51		00:33:51	5.33M		ROAD	y
01/12/2016	Recurring Handicap	9	Antony CONSTANTINOU	00:35:11		00:35:11	5.33M		ROAD	y
07/08/2017	Hasty Hare 5k	63	Antony CONSTANTINOU	00:18:08		00:18:08	5K		ROAD	y
11/07/2016	Self Transcendence 5k	25	Antony CONSTANTINOU	00:18:14		00:18:14	5K		ROAD	y
03/08/2015	Self Transcendence 5k	59	Antony CONSTANTINOU	00:18:35		00:18:35	5K		ROAD	y
30/06/2014	Self Transcendence 5k	46	Antony CONSTANTINOU	00:18:40		00:18:40	5K		ROAD	y
31/08/2013	Nonsuch 5k parkrun	12	Antony CONSTANTINOU	00:19:05		00:19:05	5K		MULTI	y
10/08/2013	Roundshaw Downs 5k parkrun	3	Antony CONSTANTINOU	00:19:40		00:19:40	5K		XC	y
20/10/2019	Abingdon Marathon	385	Ashley Pate	03:30:53	03:30:35	03:30:35	42.195K		ROAD	y
08/06/2018	Tour of parkruns - Recurring Handicap	9	Ashley Pate	00:33:38		00:33:38	5.33M		ROAD	y
03/03/2016	Recurring Handicap	3	Ashley Pate	00:34:00		00:34:00	5.33M		ROAD	y
16/06/2018	Roundshaw Downs 5k parkrun	2	Ashley PATE	00:18:11		00:18:11	5K		XC	y
12/05/2018	Roundshaw Downs 5k parkrun	1	Ashley PATE	00:18:29		00:18:29	5K		XC	y
08/07/2017	Banstead Woods 5k parkrun	5	Ashley PATE	00:18:47		00:18:47	5K		XC	y
13/05/2017	Nonsuch 5k parkrun	13	Ashley PATE	00:18:34		00:18:34	5K		MULTI	y
29/04/2017	Roundshaw Downs 5k parkrun	5	Ashley PATE	00:18:41		00:18:41	5K		XC	y
25/06/2016	Roundshaw Downs 5k parkrun	2	Ashley PATE	00:18:46		00:18:46	5K		XC	y
27/02/2016	Roundshaw Downs 5k parkrun	2	Ashley PATE	00:19:17		00:19:17	5K		XC	y

20/06/2015	Roundshaw Downs 5k parkrun	4	Ashley PATE	00:19:32	00:19:32	5K	XC	y
22/03/2014	Banstead Woods 5k parkrun	2	Ben BARRY	00:18:25	00:18:25	5K	XC	y
14/12/2013	Banstead Woods 5k parkrun	4	Ben BARRY	00:18:40	00:18:40	5K	XC	y
07/07/2012	Banstead Woods 5k parkrun	5	Ben Barry		00:18:58	5K	XC	y
22/07/2001	Elmbridge 10k	174	Ben Cady		00:42:17	10K	ROAD	y
22/03/2014	Nonsuch 5k parkrun	199	Ben NASH	00:26:18	00:26:18	5K	MULTI	y
07/07/2012	Roundshaw Downs 5k parkrun	57	Ben Nash		00:28:31	5K	XC	y
28/04/2012	Roundshaw Downs 5k parkrun	41	Ben Nash		00:28:32	5K	XC	y
31/03/2012	Roundshaw Downs 5k parkrun	64	Ben Nash		00:29:14	5K	XC	y
29/03/2014	Roundshaw Downs 5k parkrun	22	Ben THOMPSON	00:23:01	00:23:01	5K	XC	y
11/05/2013	Roundshaw Downs 5k parkrun	21	Ben THOMPSON	00:23:29	00:23:29	5K	XC	y
06/04/2013	Roundshaw Downs 5k parkrun	28	Ben THOMPSON	00:24:16	00:24:16	5K	XC	y
30/03/2013	Roundshaw Downs 5k parkrun	29	Ben THOMPSON	00:24:25	00:24:25	5K	XC	y
26/05/2012	Roundshaw Downs 5k parkrun	28	Ben Thompson		00:25:04	5K	XC	y
22/04/2017	Roundshaw Downs 5k parkrun	145	Bernadette GOLDRICK	00:31:15	00:31:15	5K	XC	y
14/02/2010	Valentines 10k	94	Bill Walsh		00:40:46	10K	ROAD	y
18/10/2009	Croydon 10k	61	Bill Walsh		00:40:54	10K	ROAD	y
25/07/2009	Elmbridge 10k	147	Bill Walsh		00:41:50	10K	ROAD	y
21/11/2010	Epsom 10	65	Bill Walsh		01:08:32	10M	ROAD	y
05/04/2009	Kingston 16	255	Bill Walsh		01:56:47	16M	ROAD	y
20/02/2011	Brighton Half	230	Bill Walsh		01:29:23	21.098K	ROAD	y
21/02/2010	Sussex Beacon Half	369	Bill Walsh		01:31:52	21.098K	ROAD	y
22/02/2009	Sussex Beacon Half	395	Bill Walsh		01:33:32	21.098K	ROAD	y
15/04/2012	Brighton Marathon	339	Bill Walsh		03:19:46	42.195K	ROAD	y
17/10/2010	Abingdon Marathon	258	Bill Walsh		03:26:56	42.195K	ROAD	y
27/09/2009	New Forest Marathon	76	Bill Walsh		03:32:55	42.195K	MULTI	y
01/06/2009	Cork Marathon	242	Bill Walsh		03:43:12	42.195K		y
04/09/2009	Recurring Handicap	4	Bill Walsh		00:35:27	5.33M	ROAD	y
09/08/2009	Belgrave 5k	86	Bill Walsh		00:19:52	5K	ROAD	y
28/02/2009	Banstead Woods 5k parkrun	22	Bill Walsh		00:20:09	5K	XC	y
16/07/2011	Elmore 7	62	Bill Walsh		00:47:26	7M	ROAD	y
17/07/2010	Elmore 7	87	Bill Walsh		00:48:20	7M	ROAD	y
13/06/2015	Ocean Lake Tri	21	Bill Walsh	01:14:54	01:14:54			y
17/11/2002	Brighton 10k		Bob Chart		00:38:57	10K	ROAD	y
23/02/2003	Sussex Beacon Half		Bob Chart		01:27:35	21.098K	MULTI	y
09/02/2003	Wokingham Half		Bob Chart		01:28:35	21.098K	ROAD	y
13/04/2008	London Marathon	2150	Bob Chart		03:12:45	42.195K	ROAD	Y
12/12/2015	Roundshaw Downs 5k parkrun	6	Brandan MORRELL	00:21:44	00:21:44	5K	XC	y
20/06/2015	Roundshaw Downs 5k parkrun	13	Brandan MORRELL	00:21:49	00:21:49	5K	XC	y
09/05/2015	Roundshaw Downs 5k parkrun	14	Brandan MORRELL	00:22:08	00:22:08	5K	XC	y
25/04/2015	Roundshaw Downs 5k parkrun	11	Brandan MORRELL	00:22:20	00:22:20	5K	XC	y
14/03/2015	Roundshaw Downs 5k parkrun	15	Brandan MORRELL	00:22:25	00:22:25	5K	XC	y
25/10/2014	Roundshaw Downs 5k parkrun	19	Brandan MORRELL	00:22:31	00:22:31	5K	XC	y
18/10/2014	Roundshaw Downs 5k parkrun	31	Brandan MORRELL	00:23:07	00:23:07	5K	XC	y
11/10/2014	Roundshaw Downs 5k parkrun	20	Brandan MORRELL	00:24:22	00:24:22	5K	XC	y

13/09/2014	Roundshaw Downs 5k parkrun	31	Brandan MORRELL	00:24:26		00:24:26	5K		XC	y
06/09/2014	Roundshaw Downs 5k parkrun	33	Brandan MORRELL	00:24:52		00:24:52	5K		XC	y
26/07/2014	Roundshaw Downs 5k parkrun	40	Brandan MORRELL	00:25:33		00:25:33	5K		XC	y
19/10/2013	Roundshaw Downs 5k parkrun	41	Callum DUNNING	00:28:00		00:28:00	5K		XC	y
08/08/2009	Roundshaw Downs 5k parkrun	47	Callum Dunning			00:28:42	5K		XC	y
13/07/2013	Roundshaw Downs 5k parkrun	66	Caroline SAUNDERS	00:36:02		00:36:02	5K		XC	y
22/06/2014	Richmond 10k	283	Cat Gaskell	00:46:53	00:46:39	00:46:39	10K		ROAD	y
07/11/2010	Surrey Classic 10k - Nonsuch Pk	112	Cat Gaskell			00:49:42	10K		ROAD	y
10/06/2012	Dorking 10	292	Cat Gaskell			01:21:51	10M		ROAD	y
04/09/2011	Tempest 10	49	Cat Gaskell			01:24:53	10M		ROAD	y
18/03/2012	Spitfire 20	543	Cat Gaskell			03:06:42	20M		ROAD	y
15/09/2013	Great North Run	6153	Cat Gaskell	01:45:47		01:45:47	21.098K		ROAD	y
06/05/2012	Richmond Half	322	Cat Gaskell			01:51:48	21.098K		ROAD	y
22/04/2012	London Marathon	14667	Cat Gaskell			04:15:05	42.195K		ROAD	y
06/03/2014	Recurring Handicap	5	Cat Gaskell	00:38:31		00:38:31	5.33M		ROAD	y
02/09/2010	Recurring Handicap	2	Cat Gaskell			00:43:22	5.33M		ROAD	y
28/07/2014	Self Transcendence 5k	101	Cat Gaskell	00:20:46		00:20:46	5K		ROAD	y
22/03/2014	Dulwich 5k parkrun	54	Cat GASKELL	00:21:41		00:21:41	5K		ROAD	y
02/07/2012	Self Transcendence 5k	73	Cat Gaskell			00:22:46	5K		ROAD	y
22/10/2011	Roundshaw Downs 5k parkrun	25	Cat Gaskell			00:23:13	5K		XC	y
27/08/2011	Roundshaw Downs 5k parkrun	26	Cat Gaskell			00:24:28	5K		XC	y
21/07/2013	National Lottery Anniversary Run - 5 Miles	2720	Cat Gaskell	00:40:52		00:40:52	5M		ROAD	y
29/04/2012	Hogsmill Ladies 5	14	Cat Gaskell			00:41:35	5M		MULTI	y
16/11/2013	Lloyd Park 5k parkrun	79	Charlie TANNER	00:30:48		00:30:48	5K		XC	y
28/09/2013	Lloyd Park 5k parkrun	97	Charlie TANNER	00:31:50		00:31:50	5K		XC	y
29/06/2013	Lloyd Park 5k parkrun	91	Charlie TANNER	00:32:05		00:32:05	5K		XC	y
20/04/2013	Roundshaw Downs 5k parkrun	77	Charlie TANNER	00:34:03		00:34:03	5K		XC	y
18/11/2017	Nonsuch 5k parkrun	333	Chloe CONSTANTINO	00:28:23		00:28:23	5K		MULTI	y
15/03/2015	Kingston Breakfast 8.2M	544	Chloe Constantinou	01:23:37	01:18:12	01:18:12	8.2M		ROAD	y
02/09/2010	Recurring Handicap	9	Chris Brooke			00:46:09	5.33M		ROAD	y
03/06/2010	Mob Match - Recurring Handicap	25	Chris Brooke			00:45:21	5.33M		ROAD	y
13/12/2015	Surrey Classic 10k - Horton CP	25	Chris Curtis	00:40:12		00:40:12	10K		ROAD	y
10/05/2015	Sutton 10k	92	Chris CURTIS	00:41:17	00:41:10	00:41:10	10K		ROAD	y
11/05/2014	Sutton 10k	100	Chris Curtis	00:41:29	00:41:22	00:41:22	10K		ROAD	y
10/07/2013	Reigate Priory 10k	30	Chris Curtis	00:41:28	00:41:23	00:41:23	10K		ROAD	y
12/05/2013	Sutton 10k	85	Chris Curtis	00:41:37	00:41:28	00:41:28	10K		ROAD	y
07/06/2015	Dorking 10	104	Chris Curtis	01:07:52	01:07:48	01:07:48	10M		ROAD	y
29/03/2015	Croydon Half	54	Chris Curtis	01:33:14	01:33:00	01:33:00	21.098K		ROAD	y
17/04/2016	Brighton Marathon	532	Chris Curtis	03:21:55	03:20:43	03:20:43	42.195K		ROAD	y
09/07/2015	Recurring Handicap	2	Chris Curtis	00:34:32		00:34:32	5.33M		ROAD	y
05/06/2014	Recurring Handicap	11	Chris Curtis	00:35:33		00:35:33	5.33M		ROAD	y
07/03/2013	Recurring Handicap	11	Chris Curtis	00:37:54		00:37:54	5.33M		ROAD	y
13/07/2015	Self Transcendence 5k	57	Chris Curtis	00:19:06		00:19:06	5K		ROAD	y
28/06/2014	Roundshaw Downs 5k parkrun	4	Chris CURTIS	00:19:34		00:19:34	5K		XC	y
29/06/2013	Roundshaw Downs 5k parkrun	7	Chris CURTIS	00:19:36		00:19:36	5K		XC	y

08/06/2013	Roundshaw Downs 5k parkrun	5	Chris CURTIS	00:20:06		00:20:06	5K		XC	y
01/06/2013	Roundshaw Downs 5k parkrun	5	Chris CURTIS	00:20:07		00:20:07	5K		XC	y
18/05/2013	Roundshaw Downs 5k parkrun	4	Chris CURTIS	00:20:10		00:20:10	5K		XC	y
27/04/2013	Roundshaw Downs 5k parkrun	7	Chris CURTIS	00:20:43		00:20:43	5K		XC	y
30/03/2013	Roundshaw Downs 5k parkrun	13	Chris CURTIS	00:21:28		00:21:28	5K		XC	y
18/07/2015	Elmore 7	65	Chris Curtis	00:46:47		00:46:47	7M		ROAD	y
16/02/2014	Valentines 10k	156	Chris Sinfield	00:46:02		00:46:02	10K		ROAD	y
23/02/2014	Old Deer Park Half	682	Chris Sinfield	01:53:38	01:52:24	01:52:24	21.098K		ROAD	y
28/12/2015	Phoenix Year End Marathon	54	CHRIS SINFIELD	04:22:21		04:22:21	42.195K		ROAD	y
12/04/2015	Ashford & District Marathon	65	Chris Sinfield	04:35:21	04:34:45	04:34:45	42.195K		MULTI	y
22/02/2014	Bushy 5k parkrun	179	Chris SINFIELD	00:22:18		00:22:18	5K		MULTI	y
05/12/2013	Recurring Handicap	10	Chris Wright	00:49:11		00:49:11	5.33M		ROAD	y
16/11/2013	Roundshaw Downs 5k parkrun	50	Chris WRIGHT	00:26:41		00:26:41	5K		XC	y
21/09/2013	Roundshaw Downs 5k parkrun	48	Chris WRIGHT	00:27:44		00:27:44	5K		XC	y
28/03/1999	Worthing 20		Colin Wilkie			02:33:26	20M		ROAD	y
30/05/1999	Stevenage 5k		Colin Wilkie			00:20:29	5K		ROAD	y
26/05/1997	Wells 5k		Colin Wilkie			00:21:20	5K		ROAD	y
18/05/1997	Tadworth 5		Colin Wilkie			00:34:47	5M		ROAD	y
29/03/2015	Tempest 10	172	Cristina Labung	01:48:33	01:47:27	01:47:27	10M		ROAD	y
16/05/2015	Nonsuch 5k parkrun	338	Cristina LABUNG	00:28:46		00:28:46	5K		MULTI	y
07/09/2013	Nonsuch 5k parkrun	234	Cristina LABUNG	00:29:38		00:29:38	5K		MULTI	y
15/03/2015	Kingston Breakfast 8.2M	677	Cristina Labung	01:33:53	01:27:02	01:27:02	8.2M		ROAD	y
31/08/2013	Roundshaw Downs 5k parkrun	81	Daisy RYAN	00:35:14		00:35:14	5K		XC	y
27/07/2013	Roundshaw Downs 5k parkrun	64	Daisy RYAN	00:36:01		00:36:01	5K		XC	y
13/07/2013	Roundshaw Downs 5k parkrun	71	Daisy RYAN	00:38:24		00:38:24	5K		XC	y
03/04/2005	Croydon 10k	8	Dan Gillett			00:35:00	10K		ROAD	y
30/06/2002	Dysart Dash	20	Dan Gillett			00:35:47	10K		ROAD	y
17/02/2002	26.2RRC 10k	15	Dan Gillett			00:35:53	10K		ROAD	y
11/11/2001	Surrey Classic 10k - Oxshott	31	Dan Gillett			00:37:39	10K		ROAD	y
25/03/2005	Folkestone 10	13	Dan Gillett			00:57:26	10M		ROAD	y
29/03/2002	Folkestone 10		Dan Gillett			00:59:12	10M		ROAD	y
14/03/2004	Fleet Half	50	Dan Gillett			01:18:55	21.098K		ROAD	y
03/03/2002	Camberley Half	9	Dan Gillett			01:19:00	21.098K		ROAD	y
23/04/2006	London Marathon	679	Dan Gillett			02:53:14	42.195K		ROAD	y
17/04/2005	London Marathon	643	Dan Gillett			02:53:17	42.195K		ROAD	y
06/05/2004	Dave Clarke 5k	10	Dan Gillett			00:17:07	5K		ROAD	y
02/05/2015	Roundshaw Downs 5k parkrun	31	Danny MORRELL	00:23:24		00:23:24	5K		XC	y
07/03/2015	Roundshaw Downs 5k parkrun	48	Danny MORRELL	00:24:51		00:24:51	5K		XC	y
20/12/2014	Roundshaw Downs 5k parkrun	31	Danny MORRELL	00:26:15		00:26:15	5K		XC	y
22/11/2014	Roundshaw Downs 5k parkrun	51	Danny MORRELL	00:26:37		00:26:37	5K		XC	y
25/10/2014	Roundshaw Downs 5k parkrun	79	Danny MORRELL	00:37:38		00:37:38	5K		XC	y
17/02/2019	Valentine's 10k	144	Darren Stevens	00:48:47	00:48:26	00:48:26	10K		ROAD	y
13/05/2012	Sutton 10k	130	Dave Condon			00:43:13	10K		ROAD	y
17/03/2012	Riddlesdown 5k parkrun	9	Dave Condon			00:20:29	5K		MULTI	y
30/05/2011	Summer Liverbird Marathon Double Day 1		Dave Freeborn			04:07:00	42.195K		ROAD	y

