

Event 1	Croydon Half Marathon - Sunday, 30th March 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	01:21:57	40	78.36%	15	- 1.29	13
Olly Collis	01:28:51	39	66.65%	8	01:28:51	1
Andy Randall	01:29:28	38	68.41%	9	- 0.44	11
Richard Fox	01:31:25	37	70.83%	11	- 0.48	12
Lisa Rooney	01:32:37	40	71.55%	12	+ 4.03	7
Keith Dunning	01:33:23	36	71.70%	13	+ 4.46	6
Steve Cooney	01:35:50	35	66.46%	7	+ 3.15	9
Bill Walsh	01:37:03	34	69.58%	10	+ 8.10	3
Annette Helliwell	01:46:53	39	73.40%	14	- 3.14	15
Paul Cooper	02:10:36	33	47.24%	2	+ 1.56	10
Alison Fox	02:10:40	38	56.38%	6	+ 3.38	8
Jo Parsons	02:11:21	37	52.88%	4	+ 5.05	5
Karen Chart	02:15:48	36	49.80%	3	+ 7.04	4
Rupert Quested	02:21:33	32	54.78%	5	- 1.58	14
Alex Helliwell	02:55:26	31	33.75%	1	+ 39.59	2

Event 2	Dave Clarke 5km - Thursday, 1st May 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Mark Constantinou	00:18:16	40	80.74%	29	00:18:16	6
Gordon Hennessy	00:18:19	39	81.18%	31	- 0.41	19
Roger Bryant	00:18:26	38	76.91%	26	+ 0.35	10
Antony Constantinou	00:18:33	37	79.50%	28	00:18:33	5
Richard Fox	00:18:53	36	75.67%	24	- 1.19	23
Keith Dunning	00:19:03	35	77.42%	27	- 0.24	18
Chris Curtis	00:19:23	34	74.88%	23	- 0.10	16
Lisa Rooney	00:19:37	40	75.95%	25	00:19:37	4
Shaun Cooney	00:20:03	33	67.58%	18	- 0.02	14
Andy Stalley	00:20:53	32	70.06%	21	+ 0.29	9
Gary Thompson	00:21:41	31	65.90%	16	- 0.04	15
Ben Thompson	00:21:45	30	64.01%	14	- 2.31	29
Annette Helliwell	00:21:48	39	80.90%	30	- 1.45	25
Elaine Reid	00:22:29	38	70.01%	20	- 1.48	26
Shun-Lai Chan	00:22:42	37	69.35%	19	00:22:42	3
Adam Daly	00:25:21	29	51.99%	4	00:25:21	2
Prisca Andrews	00:26:02	36	59.11%	11	+ 0.25	8
Chloe Constantinou	00:26:29	35	58.52%	10	00:26:29	1
Melvin Trundley	00:26:34	28	65.60%	15	- 6.01	31
Paul Cooper	00:27:07	27	50.34%	2	+ 0.19	7
Tim Gray	00:27:08	26	52.25%	5	- 1.04	20
Chris Brooke	00:27:54	25	59.58%	13	- 0.23	17
Rupert Quested	00:28:38	24	59.12%	12	- 1.05	21
Mandy Curtis	00:28:56	34	54.89%	8	+ 0.36	11
Gill Stalley	00:29:19	33	57.19%	9	- 3.03	30
Trish Coombs	00:30:13	32	72.49%	22	+ 1.46	13
Karen Weighall	00:30:20	31	53.39%	7	+ 0.56	12
Maria Lawrence	00:30:22	30	53.33%	6	- 1.42	24
Ria Trundley	00:31:42	29	65.91%	17	- 2.05	27
Rosemary Egbe	00:32:27	28	51.03%	3	- 2.07	28
Alison Symonds-Tayler	00:41:22	27	43.77%	1	- 1.12	22

<i>Event 3</i>	Richmond Half Marathon - Sunday, 4th May 2014 (or any other road half marathon in May, June or July)	
Member	Championship	
	Best Time	Points
Roger Bryant	01:23:13	40
Keith Dunning	01:31:02	39
Andy Randall	01:35:01	38
Elaine Reid	01:48:40	40
Ruth Cottam	01:52:23	39
Prisca Andrews	01:58:20	38
Karen Chart	02:03:31	37
Paul Cooper	02:03:47	37
Tina Slaughter	02:06:46	36
Tim Gray	02:11:28	36
Marina Murdoch	02:13:12	35
Jude Wheeler	02:20:59	34
Jim Knight	02:27:17	35
Trish Coombs	02:33:04	33
Rosa Constantinou	02:33:20	32
Rosemary Egbe	02:42:38	31
Ria Trundley	02:44:19	30
Melvin Trundley	02:44:19	34
Thomas Wilkie	02:45:09	33
Cristina Labung	03:12:05	29
Kate Knight	03:45:27	28

<i>Event 3a</i>	Richmond Half Marathon - Sunday, 4th May 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	01:23:13		77.16%	7	+ 0.16	3
Keith Dunning	01:31:02		73.55%	6	+ 1.12	2
Andy Randall	01:35:01		64.42%	3	+ 5.04	1
Elaine Reid	01:48:40		64.44%	4	- 6.24	6
Ruth Cottam	01:52:23		65.55%	5	- 2.20	4
Prisca Andrews	01:58:20		57.85%	2	- 5.10	5
Paul Cooper	02:03:47		49.84%	1	- 6.46	7

