

Event 1	Croydon Half Marathon					02/04/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Bob Chart	1:37:28	40	69.89%	4	-0:07:27	4
Ruth Cottam	1:58:49	40	64.35%	3	+0:03:32	1
Suguna Kulasekaram	2:14:46	39	49.06%	1	+0:01:49	2
Rosa Constantinou	2:19:08	38	52.34%	2	-0:00:08	3

Event 3	Dave Clarke 5k					04/05/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
James McClintock	0:19:15	40	71.44%	18	+0:19:15	3
Chris Curtis	0:19:24	39	76.64%	27	+0:00:16	9
Richard Fox	0:19:52	38	73.65%	25	+0:00:54	8
Joe Victor	0:20:01	37	73.68%	26	-0:01:40	22
Andy Stalley	0:20:22	36	73.60%	23	-0:00:36	14
Glen Smith	0:20:45	35	62.89%	12	+0:01:43	5
Jenny Cooney	0:20:54	40	73.63%	24	-0:01:19	19
Nicola Stevenson	0:21:02	39	71.91%	19	-0:01:07	17
Gary Thompson	0:21:03	34	69.51%	17	-0:00:32	12
Martin Lloyd	0:21:17	33	73.43%	22	-0:00:42	16
Elaine Reid	0:22:21	38	72.46%	21	-0:00:35	13
Shun-lai Chan	0:22:29	37	72.03%	20	+0:00:05	10
Keith Dunning	0:23:20	32	64.77%	14	+0:03:35	4
Jo Dodge	0:23:28	36	66.03%	16	+0:23:28	2
Louise Arpino	0:24:03	35	63.22%	13	-0:00:26	11
Nathan Thompson	0:24:38	31	56.52%	5	+0:24:38	1
Karen Chart	0:25:32	34	61.15%	8	-0:01:39	21
Charlotte Constantinou	0:25:48	33	60.90%	7	-0:09:19	27
Mandy Curtis	0:26:46	32	61.16%	9	-0:01:11	18
Alison Fox	0:27:25	31	62.70%	11	-0:00:42	15
Rosa Constantinou	0:27:31	30	60.18%	6	-0:03:01	24
Melvin Trundle	0:29:01	30	62.32%	10	-0:02:50	23
Hannah Langmead-thorpe	0:29:16	29	50.57%	2	+0:01:14	7
Matthew Gray	0:30:10	29	56.42%	4	-0:05:33	25
Tim Gray	0:30:10	28	48.11%	1	-0:05:44	26
Gill Stalley	0:31:14	28	55.74%	3	+0:01:36	6
Ria Trundle	0:33:30	27	65.38%	15	-0:01:22	20

Event 4	Sutton 10k					12/05/2017	
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
James McClintock	0:40:34	40	70.56%	16	-0:01:08	12	
Chris Curtis	0:41:04	39	75.36%	19	-0:00:40	10	
Bob Chart	0:43:57	38	70.99%	18	-0:02:03	13	
Glen Smith	0:44:19	37	61.29%	12	+0:03:06	6	
Nicola Stevenson	0:44:20	40	69.92%	15	-0:04:12	19	
Shun-lai Chan	0:46:48	39	70.92%	17	+0:00:25	9	
Jonathan Sharrock	0:47:29	36	62.15%	13	-0:00:57	11	
Nigel Pointer	0:49:39	35	67.24%	14	-0:02:04	14	
Karen Chart	0:53:54	38	59.37%	9	-0:03:38	16	
Sarah Mccarthy	0:55:02	37	58.15%	8	+0:02:33	7	
John Helliwell	0:55:11	34	59.97%	11	+0:00:47	8	
Mandy Curtis	0:56:09	36	59.76%	10	-0:03:56	18	
Tom Curtis	0:57:02	33	49.30%	4	+0:06:01	4	
Jude Wheeler	0:58:25	35	52.15%	5	-0:03:08	15	
Rosa Constantinou	0:59:05	34	57.45%	7	-0:03:44	17	
Lorraine Turner	0:59:42	33	54.52%	6	+0:03:21	5	

Event 5	Dorking 10					04/06/2017	
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Mark Constantinou	1:08:44	40	75.22%	16	+0:05:55	5	
Chris Curtis	1:09:09	39	73.50%	15	-0:00:25	11	
Steve Cooney	1:09:35	38	70.66%	13	-0:01:43	14	
Richard Fox	1:09:53	37	72.12%	14	-0:00:47	12	
Glen Smith	1:16:19	36	58.42%	9	+1:16:19	4	
Elaine Reid	1:19:51	40	68.08%	12	-0:01:16	13	
Shun-lai Chan	1:20:46	39	67.31%	11	+0:00:23	9	
Jonathan Sharrock	1:24:05	35	57.54%	8	+0:03:48	7	
Jo Dodge	1:27:06	38	59.72%	10	-0:01:54	15	
Karen Chart	1:35:06	37	55.11%	6	-0:00:25	10	
Andy Schendel	1:37:25	34	50.89%	4	+0:04:48	6	
Mandy Curtis	1:39:24	36	55.29%	7	+0:03:32	8	
Rosa Constantinou	1:41:09	35	54.96%	5	-0:11:42	16	

