

Event 1	Croydon Half Marathon						10/04/2016
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Glen Smith	1:32:39	40	63.93%	2	+1:32:39	1	
Steve Cooney	1:35:45	39	67.62%	5	-0:01:21	4	
Bob Chart	1:43:10	38	65.46%	4	+0:03:37	2	
Elaine Reid	1:49:01	40	65.41%	3	+0:03:25	3	
Karen Chart	2:09:33	39	52.84%	1	-0:02:43	5	

Event 2	Richmond Half Marathon						01/05/2016
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Roger Bryant	1:24:23		77.36%	9	+0:01:31	4	
Toni Reid	1:29:32		76.75%	8	-0:04:04	8	
Bob Chart	1:39:15		68.04%	6	-0:00:35	5	
Shun-lai Chan	1:43:01		69.22%	7	-0:02:34	7	
Elaine Reid	1:45:20		67.70%	5	-0:00:59	6	
Karen Chart	2:06:46		54.37%	4	-0:06:41	9	

Event 2	Hackney Half Marathon						08/05/2016
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Tim Gray	2:20:10		46.57%	1	+0:19:32	1	

Event 2	Caterham Half Marathon						03/07/2016
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Louise Arpino	1:57:36		57.21%	4	+1:57:36	2	
Andy Schendel	2:04:56		52.25%	3	+2:04:56	1	
Karen Chart	2:17:04		50.29%	2	+0:03:37	4	
Tim Gray	2:19:20		46.85%	1	+0:12:23	3	

Event 2	Any Road Half Marathon					
Member	Richmond Half Marathon	Hackney Half Marathon	Caterham Half Marathon		Championship	
	Time	Time	Time		Best Time	Points
Roger Bryant	1:24:23				1:24:23	40
Toni Reid	1:29:32				1:29:32	39
Bob Chart	1:39:15				1:39:15	38
Shun-lai Chan	1:43:01				1:43:01	40
Elaine Reid	1:45:20				1:45:20	39
Louise Arpino			1:57:36		1:57:36	38
Andy Schendel			2:04:56		2:04:56	37
Karen Chart	2:06:46		2:17:04		2:06:46	37
Tim Gray		2:20:10	2:19:20		2:19:20	36

Event 3	Dave Clarke 5k					05/05/2016
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Mark Finbow	0:17:10	40	75.21%	20	-0:01:33	24
Gordon Hennessy	0:18:10	39	83.19%	25	-0:00:24	15
Ashley Pate	0:18:20	38	71.89%	17	+0:18:20	3
Glen Smith	0:19:02	37	68.31%	12	+0:19:02	2
Chris Curtis	0:19:09	36	77.01%	22	+0:00:04	10
Keith Dunning	0:19:11	35	78.14%	23	-0:00:31	17
Richard Fox	0:19:28	34	74.56%	19	+0:00:02	11
Harry Bryant	0:19:45	33	70.49%	15	-0:04:13	25
Martin Lloyd	0:20:13	32	76.66%	21	+0:00:08	8
Gary Thompson	0:21:06	31	68.79%	13	-0:00:51	19
Andy Stalley	0:21:13	30	70.08%	14	+0:00:10	7
Jonathan Sharrock	0:21:26	29	65.64%	9	-0:01:02	20
Shun-lai Chan	0:21:42	40	73.88%	18	-0:01:04	21
Tom Curtis	0:22:17	28	61.46%	7	+0:00:51	5
Elaine Reid	0:22:28	39	71.36%	16	-0:00:15	14
Annette Helliwell	0:22:42	38	79.76%	24	+0:00:07	9
Karen Chart	0:26:05	37	59.41%	6	-0:00:49	18
Melvin Trundley	0:26:24	27	67.58%	11	-0:00:14	13
Alison Fox	0:27:01	36	62.83%	8	-0:01:19	22
Hannah Langmead-thorpe	0:28:02	35	52.79%	4	+0:28:02	1
Mandy Curtis	0:28:26	34	56.96%	5	+0:00:19	6
Sue Gray	0:32:04	33	49.99%	2	-0:01:21	23
Tim Gray	0:32:05	26	44.88%	1	+0:01:47	4
Maria Lawrence	0:32:32	32	50.90%	3	-0:00:28	16
Ria Trundley	0:32:41	31	65.95%	10	+0:00:00	12

Event 4	Sutton 10k					08/05/2016
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Mark Finbow	0:38:16	40	70.23%	20	+0:38:16	4
Gordon Hennessy	0:39:22	39	79.90%	23	+0:01:30	19
Chris Curtis	0:42:48	38	71.72%	21	+0:02:10	17
Martin Lloyd	0:43:13	37	74.64%	22	+0:01:43	18
Roger Bryant	0:44:00	36	68.12%	18	+0:06:29	7
Harry Bryant	0:44:00	36	65.86%	17	-0:00:14	23
Shun-lai Chan	0:48:00	40	68.45%	19	+0:01:05	21
Jonathan Sharrock	0:49:57	34	58.63%	10	+0:03:02	14
Elaine Reid	0:50:47	39	64.70%	15	+0:03:31	12
Nigel Pointer	0:53:01	33	62.42%	14	+0:02:32	16
Ruth Cottam	0:53:20	38	65.23%	16	+0:02:45	15
Tom Curtis	0:53:58	32	52.82%	6	+0:03:29	13
Jenny Cooney	0:54:35	37	57.42%	9	+0:06:59	6
Andy Schendel	0:55:12	31	54.30%	8	+0:01:14	20
Linda O'sullivan	0:55:50	36	61.54%	13	+0:04:25	9
Alison Fox	0:59:03	35	58.92%	12	+0:00:14	22
Mandy Curtis	1:02:21	34	53.23%	7	+0:04:13	10
Rosa Constantinou	1:06:38	33	50.36%	4	+0:05:42	8
Maggie Swinnerton	1:13:24	32	52.66%	5	+0:07:09	5
Ria Trundley	1:15:02	31	58.88%	11	+0:03:37	11

Event 5						
Dorking 10						05/06/2016
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Gordon Hennessy	1:01:06	40	84.61%	24	-0:01:13	21
Mark Finbow	1:02:50	39	70.64%	15	+1:02:50	6
Roger Bryant	1:02:58	38	78.08%	21	+0:00:36	18
Mark Constantinou	1:03:57	37	80.15%	23	+0:01:40	13
Antony Constantinou	1:05:28	36	78.29%	22	+0:01:23	15
Lisa Rooney	1:09:27	40	72.48%	18	+0:03:45	11
Richard Fox	1:09:34	35	71.85%	17	+0:01:30	14
Chris Curtis	1:10:18	34	71.69%	16	+0:01:01	17
Martin Lloyd	1:10:55	33	74.83%	19	+0:02:07	12
Steve Cooney	1:11:39	32	68.07%	14	+0:00:32	19
Annette Helliwell	1:19:08	39	77.85%	20	-0:01:38	22
Shun-lai Chan	1:19:17	38	67.88%	13	-0:01:51	23
Jonathan Sharrock	1:19:59	31	60.00%	11	-0:00:38	20
Elaine Reid	1:21:24	37	66.11%	12	+0:01:12	16
Andy Schendel	1:33:23	30	52.65%	8	+1:33:23	5
Alex Helliwell	1:33:33	29	47.44%	5	+1:33:33	4
John Helliwell	1:34:00	28	57.46%	10	+0:05:38	8
Mandy Curtis	1:38:46	36	55.04%	9	+0:05:02	9
Karen Chart	1:43:05	35	50.46%	7	+0:04:41	10
Rosa Constantinou	1:49:27	34	50.21%	6	-0:07:13	24
Harriet Archer	2:27:28	33	36.87%	4	+0:13:01	7

Event 6a						
Near-as-damn-it 10k (May)						26/05/2016
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Gordon Hennessy	0:40:09		78.34%	18	-0:01:49	17
Mark Constantinou	0:40:17		77.45%	17	-0:00:46	13
Roger Bryant	0:41:35		72.08%	16	+0:01:32	9
Ashley Pate	0:41:52		65.92%	10	-0:00:49	14
Chris Curtis	0:43:02		71.33%	15	+0:01:27	10
Shaun Cooney	0:43:19		66.08%	11	-0:02:51	18
Keith Dunning	0:44:10		70.64%	14	-0:00:03	12
Martin Lloyd	0:46:46		68.97%	13	+0:03:20	6
Shun-lai Chan	0:49:30		66.38%	12	-0:01:25	16
Elaine Reid	0:51:15		64.11%	9	+0:01:36	8
Jenny Cooney	0:51:23		61.00%	8	+0:02:11	7
Tom Curtis	0:54:21		52.45%	4	+0:04:00	5
Harry Bryant	0:54:37		52.19%	3	+0:54:37	4
Andy Schendel	0:56:44		52.83%	5	+0:56:44	3
Louise Arpino	0:57:25		53.99%	6	+0:57:25	2
Mandy Curtis	0:59:52		55.44%	7	-0:01:09	15
Hannah Langmead-Thorpe	1:03:16		47.95%	1	+1:03:16	1
Rosa Constantinou	1:09:05		48.57%	2	+0:01:15	11