08/05/2011	Shakespeare Marathon	644	Dave Freeborn	04:14:59		04:14:59	42.195K		MULTI	y
23/01/2011	Gloucester Marathon	257	Dave Freeborn			04:15:52	42.195K		ROAD	y
25/02/2018	Bourton 10k	24	Dave JOHNSON	00:36:12	00:36:09	00:36:09	10K		ROAD	y
26/09/2010	Cirencester 10k	40	Dave Johnson			00:39:26	10K		ROAD	y
19/07/2009	Worcester Pitchcroft 10k	23	Dave Johnson			00:39:44	10K		ROAD	y
08/06/2009	Westonbirt 10k	30	Dave Johnson			00:39:54	10K			y
07/06/2009	Fairford 10k	15	Dave Johnson			00:39:57	10K			y
13/03/2011	Gloucester 20	32	Dave Johnson			02:18:14	20M		ROAD	y
06/02/2011	Watford Half	86	Dave Johnson			01:24:52	21.098K		ROAD	y
22/10/2017	Abingdon Marathon	81	Dave JOHNSON	02:59:24	02:59:10	02:59:10	42.195K		ROAD	y
23/04/2006	London Marathon	3627	Dave Johnson			03:23:01	42.195K		ROAD	y
12/05/2018	Cheltenham 5k parkrun	9	Dave JOHNSON	00:18:10		00:18:10	5K		MULTI	y
05/03/2016	Cheltenham 5k parkrun	7	Dave JOHNSON	00:18:38		00:18:38	5K		MULTI	y
18/04/2015	Cheltenham 5k parkrun	13	Dave JOHNSON	00:18:42		00:18:42	5K		MULTI	y
28/03/2015	Cheltenham 5k parkrun	11	Dave JOHNSON	00:19:13		00:19:13	5K		MULTI	y
27/12/2008	Banstead Woods 5k parkrun	4	Dave Johnson			00:19:15	5K		XC	y
12/10/2013	Lloyd Park 5k parkrun	13	Dave LANGLEY	00:21:39		00:21:39	5K		XC	y
04/12/2008	Recurring Handicap	11	Dave Quickenden			00:47:06	5.33M		ROAD	y
22/11/2009	Epsom 10	19	Dave Ross			01:04:10	10M		ROAD	y
07/03/2013	Recurring Handicap	1	Dave Ross	00:33:59		00:33:59	5.33M		ROAD	y
04/06/2009	Recurring Handicap	13	Dave Ross			00:34:45	5.33M		ROAD	y
20/05/2018	Sutton 10k	40	Debbie Jackson		00:38:37	00:38:37	10K		ROAD	y
03/06/2018	Dorking 10	54	Debbie Jackson	01:05:23	01:05:15	01:05:15	10M		ROAD	y
17/09/2017	Reigate Half	77	Debbie Jackson	01:28:27		01:28:27	21.098K		ROAD	y
22/04/2018	London Marathon	1154	Debbie Jackson		03:00:33	03:00:33	42.195K		ROAD	y
25/06/2018	Dashing Deer 5k	46	Debbie Jackson	00:18:41		00:18:41	5K		ROAD	y
09/06/2018	Nonsuch 5k parkrun	37	Debbie Jackson	00:19:20		00:19:20	5K		MULTI	y
10/03/2018	Banstead Woods 5k parkrun	26	Debbie Jackson	00:20:21		00:20:21	5K		XC	y
03/03/2018	Nonsuch 5k parkrun	22	Debbie Jackson	00:20:26		00:20:26	5K		MULTI	y
23/12/2017	Nonsuch 5k parkrun	29	Debbie Jackson	00:20:27		00:20:27	5K		MULTI	y
05/08/2017	Roundshaw Downs 5k parkrun	5	Debbie Jackson	00:20:54		00:20:54	5K		XC	y
07/09/2013	Nonsuch 5k parkrun	253	Deborah STANBURY-JUSTER	00:30:31		00:30:31	5K		MULTI	y
10/08/2013	Nonsuch 5k parkrun	259	Deborah STANBURY-JUSTER	00:31:04		00:31:04	5K		MULTI	y
19/07/2018	Recurring Handicap	5	Dominic Fox	00:44:28		00:44:28	5.33M		ROAD	y
04/11/2017	Roundshaw Downs 5k parkrun	42	Dominic FOX	00:25:30		00:25:30	5K		XC	y
23/09/2017	Roundshaw Downs 5k parkrun	74	Dominic FOX	00:26:22		00:26:22	5K		XC	y
01/07/2017	Roundshaw Downs 5k parkrun	78	Dominic FOX	00:27:53		00:27:53	5K		XC	y
31/03/2012	Wimbledon Common 5k parkrun	180	Dominic Fox			00:27:02	5K		MULTI	y
07/05/2011	Roundshaw Downs 5k parkrun	65	Dominic Fox	05:17:51		00:27:57	5K		XC	Y
06/11/2010	Roundshaw Downs 5k parkrun	49	Dominic Fox			00:28:17	5K		XC	y
05/06/2010	Roundshaw Downs 5k parkrun	50	Dominic Fox			00:28:41	5K		XC	y
01/05/2010	Roundshaw Downs 5k parkrun	54	Dominic Fox			00:29:37	5K		XC	y
24/04/2010	Roundshaw Downs 5k parkrun	58	Dominic Fox			00:30:43	5K		XC	y
23/01/2010	Roundshaw Downs 5k parkrun	61	Dominic Fox			00:30:47	5K		XC	y
02/01/2010	Roundshaw Downs 5k parkrun	58	Dominic Fox			00:31:14	5K		XC	y

27/06/2009	Banstead Woods 5k parkrun	133	Dominic Fox			00:31:17	5K		XC	y
27/06/1999	Dysart Dash		Doug White			00:44:18	10K		ROAD	y
14/03/1999	Hastings Half		Doug White			01:39:57	21.098K		ROAD	y
28/02/1999	Camberley Half		Doug White			01:40:20	21.098K		ROAD	y
15/05/1999	White Peaks Marathon		Doug White			03:53:12	42.195K			y
04/12/2008	Recurring Handicap	9	Doug White			00:44:12	5.33M		ROAD	y
02/05/2015	Self Transcendence 10k	71	Douglas Josham	00:44:05		00:44:05	10K		ROAD	y
07/11/2010	Surrey Classic 10k - Nonsuch Pk	148	Douglas Josham			00:54:44	10K		ROAD	y
29/03/2015	Tempest 10	22	Douglas Josham	01:13:31	01:13:16	01:13:16	10M		ROAD	y
18/03/2012	Tempest 10	201	Douglas Josham			01:50:01	10M		ROAD	y
13/05/2015	Beckenham Relay	37	Douglas Josham	00:18:06		00:18:06	2.6M		ROAD	y
09/05/2015	Bewl Water Half	62	DOUGLAS JOSHAM	01:53:13	01:52:52	01:52:52	21.098K		MULTI	y
05/03/2015	Recurring Handicap	2	Douglas Josham	00:39:27		00:39:27	5.33M		ROAD	y
25/04/2015	Preston Park 5k parkrun	33	Douglas JOSHAM	00:20:45		00:20:45	5K		ROAD	y
18/04/2015	Banstead Woods 5k parkrun	26	Douglas JOSHAM	00:20:59		00:20:59	5K		XC	y
21/03/2015	Roundshaw Downs 5k parkrun	10	Douglas JOSHAM	00:21:09		00:21:09	5K		XC	y
14/03/2015	Roundshaw Downs 5k parkrun	11	Douglas JOSHAM	00:21:38		00:21:38	5K		XC	y
07/03/2015	Roundshaw Downs 5k parkrun	22	Douglas JOSHAM	00:22:42		00:22:42	5K		XC	y
05/04/2014	Riddlesdown 5k parkrun	2	Dylan WYMER	00:18:07		00:18:07	5K		MULTI	y
15/03/2018	Recurring Handicap March	1	Eirwen Campbell	00:43:29		00:43:29	5.33M		ROAD	y
14/02/2016	Valentine's 10k	135	Elaine Reid	00:46:20		00:46:20	10K		ROAD	y
01/11/2015	Nonsuch 10k	65	Elaine Reid	00:46:26		00:46:26	10K		ROAD	y
18/10/2015	Croydon 10k	118	Elaine Reid	00:47:10	00:47:04	00:47:04	10K		ROAD	y
26/10/2014	Oxshott 10k	67	Elaine Reid	00:47:26		00:47:26	10K		ROAD	y
04/10/2014	Self Transcendence 10k	116	Elaine Reid	00:47:56		00:47:56	10K		ROAD	y
02/08/2014	Self Transcendence 10k	114	Elaine Reid	00:48:02		00:48:02	10K		ROAD	y
20/07/2014	Elmbridge 10k	308	Elaine Reid	00:48:28	00:48:17	00:48:17	10K		ROAD	y
16/02/2014	Valentines 10k	199	Elaine Reid	00:48:24		00:48:24	10K		ROAD	y
27/10/2013	Surrey Classic 10k - Oxshott	59	Elaine Reid	00:48:46		00:48:46	10K		ROAD	y
28/10/2012	Surrey Classic 10k - Oxshott	87	Elaine Reid	00:48:53		00:48:53	10K		ROAD	y
06/11/2011	Surrey Classic 10k - Nonsuch Pk	92	Elaine Reid			00:49:41	10K		ROAD	y
30/10/2011	Surrey Classic 10k - Oxshott	109	Elaine Reid			00:50:51	10K		ROAD	y
01/06/2014	Dorking 10	306	Elaine Reid	01:22:13	01:21:51	01:21:51	10M		ROAD	y
02/01/2012	Tadworth 10	302	Elaine Reid			01:27:10	10M		MULTI	y
04/05/2014	Richmond Half	316	Elaine Reid	01:48:40		01:48:40	21.098K		ROAD	y
05/05/2013	Richmond Half	295	Elaine Reid	01:50:24		01:50:24	21.098K		ROAD	y
07/04/2013	Croydon Half	273	Elaine REID	01:51:21	01:51:03	01:51:03	21.098K		ROAD	y
16/03/2014	Cranleigh 21	226	Elaine Reid	03:02:14		03:02:14	21.1M		ROAD	y
06/04/2014	Brighton Marathon	2797	Elaine Reid	04:03:13	03:54:38	03:54:38	42.195K		ROAD	y
26/05/2013	Edinburgh Marathon	4167	Elaine Reid		04:19:08	04:19:08	42.195K		ROAD	y
05/06/2014	Recurring Handicap	6	Elaine Reid	00:41:10		00:41:10	5.33M		ROAD	y
05/12/2013	Recurring Handicap	16	Elaine Reid	00:43:22		00:43:22	5.33M		ROAD	y
05/09/2013	Recurring Handicap	9	Elaine Reid	00:43:43		00:43:43	5.33M		ROAD	y
01/12/2011	Recurring Handicap	4	Elaine Reid			00:44:53	5.33M		ROAD	y
27/06/2015	Roundshaw Downs 5k parkrun	29	Elaine REID	00:22:46		00:22:46	5K		XC	y

28/07/2014	Self Transcendence 5k	143	Elaine Reid		00:22:57		00:22:57	5K		ROAD	y
23/06/2014	Self Transcendence 5k	87	Elaine Reid		00:23:08		00:23:08	5K		ROAD	y
11/08/2013	Wimbledon 5k	128	Elaine REID		00:23:51		00:23:51	5K		ROAD	y
17/09/2011	Roundshaw Downs 5k parkrun	27	Elaine Reid				00:24:52	5K		XC	y
14/08/2011	Perseverance 5k	145	Elaine Reid				00:25:24	5K		ROAD	y
13/08/2011	Roundshaw Downs 5k parkrun	34	Elaine Reid				00:25:48	5K		XC	y
23/07/2011	Roundshaw Downs 5k parkrun	52	Elaine Reid				00:26:34	5K		XC	y
02/07/2011	Roundshaw Downs 5k parkrun	63	Elaine Reid				00:27:21	5K		XC	y
28/05/2011	Roundshaw Downs 5k parkrun	50	Elaine Reid				00:27:23	5K		XC	Y
14/05/2011	Roundshaw Downs 5k parkrun	67	Elaine Reid				00:27:37	5K		XC	Y
07/05/2011	Roundshaw Downs 5k parkrun	71	Elaine Reid		03:21:59		00:29:16	5K		XC	Y
17/08/2013	Eastbourne 5k parkrun	85	Emily TANNER		00:27:19		00:27:19	5K		MULTI	y
27/07/2013	Lloyd Park 5k parkrun	80	Emily TANNER		00:28:25		00:28:25	5K		XC	y
21/07/2012	Roundshaw Downs 5k parkrun	65	Emily Tanner				00:28:31	5K		XC	y
29/03/2013	Folkestone 10	88	Ercole LUGARI		01:06:52	01:06:48	01:06:48	10M		ROAD	y
10/03/2013	Lydd Half	92	Ercole LUGARI		01:30:14	01:29:59	01:29:59	21.098K		ROAD	y
11/03/2012	Silverstone Half	185	Ercole Lugari				01:30:38	21.098K		ROAD	y
06/04/2014	Brighton Marathon	318	Ercole Lugari		03:14:59	03:14:44	03:14:44	42.195K		ROAD	y
04/02/2012	Roundshaw Downs 5k parkrun	3	Ercole Lugari				00:18:42	5K		XC	y
16/02/2014	Brighton Half		Evie Odej		02:03:24	01:59:17	01:59:17	21.098K		ROAD	y
04/06/2012	Riddlesdown 5k parkrun	197	Frances Sloss				00:35:18	5K		MULTI	y
04/06/2012	Riddlesdown 5k parkrun	197	Frances Sloss				00:35:18	5K		MULTI	y
16/12/2012	Surrey Classic 10k - Horton CP	62	Gary Thompson		00:45:43		00:45:43	10K		ROAD	y
02/06/2016	Recurring Handicap	16	Gary Thompson		00:39:17		00:39:17	5.33M		ROAD	y
08/08/2015	Nonsuch 5k parkrun	62	Gary THOMPSON		00:21:34		00:21:34	5K		MULTI	y
13/07/2013	Preston Park 5k parkrun	52	Gary THOMPSON		00:21:43		00:21:43	5K		ROAD	y
06/07/2013	Roundshaw Downs 5k parkrun	17	Gary THOMPSON		00:22:11		00:22:11	5K		XC	y
09/03/2013	Nonsuch 5k parkrun	33	Gary THOMPSON		00:22:17		00:22:17	5K		MULTI	y
07/07/2012	Nonsuch 5k parkrun	51	Gary Thompson				00:22:27	5K		XC	y
04/06/2012	Riddlesdown 5k parkrun	70	Gary Thompson				00:22:41	5K		MULTI	y
26/05/2012	Roundshaw Downs 5k parkrun	14	Gary Thompson				00:22:49	5K		XC	y
07/04/2012	Roundshaw Downs 5k parkrun	22	Gary Thompson				00:22:52	5K		XC	y
18/12/2011	Surrey Classic 10k - Horton CP	161	Gill Stalley				00:57:32	10K		ROAD	y
03/05/2010	Esher School 10k	144	Gill Stalley				00:57:54	10K			y
14/02/2010	Valentines 10k	481	Gill Stalley				00:59:59	10K		ROAD	y
01/12/2011	Recurring Handicap	2	Gill Stalley				00:49:26	5.33M		ROAD	y
03/06/2010	Mob Match - Recurring Handicap	39	Gill Stalley				00:51:33	5.33M		ROAD	y
04/03/2010	Recurring Handicap	1	Gill Stalley				00:51:34	5.33M		ROAD	y
08/05/2010	Banstead Woods 5k parkrun	89	Gill Stalley				00:26:48	5K		XC	y
01/05/2010	Banstead Woods 5k parkrun	92	Gill Stalley				00:27:08	5K		XC	y
17/04/2010	Banstead Woods 5k parkrun	119	Gill Stalley				00:27:47	5K		XC	y
06/03/2010	Banstead Woods 5k parkrun	101	Gill Stalley				00:28:19	5K		XC	y
20/02/2010	Banstead Woods 5k parkrun	81	Gill Stalley				00:28:28	5K		XC	y
21/11/2009	Banstead Woods 5k parkrun	78	Gill Stalley				00:29:02	5K		XC	y
05/09/2009	Banstead Woods 5k parkrun	125	Gill Stalley				00:29:26	5K		XC	y