Event 6a	Near-as-damn-it 10k (May)					25/05/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ashley Pate	0:41:05		67.64%	13	-0:00:27	13
Antony Constantinou	0:41:45		75.34%	17	+0:00:20	8
Roger Bryant	0:42:14		71.53%	15	+0:02:02	6
Chris Curtis	0:43:07		71.78%	16	-0:01:12	14
Shaun Cooney	0:44:08		65.35%	10	-0:00:05	11
Glen Smith	0:46:35		58.31%	8	+0:46:35	2
Martin Lloyd	0:46:55		69.34%	14	-0:00:24	12
Jenny Cooney	0:47:06		66.97%	11	-0:03:18	16
Joe Victor	0:48:55		62.75%	9	+0:01:07	7
Shun-lai Chan	0:49:29		67.08%	12	-0:01:49	15
Sarah Mccarthy	0:58:06		55.08%	7	+0:58:06	1
Mandy Curtis	1:01:27		54.60%	5	+0:00:13	9
Rosa Constantinou	1:02:07		54.64%	6	-0:09:12	17
Hannah Langmead-thorpe	1:07:02		45.25%	3	+0:03:19	5
Maria Lawrence	1:11:24		48.12%	4	+0:00:01	10
Chloe Constantinou	1:13:01		42.00%	1	+0:06:57	4
Mark Constantinou	1:13:02		43.07%	2	+0:32:07	3

Event 7a	Recurring Handicap (June)					01/06/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ashley Pate	0:35:23		62.40%		-0:00:28	
Mark Constantinou	0:37:25		66.79%		-0:02:35	
Glen Smith	0:38:20		56.30%		+0:01:37	
Joe Victor	0:38:38		63.13%		-0:02:22	
Jenny Cooney	0:39:14		64.14%		-0:01:22	
Nicola Stevenson	0:39:26		62.72%		-0:03:08	
Keith Dunning	0:41:58		59.55%		+0:04:47	
Shun-lai Chan	0:42:19		62.58%		-0:00:16	
Jonathan Sharrock	0:42:26		55.25%		+0:01:57	
Sarah Mccarthy	0:46:31		54.88%		+0:46:31	
Nikki Waller	0:47:39		53.17%		+0:47:39	
Andy Schendel	0:49:32		48.46%		+0:03:46	
Suguna Kulasekaram	0:52:13		46.55%		-0:00:11	
Rosa Constantinou	0:53:00		51.09%		+0:00:31	

Event 8	Tour of Epsom - NESLOT					05/06/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ashley Pate	0:24:28	40	69.45%	14	+0:24:28	17
Antony Constantinou	0:24:34	39	78.29%	19	+0:24:34	16
James McClintock	0:25:26	38	68.81%	11	+0:25:26	15
Chris Curtis	0:25:45	37	73.48%	17	+0:25:45	14
Glen Smith	0:26:21	36	63.03%	8	+0:26:21	13
Simon Donaghy	0:26:39	35	71.58%	16	+0:26:39	12
Joe Victor	0:26:44	34	70.21%	15	+0:26:44	11
Martin Lloyd	0:27:00	33	73.66%	18	+0:02:04	19
Jenny Cooney	0:28:07	40	69.28%	13	+0:28:07	10
Keith Dunning	0:28:35	32	67.28%	10	+0:04:45	18
James Dunning	0:28:46	31	57.07%	6	+0:28:46	9
Andy Stalley	0:29:04	30	65.63%	9	+0:29:04	8
Shun-lai Chan	0:29:45	39	68.90%	12	+0:29:45	7
Jonathan Sharrock	0:30:10	29	59.81%	7	+0:30:10	6
Tom Curtis	0:35:14	28	48.79%	2	+0:35:14	5
Mandy Curtis	0:36:50	38	56.26%	5	+0:36:50	4
Jude Wheeler	0:36:57	37	50.92%	3	+0:36:57	3
Chloe Constantinou	0:39:28	36	47.98%	1	+0:39:28	2
Rosa Constantinou	0:39:37	35	52.91%	4	+0:39:37	1

Event 9	Tour of Epsom - Nonsuch Park					06/06/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ashley Pate	0:22:53	40	70.26%	18	+0:22:53	9
Antony Constantinou	0:22:57	39	79.29%	23	+0:00:12	17
Chris Curtis	0:23:45	38	75.38%	21	-0:00:11	21
Mark Constantinou	0:24:00	37	75.82%	22	+0:01:37	11
James McClintock	0:24:21	36	68.01%	12	+0:24:21	8
Glen Smith	0:24:37	35	63.83%	9	+0:24:37	7
Martin Lloyd	0:25:10	34	74.78%	20	+0:01:36	13
Simon Donaghy	0:25:16	33	71.44%	19	+0:01:12	14
Joe Victor	0:25:22	32	70.01%	17	+0:25:22	6
Andy Stalley	0:25:48	31	69.96%	16	+0:00:47	15
Nicola Stevenson	0:26:24	40	68.65%	13	+0:00:11	18
Jenny Cooney	0:26:40	39	69.15%	15	-0:00:33	23
Keith Dunning	0:26:51	30	67.77%	11	+0:03:25	10
Gary Thompson	0:26:59	29	65.29%	10	-0:00:02	19
James Dunning	0:27:40	28	56.14%	4	+0:27:40	5
Shun-lai Chan	0:28:12	38	68.81%	14	-0:00:02	20
Jonathan Sharrock	0:28:21	27	60.22%	7	+0:28:21	4
Jude Wheeler	0:33:26	37	53.27%	3	+0:33:26	3
Alison Fox	0:33:32	36	61.42%	8	+0:00:40	16
Hannah Langmead-thorpe	0:33:50	35	52.41%	2	+0:33:50	2
Rosa Constantinou	0:34:22	34	57.74%	6	+0:34:22	1
Mandy Curtis	0:34:44	33	56.48%	5	-0:00:29	22
Maria Lawrence	0:39:57	32	50.28%	1	+0:01:36	12