Event 7a	Recurring Handicap (June)					02/06/2016
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Chris Curtis	0:34:48		70.08%		-0:00:47	
Richard Fox	0:34:53		69.36%		-0:01:42	
Keith Dunning	0:35:25		69.99%		-0:02:02	
Glen Smith	0:36:14		59.34%		-0:00:15	
Mick Turner	0:36:45		67.45%		+0:36:45	
Gary Thompson	0:39:17		61.10%		-0:00:56	
Joe Victor	0:39:40		61.00%		+0:39:40	
Jonathan Sharrock	0:39:45		58.53%		-0:00:58	
Annette Helliwell	0:40:32		74.03%		-0:01:54	
Jenny Cooney	0:40:55		61.11%		+0:00:48	
Elaine Reid	0:41:13		63.60%		-0:01:48	
Robert Nyman	0:42:31		60.28%		-0:01:31	
Andy Schendel	0:43:10		55.17%		-0:05:00	
Linda O'sullivan	0:44:18		61.88%		-0:00:25	
Louise Arpino	0:45:51		53.94%		+0:45:51	
Mandy Curtis	0:48:12		54.94%		-0:02:40	
Alison Fox	0:48:37		57.09%		-0:03:04	
Hannah Langmead-thorpe	0:49:34		48.82%		+0:49:34	
Rosa Constantinou	0:52:30		50.99%		-0:01:27	
Suguna Kulasekaram	0:52:37		46.10%		-0:03:11	
Maria Lawrence	0:58:45		46.09%		+0:58:45	
Karen Weighall	1:01:45		43.85%		+0:05:39	

Event 8	Tour of Epsom - Horton Park					06/06/2016
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:19:01	40	78.17%	24	-0:00:37	21
Gordon Hennessy	0:19:24	39	80.42%	26	-0:00:11	17
Ashley Pate	0:19:42	38	69.48%	15	+0:19:42	8
Richard Fox	0:19:58	37	75.64%	21	+0:00:28	14
Chris Curtis	0:20:02	36	75.99%	23	-0:00:25	19
Shaun Cooney	0:20:21	35	69.76%	17	+0:20:21	7
Keith Dunning	0:20:25	34	75.79%	22	+0:01:07	11
Lisa Rooney	0:20:30	40	75.45%	19	+0:00:11	16
Glen Smith	0:20:41	33	64.89%	8	+0:20:41	6
Harry Bryant	0:20:54	32	67.65%	12	-0:02:50	26
Martin Lloyd	0:21:12	31	75.46%	20	+0:01:06	12
Joe Victor	0:21:50	30	69.18%	14	+0:21:50	5
Gary Thompson	0:22:20	29	67.09%	11	-0:00:28	20
Andy Stalley	0:22:26	28	68.42%	13	+0:00:35	13
Jonathan Sharrock	0:23:05	27	62.92%	7	-0:00:58	22
Shun-lai Chan	0:23:18	39	70.97%	18	-0:01:34	24
Elaine Reid	0:23:45	38	69.63%	16	-0:00:15	18
Annette Helliwell	0:23:54	37	79.20%	25	-0:01:46	25
Jenny Cooney	0:24:18	36	64.92%	9	-0:01:20	23
Linda O'sullivan	0:26:04	35	66.34%	10	+0:26:04	4
Karen Chart	0:28:07	34	56.85%	5	+0:00:16	15
Alison Fox	0:28:42	33	61.01%	6	+0:01:20	10
Hannah Langmead-Thorpe	0:29:47	32	51.26%	3	+0:29:47	3
Jude Wheeler	0:30:31	31	50.15%	2	+0:30:31	2
Matthew Gray	0:33:59	26	54.05%	4	+0:33:59	1
Tim Gray	0:33:59	26	43.74%	1	+0:06:30	9

Event 9	Tour of Epsom - Nonsuch Park					07/06/2016
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:22:02	40	78.70%	23	-0:00:05	19
Gordon Hennessy	0:22:13	39	81.91%	26	-0:00:17	20
Mark Constantinou	0:22:34	38	79.98%	25	+0:00:15	18
Ashley Pate	0:23:17	37	68.57%	14	+0:23:17	7
Richard Fox	0:23:28	36	75.07%	22	+0:00:46	15
Lisa Rooney	0:24:04	40	74.65%	21	+0:24:04	6
Shaun Cooney	0:24:09	35	69.09%	15	-0:00:28	21
Keith Dunning	0:24:39	34	73.22%	19	+0:01:13	11
Chris Curtis	0:24:48	33	71.61%	18	+0:00:30	17
Harry Bryant	0:24:55	32	66.19%	12	-0:05:20	26
Martin Lloyd	0:25:23	31	73.52%	20	+0:01:57	9
Andy Stalley	0:25:51	30	69.26%	16	+0:00:54	12
Gary Thompson	0:26:25	29	66.16%	11	-0:00:36	23
Shun-lai Chan	0:27:15	39	70.49%	17	-0:02:00	24
Annette Helliwell	0:27:53	38	78.86%	24	-0:02:52	25
Jenny Cooney	0:27:56	37	65.60%	9	+0:00:46	14
Elaine Reid	0:28:33	36	67.28%	13	-0:00:34	22
Tom Curtis	0:29:29	28	55.93%	5	+0:02:44	8
Linda O'sullivan	0:30:33	35	65.75%	10	+0:30:33	5
Louise Arpino	0:30:55	34	58.62%	7	+0:30:55	4
Karen Chart	0:32:27	33	57.22%	6	+0:00:43	16
Alison Fox	0:33:22	32	60.96%	8	+0:00:53	13
Hannah Langmead-Thorpe	0:35:50	31	49.49%	2	+0:35:50	3
Rosa Constantinou	0:36:11	30	54.21%	4	+0:36:11	2
Jude Wheeler	0:36:23	29	48.86%	1	+0:36:23	1
Maria Lawrence	0:39:47	28	49.88%	3	+0:01:27	10

Event 10	Tour of Epsom - Hogsmill Open Space					08/06/2016
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:21:58	40	78.94%	21	+0:00:37	19
Gordon Hennessy	0:22:10	39	82.09%	22	+0:00:44	18
Ashley Pate	0:23:05	38	69.17%	13	+0:23:05	6
Richard Fox	0:23:44	37	74.23%	18	+0:02:12	12
Chris Curtis	0:23:47	36	74.67%	19	+0:01:24	16
Shaun Cooney	0:24:09	35	69.09%	12	+0:24:09	5
Glen Smith	0:24:19	34	64.38%	5	+0:24:19	4
Keith Dunning	0:24:21	33	74.12%	17	+0:02:46	11
Lisa Rooney	0:24:34	40	73.14%	16	+0:01:42	14
Harry Bryant	0:25:16	32	65.27%	6	-0:00:45	20
Martin Lloyd	0:25:32	31	73.08%	15	+0:02:51	10
Andy Stalley	0:26:12	30	68.34%	11	+0:03:00	9
Gary Thompson	0:26:31	29	65.91%	9	+0:01:06	17
Shun-lai Chan	0:27:16	39	70.45%	14	+0:00:59	22
Jenny Cooney	0:27:58	38	65.52%	7	+0:01:33	15
Elaine Reid	0:28:28	37	67.48%	10	+0:01:58	13
Annette Helliwell	0:28:52	36	76.17%	20	-0:02:22	21
Tom Curtis	0:29:55	28	55.12%	4	+0:05:11	7
Linda O'sullivan	0:30:35	35	65.68%	8	+0:30:35	3
Karen Chart	0:33:56	34	54.72%	3	+0:03:56	8
Hannah Langmead-Thorpe	0:35:04	33	50.57%	1	+0:35:04	2
Rosa Constantinou	0:37:16	32	52.64%	2	+0:37:16	1

