



## 2019/20 Club Championship Races



1	Croydon Half Marathon 31st March (road)
2	Ewell Court 4 (ESL) (Road)
3	Richmond Half Marathon (SRL) 5th May (road) or any other road half in May, June or July
4	Wimbledon Trail Series 1st May (off-road)
5	Sutton 10km (SRL) 19th May (road)
6	Any Near-as-damn-it 10km 30th May, 27th June & 25th July (off-road)
7	Dorking 10 miles (SRL) 2nd June (road)
8	Any Recurring Handicap Race Jun / Sep / Dec / Mar (road)
9	Tour of Parkruns – 1 3rd June
10	Tour of Parkruns – 2 4th June
11	Tour of Parkruns – 3 5th June
12	Tour of Parkruns – 4 6th June
13	Tour of Parkruns – 5 7th June
14	Richmond 10km (SRL) 16th June (road)
15	Elmore 7 20th July (road)
16	Elmbridge 10 km (SRL) 21st July (road)
17	Wimbledon 5km (SRL) August (road)
18	Any September Road Marathon September (road)
19	The Andrew Griffin Mile September (TBC) (track)
20	Surrey County Relays September (Road)
21	Croydon Switchback September (TBC) (off-road)
22	East Sy Lge XC (ESL) – Lloyd Pk October (TBC) (off-road)
23	Surrey Cross-Country League October (2 races) (off-road)
24	Croydon 10km October (road)
25	Surrey Cross-Country League November & December (2 races) (off-road)
26	Tadworth 10 miles January (TBC) (road)
27	Surrey Cross-Country League January (2 races) (off-road)
28	Surrey Cross-Country League February (2 races) (off-road)
29	Valentines 10km February (TBC) (road)
30	Any Banstead Wood or Roundshaw Downs parkruns 7th, 14th, 21st, 28th & 30th March (off-road)

(SRL) = Surrey Road League event (ESL) = East Surrey League (TBC) = To Be Confirmed

Green shading denotes a race where 3 bonus points will be awarded for Age Graded and Handicap competitions

"Short" distance

"Long" distance

"Medium" distance