Event 10	Tour of Epsom - Hogsmill Open Space					07/06/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ashley Pate	0:25:23	40	68.70%	12	+0:00:55	11
Antony Constantinou	0:25:25	39	77.67%	18	+0:00:51	13
James McClintock	0:26:25	38	68.00%	11	+0:00:59	10
Chris Curtis	0:26:32	37	73.20%	17	+0:00:47	14
Glen Smith	0:27:36	36	61.76%	7	+0:01:15	8
Joe Victor	0:27:38	35	69.71%	13	+0:00:54	12
Andy Stalley	0:27:54	34	70.18%	15	-0:01:10	18
Martin Lloyd	0:27:58	33	73.00%	16	+0:01:43	3
Simon Donaghy	0:28:00	32	69.93%	14	+0:01:21	6
Keith Dunning	0:29:25	31	67.10%	8	+0:04:00	2
James Dunning	0:29:30	30	57.12%	5	+0:00:44	15
Jenny Cooney	0:29:36	40	67.57%	9	+0:01:29	4
Shun-lai Chan	0:31:01	39	67.85%	10	+0:01:16	7
Jonathan Sharrock	0:31:36	29	58.60%	6	+0:01:26	5
Jude Wheeler	0:37:24	38	51.65%	2	+0:00:27	16
Mandy Curtis	0:37:54	37	56.14%	4	+0:01:04	9
Hannah Langmead-thorpe	0:38:43	36	49.68%	1	+0:38:43	1
Rosa Constantinou	0:38:51	35	55.40%	3	-0:00:46	17

Event 11	Tour of Epsom - Nonsuch Park Time Trials					08/06/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ashley Pate	0:16:04	40	70.22%	18	+0:16:04	11
Antony Constantinou	0:16:12	39	75.57%	22	+0:16:12	10
Chris Curtis	0:16:44	38	71.98%	20	+0:00:02	19
Mark Constantinou	0:16:47	37	72.94%	21	+0:01:12	15
James McClintock	0:17:05	36	65.21%	10	+0:17:05	9
Glen Smith	0:17:06	35	61.82%	9	+0:17:06	8
Martin Lloyd	0:17:42	34	71.53%	19	+0:00:05	18
Joe Victor	0:17:48	33	67.12%	15	+0:17:48	7
Andy Stalley	0:17:53	32	67.90%	17	+0:00:12	17
Simon Donaghy	0:18:14	31	66.60%	13	+0:01:17	14
Nicola Stevenson	0:18:26	40	66.59%	12	-0:00:19	20
James Dunning	0:18:36	30	56.18%	5	+0:18:36	6
Jenny Cooney	0:18:37	39	67.41%	16	-0:00:44	21
Keith Dunning	0:18:39	29	65.64%	11	+0:01:55	12
Jonathan Sharrock	0:19:26	28	59.10%	8	+0:19:26	5
Shun-lai Chan	0:19:59	38	66.99%	14	-0:00:56	22
Rosa Constantinou	0:23:32	37	58.32%	7	+0:23:32	4
Jude Wheeler	0:24:07	36	49.77%	3	+0:24:07	3
Mandy Curtis	0:24:11	35	56.04%	4	+0:00:46	16
Alison Fox	0:24:28	34	58.30%	6	+0:01:46	13
Hannah Langmead-thorpe	0:24:58	33	47.80%	1	+0:24:58	2
Maria Lawrence	0:28:27	32	48.85%	2	+0:28:27	1

Event 12	Tour of Epsom - NESCOT Handicap					09/06/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ashley Pate	0:23:25	40	72.56%	14	+0:00:12	13
Antony Constantinou	0:23:49	39	80.75%	18	+0:23:49	6
James McClintock	0:24:27	38	71.58%	11	+0:24:27	5
Chris Curtis	0:24:59	37	75.74%	16	+0:00:27	12
Glen Smith	0:25:48	36	64.37%	7	+0:01:25	9
Joe Victor	0:25:52	35	72.56%	13	+0:00:04	14
Martin Lloyd	0:26:00	34	76.50%	17	+0:00:52	11
Andy Stalley	0:26:05	33	73.13%	15	-0:00:16	15
Simon Donaghy	0:26:28	32	72.07%	12	+0:26:28	4
James Dunning	0:27:27	31	59.81%	4	+0:27:27	3
Jenny Cooney	0:27:47	40	70.11%	10	-0:01:18	17
Keith Dunning	0:27:53	30	68.97%	8	+0:03:25	7
Jonathan Sharrock	0:28:54	29	62.43%	6	-0:03:09	18
Shun-lai Chan	0:29:28	39	69.56%	9	+0:01:13	10
Rosa Constantinou	0:35:00	38	59.89%	5	+0:35:00	2
Mandy Curtis	0:35:45	37	57.97%	3	+0:35:45	1
Jude Wheeler	0:35:50	36	52.50%	2	-0:00:29	16
Hannah Langmead-thorpe	0:36:55	35	50.74%	1	+0:01:57	8