Event 11	Tour of Epsom - Nonsuch Park Time Trials					09/06/2016
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:16:34	40	70.42%	30	+0:01:06	28
Mark Constantinou	0:17:04	39	71.15%	32	+0:01:29	25
Gordon Hennessy	0:17:09	38	71.38%	33	+0:00:57	29
Ashley Pate	0:17:15	37	62.27%	20	+0:17:15	15
Antony Constantinou	0:17:26	36	69.65%	29	+0:17:26	14
Shaun Cooney	0:17:55	35	62.65%	21	+0:00:29	30
Richard Fox	0:17:59	34	65.91%	27	+0:02:05	19
Chris Curtis	0:18:03	33	66.19%	28	+0:01:23	26
Lisa Rooney	0:18:29	40	65.68%	26	+0:01:33	24
Keith Dunning	0:18:42	32	64.93%	24	+0:01:58	20
Harry Bryant	0:18:46	31	59.12%	15	-0:01:07	33
Joe Victor	0:18:54	30	62.71%	22	+0:18:54	13
Martin Lloyd	0:19:15	29	65.22%	25	+0:01:38	22
Andy Stalley	0:19:22	28	62.19%	19	+0:01:41	21
Gary Thompson	0:20:03	27	58.64%	14	+0:01:36	23
Glen Smith	0:20:21	26	51.76%	9	+0:20:21	12
Jenny Cooney	0:20:33	39	60.57%	17	+0:20:33	11
Shun-lai Chan	0:20:38	38	64.09%	23	-0:00:17	32
Tom Curtis	0:21:23	25	51.88%	10	+0:02:33	18
Annette Helliwell	0:21:38	37	70.56%	31	+0:00:07	31
Andy Schendel	0:21:54	24	53.27%	11	+0:21:54	10
Elaine Reid	0:21:58	36	60.20%	16	+0:01:08	27
Jonathan Sharrock	0:22:12	23	51.34%	8	+0:22:12	9
Linda O'sullivan	0:22:52	35	60.78%	18	+0:22:52	8
Louise Arpino	0:22:59	34	53.41%	12	+0:22:59	7
Nathan Thompson	0:25:06	22	45.80%	3	+0:25:06	6
Hannah Langmead-Thorpe	0:25:14	33	47.29%	4	+0:25:14	5
Karen Chart	0:25:37	32	49.43%	7	+0:03:12	16
Alison Fox	0:25:49	31	54.53%	13	+0:03:07	17
Charlotte Constantinou	0:26:25	30	47.96%	5	+0:26:25	4
Chloe Constantinou	0:27:14	29	44.76%	2	+0:27:14	3
Jude Wheeler	0:27:59	28	42.78%	1	+0:27:59	2
Rosa Constantinou	0:28:07	27	48.20%	6	+0:28:07	1

Event 12	Tour of Epsom - NESCOL					10/06/2016
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:22:44	40	76.28%	23	-0:00:54	19
Gordon Hennessy	0:23:09	39	78.61%	25	-0:00:57	20
Ashley Pate	0:23:13	38	68.77%	16	+0:23:13	10
Richard Fox	0:24:13	37	72.75%	20	+0:00:04	16
Chris Curtis	0:24:22	36	72.88%	21	-0:01:10	21
Glen Smith	0:24:23	35	64.21%	8	+0:24:23	9
Shaun Cooney	0:24:24	34	68.38%	15	+0:24:24	8
Keith Dunning	0:24:28	33	73.77%	22	+0:24:28	7
Lisa Rooney	0:25:17	40	71.06%	18	-0:00:13	17
Harry Bryant	0:25:33	32	64.55%	10	+0:00:14	15
Martin Lloyd	0:25:45	31	72.47%	19	+0:00:49	13
Joe Victor	0:25:48	30	68.28%	14	+0:25:48	6
Andy Stalley	0:26:47	29	66.85%	13	+0:00:17	14
Gary Thompson	0:27:27	28	63.67%	7	-0:01:49	23
Shun-lai Chan	0:27:50	39	69.01%	17	-0:00:49	18
Jenny Cooney	0:28:24	38	64.52%	9	-0:01:21	22
Annette Helliwell	0:28:30	37	77.15%	24	-0:04:04	25
Elaine Reid	0:29:02	36	66.16%	12	-0:01:58	24
Tom Curtis	0:29:51	27	55.25%	5	+0:03:01	11
Linda O'sullivan	0:30:59	35	64.83%	11	+0:30:59	5
Louise Arpino	0:31:42	34	57.17%	6	+0:31:42	4
Jonathan Sharrock	0:32:03	26	52.86%	4	+0:32:03	3
Hannah Langmead-Thorpe	0:34:58	33	50.71%	3	+0:34:58	2
Jude Wheeler	0:36:19	32	48.95%	1	+0:36:19	1
Karen Chart	0:36:51	31	50.39%	2	+0:02:12	12

Event 13	Richmond 10k					19/06/2016	
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Gordon Hennessy	0:37:14	40	84.48%	14	-0:01:05	11	
Antony Constantinou	0:37:57	39	82.21%	13	-0:00:19	8	
Lisa Rooney	0:40:37	40	75.67%	10	-0:01:42	13	
Martin Lloyd	0:42:27	38	75.99%	11	+0:00:12	7	
Keith Dunning	0:42:42	37	73.07%	9	+0:01:11	6	
Bob Chart	0:44:37	36	69.93%	7	+0:01:46	4	
Shun-lai Chan	0:46:39	39	70.43%	8	-0:00:24	9	
Annette Helliwell	0:47:11	38	79.71%	12	-0:00:43	10	
Jenny Cooney	0:49:45	37	63.00%	6	-0:01:41	12	
Andy Schendel	0:52:24	35	57.20%	5	-0:01:57	14	
Karen Chart	0:58:35	36	54.21%	4	+0:01:17	5	

Event 6b	Near-as-damn-it 10k (June)					30/06/2016	
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Gordon Hennessy	0:41:11		76.38%	16	-0:00:47	14	
Mark Constantinou	0:41:12		75.73%	15	+0:00:50	10	
Ashley Pate	0:41:26		66.61%	11	-0:00:59	15	
Antony Constantinou	0:41:28		75.24%	14	-0:00:17	11	
Chris Curtis	0:44:05		69.63%	13	+0:02:00	8	
Shaun Cooney	0:44:27		64.88%	10	-0:00:29	13	
Joe Victor	0:47:48		63.71%	8	+0:47:48	1	
Martin Lloyd	0:48:18		66.78%	12	+0:03:43	5	
Andy Stalley	0:48:31		63.79%	9	+0:02:53	6	
Keith Dunning	0:48:59		63.69%	7	+0:05:01	4	
Shun-lai Chan	0:52:21		62.76%	6	+0:01:45	9	
Louise Arpino	0:56:14		55.13%	5	-0:01:11	16	
Hannah Langmead-Thorpe	1:02:57		48.19%	3	-0:00:19	12	
Mandy Curtis	1:03:09		52.56%	4	+0:02:01	7	
Karen Chart	1:06:27		47.79%	2	+0:06:48	2	
Rosa Constantinou	1:13:40		45.55%	1	+0:05:25	3	

Event 14	Nonsuch Park Relays					06/07/2016	
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Roger Bryant	0:10:36	40	77.23%	18	-0:00:01	14	
Mark Constantinou	0:10:40	39	79.89%	21	-0:00:12	17	
Tony Trundley	0:10:42	38	78.35%	19	+0:00:04	12	
Gordon Hennessy	0:10:43	37	80.17%	22	-0:00:08	15	
Antony Constantinou	0:10:46	36	79.14%	20	-0:00:20	18	
Glen Smith	0:10:52	35	68.02%	10	+0:10:52	3	
Ashley Pate	0:10:54	34	69.15%	13	-0:00:11	16	
Lisa Rooney	0:11:19	40	75.67%	17	+0:00:03	13	
Keith Dunning	0:11:41	33	72.93%	15	+0:00:07	11	
Harry Bryant	0:11:44	32	66.36%	6	-0:00:48	21	
Steve Cooney	0:11:45	31	69.13%	12	-0:00:23	19	
Martin Lloyd	0:12:10	30	72.41%	14	+0:00:25	9	
Joe Victor	0:12:12	29	68.17%	11	+0:12:12	2	
Andy Stalley	0:12:34	28	67.26%	9	+0:00:27	7	
Shun-lai Chan	0:12:36	39	74.01%	16	+0:12:36	1	
Andy Randall	0:12:44	27	61.86%	5	+0:01:10	4	
Jenny Cooney	0:13:06	38	66.78%	7	+0:00:45	5	
Tom Curtis	0:13:09	26	58.39%	3	+0:00:27	8	
Elaine Reid	0:13:52	37	67.25%	8	-0:00:43	20	
Karen Chart	0:15:15	36	58.42%	4	-0:01:36	22	
Mandy Curtis	0:16:28	35	57.32%	2	+0:00:36	6	
Rosa Constantinou	0:16:53	34	56.60%	1	+0:00:11	10	