08/08/2009	Banstead Woods 5k parkrun	112	Gill Stalley			00:29:52	5K		XC	y
01/08/2009	Banstead Woods 5k parkrun	107	Gill Stalley			00:29:54	5K		XC	y
06/06/2009	Banstead Woods 5k parkrun	104	Gill Stalley			00:30:01	5K		XC	y
23/05/2009	Banstead Woods 5k parkrun	140	Gill Stalley			00:31:56	5K		XC	y
16/05/2009	Banstead Woods 5k parkrun	163	Gill Stalley			00:33:23	5K		XC	y
09/05/2009	Banstead Woods 5k parkrun	196	Gill Stalley			00:34:25	5K		XC	y
27/12/2019	Time Turner Run	44	Gill Stalley (13.1 miles)	02:39:26		02:39:26	13.1M			y
26/09/2018	Andrew Griffin Mile	1	Glen Smith	00:05:13		00:05:13	1M		TRACK	y
01/12/2016	Recurring Handicap	6	Glen Smith	00:36:02		00:36:02	5.33M		ROAD	y
02/06/2016	Recurring Handicap	19	Glen Smith	00:36:14		00:36:14	5.33M		ROAD	y
27/02/2016	Roundshaw Downs 5k parkrun	4	Glen Smith	00:20:09		00:20:09	5K		XC	y
19/06/2016	Richmond 10k	67	Gordon HENNESSY	00:37:14		00:37:14	10K		ROAD	y
26/10/2014	Oxshott 10k	3	Gordon HENNESSY	00:37:13		00:37:13	10K		ROAD	y
11/05/2014	Sutton 10k	48	Gordon HENNESSY	00:38:04	00:38:01	00:38:01	10K		ROAD	y
01/06/2014	Dorking 10	41	Gordon HENNESSY	01:02:26	01:02:22	01:02:22	10M		ROAD	y
23/05/2015	Banstead Woods 5k parkrun	12	Gordon HENNESSY	00:18:23		00:18:23	5K		XC	y
13/09/2014	Banstead Woods 5k parkrun	9	Gordon HENNESSY	00:18:30		00:18:30	5K		XC	y
27/07/2013	Nonsuch 5k parkrun	8	Gordon HENNESSY	00:18:44		00:18:44	5K		MULTI	y
22/04/2018	London Marathon	25397	Grace Charley		05:10:52	05:10:52	42.195K		ROAD	y
08/06/2018	Tour of parkruns - Recurring Handicap	11	Grace Charley	00:43:58		00:43:58	5.33M		ROAD	y
11/08/2018	Roundshaw Downs 5k parkrun	33	Grace CHARLEY	00:24:25		00:24:25	5K		XC	y
04/08/2018	Roundshaw Downs 5k parkrun	29	Grace CHARLEY	00:24:28		00:24:28	5K		XC	y
28/07/2018	Roundshaw Downs 5k parkrun	36	Grace CHARLEY	00:24:56		00:24:56	5K		XC	y
02/06/2018	Roundshaw Downs 5k parkrun	59	Grace CHARLEY	00:25:00		00:25:00	5K		XC	y
05/05/2018	Roundshaw Downs 5k parkrun	63	Grace CHARLEY	00:26:30		00:26:30	5K		XC	y
14/05/2016	Roundshaw Downs 5k parkrun	51	Grace CHARLEY	00:26:33		00:26:33	5K		XC	y
30/04/2016	Roundshaw Downs 5k parkrun	64	Grace CHARLEY	00:26:57		00:26:57	5K		XC	y
24/10/2015	Banstead Woods 5k parkrun	103	Grace CHARLEY	00:27:02		00:27:02	5K		XC	y
10/04/2009	Maidenhead 10	531	Graham Humphris			01:17:35	10M		ROAD	y
04/06/2009	Recurring Handicap	2	Graham Humphris			00:38:28	5.33M		ROAD	y
16/05/2015	Roundshaw Downs 5k parkrun	25	Greg Deadman-Gatt	00:23:15		00:23:15	5K		XC	y
20/05/2018	Sutton 10k	285	Hannah Langmead-Thorpe		00:53:45	00:53:45	10K		ROAD	y
08/06/2018	Tour of parkruns - Recurring Handicap	10	Hannah Langmead-Thorpe	00:46:15		00:46:15	5.33M		ROAD	y
19/05/2018	Roundshaw Downs 5k parkrun	52	Hannah LANGMEAD-THORPE	00:25:52		00:25:52	5K		XC	y
22/03/2015	Run Through Wimbledon Half	626	Harriet Archer	03:05:02	03:03:08	03:03:08	21.098K			y
29/10/2016	Rutland Water 5k parkrun	164	Harriet ARCHER	00:34:18		00:34:18	5K		XC	y
06/08/2016	Roundshaw Downs 5k parkrun	104	Harriet ARCHER	00:39:06		00:39:06	5K		XC	y
17/01/2015	Roundshaw Downs 5k parkrun	102	Harriet ARCHER	00:39:13		00:39:13	5K		XC	y
27/09/2014	Roundshaw Downs 5k parkrun	99	Harriet ARCHER	00:40:18		00:40:18	5K		XC	y
03/09/2015	Recurring Handicap	12	Harry Bryant	00:41:34		00:41:34	5.33M		ROAD	y
02/05/2015	Nonsuch 5k parkrun	48	Harry BRYANT	00:20:50		00:20:50	5K		MULTI	y
25/04/2015	Banstead Woods 5k parkrun	28	Harry BRYANT	00:21:43		00:21:43	5K		XC	y
18/04/2015	Nonsuch 5k parkrun	65	Harry BRYANT	00:21:23		00:21:23	5K		MULTI	y
11/04/2015	Nonsuch 5k parkrun	75	Harry BRYANT	00:21:51		00:21:51	5K		MULTI	y
07/02/2015	Nonsuch 5k parkrun	62	Harry BRYANT	00:22:19		00:22:19	5K		MULTI	y

12/07/2014	Dulwich 5k parkrun	54	Harry BRYANT	00:23:04		00:23:04	5K	ROAD	y
04/06/2012	Riddlesdown 5k parkrun	94	Harry Bryant			00:23:29	5K	MULTI	y
26/05/2012	Banstead Woods 5k parkrun	54	Harry Bryant			00:23:50	5K	XC	y
17/03/2012	Roundshaw Downs 5k parkrun	21	Harry Helliwell			00:21:58	5K	XC	y
19/07/2018	Recurring Handicap	4	Helen Elderfield	00:45:48		00:45:48	5.33M	ROAD	y
12/08/2017	Banstead Woods 5k parkrun	10	James Dunning	00:20:24		00:20:24	5K	XC	y
05/11/2016	Roundshaw Downs 5k parkrun	13	James Dunning	00:20:47		00:20:47	5K	XC	y
29/10/2016	Roundshaw Downs 5k parkrun	7	James Dunning	00:20:54		00:20:54	5K	XC	y
17/06/2018	Richmond 10k	141	James McClintock	00:39:34	00:39:28	00:39:28	10K	ROAD	y
07/07/2019	Bewl 15	55	James McClintock	01:48:56	01:48:51	01:48:51	15M	MULTI	y
16/09/2018	Reigate Half	99	James McClintock	01:31:07	01:30:49	01:30:49	21.098K	ROAD	y
08/06/2018	Tour of parkruns - Recurring Handicap	8	James McClintock	00:34:52		00:34:52	5.33M	ROAD	y
02/03/2017	Recurring Handicap	9	James McClintock	00:36:56		00:36:56	5.33M	ROAD	y
09/06/2018	Nonsuch 5k parkrun	36	James McClintock	00:19:14		00:19:14	5K	MULTI	y
13/05/2017	Nonsuch 5k parkrun	30	James McClintock	00:19:30		00:19:30	5K	MULTI	y
22/04/2017	Banstead Woods 5k parkrun	16	James McClintock	00:19:50		00:19:50	5K	XC	y
01/04/2017	Banstead Woods 5k parkrun	8	James McClintock	00:19:58		00:19:58	5K	XC	y
18/03/2017	Banstead Woods 5k parkrun	21	James McClintock	00:20:11		00:20:11	5K	XC	y
11/03/2017	Banstead Woods 5k parkrun	8	James McClintock	00:20:35		00:20:35	5K	XC	y
28/01/2017	Banstead Woods 5k parkrun	19	James McClintock	00:20:50		00:20:50	5K	XC	y
09/08/2014	Lloyd Park 5k parkrun	69	Janet NASH	00:29:08		00:29:08	5K	XC	y
12/07/2014	Lloyd Park 5k parkrun	89	Janet NASH	00:29:30		00:29:30	5K	XC	y
28/06/2014	Lloyd Park 5k parkrun	113	Janet NASH	00:30:02		00:30:02	5K	XC	y
13/10/2012	Lloyd Park 5k parkrun	94	Janet Nash	00:30:23		00:30:23	5K	XC	y
29/09/2012	Lloyd Park 5k parkrun	87	Janet Nash	00:31:08		00:31:08	5K	XC	y
24/03/2012	Roundshaw Downs 5k parkrun	80	Janet Nash			00:31:10	5K	XC	y
26/06/2010	Roundshaw Downs 5k parkrun	66	Janet Quickenden			00:34:22	5K	XC	y
12/09/2009	Banstead Woods 5k parkrun	137	Janet Quickenden			00:34:27	5K	XC	y
05/09/2009	Banstead Woods 5k parkrun	154	Janet Quickenden			00:35:40	5K	XC	y
27/06/2009	Banstead Woods 5k parkrun	159	Janet Quickenden			00:35:45	5K	XC	y
07/07/2012	Nonsuch 5k parkrun	29	Jason Smith			00:21:02	5K	MULTI	y
02/07/2012	Self Transcendence 5k	44	Jason Smith			00:20:52	5K	ROAD	y
30/06/2012	Roundshaw Downs 5k parkrun	14	Jason Smith			00:22:31	5K	XC	y
17/03/2012	Roundshaw Downs 5k parkrun	26	Jason Smith			00:23:07	5K	XC	y
22/10/2011	Roundshaw Downs 5k parkrun	26	Jason Smith			00:23:46	5K	XC	y
13/05/2012	Sutton 10k	426	Jean Quested			01:24:24	10K	ROAD	y
08/10/2011	Roundshaw Downs 5k parkrun	68	Jean Quested			00:40:22	5K	XC	y
14/04/2017	Maidenhead 10	271	Jenny Cooney	01:14:10	01:13:53	01:13:53	10M	ROAD	y
21/07/2014	Self Transcendence 5k	89	Jenny Cooney	00:21:00		00:21:00	5K	ROAD	y
04/11/2017	Roundshaw Downs 5k parkrun	49	Jenny MacDonnell	00:26:13		00:26:13	5K	XC	y
09/10/2010	Roundshaw Downs 5k parkrun	89	Jenny Pollock			00:41:11	5K	XC	y
30/05/1999	Stevenage 5k		Jeremy Sandford			00:23:18	5K	ROAD	y
14/02/1999	Chessington 5		Jeremy Sandford			00:35:22	5M	ROAD	y
06/12/1998	Victory 5		Jeremy Sandford			00:36:27	5M	ROAD	y
16/12/2012	Surrey Classic 10k - Horton CP	141	Jim Knight	00:59:12		00:59:12	10K	ROAD	y

21/10/2012	Croydon 10k	416	Jim KNIGHT	01:01:44	01:00:44	01:00:44	10K	ROAD	y
12/02/2012	Valentines 10k	374	Jim Knight			01:06:31	10K	ROAD	y
19/04/2014	Banstead Woods 5k parkrun	155	Jim KNIGHT	00:27:59		00:27:59	5K	XC	y
05/04/2014	Banstead Woods 5k parkrun	134	Jim KNIGHT	00:28:10		00:28:10	5K	XC	y
20/05/2018	Sutton 10k	225	Jo Dodge		00:49:19	00:49:19	10K	ROAD	y
14/02/2016	Valentine's 10k	218	Jo Dodge	00:50:39		00:50:39	10K	ROAD	y
01/11/2015	Nonsuch 10k	96	Jo Dodge	00:50:55		00:50:55	10K	ROAD	y
03/03/2016	Recurring Handicap	7	Jo Dodge	00:43:27		00:43:27	5.33M	ROAD	y
03/12/2015	Recurring Handicap	8	Jo Dodge	00:46:15		00:46:15	5.33M	ROAD	y
28/07/2012	Roundshaw Downs 5k parkrun	35	Jo Parsons			00:26:28	5K	XC	y
14/04/2012	Roundshaw Downs 5k parkrun	53	Jo Parsons			00:26:51	5K	XC	y
01/06/2017	Recurring Handicap	4	Joe Victor	00:38:38		00:38:38	5.33M	ROAD	y
25/06/2016	Roundshaw Downs 5k parkrun	7	Joe Victor	00:20:47		00:20:47	5K	XC	y
04/12/2008	Recurring Handicap	2	John Allen			00:47:43	5.33M	ROAD	y
16/02/2014	Brighton Half	2558	John Helliwell	01:55:36	01:51:51	01:51:51	21.098K	ROAD	y
29/09/2013	Nottingham Half	2325	John Helliwell	01:54:30	01:52:10	01:52:10	21.098K	ROAD	y
27/09/2015	Berlin Marathon	17354	John Helliwell	04:30:09	04:08:56	04:08:56	42.195K	ROAD	y
07/09/2013	Roundshaw Downs 5k parkrun	25	John HELLIWELL	00:23:40		00:23:40	5K	XC	y
27/07/2013	Roundshaw Downs 5k parkrun	23	John HELLIWELL	00:23:51		00:23:51	5K	XC	y
07/04/2012	Roundshaw Downs 5k parkrun	37	John Helliwell			00:24:27	5K	XC	y
29/10/2011	Roundshaw Downs 5k parkrun	35	John Helliwell			00:24:47	5K	XC	y
01/10/2011	Roundshaw Downs 5k parkrun	35	John Helliwell			00:24:50	5K	XC	y
27/08/2011	Roundshaw Downs 5k parkrun	31	John Helliwell			00:25:16	5K	XC	y
09/07/2011	Roundshaw Downs 5k parkrun	41	John Helliwell			00:26:12	5K	XC	y
23/06/2012	Roundshaw Downs 5k parkrun	10	John Twaddle			00:21:52	5K	XC	y
14/02/2016	Valentine's 10k	127	Jonathan Sharrock	00:46:03		00:46:03	10K	ROAD	y
25/10/2015	Oxshott 10k	50	Jonathan Sharrock	00:46:24		00:46:24	10K	ROAD	y
11/05/2014	Sutton 10k	218	Jonathan Sharrock	00:47:36	00:47:15	00:47:15	10K	ROAD	y
07/06/2015	Dorking 10	276	Jonathan Sharrock	01:19:51	01:19:32	01:19:32	10M	ROAD	y
29/03/2015	Croydon Half	144	Jonathan Sharrock	01:48:44	01:48:14	01:48:14	21.098K	ROAD	y
07/04/2013	Croydon Half	261	Jonathan SHARROCK	01:49:58	01:49:27	01:49:27	21.098K	ROAD	y
17/04/2016	Brighton Marathon	2534	Jonathan Sharrock	04:03:17	03:58:08	03:58:08	42.195K	ROAD	y
02/06/2016	Recurring Handicap	10	Jonathan Sharrock	00:39:45		00:39:45	5.33M	ROAD	y
03/09/2015	Recurring Handicap	8	Jonathan Sharrock	00:40:17		00:40:17	5.33M	ROAD	y
05/03/2015	Recurring Handicap	12	Jonathan Sharrock	00:41:21		00:41:21	5.33M	ROAD	y
13/07/2015	Self Transcendence 5k	101	Jonathan Sharrock	00:21:53		00:21:53	5K	ROAD	y
16/05/2015	Roundshaw Downs 5k parkrun	16	Jonathan SHARROCK	00:22:12		00:22:12	5K	XC	y
26/04/2014	Roundshaw Downs 5k parkrun	17	Jonathan SHARROCK	00:22:22		00:22:22	5K	XC	y
24/06/2013	Self Transcendence 5k	67	Jonathan Sharrock	00:21:29		00:21:29	5K	ROAD	y
04/05/2013	Roundshaw Downs 5k parkrun	24	Jonathan SHARROCK	00:22:54		00:22:54	5K	XC	y
25/05/2014	BUPA London 10k	6968	Jude Wheeler	01:00:17		01:00:17	10K	ROAD	y
14/04/2019	Vale of York 10	811	Jude Wheeler	01:36:05	01:35:08	01:35:08	10M	ROAD	y
29/09/2019	Berlin Marathon	8129	Jude Wheeler	05:21:38	04:41:41	04:41:41	42.195K	ROAD	y
14/10/2018	Yorkshire Marathon	3331	Jude Wheeler	05:00:22	04:54:23	04:54:23	42.195K	ROAD	y
06/04/2014	Paris Marathon	36315	Jude Wheeler		05:18:44	05:18:44	42.195K	ROAD	y