Event 13	Richmond 10k					18/06/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Antony Constantinou	0:39:34	40	79.50%	16	+0:00:43	14
Simon Donaghy	0:44:10	39	70.64%	13	+0:02:55	9
Martin Lloyd	0:44:44	38	72.72%	15	+0:01:02	12
Jenny Cooney	0:47:35	40	66.29%	11	+0:00:56	13
Shun-lai Chan	0:48:25	39	68.55%	12	+0:01:29	11
Bob Chart	0:51:36	37	60.96%	10	+0:04:29	6
Annette Helliwell	0:53:36	38	71.13%	14	+0:04:25	7
Nigel Pointer	0:54:58	36	60.73%	9	+0:04:23	8
Karen Chart	0:57:02	37	56.11%	7	+0:00:39	15
Melvin Trundle	1:02:49	35	59.92%	8	+0:02:18	10
Grace Charley	1:04:42	36	48.75%	5	+0:05:28	5
Paul Cooper	1:05:12	34	44.57%	4	-0:00:19	16
Ria Trundle	1:21:56	35	54.79%	6	+0:09:41	4

Event 6b	Near-as-damn-it 10k (June)					29/06/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ashley Pate	0:40:27		68.70%	13	-0:00:49	11
Antony Constantinou	0:41:04		76.60%	18	-0:00:09	8
Mark Constantinou	0:41:09		76.44%	17	+0:00:14	7
Roger Bryant	0:41:32		72.74%	15	-0:02:42	17
Chris Curtis	0:42:10		73.39%	16	-0:02:11	14
James Mcclintock	0:43:53		65.23%	10	+0:43:53	1
Shaun Cooney	0:43:55		66.17%	11	-0:00:34	9
Glen Smith	0:44:08		61.55%	7	-0:02:27	15
Martin Lloyd	0:46:31		69.93%	14	-0:00:51	12
Jenny Cooney	0:47:17		66.71%	12	-0:02:34	16
Keith Dunning	0:48:57		64.26%	9	+0:02:55	4
Nicola Stevenson	0:50:35		61.28%	6	-0:00:46	10
Shun-lai Chan	0:52:45		62.92%	8	+0:01:27	6
Sarah Mccarthy	1:00:00		53.33%	3	+0:01:54	5
Mandy Curtis	1:00:48		55.19%	5	-0:00:58	13
Rosa Constantinou	1:03:28		53.48%	4	-0:04:49	18
Tim Gray	1:06:36		45.36%	2	+0:07:09	2
Maria Lawrence	1:16:26		44.95%	1	+0:05:54	3

Event 14	Nonsuch Park Relays					05/07/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ashley Pate	0:10:42	40	70.93%	19	-0:00:18	26
Antony Constantinou	0:10:50	39	79.30%	27	-0:00:09	24
James Dunning	0:11:03	38	66.37%	14	+0:11:03	8
Chris Curtis	0:11:07	37	76.03%	24	+0:00:08	17
Richard Fox	0:11:09	36	75.19%	22	+0:11:09	7
Mark Constantinou	0:11:12	35	76.71%	25	+0:00:21	16
Glen Smith	0:11:24	34	65.08%	13	+0:00:32	13
Debbie Jackson	0:11:38	40	79.19%	26	+0:11:38	6
James Mcclintock	0:11:46	33	66.44%	15	+0:11:46	5
Martin Lloyd	0:12:02	32	73.83%	21	-0:00:05	22
Keith Dunning	0:12:34	31	68.36%	17	+0:00:59	11
Jenny Cooney	0:12:48	39	68.94%	18	+0:00:04	20
Andy Randall	0:13:13	30	60.05%	5	+0:00:29	14
Shun-lai Chan	0:13:17	38	71.06%	20	+0:13:17	4
Jonathan Sharrock	0:13:24	29	60.15%	6	+0:00:29	15
Elaine Reid	0:13:57	37	67.66%	16	+0:00:05	19
Louise Arpino	0:14:00	36	62.00%	8	+0:14:00	3
Annette Helliwell	0:14:25	35	75.71%	23	+0:00:07	18
Nigel Pointer	0:14:42	28	62.02%	9	+0:01:15	10
Karen Chart	0:15:14	34	59.10%	4	-0:00:01	21
Sarah Mccarthy	0:15:15	33	59.03%	3	+0:15:15	2
Rosa Constantinou	0:15:51	32	61.05%	7	-0:01:15	27
Melvin Trundley	0:15:54	27	64.65%	12	-0:00:08	23
Alison Fox	0:16:04	31	62.59%	11	+0:16:04	1
Mandy Curtis	0:16:12	30	58.99%	2	-0:00:16	25
Thomas Wilkie	0:20:18	26	46.55%	1	+0:07:15	9
Ria Trundley	0:20:41	29	62.54%	10	+0:00:49	12

Event 15	Elmore 7					15/07/2017	
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Ashley Pate	0:44:36	40	70.55%	14	+0:44:36	9	
Chris Curtis	0:46:18	39	75.53%	18	-0:02:19	16	
Richard Fox	0:47:11	38	73.52%	15	+0:00:42	13	
Debbie Jackson	0:47:13	40	78.23%	19	+0:47:13	8	
James McClintock	0:48:08	37	67.27%	11	+0:48:08	7	
Martin Lloyd	0:48:49	36	75.30%	17	+0:00:28	14	
Glen Smith	0:49:03	35	62.76%	9	+0:49:03	6	
Simon Donaghy	0:50:08	34	70.32%	13	+0:02:42	10	
Jenny Cooney	0:52:37	39	67.91%	12	+0:52:37	5	
Annette Helliwell	0:58:14	38	74.89%	16	-0:03:17	17	
Ruth Cottam	1:02:37	37	64.11%	10	+0:01:57	12	
Sarah Mccarthy	1:05:47	36	55.15%	6	+1:05:47	4	
Alison Fox	1:07:32	35	59.44%	8	-0:00:16	15	
Mandy Curtis	1:07:32	35	56.48%	7	-0:06:08	18	
Tim Gray	1:10:57	33	48.51%	4	+0:02:40	11	
Rosa Constantinou	1:12:15	33	53.43%	5	-0:15:24	19	

