

Andrew Griffin Mile - Wed 13 Sep 2023

Name	Heat	Gender	Heat Place	Time	Place
Becca Steeples	1	F	1	7:13	17
Nadya Hilliar	1	F	2	7:35	18
Josh Cooney	1	M	3	7:42	19
Jonathan Sharrock	1	M	4	8:03	20
Annette Helliwell	1	F	5	8:08	21
Jude Wheeler	1	F	6	8:09	22
Emily McClintock	1	F	7	8:11	23
Ruth Cottam	1	F	8	8:13	24
Lorraine Turner	1	F	9	8:31	25
Denh Pang	1	F	10	8:34	26
Eileen Leonard	1	F	11	8:41	27
Karen Chart	1	F	12	8:45	28
Abby Randall	1	F	13	9:42	29
Melvyn Trundley	1	M	14	9:43	30
Tim Gray	1	M	15	10:17	31
Brandan Morrell	2	M	1	4:58	1
Lisa Rooney	2	F	2	5:25	2
Aaron Morrell	2	M	3	5:26	3
Richard Steeples	2	M	4	5:27	4
James McClintock	2	M	5	5:39	5
Tony Trundley	2	M	6	5:48	6
Adam Taylor	2	M	7	5:51	7
Maia Morrell	2	F	8	5:57	8
Nathan Davies	2	M	9	6:02	9
Laila Morrell	2	F	10	6:05	10
Chris Penfold	2	M	11	6:08	11
John Cazabon	2	M	12	6:21	12
Gary Thompson	2	M	13	6:22	13
Mark Edwards	2	M	14	6:39	14
Shun-Lai Chan	2	F	15	6:42	15
Jenny MacDonnell	2	F	16	7:00	16

Club Champions 2023
Lisa Rooney
James McClintock

4 x 400m Relay

Team	Place	Time
Morrell	1	04:50
Lisa	2	05:23
Richard	3	05:33
Chris	4	06:06
Jude	5	06:21
Mark	6	06:33