Event 15	Elmore 7 16/07/2016					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Gordon Hennessy	0:43:54	40	80.96%	18	-0:00:04	15
Lisa Rooney	0:47:19	40	73.83%	17	-0:01:43	17
Mark Constantinou	0:48:07	39	73.27%	16	+0:03:21	9
Antony Constantinou	0:48:07	39	73.27%	16	+0:02:21	10
Chris Curtis	0:49:11	37	70.53%	13	+0:00:51	13
Martin Lloyd	0:50:48	36	71.75%	14	+0:04:23	8
Jonathan Sharrock	0:57:06	35	57.99%	10	+0:57:06	5
Annette Helliwell	1:01:39	39	69.73%	12	+0:00:20	14
Robert Nyman	1:02:04	34	58.73%	11	+1:02:04	4
John Helliwell	1:04:53	33	57.15%	9	+0:01:53	11
Alex Helliwell	1:08:43	32	44.29%	5	-0:04:37	18
Karen Chart	1:09:22	38	51.89%	8	-0:00:04	16
Tim Gray	1:12:49	31	46.89%	6	+0:06:48	7
Mandy Curtis	1:14:24	37	50.68%	7	+0:01:29	12
Rupert Quested	1:34:38	30	43.40%	4	+0:22:21	6

Event 16	Elmbridge 10k 24/07/2016					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Gordon Hennessy	0:37:36	40	83.66%	18	-0:00:29	15
Mark Constantinou	0:38:01	39	82.07%	17	+0:00:26	11
Antony Constantinou	0:38:15	38	81.57%	16	+0:00:09	13
Lisa Rooney	0:39:53	40	77.37%	15	-0:02:38	18
Jonathan Sharrock	0:48:11	37	60.78%	8	+0:00:23	12
Shun-lai Chan	0:48:50	39	67.28%	13	+0:01:47	9
Elaine Reid	0:50:14	38	65.41%	12	+0:02:06	7
Annette Helliwell	0:50:34	37	74.38%	14	+0:02:35	6
Jenny Cooney	0:50:38	36	61.90%	10	-0:01:46	17
Andy Schendel	0:52:50	36	56.73%	7	-0:01:19	16
Karen Chart	0:59:44	35	53.17%	5	+0:01:57	8
Melvin Trundle	1:00:22	35	61.52%	9	+0:02:52	5
Rosa Constantinou	1:02:56	34	53.32%	6	+0:00:31	10
Ria Trundle	1:12:11	33	62.19%	11	-0:00:03	14
Maggie Swinnerton	1:13:12	32	52.81%	4	+0:04:51	4

Event 6c	Near-as-damn-it 10k (July) 28/07/2016					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Gordon Hennessy	0:40:18		78.05%	21	-0:00:52	15
Antony Constantinou	0:40:27		77.13%	20	-0:01:18	19
Ashley Pate	0:41:18		66.82%	16	-0:00:37	14
Shaun Cooney	0:44:53		64.26%	14	+0:00:38	10
Keith Dunning	0:44:57		69.41%	19	-0:00:20	12
Steve Cooney	0:45:05		65.97%	15	-0:01:15	18
Chris Curtis	0:45:50		66.97%	17	+0:03:02	5
Martin Lloyd	0:46:54		68.78%	18	+0:00:05	11
Gary Thompson	0:48:57		61.71%	12	-0:01:36	20
Andy Randall	0:51:16		56.25%	11	+0:07:25	3
Shun-lai Chan	0:52:03		63.13%	13	+0:01:04	8
Andy Schendel	0:56:24		53.14%	8	-0:00:20	13
John Helliwell	0:58:54		55.70%	10	+0:58:54	1
Mandy Curtis	1:00:42		54.68%	9	-0:01:14	17
Tim Gray	1:01:20		49.25%	7	+0:03:53	4
Alex Helliwell	1:02:25		43.02%	2	-0:02:35	21
Suguna Kulasekaram	1:03:27		47.92%	5	-0:00:59	16
Hannah Langmead-Thorpe	1:04:57		46.70%	4	+0:01:50	7
Karen Chart	1:05:11		48.72%	6	+0:02:44	6
Rupert Quested	1:19:57		45.37%	3	+0:09:56	2
Karen Weighall	1:19:59		42.44%	1	+0:00:39	9

Event 6		Any Near-as-damn-it 10k				
Member	May	June	July		Championship	
	Time	Time	Time		Best Time	Points
Gordon Hennessy	0:40:09	0:41:11	0:40:18		0:40:09	40
Mark Constantinou	0:40:17	0:41:12			0:40:17	39
Antony Constantinou		0:41:28	0:40:27		0:40:27	38
Ashley Pate	0:41:52	0:41:26	0:41:18		0:41:18	37
Roger Bryant	0:41:35				0:41:35	36
Chris Curtis	0:43:02	0:44:05	0:45:50		0:43:02	35
Shaun Cooney	0:43:19	0:44:27	0:44:53		0:43:19	34
Keith Dunning	0:44:10	0:48:59	0:44:57		0:44:10	33
Steve Cooney			0:45:05		0:45:05	32
Martin Lloyd	0:46:46	0:48:18	0:46:54		0:46:46	31
Joe Victor		0:47:48			0:47:48	30
Andy Stalley		0:48:31			0:48:31	29
Gary Thompson			0:48:57		0:48:57	28
Shun-lai Chan	0:49:30	0:52:21	0:52:03		0:49:30	40
Elaine Reid	0:51:15				0:51:15	39
Andy Randall			0:51:16		0:51:16	27
Jenny Cooney	0:51:23				0:51:23	38
Tom Curtis	0:54:21				0:54:21	26
Harry Bryant	0:54:37				0:54:37	25
Louise Arpino	0:57:25	0:56:14			0:56:14	37
Andy Schendel	0:56:44		0:56:24		0:56:24	24
John Helliwell			0:58:54		0:58:54	23
Mandy Curtis	0:59:52	1:03:09	1:00:42		0:59:52	36
Tim Gray			1:01:20		1:01:20	22
Alex Helliwell			1:02:25		1:02:25	21
Hannah Langmead-Thorpe	1:03:16	1:02:57	1:04:57		1:02:57	35
Suguna Kulasekaram			1:03:27		1:03:27	34
Karen Chart		1:06:27	1:05:11		1:05:11	33
Rosa Constantinou	1:09:05	1:13:40			1:09:05	32
Rupert Quested			1:19:57		1:19:57	20
Karen Weighall			1:19:59		1:19:59	31

Event 17		Wimbledon 5k				14/08/2016	
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Roger Bryant	0:18:40	40	77.75%	9	+0:00:26	7	
Lisa Rooney	0:19:09	40	78.62%	10	-0:00:09	8	
Harry Bryant	0:20:40	39	66.27%	5	-0:02:12	10	
Martin Lloyd	0:21:19	38	72.70%	8	-0:00:23	9	
Joe Victor	0:21:41	37	67.47%	6	+0:21:41	5	
Shun-lai Chan	0:22:42	39	70.62%	7	+0:00:34	6	
Andy Schendel	0:24:21	36	59.14%	4	+0:24:21	4	

Event 18a		Coyote Marathon				18/09/2016	
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Steve Cooney	3:39:01		61.47%	3	+0:01:41	3	
Bob Chart	4:12:34		56.22%	2	+0:22:48	2	
Karen Chart	5:13:37		46.47%	1	+0:24:19	1	

Event 18b		Berlin Marathon				25/09/2016	
Member	Championship		Age Graded		Handicap		
	Time	Points	Percentage	Points	Difference	Points	
Elaine Reid	4:14:17		60.13%	1	+0:01:54	1	

Event 18	Any September Road Marathon				09/2016	
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Steve Cooney	3:39:01	40				
Bob Chart	4:12:34	39				
Elaine Reid	4:14:17	40				
Karen Chart	5:13:37	39				