Event 16	Elmbridge 10k					23/07/2017	
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Antony Constantinou	0:38:27	40	81.81%	18	-0:00:30	9	
Richard Fox	0:40:23	39	76.01%	16	-0:01:52	15	
Chris Curtis	0:40:44	38	75.98%	15	-0:01:14	13	
Simon Donaghy	0:42:26	37	73.53%	13	-0:01:56	17	
Martin Lloyd	0:43:17	36	75.16%	14	-0:00:46	11	
Elaine Reid	0:47:13	40	70.30%	12	-0:01:09	12	
Shun-lai Chan	0:47:17	39	70.20%	11	-0:00:11	8	
Jonathan Sharrock	0:48:45	35	60.53%	8	+0:00:22	6	
Annette Helliwell	0:49:30	38	77.02%	17	-0:00:40	10	
Karen Chart	0:55:01	37	58.17%	6	-0:01:46	14	
Rosa Constantinou	0:55:57	36	60.66%	9	-0:05:20	18	
Andy Schendel	0:56:07	34	53.83%	5	+0:02:50	5	
Alison Fox	0:56:55	35	61.90%	10	+0:00:03	7	
Mandy Curtis	0:57:30	34	58.36%	7	-0:01:56	16	
Tom Curtis	1:01:34	33	45.10%	4	+0:07:50	4	

Event 6c	Near-as-damn-it 10k (July)					27/07/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ashley Pate	0:40:34		68.50%	14	-0:02:22	16
Antony Constantinou	0:40:51		77.00%	16	-0:00:39	15
James McClintock	0:44:14		64.71%	12	+0:00:21	13
Chris Curtis	0:45:20		68.27%	13	+0:00:59	11
Glen Smith	0:46:17		58.69%	9	+0:00:55	12
Martin Lloyd	0:46:48		69.51%	15	+0:00:01	14
Shaun Cooney	0:47:56		60.62%	10	+0:03:37	5
Andy Randall	0:49:56		58.19%	8	+0:03:21	6
Shun-lai Chan	0:53:26		62.12%	11	+0:02:00	8
Jonathan Sharrock	0:53:41		54.97%	7	+0:53:41	2
Mandy Curtis	1:02:58		53.29%	6	+0:01:12	10
Tim Gray	1:05:20		46.61%	4	+0:01:53	9
Charlotte Constantinou	1:10:12		45.26%	3	+1:10:12	1
Rosa Constantinou	1:10:17		48.29%	5	+0:03:52	4
Chloe Constantinou	1:11:34		42.85%	1	+0:02:01	7
Mark Constantinou	1:11:43		43.86%	2	+0:30:50	3

Event 6	Any Near-as-damn-it 10k					
Member	May	June	July		Championship	
	Time	Time	Time		Best Time	Points
Ashley Pate	0:41:05	0:40:27	0:40:34		0:40:27	40
Antony Constantinou	0:41:45	0:41:04	0:40:51		0:40:51	39
Mark Constantinou	1:13:02	0:41:09	1:11:43		0:41:09	38
Roger Bryant	0:42:14	0:41:32			0:41:32	37
Chris Curtis	0:43:07	0:42:10	0:45:20		0:42:10	36
James Mcclintock		0:43:53	0:44:14		0:43:53	35
Shaun Cooney	0:44:08	0:43:55	0:47:56		0:43:55	34
Glen Smith	0:46:35	0:44:08	0:46:17		0:44:08	33
Martin Lloyd	0:46:55	0:46:31	0:46:48		0:46:31	32
Jenny Cooney	0:47:06	0:47:17			0:47:06	40
Joe Victor	0:48:55				0:48:55	31
Keith Dunning		0:48:57			0:48:57	30
Shun-Lai Chan	0:49:29	0:52:45	0:53:26		0:49:29	39
Andy Randall			0:49:56		0:49:56	29
Nicola Stevenson		0:50:35			0:50:35	38
Jonathan Sharrock			0:53:41		0:53:41	28
Sarah Mccarthy	0:58:06	1:00:00			0:58:06	37
Mandy Curtis	1:01:27	1:00:48	1:02:58		1:00:48	36
Rosa Constantinou	1:02:07	1:03:28	1:10:17		1:02:07	35
Tim Gray		1:06:36	1:05:20		1:05:20	27
Hannah Langmead-Thorpe	1:07:02				1:07:02	34
Charlotte Constantinou			1:10:12		1:10:12	33
Maria Lawrence	1:11:24	1:16:26			1:11:24	32
Chloe Constantinou	1:13:01		1:11:34		1:11:34	31

Event 17	Wimbledon 5k					13/08/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Martin Lloyd	0:22:21	40	69.93%	5	+0:01:25	4
Shun-lai Chan	0:22:55	40	70.67%	6	+0:00:32	5
Elaine Reid	0:23:12	39	69.80%	4	-0:00:03	6

Event 18a	Kent Coastal Marathon					03/09/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Andy Stalley	4:53:42	40	48.79%	1	+0:42:23	1