08/06/2018	Tour of parkruns - Recurring Handicap	17	Jude Wheeler	00:54:20		00:54:20	5.33M		ROAD	y
31/03/2018	York 5k parkrun	208	Jude WHEELER	00:27:28		00:27:28	5K		ROAD	y
30/03/2013	York 5k parkrun	109	Jude Wheeler	00:28:08		00:28:08	5K		ROAD	y
29/03/2015	Croydon Half	171	Julia Fernando	01:52:50	01:52:36	01:52:36	21.098K		ROAD	y
21/06/2015	Richmond 10k	523	Karen Chart	00:54:41	00:54:21	00:54:21	10K		ROAD	y
22/06/2014	Richmond 10k	411	Karen Chart	00:54:47	00:54:22	00:54:22	10K		ROAD	y
16/02/2014	Valentines 10k	298	Karen Chart	00:56:30		00:56:30	10K		ROAD	y
17/02/2013	Valentines 10k	285	Karen Chart	00:58:12		00:58:12	10K		ROAD	y
14/04/2017	Maidenhead 10	624	Karen Chart	01:30:47	01:29:59	01:29:59	10M		ROAD	y
02/06/2013	Dorking 10	433	Karen Chart	01:37:19	01:36:47	01:36:47	10M		ROAD	y
03/05/2015	Richmond Half	487	Karen Chart		02:01:46	02:01:46	21.098K		ROAD	y
25/05/2014	Edinburgh Half		Karen Chart	02:03:31		02:03:31	21.098K		ROAD	y
26/05/2013	Edinburgh Half	3714	Karen Chart		02:06:34	02:06:34	21.098K		ROAD	y
17/04/2016	Brighton Marathon	1433	Karen Chart	04:56:46	04:29:00	04:29:00	42.195K		ROAD	y
26/10/2015	Dublin Marathon	9151	Karen Chart	04:37:12	04:35:26	04:35:26	42.195K		ROAD	y
21/04/2013	London Marathon	22596	Karen Chart		04:51:28	04:51:28	42.195K		ROAD	y
03/09/2015	Recurring Handicap	4	Karen Chart	00:47:21		00:47:21	5.33M		ROAD	y
30/06/2014	Self Transcendence 5k	131	Karen Chart	00:24:48		00:24:48	5K		ROAD	y
29/07/2013	Self Transcendence 5k	160	Karen Chart	00:25:39		00:25:39	5K		ROAD	y
29/06/2013	Poole 5k parkrun	308	Karen CHART	00:27:04		00:27:04	5K		MULTI	y
25/05/2013	Edinburgh 5k parkrun	225	Karen CHART	00:27:26		00:27:26	5K		ROAD	y
18/07/2015	Elmore 7	287	Karen Chart	01:05:47		01:05:47	7M		ROAD	y
19/07/2014	Elmore 7	137	Karen CHART	01:09:41		01:09:41	7M		ROAD	y
15/06/2013	Banstead Woods 5k parkrun	199	Karen PATCHING	00:31:59		00:31:59	5K		XC	y
14/04/2012	Banstead Woods 5k parkrun	162	Karen Patching			00:33:19	5K		XC	y
31/03/2012	Banstead Woods 5k parkrun	132	Karen Patching			00:33:47	5K		XC	y
16/10/2011	Croydon 10k	450	Karen Weighall			01:03:15	10K		ROAD	y
18/06/2011	Roundshaw Downs 5k parkrun	65	Karen Weighall			00:30:34	5K		XC	y
09/04/2011	Roundshaw Downs 5k parkrun	85	Karen Weighall			00:30:47	5K		XC	y
26/03/2011	Roundshaw Downs 5k parkrun	77	Karen Weighall			00:31:09	5K		XC	y
03/05/2009	Sutton Runners 10k	379	Kate Knight			01:10:57	10K		ROAD	y
02/11/2008	Surrey Classic 10k - Nonsuch Pk	229	Kate Knight			01:13:26	10K		ROAD	y
26/10/2008	Surrey Classic 10k - Oxshott	226	Kate Knight			01:17:15	10K		ROAD	y
14/02/2010	Valentines 10k	355	Kate Langley			00:53:18	10K		ROAD	y
25/10/2009	Surrey Classic 10k - Oxshott	127	Kate Langley			00:54:10	10K		ROAD	y
16/05/2010	Richmond Half	631	Kate Langley			02:01:07	21.098K		ROAD	y
21/03/2010	Hastings Half	2459	Kate Langley			02:03:05	21.098K		ROAD	y
03/06/2010	Mob Match - Recurring Handicap	28	Kate Langley			00:46:50	5.33M		ROAD	y
04/03/2010	Recurring Handicap	8	Kate Langley			00:48:24	5.33M		ROAD	y
24/04/2010	Banstead Woods 5k parkrun	88	Kate Langley			00:25:42	5K		XC	y
10/04/2010	Banstead Woods 5k parkrun	77	Kate Langley			00:25:48	5K		XC	y
20/02/2010	Banstead Woods 5k parkrun	60	Kate Langley			00:26:09	5K		XC	y
07/11/2009	Banstead Woods 5k parkrun	79	Kate Langley			00:26:37	5K		XC	y
24/10/2009	Banstead Woods 5k parkrun	69	Kate Langley			00:27:21	5K		XC	y
17/10/2009	Banstead Woods 5k parkrun	98	Kate Langley			00:27:33	5K		XC	y

03/10/2009	Banstead Woods 5k parkrun	86	Kate Langley				00:28:12	5K		XC	y
20/04/1997	Spelthorne 10k		Keith Dunning				00:35:40	10K			y
02/02/1997	26.2 10k		Keith Dunning				00:36:06	10K		ROAD	y
20/10/1996	Croydon 10k		Keith Dunning				00:37:42	10K		ROAD	y
30/06/1996	Dysart Dash		Keith Dunning				00:38:15	10K		ROAD	y
03/06/2001	Dorking 10	40	Keith Dunning				01:02:01	10M		ROAD	y
29/12/1996	Tadworth 10		Keith Dunning				01:04:15	10M		MULTI	y
16/03/1997	Hastings Half		Keith Dunning				01:27:12	21.098K		ROAD	y
15/09/1997	Sri Chinmoy 2		Keith Dunning				00:10:57	2M		ROAD	y
04/12/2008	Recurring Handicap	4	Keith Dunning				00:33:06	5.33M		ROAD	y
15/05/1997	Morden 5k		Keith Dunning				00:17:29	5K		ROAD	y
31/07/2016	Nonsuch Junior 2k parkrun	26	Laila MORRELL	00:09:26			00:09:26	2K		MULTI	y
29/04/2017	Roundshaw Downs 5k parkrun	100	Laila MORRELL	00:24:27			00:24:27	5K		XC	y
22/04/2017	Roundshaw Downs 5k parkrun	64	Laila MORRELL	00:24:53			00:24:53	5K		XC	y
08/04/2017	Roundshaw Downs 5k parkrun	67	Laila MORRELL	00:25:50			00:25:50	5K		XC	y
23/07/2016	Banstead Woods 5k parkrun	90	Laila MORRELL	00:26:49			00:26:49	5K		XC	y
25/06/2016	Banstead Woods 5k parkrun	104	Laila MORRELL	00:27:43			00:27:43	5K		XC	y
09/04/2016	Roundshaw Downs 5k parkrun	46	Laila MORRELL	00:27:51			00:27:51	5K		XC	y
20/06/2015	Roundshaw Downs 5k parkrun	68	Laila MORRELL	00:30:25			00:30:25	5K		XC	y
09/05/2015	Roundshaw Downs 5k parkrun	85	Laila MORRELL	00:30:48			00:30:48	5K		XC	y
07/02/2015	Roundshaw Downs 5k parkrun	104	Laila MORRELL	00:35:56			00:35:56	5K		XC	y
31/01/2015	Roundshaw Downs 5k parkrun	74	Laila MORRELL	00:36:24			00:36:24	5K		XC	y
25/10/2014	Roundshaw Downs 5k parkrun	72	Laila MORRELL	00:36:34			00:36:34	5K		XC	y
08/09/2018	Banstead Woods 5k parkrun	36	Laura DOWMAN	00:22:21			00:22:21	5K		XC	y
15/08/1999	Burnham Beeches Half		Leo Kennedy				01:35:20	21.098K		ROAD	y
28/02/1999	Camberley Half		Leo Kennedy				01:40:00	21.098K		ROAD	y
02/06/2016	Recurring Handicap	4	Linda O'Sullivan	00:44:18			00:44:18	5.33M		ROAD	y
19/05/2019	Sutton 10k	49	Lisa Rooney	00:38:27	00:38:23		00:38:23	10K		ROAD	y
17/06/2018	Richmond 10k	109	Lisa Rooney	00:38:34	00:38:29		00:38:29	10K		ROAD	y
26/07/2015	Elmbridge 10k	101	Lisa Rooney	00:39:51	00:39:43		00:39:43	10K		ROAD	y
21/06/2015	Richmond 10k	157	Lisa Rooney	00:40:23	00:40:14		00:40:14	10K		ROAD	y
25/03/2016	Maidenhead 10	84	Lisa Rooney	01:04:04	01:03:57		01:03:57	10M		ROAD	y
07/06/2015	Dorking 10	107	Lisa Rooney	01:07:58	01:07:48		01:07:48	10M		ROAD	y
02/06/2013	Dorking 10	130	Lisa Rooney	01:10:35	01:10:25		01:10:25	10M		ROAD	y
26/09/2018	Andrew Griffin Mile	4	Lisa Rooney	00:05:22			00:05:22	1M		TRACK	y
17/03/2019	Reading Half	231	Lisa Rooney	01:23:00	01:22:51		01:22:51	21.098K		ROAD	y
20/09/2015	Reigate Half	72	Lisa Rooney	01:28:32	01:28:21		01:28:21	21.098K		ROAD	y
20/10/2019	Abingdon Marathon	107	Lisa Rooney	02:58:27	02:58:14		02:58:14	42.195K		ROAD	y
08/06/2018	Tour of parkruns - Recurring Handicap	13	Lisa Rooney	00:35:15			00:35:15	5.33M		ROAD	y
27/05/2019	Rapid Rabbit 5k	23	Lisa Rooney	00:18:22			00:18:22	5K		ROAD	y
08/08/2016	Self Transcendence 5k	73	Lisa ROONEY	00:18:27			00:18:27	5K		ROAD	y
29/06/2008	Dysart Dash	419	Lisa Shennan				01:00:19	10K		ROAD	y
24/06/2012	Richmond 10k	399	Lorraine Turner				00:55:26	10K		ROAD	y
18/12/2011	Surrey Classic 10k - Horton CP	153	Lorraine Turner				00:56:33	10K		ROAD	y
27/03/2011	Surrey Classic 10k - Horton CP	128	Lorraine Turner				00:56:52	10K		ROAD	y

07/11/2010	Surrey Classic 10k - Nonsuch Pk	159	Lorraine Turner			00:57:06	10K	ROAD	y
31/10/2010	Surrey Classic 10k - Oxshott	165	Lorraine Turner			00:58:50	10K	ROAD	y
10/10/2010	Croydon 10k	284	Lorraine Turner			00:59:11	10K	ROAD	y
04/03/2012	Ostend-Bruges 10		Lorraine Turner			01:33:20	10M	ROAD	y
20/11/2011	Epsom 10	246	Lorraine Turner			01:39:08	10M	ROAD	y
25/03/2012	Hastings Half	2399	Lorraine Turner			02:09:11	21.098K	ROAD	y
05/03/2015	Recurring Handicap	3	Lorraine Turner	00:49:48		00:49:48	5.33M	ROAD	y
30/05/2015	Roundshaw Downs 5k parkrun	64	Lorraine TURNER	00:27:37		00:27:37	5K	XC	y
21/01/2012	Roundshaw Downs 5k parkrun	57	Lorraine Turner			00:27:40	5K	XC	y
23/07/2011	Roundshaw Downs 5k parkrun	60	Lorraine Turner			00:28:21	5K	XC	y
26/03/2011	Roundshaw Downs 5k parkrun	66	Lorraine Turner			00:28:55	5K	XC	y
04/06/2017	London 10	539	Louise Arpino	01:23:45	01:23:22	01:23:22	10M	ROAD	y
22/04/2018	London Marathon	13179	Louise Arpino		04:17:50	04:17:50	42.195K	ROAD	y
01/12/2016	Recurring Handicap	7	Louise Arpino	00:44:48		00:44:48	5.33M	ROAD	y
01/07/2017	Roundshaw Downs 5k parkrun	50	Louise ARPINO	00:24:42		00:24:42	5K	XC	y
16/02/2014	Valentines 10k	338	Maggie Swinnerton	01:00:06		01:00:06	10K	ROAD	y
12/05/2013	Sutton 10k	379	Maggie Swinnerton	01:03:19	01:03:00	01:03:00	10K	ROAD	y
05/12/2013	Recurring Handicap	3	Maggie Swinnerton	00:53:39		00:53:39	5.33M	ROAD	y
05/09/2013	Recurring Handicap	8	Maggie Swinnerton	00:54:16		00:54:16	5.33M	ROAD	y
05/07/2014	South Shields 5k parkrun	83	Maggie SWINNERTON	00:28:59		00:28:59	5K	MULTI	y
22/02/2014	Bushy 5k parkrun	661	Maggie SWINNERTON	00:29:01		00:29:01	5K	MULTI	y
10/08/2013	Banstead Woods 5k parkrun	116	Maggie SWINNERTON	00:29:42		00:29:42	5K	XC	y
18/05/2013	Banstead Woods 5k parkrun	139	Maggie SWINNERTON	00:29:44		00:29:44	5K	XC	y
11/05/2013	Banstead Woods 5k parkrun	130	Maggie SWINNERTON	00:30:15		00:30:15	5K	XC	y
04/05/2013	Banstead Woods 5k parkrun	152	Maggie SWINNERTON	00:30:28		00:30:28	5K	XC	y
13/04/2013	Banstead Woods 5k parkrun	124	Maggie SWINNERTON	00:30:47		00:30:47	5K	XC	y
06/04/2013	Banstead Woods 5k parkrun	123	Maggie SWINNERTON	00:31:02		00:31:02	5K	XC	y
21/07/2012	Banstead Woods 5k parkrun	117	Maggie Swinnerton			00:33:14	5K	XC	y
15/07/2017	Roundshaw Downs 5k parkrun	70	Maia MORRELL	00:24:43		00:24:43	5K	XC	y
10/06/2017	Banstead Woods 5k parkrun	99	Maia MORRELL	00:24:31		00:24:31	5K	XC	y
06/05/2017	Roundshaw Downs 5k parkrun	54	Maia MORRELL	00:24:56		00:24:56	5K	XC	y
18/02/2017	Roundshaw Downs 5k parkrun	44	Maia MORRELL	00:25:19		00:25:19	5K	XC	y
02/07/2016	Crystal Palace 5k parkrun	137	Maia MORRELL	00:26:18		00:26:18	5K	ROAD	y
09/04/2016	Roundshaw Downs 5k parkrun	45	Maia MORRELL	00:27:49		00:27:49	5K	XC	y
08/08/2015	Roundshaw Downs 5k parkrun	54	Maia MORRELL	00:28:13		00:28:13	5K	XC	y
06/06/2015	Roundshaw Downs 5k parkrun	76	Maia MORRELL	00:28:39		00:28:39	5K	XC	y
09/05/2015	Roundshaw Downs 5k parkrun	82	Maia MORRELL	00:30:16		00:30:16	5K	XC	y
25/04/2015	Roundshaw Downs 5k parkrun	69	Maia MORRELL	00:30:59		00:30:59	5K	XC	y
07/02/2015	Roundshaw Downs 5k parkrun	95	Maia MORRELL	00:34:16		00:34:16	5K	XC	y
25/10/2014	Roundshaw Downs 5k parkrun	78	Maia MORRELL	00:37:37		00:37:37	5K	XC	y
04/09/2009	Recurring Handicap	5	Maja Mosegaard			00:54:29	5.33M	ROAD	y
31/07/2010	Roundshaw Downs 5k parkrun	58	Maja Mosegaard			00:28:54	5K	XC	y
17/07/2010	Roundshaw Downs 5k parkrun	70	Maja Mosegaard			00:30:20	5K	XC	y
08/08/2009	Roundshaw Downs 5k parkrun	60	Maja Mosegaard			00:31:15	5K	XC	y
20/04/1997	Spelthorne 10k		Malcolm Whelan			00:39:38	10K		y