Event 19	Andrew Griffin Mile					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Mark Finbow	0:05:00	40	74.39%	24	+0:05:00	8
Glen Smith	0:05:17	39	71.04%	19	+0:05:17	7
James Dunning	0:05:19	38	69.78%	18	+0:05:19	6
Roger Bryant	0:05:20	37	78.27%	25	+0:00:02	16
Gordon Hennessy	0:05:22	36	81.67%	28	-0:00:03	17
Lisa Rooney	0:05:23	40	80.25%	27	-0:00:17	21
Shaun Cooney	0:05:26	35	73.34%	23	-0:00:24	23
Brandan Morrell	0:05:34	34	79.02%	26	-0:00:43	25
Harry Bryant	0:05:53	33	66.95%	14	-0:01:12	28
Steve Cooney	0:05:54	32	69.65%	16	-0:00:04	19
Keith Dunning	0:06:04	31	71.06%	20	+0:00:27	11
James McClintock	0:06:11	30	63.49%	11	+0:06:11	5
Jenny Cooney	0:06:21	39	69.74%	17	+0:00:14	13
Shun-lai Chan	0:06:35	38	72.90%	22	-0:00:06	20
Laila Morrell	0:07:22	37	67.49%	15	+0:07:22	4
Louise Arpino	0:07:24	36	58.81%	8	+0:07:24	3
Aaron Morrell	0:07:26	29	72.34%	21	+0:07:26	2
Matthew Gray	0:07:49	28	65.47%	12	-0:00:33	24
Tim Gray	0:07:52	27	53.06%	6	-0:00:04	18
Karen Chart	0:07:58	35	56.77%	7	-0:00:58	26
Melvin Trundley	0:08:10	26	62.83%	10	+0:00:11	15
Hannah Langmead-Thorpe	0:08:15	34	50.83%	5	+0:08:15	1
Alison Fox	0:08:23	33	60.98%	9	+0:00:13	14
Ria Trundley	0:10:00	32	65.70%	13	+0:00:25	12
Maria Lawrence	0:10:29	31	46.93%	4	+0:00:44	10
Marie Gray	0:11:11	30	45.89%	3	-0:00:21	22
Sue Gray	0:11:12	29	42.33%	2	-0:01:02	27
Alison Symonds-tayler	0:15:23	28	36.06%	1	+0:01:37	9

Event 7b	Recurring Handicap (September)				09/2016	
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ashley Pate	0:37:07		59.08%		+0:01:09	
Mick Turner	0:37:10		66.70%		+0:00:25	
Keith Dunning	0:38:34		64.28%		+0:01:39	
Bob Chart	0:39:30		62.76%		+0:02:51	
James McClintock	0:40:05		56.31%		-0:00:00	
Jenny Cooney	0:40:45		61.36%		+0:00:14	
Jonathan Sharrock	0:41:13		56.45%		+0:01:02	
Shun-lai Chan	0:41:15		64.19%		-0:02:11	
Robert Nyman	0:42:38		60.11%		-0:00:38	
Nicola Stevenson	0:44:41		55.10%		+0:02:08	
John Helliwell	0:47:37		54.74%		+0:47:37	
Andy Stalley	0:48:01		51.63%		+0:07:53	
Alex Helliwell	0:49:36		43.01%		-0:04:59	
Melvin Trundley	0:50:18		58.66%		-0:00:58	
Karen Chart	0:50:33		50.12%		+0:02:18	
Alison Fox	0:52:04		53.98%		+0:00:53	
Suguna Kulasekaram	0:53:19		45.50%		-0:02:01	
Hannah Langmead-thorpe	0:55:56		43.27%		+0:06:22	
Karen Weighall	1:03:45		42.48%		+0:02:09	
Ria Trundley	1:04:07		55.86%		+0:03:05	
Rupert Quested	1:06:05		43.61%		+0:05:23	

Event 20	Croydon Switchback 5					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:31:40	40	75.80%	14	-0:00:28	9
Antony Constantinou	0:32:25	39	76.47%	15	-0:00:57	12
Lisa Rooney	0:33:17	40	73.97%	13	-0:01:54	15
Glen Smith	0:34:33	38	62.46%	7	+0:34:33	2
Chris Curtis	0:35:43	37	68.29%	11	+0:01:02	5
Joe Victor	0:35:55	36	67.37%	9	+0:35:55	1
Simon Donaghy	0:36:04	35	68.18%	10	+0:03:27	3
Martin Lloyd	0:37:06	34	69.08%	12	-0:00:24	8
Shun-lai Chan	0:39:35	39	66.90%	8	-0:00:51	11
Jenny Cooney	0:40:03	38	62.43%	6	+0:01:01	6
Nicola Stevenson	0:40:53	37	60.22%	5	-0:01:50	14
Mandy Curtis	0:50:34	36	52.37%	4	+0:01:41	4
Karen Chart	0:52:28	35	47.03%	2	+0:00:12	7
Rosa Constantinou	0:55:10	34	47.26%	3	-0:00:49	10
Maria Lawrence	0:58:04	33	45.41%	1	-0:01:48	13

Event 21	East Surrey League Cross Country					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Mark Constantinou	0:31:23	40	78.99%	12	-0:01:15	7
Roger Bryant	0:31:42	39	75.72%	11	-0:00:26	6
Glen Smith	0:34:36	38	62.37%	6	+0:34:36	5
Keith Dunning	0:34:46	37	71.30%	10	-0:01:48	11
Richard Fox	0:35:02	36	69.06%	7	-0:01:17	9
Simon Donaghy	0:35:23	35	69.49%	8	+0:35:23	4
Martin Lloyd	0:36:13	34	70.76%	9	-0:01:17	10
Gary Thompson	0:38:42	33	62.02%	5	-0:01:16	8
Rosa Constantinou	0:51:34	40	51.91%	4	-0:07:42	12

Event 22	Surrey Cross Country League - Men 1					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:40:31	40	59.24%	13	+0:07:44	13
Antony Constantinou	0:41:39	39	59.52%	14	+0:08:17	9
Ashley Pate	0:43:02	38	50.95%	9	+0:08:38	8
Richard Fox	0:43:26	37	52.75%	12	+0:08:11	11
Shaun Cooney	0:44:00	36	49.31%	7	+0:06:11	14
Keith Dunning	0:44:57	35	52.22%	11	+0:10:01	6
Steve Cooney	0:45:51	34	48.80%	6	+0:08:11	10
Martin Lloyd	0:46:45	33	51.91%	10	+0:09:47	7
Simon Donaghy	0:47:04	32	49.47%	8	+0:11:41	5
Joe Victor	0:47:43	31	48.01%	5	+0:47:43	4
Gary Thompson	0:48:46	30	46.60%	4	+0:07:58	12

Event 22	Surrey Cross Country League - Ladies 1					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Lisa Rooney	0:26:27	40	73.97%	10	+0:00:04	6
Nicola Stevenson	0:29:52	39	65.81%	8	-0:01:20	8
Shun-lai Chan	0:29:56	38	70.31%	9	-0:00:46	7
Jenny Cooney	0:30:43	37	64.70%	7	+0:01:24	5
Linda O'sullivan	0:34:20	36	64.25%	6	+0:34:20	4
Rosa Constantinou	0:39:15	35	54.21%	4	-0:02:01	10
Ria Trundle	0:45:27	34	62.63%	5	-0:01:25	9

Event 23	Croydon 10k					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:37:47	40	79.95%	14	+0:00:16	8
Glen Smith	0:40:42	39	66.74%	6	+0:40:42	2
Richard Fox	0:41:14	38	73.85%	13	-0:00:09	11
Shaun Cooney	0:41:42	37	69.16%	8	-0:01:27	14
Chris Curtis	0:42:01	36	73.06%	11	+0:00:54	6
Simon Donaghy	0:42:48	35	72.31%	10	+0:02:28	4
Martin Lloyd	0:43:42	34	73.81%	12	+0:00:51	7
Joe Victor	0:44:12	33	68.90%	7	+0:44:12	1
Shun-lai Chan	0:46:37	40	71.20%	9	-0:01:02	13
Elaine Reid	0:49:38	39	66.20%	5	+0:00:12	9
John Helliwell	0:53:52	32	61.44%	4	+0:01:25	5
Alison Fox	0:58:13	38	60.52%	3	-0:00:47	12
Mandy Curtis	0:59:49	37	55.49%	2	+0:00:01	10
Rosa Constantinou	1:06:02	36	50.81%	1	+0:02:34	3