Event 18b	Richmond Marathon					17/09/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Steve Cooney	3:17:46	40	68.67%	1	-0:13:03	1

Event 18	Any September Road Marathon					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Steve Cooney	3:17:46	40				
Andy Stalley	4:53:42	39				

Event 19	Andrew Griffin Mile					20/09/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Robert Knight	0:05:11	40	71.75%	19	-0:00:08	19
James Dunning	0:05:12	39	71.35%	18	-0:00:07	17
Brandan Morrell	0:05:22	38	79.69%	27	-0:00:33	25
Shaun Cooney	0:05:23	37	74.58%	23	-0:00:25	22
Roger Bryant	0:05:24	36	77.92%	26	+0:00:07	11
Ashley Pate	0:05:26	35	70.67%	15	-0:00:14	20
Glen Smith	0:05:38	34	66.93%	11	+0:00:21	6
Mark Constantinou	0:05:41	33	76.47%	24	+0:00:16	7
Richard Fox	0:05:44	32	73.98%	22	+0:00:04	13
Debbie Jackson	0:05:50	40	80.31%	28	+0:05:50	3
Harry Bryant	0:05:54	31	65.84%	9	-0:00:47	26
Andy Randall	0:06:02	30	66.55%	10	-0:00:03	15
Keith Dunning	0:06:07	29	71.06%	16	+0:00:10	10
Jenny Cooney	0:06:09	39	72.73%	20	-0:00:05	16
Maia Morrell	0:06:59	38	71.20%	17	+0:06:59	2
Aaron Morrell	0:07:00	28	73.10%	21	-0:00:26	23
Dominic Fox	0:07:01	27	57.06%	5	-0:01:57	28
Laila Morrell	0:07:05	37	68.24%	14	-0:00:17	21
Annette Helliwell	0:07:13	36	76.86%	25	+0:00:11	9
Matthew Gray	0:07:15	26	67.52%	13	-0:01:39	27
Andy Schendel	0:07:29	25	55.78%	4	+0:07:29	1
Melvin Trundley	0:08:09	24	63.81%	8	+0:00:05	12
Rosa Constantinou	0:08:12	35	60.00%	6	-0:00:27	24
Hannah Langmead-thorpe	0:08:19	34	50.42%	3	+0:00:04	14
Alison Fox	0:08:35	33	60.35%	7	+0:00:32	5
Ria Trundley	0:09:54	32	67.49%	12	+0:00:11	8
Maria Lawrence	0:09:58	31	49.99%	2	-0:00:08	18
Karen Kirkby	0:13:05	30	36.24%	1	+0:03:09	4

Event 7b	Recurring Handicap (September)					14/09/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ashley Pate	0:34:58		63.14%		-0:00:18	
Glen Smith	0:37:11		58.31%		-0:00:14	
Andy Randall	0:37:46		61.13%		+0:01:45	
Joe Victor	0:38:47		62.89%		-0:01:26	
Keith Dunning	0:39:09		63.84%		+0:00:30	
Nicola Stevenson	0:39:23		62.80%		-0:02:27	
Jonathan Sharrock	0:41:20		56.72%		+0:00:12	
Elaine Reid	0:42:05		62.92%		-0:00:16	
Shun-lai Chan	0:42:23		63.16%		+0:00:30	
Andy Schendel	0:46:57		51.12%		-0:00:57	
Alison Fox	0:48:37		58.55%		-0:02:26	
Mandy Curtis	0:50:18		53.22%		+0:00:27	
Hannah Langmead-thorpe	0:51:23		47.10%		-0:01:36	
Prisca Andrews	1:03:54		40.28%		+0:15:33	

Event 20	Croydon Switchback 5					24/09/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Debbie Jackson	0:33:40	40	77.13%	9	+0:33:40	3
Richard Fox	0:33:42	40	72.37%	8	+0:00:18	6
Keith Dunning	0:37:04	39	67.42%	6	+0:04:17	4
Shun-lai Chan	0:39:40	39	67.49%	7	-0:00:31	9
Bob Chart	0:41:35	38	60.10%	5	+0:41:35	2
Jenny Macdonnell	0:46:03	38	58.80%	4	+0:46:03	1
Mandy Curtis	0:49:18	37	54.30%	3	-0:00:09	8
Karen Chart	0:51:46	36	49.32%	2	+0:02:03	5
Maria Lawrence	0:58:24	35	46.94%	1	+0:00:02	7

Event 21	East Surrey League Cross Country					30/09/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Mark Constantinou	0:32:05	40	77.90%	9	+0:00:16	6
Antony Constantinou	0:32:33	39	76.78%	8	+0:00:24	5
Debbie Jackson	0:33:51	40	74.71%	7	+0:33:51	4
Andy Randall	0:35:10	38	62.17%	5	-0:00:41	7
Keith Dunning	0:35:45	37	66.19%	6	-0:02:45	9
Rosa Constantinou	0:49:17	39	53.51%	4	-0:02:05	8