15/05/1997	Morden 5k		Malcolm Whelan				00:19:41	5K		ROAD	y
21/07/2013	Elmbridge 10k	353	Mandy Curtis	00:58:00			00:58:00	10K		ROAD	y
10/07/2013	Reigate Priory 10k	288	Mandy Curtis	01:00:33	01:00:20	01:00:20		10K		ROAD	y
02/06/2016	Recurring Handicap	7	Mandy Curtis	00:48:12			00:48:12	5.33M		ROAD	y
05/03/2015	Recurring Handicap	7	Mandy Curtis	00:49:38			00:49:38	5.33M		ROAD	y
04/12/2014	Recurring Handicap	4	Mandy Curtis	00:49:46			00:49:46	5.33M		ROAD	y
04/04/2015	Roundshaw Downs 5k parkrun	35	Mandy CURTIS	00:28:52			00:28:52	5K		XC	y
27/09/2014	Roundshaw Downs 5k parkrun	54	Mandy CURTIS	00:27:13			00:27:13	5K		XC	y
27/07/2013	Roundshaw Downs 5k parkrun	41	Mandy CURTIS	00:27:43			00:27:43	5K		XC	y
06/07/2013	Roundshaw Downs 5k parkrun	47	Mandy CURTIS	00:27:44			00:27:44	5K		XC	y
29/06/2013	Roundshaw Downs 5k parkrun	60	Mandy CURTIS	00:28:24			00:28:24	5K		XC	y
15/07/2017	Elmore 7	277	Mandy Curtis	01:07:32			01:07:32	7M		ROAD	y
21/11/2010	Epsom 10	189	Marc Wood				01:22:29	10M		ROAD	y
26/09/2010	Run To The Beat Half	4358	Marc Wood				01:54:24	21.098K		ROAD	y
08/08/2010	Wimbledon Dash 5k	149	Marc Wood				00:23:47	5K		ROAD	y
12/07/2014	Riddlesdown 5k parkrun	75	Maria LAWRENCE	00:29:50			00:29:50	5K		MULTI	y
28/06/2014	Banstead Woods 5k parkrun	150	Maria LAWRENCE	00:30:13			00:30:13	5K		XC	y
29/03/2014	Brighton & Hove 5k parkrun	376	Maria LAWRENCE	00:30:19			00:30:19	5K		XC	y
11/05/2013	Nonsuch 5k parkrun	241	Maria LAWRENCE	00:30:48			00:30:48	5K		MULTI	y
04/05/2013	Banstead Woods 5k parkrun	167	Maria LAWRENCE	00:31:53			00:31:53	5K		XC	y
27/04/2014	Hogsmill 5	98	Maria Lawrence	00:52:11			00:52:11	5M	5.3M	MULTI	y
19/07/2014	Elmore 7	160	Maria LAWRENCE	01:19:13			01:19:13	7M		ROAD	y
19/06/2016	City of London Mile		Marie Gray	00:10:47			00:10:47	1M		ROAD	y
15/06/2015	City of London Mile	2183	Marie Gray	00:12:21			00:12:21	1M		ROAD	y
24/05/2015	Westminster Mile Family Run	899	Marie Gray		00:12:51	00:12:51		1M		ROAD	y
12/05/2019	Nonsuch 2k parkrun	178	Marie GRAY	00:12:59			00:12:59	2K		MULTI	y
16/08/2015	Bromley 2k Junior parkrun	87	Marie GRAY	00:15:03			00:15:03	2K		MULTI	y
19/05/2018	Lloyd 5k parkrun	260	Marie GRAY	00:36:52			00:36:52	5K		XC	y
01/01/2018	Roundshaw Downs 5k parkrun	218	Marie GRAY	00:40:13			00:40:13	5K		XC	y
27/08/2016	Portrush 5k parkrun	278	Marie GRAY	00:37:57			00:37:57	5K		XC	y
12/03/2016	Roundshaw Downs 5k parkrun	97	Marie GRAY	00:43:45			00:43:45	5K		XC	y
08/03/2014	Bushy 5k parkrun	1089	Marie GRAY	00:48:53			00:48:53	5K		MULTI	y
11/05/2014	Sutton 10k	338	Marina Murdoch	00:56:42	00:56:21	00:56:21		10K		ROAD	y
15/12/2013	Surrey Classic 10k - Horton CP	123	Marina Murdoch	00:57:49			00:57:49	10K		ROAD	y
25/05/2014	Edinburgh Half		Marina Murdoch	02:13:12			02:13:12	21.098K		ROAD	y
07/04/2013	Croydon Half	488	Marina MURDOCH	02:21:42	02:21:10	02:21:10		21.098K		ROAD	y
05/06/2014	Recurring Handicap	18	Marina Murdoch	00:49:31			00:49:31	5.33M		ROAD	y
05/12/2013	Recurring Handicap	5	Marina Murdoch	00:52:42			00:52:42	5.33M		ROAD	y
13/12/2015	Surrey Classic 10k - Horton CP	4	Mark Constantinou	00:37:11			00:37:11	10K		ROAD	y
26/10/2014	Oxshott 10k	4	Mark Constantinou	00:38:00			00:38:00	10K		ROAD	y
22/06/2014	Richmond 10k	71	Mark Constantinou	00:38:07	00:38:03	00:38:03		10K		ROAD	y
11/05/2014	Sutton 10k	51	Mark Constantinou	00:38:12	00:38:09	00:38:09		10K		ROAD	y
16/02/2014	Valentines 10k	33	Mark Constantinou	00:38:10			00:38:10	10K		ROAD	y
01/06/2014	Dorking 10	42	Mark Constantinou	01:02:32	01:02:28	01:02:28		10M		ROAD	y
29/09/2013	Ealing Half	82	Mark Constantinou	01:23:48	01:23:39	01:23:39		21.098K		ROAD	y

21/10/2018	Abingdon Marathon	142	Mark Constantinou	03:02:51	03:02:21	03:02:21	42.195K		ROAD	y
06/04/2014	Brighton Marathon	120	Mark Constantinou	03:03:00	03:02:56	03:02:56	42.195K		ROAD	y
08/06/2018	Tour of parkruns - Recurring Handicap	6	Mark Constantinou	00:33:48		00:33:48	5.33M		ROAD	y
01/06/2017	Recurring Handicap	13	Mark Constantinou	00:37:25		00:37:25	5.33M		ROAD	y
16/09/2017	Riddlesdown 5k parkrun	5	Mark CONSTANTINO	00:18:50		00:18:50	5K		MULTI	y
11/07/2016	Self Transcendence 5k	21	Mark Constantinou	00:18:03		00:18:03	5K		ROAD	y
30/06/2014	Self Transcendence 5k	42	Mark Constantinou	00:18:16		00:18:16	5K		ROAD	y
28/06/2014	Wimbledon Common 5k parkrun	15	Mark CONSTANTINO	00:18:52		00:18:52	5K		MULTI	y
05/10/2013	Roundshaw Downs 5k parkrun	4	Mark CONSTANTINO	00:18:53		00:18:53	5K		XC	y
10/08/2013	Roundshaw Downs 5k parkrun	1	Mark CONSTANTINO	00:19:04		00:19:04	5K		XC	y
06/04/1997	Chiswick Towpath 10		Martin Godleman			01:05:02	10M		ROAD	y
22/10/2000	Surrey Classic 10k - Nonsuch Pk	18	Martin Lloyd			00:38:40	10K		ROAD	y
16/07/2000	Elmbridge 10k	80	Martin Lloyd			00:39:26	10K		ROAD	y
30/04/2000	Barry Jones 10k	53	Martin Lloyd			00:40:11	10K		ROAD	y
11/04/1999	Croydon 10k		Martin Lloyd			00:40:17	10K		ROAD	y
02/02/1997	26.2 10k		Martin Lloyd			00:40:57	10K		ROAD	y
17/11/1996	Brighton 10k		Martin Lloyd			00:42:03	10K		ROAD	y
27/10/1996	Surrey Classic 10k - Morden Pk		Martin Lloyd			00:42:34	10K		ROAD	y
05/06/2011	Dorking 10	58	Martin Lloyd			01:05:52	10M		ROAD	y
21/11/2010	Epsom 10	41	Martin Lloyd			01:05:57	10M		ROAD	y
03/06/2001	Dorking 10	83	Martin Lloyd			01:06:10	10M		ROAD	y
28/03/2004	Worthing 20	55	Martin Lloyd			02:17:10	20M		ROAD	y
22/02/2004	Sussex Beacon Half	76	Martin Lloyd			01:24:55	21.098K		MULTI	y
19/08/2001	Burnham Beeches Half	62	Martin Lloyd			01:27:43	21.098K		ROAD	y
18/03/2001	Hastings Half	209	Martin Lloyd			01:27:50	21.098K		ROAD	y
21/05/2000	Richmond Half	54	Martin Lloyd			01:28:16	21.098K		ROAD	y
19/03/2000	Hastings Half	253	Martin Lloyd			01:28:45	21.098K		ROAD	y
13/02/2000	Wokingham Half		Martin Lloyd			01:28:54	21.098K		ROAD	y
06/10/1996	Caterham Half		Martin Lloyd			01:37:11	21.098K		ROAD	y
20/03/2011	Cranleigh 21	92	Martin Lloyd			02:38:31	21.1M		ROAD	y
18/04/2004	London Marathon	1413	Martin Lloyd			03:03:40	42.195K		ROAD	y
07/03/2013	Recurring Handicap	2	Martin Lloyd	00:34:34		00:34:34	5.33M		ROAD	y
02/06/2011	Mob Match - Recurring Handicap	3	Martin Lloyd			00:34:40	5.33M		ROAD	y
03/03/2011	Recurring Handicap	5	Martin Lloyd			00:35:31	5.33M		ROAD	y
03/06/2010	Mob Match - Recurring Handicap	8	Martin Lloyd			00:36:01	5.33M		ROAD	y
06/05/2004	Dave Clarke 5k	18	Martin Lloyd			00:18:11	5K		ROAD	y
09/05/2002	Dave Clarke 5k	18	Martin Lloyd			00:18:31	5K		ROAD	y
12/08/2001	Wimbledon 5k		Martin Lloyd			00:18:37	5K		ROAD	y
13/08/2000	Wimbledon 5k	48	Martin Lloyd			00:19:19	5K		ROAD	y
13/05/1999	Morden Park 5k		Martin Lloyd			00:19:33	5K		ROAD	y
28/07/2000	Wedding Day 7k	90	Martin Lloyd			00:27:58	7K		MULTI	y
16/07/2011	Elmore 7	31	Martin Lloyd			00:44:27	7M		ROAD	y
13/07/2002	Elmore 7		Martin Lloyd			00:44:52	7M		ROAD	y

11/05/2002	Hillcrest 8k	12	Martin Lloyd			00:29:42	8K		MULTI	y
16/02/2014	Brighton Half	406	Mary James	01:30:45	01:30:12	01:30:12	21.098K		ROAD	y
21/03/2015	Banstead Woods 5k parkrun	14	Mary JAMES	00:19:29		00:19:29	5K		XC	y
05/04/2014	Banstead Woods 5k parkrun	19	Mary JAMES	00:19:47		00:19:47	5K		XC	y
18/05/2013	Banstead Woods 5k parkrun	11	Mary JAMES	00:19:51		00:19:51	5K		XC	y
13/10/2012	Roundshaw Downs 5k parkrun	2	Mary James	00:19:59		00:19:59	5K		XC	y
01/09/2012	Banstead Woods 5k parkrun	15	Mary James	00:20:03		00:20:03	5K		XC	y
10/03/2012	Banstead Woods 5k parkrun	10	Mary James			00:20:13	5K		XC	y
04/02/2012	Banstead Woods 5k parkrun	15	Mary James			00:20:14	5K		XC	y
17/11/1996	Brighton 10k		Matt Elnaugh			00:38:53	10K		ROAD	y
27/10/1996	Surrey Classic 10k - Morden Pk		Matt Elnaugh			00:40:44	10K		ROAD	y
30/06/1996	Dysart Dash		Matt Elnaugh			00:41:30	10K		ROAD	y
16/02/1997	Sidcup 10		Matt Elnaugh			01:09:15	10M		ROAD	y
16/03/1997	Hastings Half		Matt Elnaugh			01:35:18	21.098K		ROAD	y
26/05/2019	Westminster Mile	587	Matthew Gray	00:07:10		00:07:10	1M		ROAD	y
28/05/2017	Westminster Mile Wave 1	51	Matthew Gray	00:07:45		00:07:45	1M		ROAD	y
15/06/2015	City of London Mile	1513	Matthew Gray	00:09:03		00:09:03	1M		ROAD	y
19/05/2019	Tooting Common 2k parkrun	12	Matthew GRAY	00:08:51		00:08:51	2K		ROAD	y
12/05/2019	Nonsuch 2k parkrun	46	Matthew GRAY	00:09:22		00:09:22	2K		MULTI	y
24/03/2019	Burgess Junior 2k parkrun	2	Matthew Gray	00:09:06		00:09:06	2K			y
17/02/2019	Ipswich 2k parkrun	9	Matthew Gray	00:09:13		00:09:13	2K			y
21/10/2018	Colchester Castle Junior 2k parkrun	15	Matthew Gray	00:09:31		00:09:31	2K		ROAD	y
06/05/2018	Lloyd Junior 2k parkrun	26	Matthew GRAY	00:10:01		00:10:01	2K		XC	y
16/08/2015	Bromley 2k Junior parkrun	33	Matthew GRAY	00:10:49		00:10:49	2K		MULTI	y
21/06/2015	Bromley Junior 2k parkrun	42	Matthew GRAY	00:11:41		00:11:41	2K		MULTI	y
29/09/2018	Roundshaw Downs 5k parkrun	53	Matthew GRAY	00:26:01		00:26:01	5K		XC	y
16/09/2017	Riddlesdown 5k parkrun	155	Matthew GRAY	00:28:06		00:28:06	5K		MULTI	y
19/03/2016	Bushy 5k parkrun	839	Matthew GRAY	00:30:45		00:30:45	5K		MULTI	y
12/09/2015	York 5k parkrun	276	Matthew GRAY	00:31:57		00:31:57	5K		ROAD	y
25/04/2015	Woodhouse Moor 5k parkrun	378	Matthew GRAY	00:35:45		00:35:45	5K		ROAD	y
27/09/2014	Roundshaw Downs 5k parkrun	93	Matthew GRAY	00:38:57		00:38:57	5K		XC	y
06/09/2014	Horsham 5k parkrun	344	Matthew GRAY	00:39:11		00:39:11	5K		MULTI	y
16/08/2014	Whitstable 5k parkrun	186	Matthew GRAY	00:39:48		00:39:48	5K		ROAD	y
19/07/2014	Roundshaw Downs 5k parkrun	193	Matthew GRAY	00:44:23		00:44:23	5K		XC	y
14/06/2014	Banstead Woods 5k parkrun	168	Matthew GRAY	00:45:04		00:45:04	5K		XC	y
08/03/2014	Bushy 5k parkrun	1085	Matthew GRAY	00:46:50		00:46:50	5K		MULTI	y
05/06/2005	Dorking 10	36	Melanie Johnstone			01:15:10	10M		ROAD	y
21/09/2003	Epsom 10	89	Melanie Johnstone			01:18:25	10M		ROAD	y
14/05/2006	Richmond Half	264	Melanie Johnstone			01:40:06	21.098K		ROAD	y
10/09/2006	Mablethorpe Marathon	61	Melanie Johnstone			03:50:19	42.195K		ROAD	y
12/06/2005	Edinburgh Marathon	1530	Melanie Johnstone			03:55:20	42.195K		ROAD	y
17/04/2005	London Marathon	10040	Melanie Johnstone			04:02:37	42.195K		ROAD	y
27/10/2003	Dublin Marathon	3171	Melanie Johnstone			04:19:44	42.195K		ROAD	y
05/09/2013	Recurring Handicap	10	Melvin Trundley	00:48:57		00:48:57	5.33M		ROAD	y