Event 24a	Surrey Classic 10k - Oxshott					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:38:32		78.40%	16	+0:00:59	7
Glen Smith	0:41:26		65.56%	8	+0:00:44	8
James McClintock	0:41:46		68.02%	9	+0:41:46	1
Shaun Cooney	0:42:01		68.64%	12	-0:01:05	13
Keith Dunning	0:42:31		73.38%	14	+0:00:32	10
Martin Lloyd	0:43:50		73.59%	15	+0:00:43	9
Richard Fox	0:44:29		68.46%	10	+0:03:41	5
Shun-lai Chan	0:47:29		69.90%	13	+0:00:18	12
Elaine Reid	0:47:56		68.55%	11	-0:02:36	15
Bob Chart	0:50:24		61.90%	5	+0:06:51	3
Alison Fox	0:57:23		61.39%	4	-0:01:36	14
Melvin Trundle	0:57:58		64.07%	6	+0:00:23	11
Karen Chart	1:01:46		51.42%	3	+0:03:44	4
Rosa Constantinou	1:06:39		50.34%	2	+0:01:47	6
Ria Trundle	1:09:21		64.73%	7	-0:03:07	16
Rupert Quested	1:25:09		42.60%	1	+0:19:31	2

Event 24b	Surrey Classic 10k - Nonsuch Park					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Antony Constantinou	0:39:16		79.45%	19	+0:01:00	6
Lisa Rooney	0:39:25		78.29%	18	-0:00:32	13
Shaun Cooney	0:40:47		70.72%	13	-0:01:37	17
Richard Fox	0:41:03		74.18%	16	-0:00:57	15
Glen Smith	0:41:20		65.72%	9	+0:00:16	7
James McClintock	0:41:22		68.68%	11	-0:00:24	12
Keith Dunning	0:42:15		73.84%	14	-0:00:11	9
Martin Lloyd	0:43:35		74.01%	15	+0:00:15	8
Bob Chart	0:47:01		66.36%	10	+0:01:01	5
Shun-lai Chan	0:47:05		70.49%	12	-0:00:23	11
Annette Helliwell	0:50:40		74.23%	17	+0:02:02	4
Nigel Pointer	0:50:53		65.04%	8	-0:00:56	14
Louise Arpino	0:51:02		60.74%	5	+0:51:02	1
Alison Fox	0:56:32		62.32%	6	-0:01:41	18
Karen Chart	0:57:20		55.39%	3	-0:02:22	19
Melvin Trundle	1:03:26		58.54%	4	+0:05:32	3
Rosa Constantinou	1:03:41		52.69%	2	-0:01:11	16
Ria Trundle	1:11:37		62.68%	7	-0:00:14	10
Rupert Quested	1:20:53		44.85%	1	+0:09:07	2

Event 25	Surrey Cross Country League - Men 2					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:31:27	40	76.32%	18	-0:01:20	14
Mark Constantinou	0:31:57	39	77.59%	20	+0:00:10	11
Antony Constantinou	0:32:10	38	77.06%	19	-0:01:12	13
Darren White	0:32:12	37	73.96%	16	+0:32:12	7
Tony Trundle	0:32:24	36	75.28%	17	-0:01:58	17
Ashley Pate	0:32:39	35	67.16%	11	-0:01:45	16
Richard Fox	0:33:53	34	71.41%	15	-0:01:22	15
Glen Smith	0:34:01	33	63.44%	7	-0:00:35	12
Shaun Cooney	0:34:05	32	67.23%	13	-0:03:44	20
James McClintock	0:34:26	31	65.55%	9	+0:34:26	6
Chris Curtis	0:35:00	30	70.25%	14	+0:35:00	5
Steve Cooney	0:35:10	29	67.19%	12	-0:02:30	18
Keith Dunning	0:35:47	28	65.59%	10	+0:00:51	9
Martin Lloyd	0:37:16	27	65.12%	8	+0:00:18	10
Gary Thompson	0:37:21	26	60.85%	6	-0:03:27	19
James Dunning	0:38:44	25	52.15%	5	+0:38:44	4
Rupert Quedsted	1:05:32	24	41.64%	4	+0:09:36	8

Event 25	Surrey Cross Country League - Ladies 2					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Lisa Rooney	0:24:22	40	80.67%	14	-0:01:55	7
Jenny Cooney	0:27:12	39	73.53%	12	-0:02:07	10
Shun-lai Chan	0:28:23	38	74.96%	13	-0:02:04	9
Linda O'sullivan	0:32:22	37	69.02%	11	-0:01:58	8
Hannah Langmead-Thorpe	0:35:25	36	54.31%	7	+0:00:00	4
Suguna Kulasekaram	0:35:51	35	54.01%	6	-0:03:53	14
Karen Chart	0:36:10	34	56.10%	8	-0:03:43	13
Alison Fox	0:36:20	33	62.27%	10	-0:00:20	5
Jude Wheeler	0:37:27	32	49.73%	4	-0:02:53	12
Rosa Constantinou	0:38:53	31	53.24%	5	-0:02:36	11
Ria Trundle	0:45:08	30	61.66%	9	-0:01:02	6

Event 24c	Surrey Classic 10k - Horton Country Park					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:37:35	40	80.38%	15	-0:00:25	11
Antony Constantinou	0:38:04	39	81.96%	16	-0:00:25	10
Lisa Rooney	0:39:08	40	78.85%	14	-0:00:14	7
Glen Smith	0:40:52	38	66.47%	9	-0:00:17	8
Shaun Cooney	0:40:55	37	70.48%	11	-0:00:35	12
James McClintock	0:41:59	36	67.67%	10	+0:00:25	4
Shun-lai Chan	0:46:47	39	70.95%	12	+0:00:12	5
Jonathan Sharrock	0:47:56	35	61.56%	5	+0:00:03	6
Annette Helliwell	0:48:02	38	78.30%	13	-0:01:08	14
Louise Arpino	0:49:05	37	63.16%	8	-0:01:57	15
Sarah McCarthy	0:52:20	36	61.15%	4	-0:00:18	9
Tim Gray	0:56:20	34	53.63%	2	+0:01:11	2
Karen Chart	0:59:24	35	53.47%	1	+0:02:05	1
Melvin Trundle	0:59:26	33	62.49%	6	-0:00:49	13
Rosa Constantinou	1:00:52	34	55.13%	3	-0:04:35	16
Ria Trundle	1:11:17	33	62.98%	7	+0:00:35	3

Event 24	Any Surrey Classic 10k					
Member	Oxshott	Nonsuch	Horton CP		Championship	
	Time	Time	Time		Best Time	Points
Roger Bryant	0:38:32		0:37:35		0:37:35	40
Antony Constantinou		0:39:16	0:38:04		0:38:04	39
Lisa Rooney		0:39:25	0:39:08		0:39:08	40
Shaun Cooney	0:42:01	0:40:47	0:40:55		0:40:47	38
Glen Smith	0:41:26	0:41:20	0:40:52		0:40:52	37
Richard Fox	0:44:29	0:41:03			0:41:03	36
James McClintock	0:41:46	0:41:22	0:41:59		0:41:22	35
Keith Dunning	0:42:31	0:42:15			0:42:15	34
Martin Lloyd	0:43:50	0:43:35			0:43:35	33
Shun-lai Chan	0:47:29	0:47:05	0:46:47		0:46:47	39
Bob Chart	0:50:24	0:47:01			0:47:01	32
Elaine Reid	0:47:56				0:47:56	38
Jonathan Sharrock			0:47:56		0:47:56	31
Annette Helliwell		0:50:40	0:48:02		0:48:02	37
Louise Arpino		0:51:02	0:49:05		0:49:05	36
Nigel Pointer		0:50:53			0:50:53	30
Sarah McCarthy	0:52:20				0:52:20	35
Tim Gray			0:56:20		0:56:20	29
Alison Fox	0:57:23	0:56:32			0:56:32	34
Karen Chart	1:01:46	0:57:20	0:59:24		0:57:20	33
Melvin Trundle	0:57:58	1:03:26	0:59:26		0:57:58	28
Rosa Constantinou	1:06:39	1:03:41	1:00:52		1:00:52	32
Ria Trundle	1:09:21	1:11:37	1:11:17		1:09:21	31
Rupert Quested	1:25:09	1:20:53			1:20:53	27

Event 7c	Recurring Handicap (December)				12/2016	
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:33:43		71.19%		-0:00:15	
Ashley Pate	0:34:39		63.28%		-0:01:15	
Antony Constantinou	0:35:11		70.46%		-0:01:36	
Glen Smith	0:36:02		59.89%		-0:00:20	
Chris Curtis	0:36:26		67.49%		+0:00:46	
Joe Victor	0:42:20		57.16%		+0:02:40	
Robert Nyman	0:42:31		60.79%		-0:00:33	
Louise Arpino	0:44:48		55.20%		-0:01:03	
Andy Schendel	0:47:42		49.93%		+0:01:12	
Mandy Curtis	0:50:12		53.33%		+0:00:28	
Alison Fox	0:52:27		53.59%		+0:01:53	
Suguna Kulasekaram	0:53:09		45.73%		-0:00:16	