Event 22	Surrey Cross Country League - Men 1					14/10/2017	
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Ashley Pate	0:30:28	40	66.35%	11	-0:01:46	13	
Mark Constantinou	0:30:58	39	73.89%	16	-0:00:53	9	
Antony Constantinou	0:31:05	38	73.61%	15	-0:01:12	10	
Roger Bryant	0:31:22	37	70.62%	14	-0:00:15	6	
Tony Trundley	0:32:18	36	69.70%	13	-0:02:15	15	
Shaun Cooney	0:32:56	35	64.18%	8	-0:01:38	11	
Richard Fox	0:33:00	34	67.66%	12	-0:02:06	14	
James McClintock	0:34:06	33	61.06%	7	-0:00:14	5	
Andy Randall	0:34:38	32	61.03%	6	-0:00:41	7	
Keith Dunning	0:35:26	31	64.57%	9	-0:00:46	8	
Martin Lloyd	0:36:36	30	64.65%	10	-0:01:43	12	
Jonathan Sharrock	0:39:09	29	54.83%	4	+0:00:30	4	
Nigel Pointer	0:43:32	28	55.78%	5	-0:03:01	16	

Event 22	Surrey Cross Country League - Ladies 1					14/10/2017	
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Debbie Jackson	0:26:29	40	74.69%	14	+0:26:29	6	
Lisa Rooney	0:28:13	39	65.06%	11	+0:03:05	8	
Jenny Cooney	0:29:51	38	63.23%	10	+0:01:06	10	
Shun-lai Chan	0:31:23	37	65.42%	12	+0:01:55	9	
Nicola Stevenson	0:31:37	36	58.54%	9	+0:00:52	11	
Annette Helliwell	0:32:20	35	72.66%	13	-0:00:03	13	
Jo Dodge	0:34:11	34	55.83%	8	+0:00:32	12	
Jenny Macdonnell	0:37:48	33	55.00%	6	+0:37:48	5	
Sarah Mccarthy	0:38:48	32	50.37%	4	+0:38:48	4	
Alison Fox	0:39:45	31	55.12%	7	+0:03:06	7	
Rosa Constantinou	0:40:14	30	51.68%	5	-0:00:20	14	

Event 23	Croydon 10k					08/10/2017	
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Andy Randall	0:42:03	40	69.10%	6	+0:02:11	4	
Joe Victor	0:43:47	39	70.11%	10	-0:00:25	9	
Glen Smith	0:44:07	38	61.85%	5	+0:01:57	5	
Jenny Cooney	0:45:06	40	69.94%	8	-0:00:50	10	
Elaine Reid	0:47:51	39	69.36%	7	+0:00:17	8	
Shun-lai Chan	0:47:53	38	70.08%	9	+0:00:23	7	
Nikki Waller	0:54:38	37	58.13%	4	+0:54:38	1	
Karen Chart	1:01:45	36	51.82%	3	+0:01:19	6	
Bob Chart	1:03:37	37	49.44%	1	+0:15:29	2	
Maria Lawrence	1:08:59	35	49.81%	2	+0:02:59	3	

Event 24a	Surrey Classic 10k - Oxshott					29/10/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:38:11		79.75%	11	+0:00:13	8
Mark Constantinou	0:39:30		79.63%	10	+0:01:14	6
Lisa Rooney	0:41:48		74.16%	8	+0:02:33	2
James Mcclintock	0:42:59		66.59%	5	+0:01:41	3
Keith Dunning	0:44:10		71.22%	7	+0:01:41	4
Jenny Cooney	0:46:19		68.10%	6	+0:00:11	9
Annette Helliwell	0:50:01		76.23%	9	-0:00:38	10
Ruth Cottam	0:54:12		65.00%	4	+0:01:14	5
Rosa Constantinou	1:00:19		56.27%	3	+0:00:40	7
Tim Gray	1:00:29		50.35%	2	-0:02:55	11
Rupert Quested	1:22:14		44.61%	1	+0:05:24	1

Event 24b	Surrey Classic 10k - Nonsuch Park					05/11/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:37:10		81.94%	20	-0:00:56	14
Andy Randall	0:40:29		71.78%	15	+0:00:03	7
Richard Fox	0:40:36		75.61%	17	-0:01:22	15
Lisa Rooney	0:40:50		75.92%	18	+0:00:47	6
James Mcclintock	0:41:05		69.67%	11	-0:00:26	10
Shaun Cooney	0:41:11		70.56%	14	-0:00:03	9
Keith Dunning	0:42:12		74.54%	16	-0:00:47	13
Jenny Cooney	0:44:53		70.27%	13	-0:01:27	16
Nicola Stevenson	0:45:22		68.69%	10	-0:01:39	17
Elaine Reid	0:47:31		69.85%	12	-0:00:01	8
Annette Helliwell	0:48:47		78.15%	19	-0:02:15	18
Nigel Pointer	0:51:21		65.01%	8	-0:00:36	11
Ruth Cottam	0:53:14		66.18%	9	-0:00:36	12
Sarah Mccarthy	0:55:59		57.63%	5	+0:02:39	4
Hannah Langmead-thorpe	0:57:09		53.08%	3	+0:57:09	1
Andy Schendel	0:57:11		52.83%	2	+0:03:35	3
Tim Gray	0:58:01		52.49%	1	-0:05:31	20
Rosa Constantinou	1:01:05		55.57%	4	+0:02:38	5
Melvin Trundley	1:04:53		58.01%	6	+0:04:34	2
Ria Trundley	1:12:41		62.78%	7	-0:03:00	19