01/07/2013	Self Transcendence 5k	122	Melvin Trundley	00:25:20		00:25:20	5K		ROAD	y
27/04/2013	Banstead Woods 5k parkrun	82	Melvin TRUNDLEY	00:25:28		00:25:28	5K		XC	y
14/04/2012	Banstead Woods 5k parkrun	89	Melvin Trundley			00:26:07	5K		XC	y
07/04/2012	Riddlesdown 5k parkrun	52	Melvin Trundley			00:28:43	5K		MULTI	y
03/03/2012	Riddlesdown 5k parkrun	54	Melvin Trundley			00:29:03	5K		MULTI	y
12/05/2013	Sutton 10k	404	Michele Qualtrough	01:07:40	01:07:11	01:07:11	10K		ROAD	y
22/03/2015	Hastings Half	1411	Michelle Moorcock	01:58:41	01:56:09	01:56:09	21.098K		ROAD	y
26/04/2015	London Marathon	20940	Michelle Moorcock		04:27:05	04:27:05	42.195K		ROAD	y
05/03/2015	Recurring Handicap	8	Michelle Moorcock	00:47:03		00:47:03	5.33M		ROAD	y
29/11/2014	Roundshaw Downs 5k parkrun	51	Michelle MOORCOCK	00:28:41		00:28:41	5K		XC	y
19/10/1997	Croydon 10k		Michelle Quickenden			00:53:46	10K		ROAD	y
14/02/2016	Valentine's 10k	25	Mike Mason	00:38:54		00:38:54	10K		ROAD	y
17/06/2012	Epsom 10k	26	Mike Mason			00:40:21	10K		ROAD	y
07/07/2019	Bewl 15	29	Mike Mason	01:45:11	01:45:07	01:45:07	15M		MULTI	y
09/01/2016	Disney Half	57	MIKE MASON	01:26:59	01:26:55	01:26:55	21.098K		ROAD	y
13/10/2019	Chicago Marathon	992	Mike Mason	02:52:38		02:52:38	42.195K		ROAD	y
16/09/2018	Berlin Marathon	3161	Mike Mason	03:25:52	03:14:28	03:14:28	42.195K		ROAD	y
13/07/2019	Bushy 5k parkrun	10	Mike MASON	00:17:48		00:17:48	5K		MULTI	y
06/07/2019	Bushy 5k parkrun	16	Mike MASON	00:18:02		00:18:02	5K		MULTI	y
08/08/2015	Banstead Woods 5k parkrun	5	Mike MASON	00:18:37		00:18:37	5K		XC	y
01/08/2015	Banstead Woods 5k parkrun	8	Mike MASON	00:18:42		00:18:42	5K		XC	y
25/01/2014	Banstead Woods 5k parkrun	6	Mike MASON	00:19:08		00:19:08	5K		XC	y
16/11/2013	Banstead Woods 5k parkrun	10	Mike MASON	00:19:12		00:19:12	5K		XC	y
02/06/2012	Banstead Woods 5k parkrun	11	Mike Mason			00:19:22	5K		XC	y
06/05/2017	Roundshaw Downs 5k parkrun	46	Nathan THOMPSON	00:24:14		00:24:14	5K		XC	y
21/07/2012	Roundshaw Downs 5k parkrun	60	Nathan Thompson			00:28:03	5K		XC	y
16/02/2014	Valentines 10k	10	Neil Reissland	00:34:41		00:34:41	10K		ROAD	y
03/11/2013	Surrey Classic 10k - Nonsuch Pk	1	Neil Reissland	00:35:00		00:35:00	10K		ROAD	y
24/06/2012	Richmond 10k	28	Neil Reissland			00:35:22	10K		ROAD	y
29/07/2013	Self Transcendence 5k	11	Neil Reissland	00:16:26		00:16:26	5K		ROAD	y
04/05/2013	Nonsuch 5k parkrun	2	Neil REISSLAND	00:16:38		00:16:38	5K		MULTI	y
14/04/2012	Dulwich 5k parkrun	2	Neil Reissland	00:16:48		00:16:48	5K		ROAD	y
31/03/2012	Wimbledon Common 5k parkrun	2	Neil Reissland			00:16:50	5K		MULTI	y
10/03/2012	Bromley 5k parkrun	4	Neil Reissland	00:16:57		00:16:57	5K		MULTI	y
22/10/2011	Bushy 5k parkrun	5	Neil Reissland	00:17:00		00:17:00	5K		MULTI	y
03/09/2011	Bushy 5k parkrun	3	Neil Reissland	00:17:02		00:17:02	5K		MULTI	y
22/03/2009	Wimbledon 10k	179	Nicola Dicks	00:47:12	00:46:15	00:46:15	10K		ROAD	y
26/07/2009	Elmbridge 10k	191	Nicola Stevenson			00:43:46	10K		ROAD	y
22/11/2009	Epsom 10	114	Nicola Stevenson			01:17:28	10M		ROAD	y
31/05/2009	Dorking 10	263	Nicola Stevenson			01:19:40	10M		ROAD	y
16/05/2010	Richmond Half	299	Nicola Stevenson			01:40:56	21.098K		ROAD	y
25/04/2010	London Marathon	8007	Nicola Stevenson			03:49:16	42.195K		ROAD	y
14/09/2017	Recurring Handicap	12	Nicola Stevenson	00:39:23		00:39:23	5.33M		ROAD	y
01/06/2017	Recurring Handicap	6	Nicola Stevenson	00:39:26		00:39:26	5.33M		ROAD	y
04/03/2010	Recurring Handicap	6	Nicola Stevenson			00:39:33	5.33M		ROAD	y

24/06/2017	Nonsuch 5k parkrun	64	Nicola STEVENSON	00:21:20		00:21:20	5K		MULTI	y
15/04/2017	Nonsuch 5k parkrun	90	Nicola STEVENSON	00:21:45		00:21:45	5K		MULTI	y
17/02/2013	Valentines 10k	343	Nicola Tarrant	01:04:20		01:04:20	10K		ROAD	y
03/03/2013	Silverstone Half	5240	Nicola Tarrant	02:28:16		02:28:16	21.098K		ROAD	y
28/09/2013	St Anne's 5k parkrun	161	Nicola TARRANT	00:29:49		00:29:49	5K		MULTI	y
22/06/2013	Hackney Marshes 5k parkrun	49	Nicola TARRANT	00:30:55		00:30:55	5K		ROAD	y
14/04/2012	Dulwich 5k parkrun	156	Nicola Tarrant	00:32:23		00:32:23	5K		ROAD	y
31/03/2012	Milton Keynes 5k parkrun	188	Nicola Tarrant			00:32:37	5K		MULTI	y
13/02/2011	Wiltshire 10	52	Nigel Wood			01:09:45	10M		ROAD	y
13/03/2011	Lydd Half	83	Nigel Wood			01:34:43	21.098K		ROAD	y
05/09/2013	Recurring Handicap	18	Nigel Wood	00:37:48		00:37:48	5.33M		ROAD	y
27/06/2013	Dulwich Midsummer 5k	46	Nigel Wood	00:20:01		00:20:01	5K		ROAD	y
09/02/2013	Dulwich 5k parkrun	24	Nigel Wood	00:20:11		00:20:11	5K		ROAD	y
31/03/2012	Roundshaw Downs 5k parkrun	4	Nigel Wood			00:20:24	5K		XC	y
19/03/2011	Roundshaw Downs 5k parkrun	6	Nigel Wood			00:20:26	5K		XC	y
15/01/2011	Roundshaw Downs 5k parkrun	9	Nigel Wood			00:21:09	5K		XC	y
08/01/2011	Roundshaw Downs 5k parkrun	5	Nigel Wood			00:21:42	5K		XC	y
20/05/2017	Roundshaw Downs 5k parkrun	46	Nikki WALLER	00:24:19		00:24:19	5K		XC	y
22/04/2017	Roundshaw Downs 5k parkrun	58	Nikki WALLER	00:24:32		00:24:32	5K		XC	y
27/10/2013	Surrey Classic 10k - Oxshott	24	Oliver Collis	00:43:55		00:43:55	10K		ROAD	y
13/07/2015	Self Transcendence 5k	10	Oliver Collis	00:16:48		00:16:48	5K		ROAD	y
02/06/2014	Self Transcendence 5k	37	Oliver Collis	00:17:13		00:17:13	5K		ROAD	y
19/04/2014	Nonsuch 5k parkrun	1	Oliver COLLIS	00:17:27		00:17:27	5K		MULTI	y
12/04/2014	Banstead Woods 5k parkrun	3	Oliver COLLIS	00:18:16		00:18:16	5K		XC	y
01/09/2012	Banstead Woods 5k parkrun	7	Oliver Collis	00:18:47		00:18:47	5K		XC	y
05/06/2014	Recurring Handicap	15	Paul Booth	00:48:57		00:48:57	5.33M		ROAD	y
05/12/2013	Recurring Handicap	21	Paul Booth	00:50:31		00:50:31	5.33M		ROAD	y
05/09/2013	Recurring Handicap	26	Paul Booth	00:51:02		00:51:02	5.33M		ROAD	y
01/12/2011	Recurring Handicap	13	Paul Booth			00:53:17	5.33M		ROAD	y
21/09/2013	Nonsuch 5k parkrun	130	Paul BOOTH	00:24:56		00:24:56	5K		MULTI	y
29/06/2013	Nonsuch 5k parkrun	129	Paul BOOTH	00:25:09		00:25:09	5K		MULTI	y
08/06/2013	Nonsuch 5k parkrun	150	Paul BOOTH	00:25:35		00:25:35	5K		MULTI	y
25/05/2013	Nonsuch 5k parkrun	129	Paul BOOTH	00:25:52		00:25:52	5K		MULTI	y
04/05/2013	Nonsuch 5k parkrun	215	Paul BOOTH	00:26:56		00:26:56	5K		MULTI	y
24/03/2012	Riddlesdown 5k parkrun	43	Paul Booth			00:27:12	5K		MULTI	y
21/01/2012	Roundshaw Downs 5k parkrun	56	Paul Booth			00:27:31	5K		XC	y
14/05/2011	Roundshaw Downs 5k parkrun	79	Paul Booth			00:28:56	5K		XC	y
07/05/2011	Roundshaw Downs 5k parkrun	76	Paul Booth	03:39:09		00:30:04	5K		XC	y
21/07/2013	Elmbridge 10k	316	Paul Cooper	00:53:51		00:53:51	10K		ROAD	y
17/02/2013	Valentines 10k	246	Paul Cooper	00:54:31		00:54:31	10K		ROAD	y
17/11/2013	Epsom 10	178	Paul Cooper	01:35:40		01:35:40	10M		ROAD	y
11/03/2012	Silverstone Half	2969	Paul Cooper			02:03:38	21.098K		ROAD	y
27/04/2014	Shakespeare Marathon	640	Paul Cooper	04:47:47	04:44:39	04:44:39	42.195K		MULTI	y
30/06/2013	Coombe Abbey Marathon	61	Paul Cooper	04:45:43		04:45:43	42.195K		XC	y
04/05/2013	Bewl Water Marathon	107	PAUL COOPER	04:56:34	04:56:25	04:56:25	42.195K		MULTI	y

06/12/2012	Recurring Handicap		Paul Cooper	00:47:40		00:47:40	5.33M		ROAD	y
27/07/2013	Roundshaw Downs 5k parkrun	32	Paul COOPER	00:25:42		00:25:42	5K		XC	y
13/07/2013	Roundshaw Downs 5k parkrun	28	Paul COOPER	00:26:09		00:26:09	5K		XC	y
07/07/2012	Nonsuch 5k parkrun	140	Paul Cooper			00:26:19	5K		MULTI	y
23/06/2012	Roundshaw Downs 5k parkrun	39	Paul Cooper			00:26:35	5K		XC	y
03/03/2012	Roundshaw Downs 5k parkrun	49	Paul Cooper			00:27:11	5K		XC	y
01/10/2011	Roundshaw Downs 5k parkrun	54	Paul Cooper			00:27:27	5K		XC	y
03/09/2011	Roundshaw Downs 5k parkrun	69	Paul Cooper			00:28:38	5K		XC	y
06/08/2011	Roundshaw Downs 5k parkrun	57	Paul Cooper			00:29:26	5K		XC	y
30/07/2011	Roundshaw Downs 5k parkrun	59	Paul Cooper			00:29:55	5K		XC	y
23/07/2011	Roundshaw Downs 5k parkrun	72	Paul Cooper			00:30:19	5K		XC	y
12/10/2003	Great South Run		Paul Reed			01:04:00	10M		ROAD	y
18/05/2003	Great Baddow 10		Paul Reed			01:05:01	10M			y
07/11/2004	Stevenage Half	75	Paul Reed			01:29:15	21.098K			y
12/06/2005	Edinburgh Marathon	287	Paul Reed			03:19:50	42.195K		ROAD	y
02/06/2013	Dorking 10	378	Prisca Andrews	01:28:43	01:28:10	01:28:10	10M		ROAD	y
07/04/2013	Croydon Half	353	Prisca Andrews	01:59:25	01:58:52	01:58:52	21.098K		ROAD	y
26/05/2013	Edinburgh Marathon	3050	Prisca Andrews		04:02:31	04:02:31	42.195K		ROAD	y
02/06/2012	Roundshaw Downs 5k parkrun	52	Prisca Andrews			00:26:16	5K		XC	y
14/04/2012	Dulwich 5k parkrun	87	Prisca Andrews	00:24:54		00:24:54	5K		ROAD	y
31/03/2012	Roundshaw Downs 5k parkrun	49	Prisca Andrews			00:26:40	5K		XC	y
24/03/2012	Roundshaw Downs 5k parkrun	64	Prisca Andrews			00:27:32	5K		XC	y
13/05/2012	Sutton 10k	266	Rachel Tanner			00:51:56	10K		ROAD	y
07/04/2013	Paddock Wood Half	1131	Rachel Tanner	02:00:34	01:59:37	01:59:37	21.098K		ROAD	y
07/04/2012	Roundshaw Downs 5k parkrun	44	Rachel Tanner			00:25:28	5K		XC	y
25/07/2010	Elmbridge 10k	209	Ray Sullivan			00:44:03	10K		ROAD	y
25/10/2009	Surrey Classic 10k - Oxshott	46	Ray Sullivan			00:44:10	10K		ROAD	y
03/12/2009	Recurring Handicap	1	Ray Sullivan			00:37:03	5.33M		ROAD	y
04/06/2009	Recurring Handicap	6	Ray Sullivan			00:38:42	5.33M		ROAD	y
31/07/2010	Banstead Woods 5k parkrun	25	Ray Sullivan			00:21:06	5K		XC	y
07/11/2009	Banstead Woods 5k parkrun	16	Ray Sullivan			00:21:20	5K		XC	y
28/07/2007	Banstead Woods 5k parkrun	31	Ray Sullivan			00:21:56	5K		XC	y
21/07/2007	Banstead Woods 5k parkrun	29	Ray Sullivan			00:22:04	5K		XC	y
14/07/2007	Banstead Woods 5k parkrun	23	Ray Sullivan			00:22:28	5K		XC	y
07/07/2007	Banstead Woods 5k parkrun	34	Ray Sullivan			00:22:43	5K		XC	y
30/06/2007	Banstead Woods 5k parkrun	25	Ray Sullivan			00:23:09	5K		XC	y
12/05/2013	Sutton 10k	398	Ria Trundley	01:06:09	01:05:50	01:05:50	10K		ROAD	y
17/02/2013	Valentines 10k	353	Ria Trundley	01:06:25		01:06:25	10K		ROAD	y
07/06/2015	Dorking 10	463	Ria Trundley	01:59:32	01:58:58	01:58:58	10M		ROAD	y
05/10/2014	Bournemouth Marathon	1939	Ria Trundley	05:56:06		05:56:06	42.195K		ROAD	y
06/10/2013	Bournemouth Marathon	2012	Ria Trundley	05:56:36		05:56:36	42.195K		ROAD	y
05/06/2014	Recurring Handicap	23	Ria Trundley	01:00:26		01:00:26	5.33M		ROAD	y
06/03/2014	Recurring Handicap	7	Ria Trundley	01:00:36		01:00:36	5.33M		ROAD	y
05/09/2013	Recurring Handicap	25	Ria Trundley	01:01:54		01:01:54	5.33M		ROAD	y
01/07/2013	Self Transcendence 5k	153	Ria Trundley	00:31:46		00:31:46	5K		ROAD	y

07/04/2012	Riddlesdown 5k parkrun	59	Ria Trundley			00:32:15	5K	MULTI	y
15/12/2013	Surrey Classic 10k - Horton CP	11	Richard Fox	00:38:45		00:38:45	10K	ROAD	y
21/07/2013	Elmbridge 10k	71	Richard Fox	00:39:14		00:39:14	10K	ROAD	y
06/11/2011	Surrey Classic 10k - Nonsuch Pk	15	Richard Fox			00:39:16	10K	ROAD	y
02/05/2010	Sutton 10k	58	Richard Fox			00:39:34	10K	ROAD	y
14/02/2010	Valentines 10k	85	Richard Fox			00:40:31	10K	ROAD	y
01/11/2009	Surrey Classic 10k - Nonsuch Pk	16	Richard Fox			00:40:33	10K	ROAD	y
30/06/2013	Harry Hawkes 10	21	Richard Fox	01:06:49	01:06:43	01:06:43	10M	MULTI	y
20/11/2011	Epsom 10	64	Richard Fox			01:08:10	10M	ROAD	y
22/11/2009	Epsom 10	48	Richard Fox			01:09:13	10M	ROAD	y
16/02/2014	Brighton Half	295	Richard Fox	01:28:14	01:27:55	01:27:55	21.098K	ROAD	y
16/05/2010	Richmond Half	95	Richard Fox			01:28:28	21.098K	ROAD	y
21/03/2010	Hastings Half	218	Richard Fox			01:31:13	21.098K	ROAD	y
21/02/2010	Sussex Beacon Half	332	Richard Fox			01:31:15	21.098K	ROAD	y
10/05/2009	Ranelagh Richmond Half	200	Richard Fox			01:35:30	21.098K	ROAD	y
05/10/2014	Downs Link Ultra	10	Richard Fox	05:45:34		05:45:34	30M	XC	y
18/04/2010	Brighton Marathon	277	Richard Fox			03:20:29	42.195K	ROAD	y
01/06/2009	Cork Marathon	254	Richard Fox			03:44:44	42.195K		y
05/12/2013	Recurring Handicap	2	Richard Fox	00:33:52		00:33:52	5.33M	ROAD	y
04/03/2010	Recurring Handicap	12	Richard Fox			00:34:24	5.33M	ROAD	y
08/05/2010	Bedfont Lakes 5k parkrun	1	Richard Fox			00:18:04	5K	MULTI	y
17/04/2010	Roundshaw Downs 5k parkrun	2	Richard Fox			00:18:34	5K	XC	y
10/04/2010	Roundshaw Downs 5k parkrun	7	Richard Fox			00:18:44	5K	XC	y
28/02/2009	Banstead Woods 5k parkrun	21	Richard Fox			00:20:07	5K	XC	y
16/02/2014	Brighton Half	3529	Richard Ryan	02:03:17	01:57:11	01:57:11	21.098K	ROAD	y
10/03/2013	Milton Keynes Half	1582	Richard Ryan	02:00:54	01:59:50	01:59:50	21.098K	ROAD	y
07/03/2013	Recurring Handicap	20	Richard Ryan	00:49:08		00:49:08	5.33M	ROAD	y
30/03/2013	Roundshaw Downs 5k parkrun	50	Richard RYAN	00:27:35		00:27:35	5K	XC	y
16/12/2012	Surrey Classic 10k - Horton CP	79	Richard Tanner	00:48:10		00:48:10	10K	ROAD	y
13/05/2012	Sutton 10k	219	Richard Tanner			00:48:28	10K	ROAD	y
10/06/2012	Dorking 10	313	Richard Tanner			01:23:23	10M	ROAD	y
14/04/2002	London Marathon	13387	Rob Ling			04:05:51	42.195K	ROAD	y
24/06/2012	Richmond 10k	47	Robert Knight			00:36:37	10K	ROAD	y
13/05/2012	Sutton 10k	27	Robert Knight			00:37:03	10K	ROAD	y
12/02/2012	Valentines 10k	26	Robert Knight			00:39:27	10K	ROAD	y
18/12/2011	Surrey Classic 10k - Horton CP	21	Robert Knight			00:39:58	10K	ROAD	y
18/11/2012	Epsom 10	5	Robert Knight	00:58:19		00:58:19	10M	ROAD	y
20/05/2012	Great Baddow 10	21	Robert Knight			01:00:55	10M	ROAD	y
18/03/2012	Tempest 10	13	Robert Knight			01:05:32	10M	ROAD	y
07/04/2013	Croydon Half	8	Robert KNIGHT	01:19:23	01:19:19	01:19:19	21.098K	ROAD	y
06/10/2013	Twin Cities Marathon	95	Robert Knight	02:42:36	02:42:32	02:42:32	42.195K	ROAD	y
04/05/2013	Nonsuch 5k parkrun	4	Robert KNIGHT	00:17:14		00:17:14	5K	MULTI	y
20/04/2013	Riddlesdown 5k parkrun	2	Robert KNIGHT	00:17:27		00:17:27	5K	MULTI	y
15/09/2012	Nonsuch 5k parkrun	2	Robert Knight	00:17:35		00:17:35	5K	MULTI	y
02/06/2012	Riddlesdown 5k parkrun	3	Robert Knight			00:17:37	5K	MULTI	y