Event 26	Tadworth 10					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	1:04:46	40	76.54%	14	+0:01:16	9
Mike Mason	1:05:42	39	70.25%	13	-0:02:40	12
Shaun Cooney	1:10:50	38	66.69%	12	-0:04:05	13
James McClintock	1:13:13	37	63.53%	10	+1:13:13	2
Glen Smith	1:16:28	36	58.31%	5	+1:16:28	1
Bob Chart	1:21:01	35	63.27%	9	-0:02:03	11
Shun-lai Chan	1:21:45	40	66.50%	11	+0:00:10	10
Jenny Cooney	1:22:04	39	62.55%	8	+0:05:21	6
Jonathan Sharrock	1:30:28	34	53.48%	3	+0:09:12	3
Tina Slaughter	1:33:26	38	59.50%	7	-0:04:49	14
Melvin Trundle	1:44:51	33	58.43%	6	+0:04:20	8
Karen Chart	1:48:35	37	47.91%	2	+0:07:26	5
Rosa Constantinou	1:57:32	36	46.76%	1	+0:04:41	7
Ria Trundle	2:11:10	35	56.06%	4	+0:07:56	4

Event 27	Surrey Cross Country League - Men 3					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:30:12	40	79.48%	12	-0:01:55	10
Mark Constantinou	0:30:59	39	80.01%	13	-0:01:30	9
Ashley Pate	0:31:15	38	70.17%	10	-0:02:06	11
Antony Constantinou	0:31:30	37	78.69%	11	-0:01:09	8
Shaun Cooney	0:32:47	36	69.90%	9	-0:05:18	13
James McClintock	0:33:36	35	67.18%	7	-0:01:07	7
Andy Randall	0:35:31	34	64.52%	6	+0:00:07	5
Jonathan Sharrock	0:37:06	33	63.20%	5	-0:03:31	12
Martin Lloyd	0:37:07	32	69.05%	8	-0:00:31	6
Rupert Quested	1:02:12	31	46.34%	4	+0:01:46	4

Event 27	Surrey Cross Country League - Ladies 3					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Nicola Stevenson	0:41:21	40	59.81%	9	-0:02:26	7
Annette Helliwell	0:41:23	39	72.51%	12	-0:03:21	8
Shun-lai Chan	0:41:33	38	62.06%	11	+0:01:27	5
Elaine Reid	0:42:05	37	61.28%	10	-0:04:08	9
Jo Dodge	0:45:35	36	53.76%	6	+0:45:35	4
Ruth Cottam	0:47:12	35	57.27%	8	-0:01:08	6
Suguna Kulasekaram	0:49:47	34	47.54%	5	-0:05:24	10
Jude Wheeler	0:51:57	33	45.56%	4	-0:07:25	11
Ria Trundle	1:01:36	32	56.62%	7	-0:10:09	12

Event 28	Surrey Cross Country League - Men 4					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Mark Constantinou	0:32:30	40	76.27%	16	+0:00:32	12
Antony Constantinou	0:32:48	39	75.58%	15	+0:00:51	11
Ashley Pate	0:32:49	38	66.82%	12	+0:00:13	13
Roger Bryant	0:33:11	37	72.33%	14	+0:02:04	8
Darren White	0:34:14	36	69.57%	13	+0:01:42	10
Steve Cooney	0:34:50	35	64.74%	10	-0:02:44	16
Tony Trundle	0:35:01	34	65.95%	11	+0:00:07	14
Shaun Cooney	0:36:50	33	58.91%	7	+0:01:47	9
Ercole Lugari	0:37:21	32	57.66%	5	+0:04:14	4
Richard Fox	0:37:43	31	60.74%	9	+0:03:18	6
Gary Thompson	0:38:36	30	58.88%	6	-0:00:29	15
Martin Lloyd	0:40:34	29	59.82%	8	+0:03:42	5
Jonathan Sharrock	0:41:57	28	52.92%	4	+0:03:08	7

Event 28	Surrey Cross Country League - Ladies 4					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Jenny Cooney	0:36:45	40	68.04%	9	-0:02:13	9
Shun-lai Chan	0:39:09	39	67.64%	8	-0:01:41	8
Annette Helliwell	0:42:34	38	70.49%	10	-0:00:57	7
Ruth Cottam	0:47:01	37	59.78%	7	-0:00:34	6
Rosa Constantinou	0:51:41	36	51.80%	5	+0:00:00	5
Hannah Langmead-thorpe	0:53:04	35	45.60%	4	+0:53:04	4
Ria Trundle	1:01:43	34	58.03%	6	-0:06:39	10

Event 29	Valentines 10k					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Antony Constantinou	0:39:16	40	79.45%	18	+0:00:45	10
Mark Constantinou	0:39:22	39	79.25%	17	+0:01:49	6
Jenny Cooney	0:46:05	40	68.01%	13	-0:03:31	18
Nicola Stevenson	0:47:17	39	65.56%	12	-0:02:38	17
Shun-lai Chan	0:47:31	38	69.85%	15	+0:01:10	9
Elaine Reid	0:47:52	37	69.34%	14	-0:01:43	16
Annette Helliwell	0:49:13	36	76.42%	16	-0:00:14	13
Jonathan Sharrock	0:50:03	38	58.96%	4	+0:01:32	7
Louise Arpino	0:50:33	35	61.33%	7	+0:00:29	11
Jo Dodge	0:50:53	34	61.99%	8	-0:00:43	14
Nigel Pointer	0:51:53	37	63.79%	10	+0:00:23	12
Ruth Cottam	0:54:20	33	64.84%	11	+0:02:39	4
John Helliwell	0:55:34	36	59.56%	5	+0:01:54	5
Melvin Trundley	0:59:34	35	62.35%	9	-0:00:43	15
Grace Charley	1:01:51	32	50.68%	2	+0:04:18	1
Rosa Constantinou	1:04:55	31	51.69%	3	+0:01:11	8
Paul Cooper	1:06:24	34	43.76%	1	+0:03:56	3
Ria Trundley	1:14:44	30	60.07%	6	+0:03:59	2

Event 30a	Parkrun 1st Saturday					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:18:30		78.45%	25	-0:00:39	22
Shaun Cooney	0:20:22		68.03%	22	+0:00:20	13
Lisa Rooney	0:21:23		70.41%	24	-0:00:31	19
Joe Victor	0:21:31		68.00%	21	+0:00:08	15
Tony Trundley	0:21:40		68.07%	23	+0:02:12	6
Mike Mason	0:21:52		61.96%	17	+0:00:18	14
Andrew MCGovern	0:22:06		62.70%	19	-0:00:14	16
Bob Chart	0:22:07		67.77%	20	-0:00:23	18
Glen Smith	0:22:47		57.28%	12	+0:01:19	8
Jonathan Sharrock	0:23:02		61.55%	16	-0:01:05	25
Robert Nyman	0:25:37		61.01%	14	+0:00:40	12
Elaine Reid	0:25:56		62.45%	18	+0:01:04	9
Andy Stalley	0:27:07		55.28%	10	+0:04:23	2
Tina Slaughter	0:27:07		61.07%	15	-0:00:36	20
Charlotte Constantinou	0:27:54		56.32%	11	-0:00:38	21
Mark Constantinou	0:27:57		53.63%	9	+0:08:30	1
Karen Chart	0:29:04		53.31%	8	-0:00:44	23
Sarah McCarthy	0:31:53		48.97%	4	+0:03:42	4
Mandy Curtis	0:32:25		50.50%	6	+0:00:44	10
Maria Lawrence	0:33:58		48.75%	3	+0:00:42	11
Bernadette Goldrick	0:35:13		52.11%	7	-0:00:22	17
Melvin Trundley	0:35:21		50.47%	5	+0:03:28	5
Rosa Constantinou	0:35:39		45.92%	2	+0:02:06	7
Ria Trundley	0:36:07		60.65%	13	-0:00:48	24
Rupert Quested	0:46:03		37.85%	1	+0:03:55	3