Event 25	Surrey Cross Country League - Men 2					11/11/2017	
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Ashley Pate	0:31:40	40	69.73%	11	+0:00:09	5	
Antony Constantinou	0:31:40	40	78.92%	15	-0:00:29	9	
Roger Bryant	0:31:47	38	76.13%	13	+0:00:12	4	
Mark Constantinou	0:31:56	37	78.26%	14	+0:00:05	6	
Mike Mason	0:32:29	36	69.49%	10	-0:03:54	14	
Richard Fox	0:33:23	35	73.06%	12	-0:01:25	10	
Andy Randall	0:33:36	34	68.71%	9	-0:01:30	11	
Shaun Cooney	0:33:54	33	68.11%	7	-0:00:17	8	
James Mcclintock	0:34:06	32	66.70%	6	+0:00:03	7	
Joe Victor	0:35:45	31	68.22%	8	-0:11:58	15	
Gary Thompson	0:38:07	30	63.48%	5	-0:03:27	13	
Nigel Pointer	0:43:46	29	57.38%	4	-0:02:17	12	

Event 25	Surrey Cross Country League - Ladies 2					11/11/2017	
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Debbie Jackson	0:24:21	40	84.76%	14	-0:01:17	6	
Lisa Rooney	0:24:37	39	79.85%	12	-0:01:44	8	
Jenny Cooney	0:26:47	38	74.67%	11	-0:01:29	7	
Nicola Stevenson	0:26:50	37	73.64%	10	-0:04:11	13	
Shun-lai Chan	0:28:54	36	73.62%	9	-0:00:49	5	
Annette Helliwell	0:29:19	35	82.46%	13	-0:03:07	10	
Jo Dodge	0:30:27	34	66.13%	7	-0:03:28	11	
Jenny Macdonnell	0:31:15	33	69.72%	8	-0:06:33	14	
Sarah Tindley	0:34:27	32	62.37%	6	+0:34:27	4	
Sarah Mccarthy	0:35:53	31	54.84%	5	-0:02:55	9	
Jude Wheeler	0:36:27	30	51.09%	4	-0:03:48	12	
Ria Trundle	0:43:56	29	63.34%	15	+0:43:56	15	

Event 24c	Surrey Classic 10k - Horton Country Park						
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	

Event 24	Any Surrey Classic 10k						
Member	Oxshott	Nonsuch	Horton CP		Championship		
	Time	Time	Time		Best Time	Points	

Event 7c	Recurring Handicap (December)					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ashley Pate	0:34:14		64.50%		-0:01:08	
Richard Fox	0:35:38		68.45%		-0:00:26	
James Mcclintock	0:37:13		61.11%		-0:01:18	
Annette Helliwell	0:42:44		71.18%		+0:01:00	
Eirwen Campbell	0:45:08		54.55%		+0:45:08	
Sarah Tindley	0:50:07		56.08%		+0:50:07	
Hannah Langmead-thorpe	0:52:54		45.75%		-0:00:41	

Event 26	Tadworth 10					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Mike Mason	1:05:41	40	70.92%	22	-0:02:05	21
Ashley Pate	1:07:34	39	67.40%	20	+1:07:34	7
Debbie Jackson	1:09:42	40	76.49%	24	+1:09:42	6
Lisa Rooney	1:10:20	39	72.19%	23	-0:00:12	19
James Mcclintock	1:14:51	38	62.71%	16	+0:01:43	14
Keith Dunning	1:15:45	37	68.31%	21	+0:01:33	15
Jenny Cooney	1:20:58	38	63.81%	17	+0:02:49	13
Shun-lai Chan	1:22:03	37	66.98%	19	-0:01:57	20
Gary Thompson	1:22:44	36	60.48%	14	+0:00:22	18
Elaine Reid	1:24:40	36	64.91%	18	-0:03:03	23
Jonathan Sharrock	1:25:09	35	57.35%	11	-0:02:14	22
Bob Chart	1:25:30	34	60.52%	15	+0:00:45	16
Nicola Stevenson	1:26:06	35	59.28%	13	+0:00:32	17
Andy Randall	1:27:28	33	54.51%	8	+0:17:40	8
Louise Arpino	1:29:37	34	56.95%	10	+1:29:37	5
Jo Dodge	1:32:34	33	56.20%	9	+1:32:34	4
Ruth Cottam	1:37:26	32	59.22%	12	+0:06:37	12
Karen Chart	1:44:07	31	50.34%	6	-0:03:45	24
Grace Charley	1:49:50	30	47.04%	5	+1:49:50	3
Andy Schendel	1:50:23	32	45.33%	4	+1:50:23	2
Hannah Langmead-thorpe	1:51:42	29	44.48%	3	+1:51:42	1
Tim Gray	1:52:31	31	44.47%	2	+0:17:14	9
Paul Cooper	1:57:38	30	40.86%	1	+0:12:08	10
Ria Trundley	2:22:42	28	52.37%	7	+0:11:47	11

Event 27	Surrey Cross Country League - Men 3					02/12/2017
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ashley Pate	0:29:17	40	75.40%	10	-0:02:22	11
Mark Constantinou	0:29:42	39	84.15%	15	-0:01:58	6
Antony Constantinou	0:29:44	38	84.05%	14	-0:02:02	8
Roger Bryant	0:30:22	37	79.68%	13	-0:01:45	5
Tony Trundley	0:30:55	36	79.53%	12	-0:02:19	9
Richard Fox	0:31:00	35	78.68%	11	-0:02:22	12
James McClintock	0:31:34	34	72.05%	7	-0:02:22	10
Andy Randall	0:31:50	33	72.53%	8	-0:02:38	13
Glen Smith	0:32:19	32	67.09%	5	-0:02:00	7
Steve Cooney	0:32:31	31	73.24%	9	-0:06:06	14
Joe Victor	0:33:56	30	71.87%	6	-0:07:48	15
Robert Nyman	0:39:49	29	61.99%	4	+0:39:49	4