12/05/2012	Riddlesdown 5k parkrun	2	Robert Knight			00:17:56	5K		MULTI	y
28/04/2012	Banstead Woods 5k parkrun	2	Robert Knight			00:18:00	5K		XC	y
14/04/2012	Banstead Woods 5k parkrun	6	Robert Knight			00:18:03	5K		XC	y
07/04/2012	Banstead Woods 5k parkrun	2	Robert Knight			00:18:09	5K		XC	y
10/03/2012	Banstead Woods 5k parkrun	1	Robert Knight			00:18:16	5K		XC	y
03/03/2012	Banstead Woods 5k parkrun	4	Robert Knight			00:18:39	5K		XC	y
18/02/2012	Banstead Woods 5k parkrun	3	Robert Knight			00:18:41	5K		XC	y
04/02/2012	Banstead Woods 5k parkrun	6	Robert Knight			00:18:50	5K		XC	y
29/10/2011	Banstead Woods 5k parkrun	6	Robert Knight			00:19:33	5K		XC	y
02/06/2016	Recurring Handicap	20	Robert Nyman	00:42:31		00:42:31	5.33M		ROAD	y
23/05/2015	Roundshaw Downs 5k parkrun	22	Robert NYMAN	00:23:00		00:23:00	5K		XC	y
15/12/2013	Surrey Classic 10k - Horton CP	5	Roger Bryant	00:36:41		00:36:41	10K		ROAD	y
24/06/2012	Richmond 10k	54	Roger Bryant			00:36:56	10K		ROAD	y
13/05/2012	Sutton 10k	38	Roger Bryant			00:37:47	10K		ROAD	y
18/12/2011	Surrey Classic 10k - Horton CP	10	Roger Bryant			00:37:53	10K		ROAD	y
30/10/2011	Surrey Classic 10k - Oxshott	11	Roger Bryant			00:37:57	10K		ROAD	y
01/06/2014	Dorking 10	37	Roger Bryant	01:01:57	01:01:54	01:01:54	10M		ROAD	y
30/03/2014	Croydon Half	11	Roger Bryant	01:21:59	01:21:57	01:21:57	21.098K		ROAD	y
05/05/2013	Richmond Half	29	Roger Bryant	01:23:25		01:23:25	21.098K		ROAD	y
05/12/2013	Recurring Handicap	12	Roger Bryant	00:33:18		00:33:18	5.33M		ROAD	y
12/07/2014	Dulwich 5k parkrun	4	Roger BRYANT	00:17:38		00:17:38	5K		ROAD	y
20/06/2012	Dulwich Midsummer 5k	11	Roger Bryant			00:17:44	5K		ROAD	y
19/05/2012	Nonsuch 5k parkrun	5	Roger Bryant			00:17:55	5K		MULTI	y
24/03/2012	Banstead Woods 5k parkrun	4	Roger Bryant			00:18:16	5K		XC	y
09/04/2011	Banstead Woods 5k parkrun	5	Roger Bryant			00:18:19	5K		XC	y
26/03/2000	Worthing 20	34	Roger Wilkins			02:08:49	20M		ROAD	y
13/02/2000	Wokingham Half		Roger Wilkins			01:20:45	21.098K		ROAD	y
14/02/1999	Wokingham Half		Roger Wilkins			01:21:28	21.098K		ROAD	y
29/11/1998	Florence Half		Roger Wilkins			01:22:06	21.098K		ROAD	y
11/05/1997	Richmond Half		Roger Wilkins			01:23:15	21.098K		ROAD	y
16/04/2000	London Marathon	1223	Roger Wilkins			03:01:02	42.195K		ROAD	y
13/08/2000	Wimbledon 5k	20	Roger Wilkins			00:17:52	5K		ROAD	y
23/07/2017	Elmbridge 10k	411	Rosa Constantinou	00:56:52	00:55:57	00:55:57	10K		ROAD	y
10/05/2015	Sutton 10k	397	Rosa CONSTANTINO	00:59:26	00:59:02	00:59:02	10K		ROAD	y
15/03/2015	Kingston Breakfast 20M	440	Rosa Constantinou	03:38:10	03:37:53	03:37:53	20M	21.1M	ROAD	y
17/09/2017	Reigate Half	1376	Rosa Constantinou	02:10:44		02:10:44	21.098K		ROAD	y
02/03/2014	Silverstone Half	5129	Rosa Constantinou	02:20:39		02:20:39	21.098K		ROAD	y
23/02/2014	Old Deer Park Half	1193	Rosa CONSTANTINO	02:22:46	02:21:10	02:21:10	21.098K		ROAD	y
26/04/2015	London Marathon	27447	Rosa Constantinou		04:54:09	04:54:09	42.195K		ROAD	y
02/03/2017	Recurring Handicap	2	Rosa Constantinou	00:51:00		00:51:00	5.33M		ROAD	y
02/06/2016	Recurring Handicap	1	Rosa Constantinou	00:52:30		00:52:30	5.33M		ROAD	y
31/07/2017	Flying Falcon 5k	161	Rosa Constantinou	00:26:30		00:26:30	5K		ROAD	y
17/07/2017	Sri Chinmoy 5k	162	Rosa Constantinou	00:27:21		00:27:21	5K		ROAD	y
24/06/2017	Roundshaw Downs 5k parkrun	112	Rosa CONSTANTINO	00:27:58		00:27:58	5K		XC	y
27/12/2014	East Coast Park 5k parkrun	41	Rosa CONSTANTINO	00:28:04		00:28:04	5K		ROAD	y

04/10/2014	Roundshaw Downs 5k parkrun	87	Rosa CONSTANTINOU	00:29:10		00:29:10	5K		XC	y
07/09/2013	Roundshaw Downs 5k parkrun	59	Rosa CONSTANTINOU	00:29:13		00:29:13	5K		XC	y
10/08/2013	Roundshaw Downs 5k parkrun	40	Rosa CONSTANTINOU	00:29:23		00:29:23	5K		XC	y
06/07/2013	Roundshaw Downs 5k parkrun	57	Rosa CONSTANTINOU	00:29:38		00:29:38	5K		XC	y
27/04/2014	Hogsmill 5	88	Rosa Constantinou	00:50:40		00:50:40	5M	5.3M	MULTI	y
15/07/2017	Elmore 7	293	Rosa Constantinou	01:12:15		01:12:15	7M		ROAD	y
12/10/2014	Kingston Breakfast 8.2M	509	Rosa Constantinou	01:23:22	01:22:27	01:22:27	8.2M		ROAD	y
18/01/2015	Run Through Brixton 10k	381	Rosemary Egbe	01:04:48	01:04:28	01:04:28	10K		ROAD	y
11/01/2015	Run Through Battersea Park 10k	278	Rosemary Egbe	01:05:32	01:05:16	01:05:16	10K		ROAD	y
26/10/2014	Oxshott 10k	119	Rosemary Egbe	01:05:17		01:05:17	10K		ROAD	y
11/05/2014	Sutton 10k	421	Rosemary Egbe	01:10:21	01:09:46	01:09:46	10K		ROAD	y
15/12/2013	Surrey Classic 10k - Horton CP	159	Rosemary Egbe	01:12:09		01:12:09	10K		ROAD	y
12/05/2013	Sutton 10k	430	Rosemary Egbe	01:15:08	01:14:36	01:14:36	10K		ROAD	y
19/10/2014	Cabbage Patch 10	1663	Rosemary Egbe	01:53:01		01:53:01	10M		ROAD	y
29/06/2014	Harry Hawkes 10	379	Rosemary Egbe	02:03:50	02:03:21	02:03:21	10M		ROAD	y
27/10/2013	Great South Run	15193	Rosemary Egbe		02:05:32	02:05:32	10M		ROAD	y
28/10/2012	Great South Run	15833	Rosemary Egbe	02:05:46		02:05:46	10M		ROAD	y
07/10/2012	Sittingbourne 10	167	Rosemary Egbe	02:13:59		02:13:59	10M		ROAD	y
16/03/2014	Cranleigh 15	171	Rosemary Egbe	03:04:34		03:04:34	15M		ROAD	y
16/02/2014	Bramley 20	736	Rosemary Egbe	04:14:54	04:13:02	04:13:02	20M		ROAD	y
08/11/2014	Poppy Half	890	Rosemary Egbe	02:29:54	02:28:37	02:28:37	21.098K		MULTI	y
21/09/2014	Visit Richmond Half	2515	Rosemary Egbe	02:34:51	02:34:15	02:34:15	21.098K		ROAD	y
02/03/2014	Silverstone Half	5969	Rosemary Egbe	02:34:47		02:34:47	21.098K		ROAD	y
23/02/2014	Old Deer Park Half	1277	Rosemary Egbe	02:42:53	02:41:23	02:41:23	21.098K		ROAD	y
02/02/2014	Watford Half	1749	Rosemary Egbe	02:43:46	02:42:18	02:42:18	21.098K		ROAD	y
05/05/2013	Richmond Half	657	Rosemary EGBE	02:46:14		02:46:14	21.098K		ROAD	y
16/02/2013	Dorney Race Your Pace Half	1043	Rosemary Egbe	02:49:41	02:47:12	02:47:12	21.098K		ROAD	y
06/04/2014	Brighton Marathon	7938	Rosemary Egbe	05:54:18	05:47:46	05:47:46	42.195K		ROAD	y
20/10/2013	Amsterdam Marathon	12608	Rosemary Egbe	06:18:54	06:08:20	06:08:20	42.195K		ROAD	y
26/05/2013	Edinburgh Marathon	7971	Rosemary Egbe		06:12:02	06:12:02	42.195K		ROAD	y
09/10/2014	Recurring Handicap	1	Rosemary Egbe	00:59:58		00:59:58	5.33M		ROAD	y
05/12/2013	Recurring Handicap	20	Rosemary Egbe	01:06:56		01:06:56	5.33M		ROAD	y
05/09/2013	Recurring Handicap	27	Rosemary Egbe	01:08:37		01:08:37	5.33M		ROAD	y
07/03/2013	Recurring Handicap	28	Rosemary Egbe	01:10:01		01:10:01	5.33M		ROAD	y
15/11/2014	Fulham Palace 5k parkrun	216	Rosemary EGBE	00:29:21		00:29:21	5K		ROAD	y
25/10/2014	Northala Fields 5k parkrun	63	Rosemary EGBE	00:29:41		00:29:41	5K		MULTI	y
30/08/2014	Bedfont Lakes 5k parkrun	121	Rosemary EGBE	00:31:15		00:31:15	5K		MULTI	y
29/03/2014	Great Lines 5k parkrun	102	Rosemary EGBE	00:31:58		00:31:58	5K		MULTI	y
22/02/2014	Chipping Sodbury 5k parkrun	149	Rosemary EGBE	00:32:19		00:32:19	5K		MULTI	y
29/07/2013	Self Transcendence 5k	209	Rosemary Egbe	00:33:25		00:33:25	5K		ROAD	y
01/09/2012	Faelledparken 5k parkrun	30	Rosemary Egbe	00:33:28		00:33:28	5K			y
27/04/2014	Hogsmill 5	135	Rosemary Egbe	00:59:19		00:59:19	5M	5.3M	MULTI	y
06/03/2014	Recurring Handicap	2	Ruby Fearon	00:51:18		00:51:18	5.33M		ROAD	y
15/06/2013	Roundshaw Downs 5k parkrun	39	Ruby FEARON	00:28:33		00:28:33	5K		XC	y
25/03/2012	Cranleigh 21	564	Rupert Quersted			03:51:10	21.1M		ROAD	y

31/10/2011	Dublin Marathon	9310	Rupert Quersted			04:58:42	42.195K		ROAD	y
01/12/2011	Recurring Handicap	3	Rupert Quersted			00:50:47	5.33M		ROAD	y
03/06/2010	Mob Match - Recurring Handicap	40	Rupert Quersted			00:52:09	5.33M		ROAD	y
19/05/2012	Roundshaw Downs 5k parkrun	58	Rupert Quersted			00:27:08	5K		XC	y
01/10/2011	Roundshaw Downs 5k parkrun	53	Rupert Quersted			00:27:14	5K		XC	y
21/05/2011	Roundshaw Downs 5k parkrun	61	Rupert Quersted			00:27:16	5K		XC	Y
20/11/2010	Roundshaw Downs 5k parkrun	44	Rupert Quersted			00:27:39	5K		XC	y
15/05/2010	Roundshaw Downs 5k parkrun	59	Rupert Quersted			00:27:40	5K		XC	y
01/05/2010	Roundshaw Downs 5k parkrun	47	Rupert Quersted			00:28:07	5K		XC	y
16/07/2011	Elmore 7	260	Rupert Quersted			01:07:02	7M		ROAD	y
26/10/2014	Oxshott 10k	76	Ruth Cottam	00:49:17		00:49:17	10K		ROAD	y
10/06/2012	Dorking 10	326	Ruth Cottam			01:24:37	10M		ROAD	y
20/11/2011	Epsom 10	207	Ruth Cottam			01:27:17	10M		ROAD	y
21/11/2010	Epsom 10	248	Ruth Cottam			01:28:39	10M		ROAD	y
31/05/2009	Dorking 10	445	Ruth Cottam			01:29:07	10M		ROAD	y
06/05/2012	Richmond Half	304	Ruth Cottam			01:50:26	21.098K		ROAD	y
13/09/2009	Moray Half	118	Ruth Cottam			01:50:27	21.098K		ROAD	y
24/02/2008	Tunbridge Wells Half	753	Ruth Cottam			01:52:37	21.098K		ROAD	y
25/05/2014	Edinburgh Marathon	3135	Ruth Cottam	03:57:55		03:57:55	42.195K		ROAD	y
01/06/2013	Kent Roadrunner Marathon	190	Ruth Cottam	04:04:29	04:04:17	04:04:17	42.195K		ROAD	y
04/06/2012	Kent Roadrunner Marathon	109	Ruth Cottam			04:05:28	42.195K		ROAD	y
16/09/2007	New Forest Marathon	273	Ruth Cottam			04:13:11	42.195K		MULTI	y
04/12/2014	Recurring Handicap	5	Ruth Cottam	00:43:13		00:43:13	5.33M		ROAD	y
04/09/2009	Recurring Handicap	6	Ruth Cottam			00:43:56	5.33M		ROAD	y
04/06/2009	Recurring Handicap	4	Ruth Cottam			00:44:31	5.33M		ROAD	y
23/06/2014	Self Transcendence 5k	98	Ruth Cottam	00:23:50		00:23:50	5K		ROAD	y
01/07/2013	Self Transcendence 5k	109	Ruth Cottam	00:24:08		00:24:08	5K		ROAD	y
14/04/2012	Dulwich 5k parkrun	80	Ruth Cottam	00:24:18		00:24:18	5K		ROAD	y
31/03/2012	Banstead Woods 5k parkrun	57	Ruth Cottam			00:24:38	5K		XC	y
24/03/2012	Banstead Woods 5k parkrun	55	Ruth Cottam			00:24:44	5K		XC	y
05/09/2009	Banstead Woods 5k parkrun	88	Ruth Cottam			00:24:45	5K		XC	y
17/07/2010	Elmore 7	217	Ruth Cottam			00:59:42	7M		ROAD	y
02/07/2012	Self Transcendence 5k	124	Sandhya Drew			00:27:07	5K		ROAD	y
20/06/2012	Dulwich Midsummer 5k	186	Sandhya Drew			00:27:20	5K		ROAD	y
22/04/2017	Roundshaw Downs 5k parkrun	85	Sarah MCCARTHY	00:26:01		00:26:01	5K		XC	y
19/07/2018	Recurring Handicap	12	Sarah Tindley	00:49:52		00:49:52	5.33M		ROAD	y
08/09/2018	Roundshaw Downs 5k parkrun	71	Sarah TINDLEY	00:26:52		00:26:52	5K		XC	y
04/03/2010	Recurring Handicap	13	Shaun Cooney			00:35:48	5.33M		ROAD	y
24/07/2010	Banstead Woods 5k parkrun	8	Shaun Cooney			00:19:04	5K		XC	y
24/04/2010	Banstead Woods 5k parkrun	12	Shaun Cooney			00:19:16	5K		XC	y
12/12/2009	Banstead Woods 5k parkrun	3	Shaun Cooney			00:19:28	5K		XC	y
25/07/2009	Banstead Woods 5k parkrun	18	Shaun Cooney			00:19:44	5K		XC	y
04/07/2009	Banstead Woods 5k parkrun	21	Shaun Cooney			00:20:01	5K		XC	y
27/06/2009	Banstead Woods 5k parkrun	22	Shaun Cooney			00:20:24	5K		XC	y
06/06/2009	Banstead Woods 5k parkrun	23	Shaun Cooney			00:20:25	5K		XC	y