Event 30b	Parkrun 2nd Saturday					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ashley Pate	0:19:20		68.58%	12	-0:00:55	12
James Mcclintock	0:20:35		66.31%	11	-0:00:21	8
Joe Victor	0:20:40		70.79%	16	-0:00:50	11
Roger Bryant	0:20:48		69.78%	14	+0:01:28	2
Chris Curtis	0:20:59		70.86%	17	+0:00:09	4
Lisa Rooney	0:21:27		70.19%	15	-0:00:10	5
Jenny Cooney	0:22:04		69.30%	13	-0:00:56	13
Andy Stalley	0:23:23		64.10%	9	+0:00:39	3
Martin Lloyd	0:23:41		65.44%	10	-0:01:42	16
Nikki Waller	0:25:06		61.74%	8	+0:25:06	1
Tom Curtis	0:26:43		50.56%	2	-0:00:16	6
Sarah Mccarthy	0:28:39		54.50%	6	-0:01:22	15
Mandy Curtis	0:28:57		56.55%	7	-0:03:19	17
Lorraine Turner	0:29:31		53.81%	5	-0:00:48	10
Maria Lawrence	0:33:01		50.16%	1	-0:00:18	7
Gill Stalley	0:33:04		52.65%	3	-0:00:34	9
Bernadette Goldrick	0:34:14		53.61%	4	-0:01:14	14

Event 30c	Parkrun 3rd Saturday					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:18:37		77.96%	37	-0:00:21	21
Ashley Pate	0:19:15		68.88%	28	-0:00:41	26
Shaun Cooney	0:20:04		69.05%	29	-0:00:06	16
Chris Curtis	0:20:09		73.79%	36	-0:00:42	27
James Mcclintock	0:20:11		67.63%	27	-0:00:38	25
Robert Knight	0:20:17		63.66%	24	+0:01:06	4
Steve Cooney	0:20:28		70.36%	34	-0:01:15	30
Tony Trundle	0:20:48		70.90%	35	+0:00:42	6
Richard Fox	0:20:54		70.00%	33	-0:00:27	22
Joe Victor	0:21:07		69.29%	31	-0:00:04	13
Lisa Rooney	0:21:39		69.54%	32	+0:00:08	12
Mike Mason	0:21:57		61.73%	23	-0:00:05	15
Jenny Cooney	0:22:16		69.11%	30	-0:00:33	24
Glen Smith	0:22:39		57.62%	18	+0:00:23	9
Andy Stalley	0:23:21		64.20%	25	+0:00:37	7
Jonathan Sharrock	0:23:21		60.72%	21	-0:00:15	19
Andy Randall	0:23:22		59.30%	19	+0:00:24	8
Gary Thompson	0:23:34		61.59%	22	+0:00:15	10
Martin Lloyd	0:23:34		65.76%	26	-0:01:07	29
Tom Curtis	0:27:02		49.97%	4	-0:00:04	14
Charlotte Constantinou	0:27:49		56.49%	16	-0:00:18	20
Mark Constantinou	0:27:50		54.30%	12	+0:07:55	2
Sarah Mccarthy	0:28:24		54.98%	13	-0:01:57	33
Mandy Curtis	0:28:57		56.55%	17	-0:02:02	35
Grace Charley	0:29:48		51.64%	8	-0:03:22	36
Jude Wheeler	0:30:04		49.44%	3	-0:01:43	32
Alison Fox	0:31:07		55.24%	14	-0:00:14	18
Melvin Trundle	0:32:12		55.41%	15	-0:01:25	31
Rosa Constantinou	0:32:43		50.04%	6	-0:01:04	28
Paul Cooper	0:32:45		42.63%	2	-0:05:36	37
Maria Lawrence	0:33:08		49.98%	5	-0:00:08	17
Dave Quickenden	0:33:34		52.51%	10	-0:02:01	34
Gill Stalley	0:34:19		50.73%	7	+0:01:01	5
Bernadette Goldrick	0:34:49		52.71%	11	-0:00:29	23
Louise Arpino	0:35:52		42.17%	1	+0:10:33	1
Maggie Swinnerton	0:36:32		52.35%	9	+0:02:23	3
Ria Trundle	0:36:32		59.95%	20	+0:00:14	11

Event 7d	Recurring Handicap (March)				03/2017	
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ashley Pate	0:35:46		61.31%		+0:00:31	
Chris Curtis	0:36:25		67.52%		+0:00:54	
James McClintock	0:36:56		61.12%		+0:36:56	
Glen Smith	0:37:53		56.97%		+0:01:38	
Simon Donaghy	0:39:29		62.78%		+0:39:29	
Mark Constantinou	0:40:00		61.97%		+0:40:00	
Gary Thompson	0:40:38		59.07%		+0:00:37	
Nicola Stevenson	0:41:23		59.76%		-0:01:58	
Shun-lai Chan	0:42:05		62.92%		-0:01:25	
Annette Helliwell	0:42:15		71.02%		+0:00:33	
Andy Schendel	0:46:27		51.67%		+0:00:16	
Ruth Cottam	0:47:03		59.74%		+0:03:08	
Grace Charley	0:49:51		50.16%		+0:49:51	
Tim Gray	0:50:42		47.34%		+0:50:42	
Suguna Kulasekaram	0:50:44		47.91%		-0:02:18	
Rosa Constantinou	0:51:00		52.49%		-0:02:14	
Mandy Curtis	0:51:10		52.32%		+0:01:50	
Hannah Langmead-thorpe	0:53:27		45.28%		-0:02:29	
Paul Cooper	0:58:49		39.25%		+0:09:16	

Event 7	Any Recurring Handicap					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	0:33:43	40	71.19%	41	-0:00:15	19
Ashley Pate	0:34:39	39	63.28%	33	-0:01:15	27
Chris Curtis	0:34:48	38	70.08%	39	-0:00:47	22
Richard Fox	0:34:53	37	69.36%	37	-0:01:42	30
Antony Constantinou	0:35:11	36	70.46%	40	-0:01:36	29
Keith Dunning	0:35:25	35	69.99%	38	-0:02:02	34
Glen Smith	0:36:02	34	59.89%	23	-0:00:20	20
Mick Turner	0:36:45	33	67.45%	36	+0:00:25	16
James McClintock	0:36:56	32	61.12%	27	-0:00:00	18
Gary Thompson	0:39:17	31	61.10%	26	-0:00:56	23
Simon Donaghy	0:39:29	30	62.78%	32	+0:39:29	6
Bob Chart	0:39:30	29	62.76%	31	+0:02:51	12
Joe Victor	0:39:40	28	61.00%	25	+0:02:40	13
Jonathan Sharrock	0:39:45	27	58.53%	19	-0:00:58	25
Mark Constantinou	0:40:00	26	61.97%	30	+0:40:00	5
Annette Helliwell	0:40:32	40	74.03%	42	-0:01:54	32
Jenny Cooney	0:40:45	39	61.36%	28	+0:00:14	17
Elaine Reid	0:41:13	38	63.60%	34	-0:01:48	31
Shun-lai Chan	0:41:15	37	64.19%	35	-0:02:11	35
Nicola Stevenson	0:41:23	36	59.76%	22	-0:01:58	33
Robert Nyman	0:42:31	25	60.28%	24	-0:01:31	28
Andy Schendel	0:43:10	24	55.17%	15	-0:05:00	42
Linda O'sullivan	0:44:18	35	61.88%	29	-0:00:25	21
Louise Arpino	0:44:48	34	55.20%	16	-0:01:03	26
Ruth Cottam	0:47:03	33	59.74%	21	+0:03:08	10
John Helliwell	0:47:37	23	54.74%	13	+0:47:37	4
Andy Stalley	0:48:01	22	51.63%	11	+0:07:53	8
Mandy Curtis	0:48:12	32	54.94%	14	-0:02:40	38
Alison Fox	0:48:37	31	57.09%	18	-0:03:04	39
Hannah Langmead-thorpe	0:49:34	30	48.82%	8	-0:02:29	37
Alex Helliwell	0:49:36	21	43.01%	2	-0:04:59	41
Grace Charley	0:49:51	29	50.16%	10	+0:49:51	3
Melvin Trundle	0:50:18	20	58.66%	20	-0:00:58	24
Karen Chart	0:50:33	28	50.12%	9	+0:02:18	14
Tim Gray	0:50:42	19	47.34%	6	+0:50:42	2
Suguna Kulasekaram	0:50:44	27	47.91%	7	-0:03:11	40
Rosa Constantinou	0:51:00	26	52.49%	12	-0:02:14	36
Maria Lawrence	0:58:45	25	46.09%	5	+0:58:45	1
Paul Cooper	0:58:49	18	39.25%	1	+0:09:16	7
Karen Weighall	1:01:45	24	43.85%	4	+0:02:09	15
Ria Trundle	1:04:07	23	55.86%	17	+0:03:05	11
Rupert Quested	1:06:05	17	43.61%	3	+0:05:23	9