30/05/2009	Banstead Woods 5k parkrun	20	Shaun Cooney			00:20:40	5K		XC	y
25/04/2009	Banstead Woods 5k parkrun	35	Shaun Cooney			00:20:49	5K		XC	y
22/11/2008	Banstead Woods 5k parkrun	40	Shaun Cooney			00:21:10	5K		XC	y
15/11/2008	Banstead Woods 5k parkrun	30	Shaun Cooney			00:21:14	5K		XC	y
24/03/2018	Hyde Park 10k	69	SHUN-LAI CHAN	00:46:17	00:46:03	00:46:03	10K		ROAD	y
19/06/2016	Richmond 10k	291	Shun-Lai Chan	00:46:39		00:46:39	10K		ROAD	y
28/02/2016	Kingston 10k	92	Shun-Lai Chan	00:46:38	00:46:29	00:46:29	10K		ROAD	y
31/08/2014	Run Through Hyde Park 10k	146	Shun-Lai Chan	00:48:24	00:47:13	00:47:13	10K		ROAD	y
24/08/2014	Run Through Brixton 10k	90	Shun-Lai Chan	00:48:29	00:48:10	00:48:10	10K		ROAD	y
02/08/2014	Self Transcendence 10k	116	Shun-Lai Chan	00:48:12		00:48:12	10K		ROAD	y
21/02/2016	Hampton Court Half	862	Shun-Lai Chan	01:48:20	01:43:21	01:43:21	21.098K		ROAD	y
22/03/2015	Richmond City Trail Half	837	Shun-Lai Chan	01:50:38	01:44:33	01:44:33	21.098K		MULTI	y
01/02/2015	Watford Half	757	Shun-Lai Chan	01:47:29	01:46:24	01:46:24	21.098K		ROAD	y
07/10/2018	Bournemouth Marathon	484	Shun-Lai Chan	03:49:45	03:47:35	03:47:35	42.195K		ROAD	y
27/09/2015	Berlin Marathon	1459	Shun-Lai Chan	04:10:07	03:48:12	03:48:12	42.195K		ROAD	y
03/09/2015	Recurring Handicap	7	Shun-Lai Chan	00:41:04		00:41:04	5.33M		ROAD	y
04/12/2014	Recurring Handicap	8	Shun-Lai Chan	00:42:01		00:42:01	5.33M		ROAD	y
05/06/2014	Recurring Handicap	1	Shun-Lai Chan	00:42:16		00:42:16	5.33M		ROAD	y
31/07/2017	Flying Falcon 5k	120	Shun-Lai Chan	00:22:10		00:22:10	5K		ROAD	y
17/07/2017	Sri Chinmoy 5k	126	Shun-Lai Chan	00:22:20		00:22:20	5K		ROAD	y
08/07/2017	Tooting Common 5k parkrun	85	Shun-Lai Chan	00:22:38		00:22:38	5K		MULTI	y
14/08/2016	Wimbledon Dash 5k	146	Shun-Lai Chan	00:22:42		00:22:42	5K		ROAD	y
14/05/2016	Roundshaw Downs 5k parkrun	20	Shun-Lai Chan	00:22:55		00:22:55	5K		XC	y
18/04/2015	Roundshaw Downs 5k parkrun	30	Shun-Lai Chan	00:23:10		00:23:10	5K		XC	y
21/03/2015	Bushy 5k parkrun	287	Shun-Lai Chan	00:23:27		00:23:27	5K		MULTI	y
25/10/2014	Roundshaw Downs 5k parkrun	25	Shun-Lai Chan	00:23:35		00:23:35	5K		XC	y
17/08/2014	Perseverance 5k	196	Shun-Lai Chan	00:23:36		00:23:36	5K		ROAD	y
26/07/2014	Roundshaw Downs 5k parkrun	41	Shun-Lai Chan	00:25:34		00:25:34	5K		XC	y
22/10/2011	Nonsuch 5k parkrun	153	Sophie Gaskin			00:35:56	5K		MULTI	y
15/10/2011	Nonsuch 5k parkrun	122	Sophie Gaskin			00:36:48	5K		MULTI	y
15/02/2009	Valentines 10k	67	Steve Cooney			00:40:12	10K		ROAD	y
29/06/2008	Dysart Dash	82	Steve Cooney			00:40:13	10K		ROAD	y
06/11/2005	Surrey Classic 10k - Oxshott	70	Steve Cooney			00:41:43	10K		ROAD	y
24/07/2005	Elmbridge 10k	167	Steve Cooney			00:41:52	10K		ROAD	y
04/06/2006	Dorking 10	100	Steve Cooney			01:09:34	10M		ROAD	y
22/02/2009	Draycote Water Marathon	11	Steve Cooney			03:17:25	42.195K			y
14/12/2008	Hastings Marathon	70	Steve Cooney			03:13:26	42.195K			y
04/03/2010	Recurring Handicap	10	Steve Cooney			00:35:42	5.33M		ROAD	y
05/03/2009	Recurring Handicap	17	Steve Cooney			00:38:06	5.33M		ROAD	y
25/07/2009	Banstead Woods 5k parkrun	12	Steve Cooney			00:19:15	5K		XC	y
03/01/2009	Banstead Woods 5k parkrun	5	Steve Cooney			00:19:20	5K		XC	y
01/01/2009	Banstead Woods 5k parkrun	7	Steve Cooney			00:19:21	5K		XC	y
14/08/2005	Wimbledon 5k	127	Steve Cooney			00:20:52	5K		ROAD	y
04/07/2009	Banstead Woods 5k parkrun	58	Steve Martin			00:22:45	5K		XC	y
30/10/2010	Banstead Woods 5k parkrun	87	Stuart Stalley			00:26:55	5K		XC	y

04/09/2010	Banstead Woods 5k parkrun	120	Stuart Stalley		00:27:39	5K		XC	y
24/07/2010	Banstead Woods 5k parkrun	117	Stuart Stalley		00:28:19	5K		XC	y
03/07/2010	Banstead Woods 5k parkrun	118	Stuart Stalley		00:29:43	5K		XC	y
24/05/2015	BUPA London 10k	9735	Sue Gray		00:00:00	10K		ROAD	y
26/05/2019	Westminster Mile	2843	Sue Gray	00:10:14	00:10:14	1M		ROAD	y
28/05/2017	Westminster Mile Wave 1	216	Sue Gray	00:10:56	00:10:56	1M		ROAD	y
15/06/2015	City of London Mile	2182	Sue Gray	00:12:21	00:12:21	1M		ROAD	y
24/05/2015	Westminster Mile Family Run	900	Sue Gray		00:12:51	1M		ROAD	y
12/04/2014	Roundshaw Downs 5k parkrun	68	Sue GRAY	00:31:11	00:31:11	5K		XC	y
27/04/2014	Hogsmill 5	109	Sue Gray	00:54:31	00:54:31	5M	5.3M	MULTI	y
21/12/2013	Christmas Pudding Dash	247	Sue Gray	00:57:09	00:57:09	5M		MULTI	y
18/10/2015	Croydon 10k	303	Suguna Kulasekaram	00:59:57	00:59:34	10K		ROAD	y
05/03/2015	Recurring Handicap	5	Suguna Kulasekaram	00:49:27	00:49:27	5.33M		ROAD	y
22/04/2017	Roundshaw Downs 5k parkrun	95	Suguna KULASEKARAM	00:26:48	00:26:48	5K		XC	y
18/04/2015	Roundshaw Downs 5k parkrun	64	Suguna KULASEKARAM	00:27:04	00:27:04	5K		XC	y
14/03/2015	Roundshaw Downs 5k parkrun	60	Suguna KULASEKARAM	00:27:21	00:27:21	5K		XC	y
07/03/2015	Roundshaw Downs 5k parkrun	84	Suguna KULASEKARAM	00:28:41	00:28:41	5K		XC	y
17/01/2015	Roundshaw Downs 5k parkrun	70	Suguna KULASEKARAM	00:29:29	00:29:29	5K		XC	y
06/12/2014	Roundshaw Downs 5k parkrun	54	Suguna KULASEKARAM	00:30:10	00:30:10	5K		XC	y
29/11/2014	Roundshaw Downs 5k parkrun	66	Suguna KULASEKARAM	00:30:47	00:30:47	5K		XC	y
22/11/2014	Roundshaw Downs 5k parkrun	85	Suguna KULASEKARAM	00:31:55	00:31:55	5K		XC	y
23/03/1997	Banbury 15		Terry Bridger		01:42:45	15M		ROAD	y
15/05/1997	Morden 5k		Terry Bridger		00:19:22	5K		ROAD	y
14/02/1999	Chessington 5		Terry Bridger		00:31:35	5M		ROAD	y
11/11/2001	Surrey Classic 10k - Oxshott	76	Terry Fogarty		00:40:41	10K		ROAD	y
17/06/2001	National Counties 10k	123	Terry Fogarty		00:43:06	10K		ROAD	y
19/08/2001	Burnham Beeches Half	138	Terry Fogarty		01:33:35	21.098K		ROAD	y
14/04/2002	London Marathon	4807	Terry Fogarty		03:29:37	42.195K		ROAD	y
04/11/2001	Athens Marathon	253	Terry Fogarty		03:35:09	42.195K			y
16/09/2001	Sri Chinmoy Battersea Pk Marathon		Terry Fogarty		03:37:26	42.195K		ROAD	y
22/07/2001	Elmbridge 10k	314	Thomas Wilkie		00:46:59	10K		ROAD	y
16/07/2000	Elmbridge 10k	213	Thomas Wilkie		00:46:59	10K		ROAD	y
21/11/1999	Brighton 10k		Thomas Wilkie		00:48:34	10K		ROAD	y
27/06/1999	Dysart Dash		Thomas Wilkie		00:48:49	10K		ROAD	y
05/12/1999	Nene Valley 10		Thomas Wilkie		01:21:07	10M			y
11/07/1999	New Forest 10		Thomas Wilkie		01:27:17	10M			y
06/06/1999	Dorking 10		Thomas Wilkie		01:27:04	10M		ROAD	y
03/03/2002	Camberley Half	165	Thomas Wilkie		01:48:10	21.098K		ROAD	y
21/05/2000	Richmond Half	149	Thomas Wilkie		01:49:59	21.098K		ROAD	y
09/04/2000	Taunton Half Marathon	428	Thomas Wilkie		01:50:16	21.098K		ROAD	y
15/08/1999	Burnham Beeches Half		Thomas Wilkie		01:51:25	21.098K		ROAD	y
16/08/1998	Burnham Beeches Half	505	Thomas Wilkie		01:55:32	21.098K		ROAD	y
09/07/2001	Sri Chinmoy 2		Thomas Wilkie		00:13:49	2M		ROAD	y
11/09/2000	Sri Chinmoy 2		Thomas Wilkie		00:14:05	2M		ROAD	y

07/08/2000	Sri Chinmoy 2	Thomas Wilkie			00:14:36	2M		ROAD	y
17/09/2000	Sri Chinmoy Battersea Pk Marathon	Thomas Wilkie			04:05:30	42.195K		ROAD	y
06/02/2000	Las Vegas Marathon	Thomas Wilkie			04:23:51	42.195K		ROAD	y
04/08/2008	Self Transcendence 5k	Thomas Wilkie			00:22:28	5K		ROAD	y
09/05/2002	Dave Clarke 5k	62 Thomas Wilkie			00:22:32	5K		ROAD	y
13/08/2000	Wimbledon 5k	95 Thomas Wilkie			00:22:34	5K		ROAD	y
05/02/2000	Las Vegas 5k	Thomas Wilkie			00:25:26	5K		ROAD	y
08/08/1999	Wimbledon 5k	Thomas Wilkie			00:25:56	5K		ROAD	y
30/05/1999	Stevenage 5k	Thomas Wilkie			00:25:10	5K		ROAD	y
14/02/1999	Chessington 5	Thomas Wilkie			00:43:20	5M		ROAD	y
28/07/2000	Wedding Day 7k	302 Thomas Wilkie			00:35:08	7K		MULTI	y
04/07/1999	Harry Hawkes 8	Thomas Wilkie			01:05:55	8M		MULTI	y
06/10/1996	Caterham Half	Tim Anderson			01:38:02	21.098K		ROAD	y
24/05/2015	Westminster Mile	516 Tim Gray		00:06:45	00:06:45	1M		ROAD	y
18/09/2014	Andrew Griffin Mile	17 Tim Gray	00:07:32		00:07:32	1M		TRACK	y
22/06/2014	City of London Mile	547 Tim Gray		00:09:56	00:09:56	1M		ROAD	y
12/04/2015	Brighton Marathon	Tim Gray	04:35:44	04:21:09	04:21:09	42.195K		ROAD	y
30/12/2017	Kingston 5k parkrun	168 Tim GRAY	00:34:56		00:34:56	5K		ROAD	y
27/08/2011	Roundshaw Downs 5k parkrun	11 Tom Brake			00:21:40	5K		XC	y
20/09/2014	Roundshaw Downs 5k parkrun	6 Tom CURTIS	00:20:48		00:20:48	5K		XC	y
19/07/2014	Roundshaw Downs 5k parkrun	16 Tom CURTIS	00:21:23		00:21:23	5K		XC	y
12/07/2014	Roundshaw Downs 5k parkrun	13 Tom CURTIS	00:21:36		00:21:36	5K		XC	y
29/03/2014	Roundshaw Downs 5k parkrun	13 Tom CURTIS	00:21:37		00:21:37	5K		XC	y
15/03/2014	Roundshaw Downs 5k parkrun	14 Tom CURTIS	00:22:03		00:22:03	5K		XC	y
18/05/2013	Roundshaw Downs 5k parkrun	19 Tom CURTIS	00:23:05		00:23:05	5K		XC	y
11/05/2013	Roundshaw Downs 5k parkrun	25 Tom CURTIS	00:24:03		00:24:03	5K		XC	y
30/03/2013	Roundshaw Downs 5k parkrun	31 Tom CURTIS	00:24:29		00:24:29	5K		XC	y
14/02/2016	Valentine's 10k	56 Toni Reid	00:41:17		00:41:17	10K		ROAD	y
13/12/2015	Surrey Classic 10k - Horton CP	36 Toni Reid	00:41:19		00:41:19	10K		ROAD	y
17/10/2015	Autumn 100	40 Tony Trundley	20:42:11		20:42:11	100M		MULTI	y
08/04/2017	South Downs Way 50	25 Tony Trundley	08:07:00		08:07:00	50M		XC	y
26/07/2014	Lakeland 50	89 Tony Trundley	11:47:12		11:47:12	50M		MULTI	y
13/09/2014	Banstead Woods 5k parkrun	10 Tony TRUNDLEY	00:18:34		00:18:34	5K		XC	y
22/09/2013	New Forest Marathon	396 Trish Coombs	04:45:35	04:44:52	04:44:52	42.195K		MULTI	y
05/06/2014	Recurring Handicap	3 Trish Coombs	00:52:47		00:52:47	5.33M		ROAD	y
06/12/2012	Recurring Handicap	Trish Coombs	00:53:32		00:53:32	5.33M		ROAD	y
01/10/2011	Roundshaw Downs 5k parkrun	66 Trish Coombs			00:30:11	5K		XC	y
16/05/2010	Richmond Half	632 Wendy Matlock			02:01:07	21.098K		ROAD	y
26/09/2009	Banstead Woods 5k parkrun	83 Wendy Matlock			00:25:09	5K		XC	y
12/09/2009	Banstead Woods 5k parkrun	66 Wendy Matlock			00:25:27	5K		XC	y