<i>Event 3b</i>	Milton Keynes Half Marathon - Monday, 5th May 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Rosemary Egbe	02:42:38		45.29%	2	- 3.02	2
Thomas Wilkie	02:45:09		44.74%	1	+ 13.41	1

<i>Event 3c</i>	Edinburgh Half Marathon - Sunday, 25th May 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Karen Chart	02:03:31		55.07%	1	- 8.59	3
Marina Murdoch	02:13:12		55.30%	2	- 8.40	2
Trish Coombs	02:33:04		63.65%	3	+ 21.29	1

<i>Event 3d</i>	Marafun Half Marathon - Saturday, 17th May 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Tina Slaughter	02:15:27		52.65%	3	02:15:27	1
Rosa Constantinou	02:37:01		45.42%	2	+ 14.56	3
Cristina Labung	03:12:05		34.27%	1	+ 35.55	2

<i>Event 3e</i>	Amersfoort Half Marathon - Saturday, 15th June 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Rosa Constantinou	02:33:20		46.51%	1	+ 7.03	1

<i>Event 3f</i>	Hackney Half Marathon - Saturday, 22nd June 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Tim Gray	02:11:28		48.84%	1	02:11:28	1

<i>Event 3g</i>	Midnight Sun Half Marathon - Monday, 23rd June 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Melvin Trundley	02:44:19		48.63%	1	+ 6.10	2
Ria Trundley	02:44:19		56.56%	2	+ 6.10	2

<i>Event 3h</i>	Humber Bridge Half Marathon - Sunday, 29th June 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Jude Wheeler	02:20:59		46.71%	1	02:20:59	1

<i>Event 3i</i>	Caterham Rotary Half Marathon - Sunday, 20th July 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Tina Slaughter	02:06:46		56.25%	3	- 8.41	3
Jim Knight	02:27:17		48.79%	2	+ 12.01	2
Kate Knight	03:45:27		34.80%	1	+ 30.38	1

Event 4	Sutton 10km - Sunday, 11th May 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	00:37:45	40	78.17%	29	+ 0.46	12
Olly Collis	00:37:58	39	70.72%	24	- 5.07	31
Gordon Hennessy	00:38:01	38	81.40%	32	- 0.53	25
Mark Constantinou	00:38:09	37	80.46%	31	- 0.01	19
Richard Fox	00:40:01	36	74.32%	27	+ 0.22	14
Tony Trundley	00:40:31	35	74.56%	28	- 0.29	23
Chris Curtis	00:41:22	34	73.03%	26	- 0.13	20
Alex Magee	00:42:03	33	63.85%	15	- 0.16	21
Lisa Rooney	00:43:06	40	70.85%	25	+ 0.55	11
Annette Helliwell	00:45:09	39	80.06%	30	+ 0.06	16
Dave Condon	00:45:19	32	59.72%	10	+ 1.56	7
Jenny Cooney	00:45:46	38	67.73%	21	+ 1.01	10
Nigel Pointer	00:46:56	31	69.31%	23	- 2.54	28
Jonathan Sharrock	00:47:15	30	61.04%	12	- 1.02	26
Elaine Reid	00:48:46	37	66.16%	20	+ 0.04	17
Nicola Stevenson	00:48:52	36	62.68%	14	+ 0.02	18
Shun-Lai Chan	00:48:48	35	66.11%	19	00:48:48	3
John Helliwell	00:50:14	29	64.21%	18	+ 0.25	13
Alison Fox	00:54:52	34	61.86%	13	- 0.45	24
Marina Murdoch	00:56:21	33	60.23%	11	- 5.16	32
Melvin Trundley	00:56:37	28	64.07%	16	+ 0.16	15
Karen Chart	00:57:55	32	54.12%	8	- 0.20	22
Jim Knight	00:59:59	27	54.70%	9	+ 1.04	9
Jude Wheeler	01:00:54	31	49.82%	4	01:00:54	2
Rosa Constantinou	01:01:44	30	53.22%	7	- 2.16	27
Chloe Constantinou	01:03:25	29	50.11%	5	+ 4.39	5
Trish Coombs	01:04:53	28	69.19%	22	+ 5.56	4
Ria Trundley	01:06:46	27	64.13%	17	- 4.02	30
John Allen	01:08:55	26	52.09%	6	+ 1.05	8
Rosemary Egbe	01:09:46	26	48.65%	3	- 3.58	29
Cristina Labung	01:15:58	25	39.93%	1	01:15:58	1
Kate Knight	01:26:37	24	41.73%	2	+ 3.43	6

Event 5	Dorking 10 Miles - Sunday, 1st June 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	01:01:54	40	78.16%	23	- 1.21	20
Gordon Hennessy	01:02:22	39	81.50%	26	-3.46	22
Mark Constantinou	01:02:28	38	80.69%	25	01:02:28	8
Richard Fox	01:08:20	37	71.95%	22	+ 0.28	16
Mike Mason	01:08:29	36	65.97%	17	+ 1.27	15
Chris Curtis	01:10:46	35	70.05%	20	01:10:46	7
Annette Helliwell	01:15:01	40	79.96%	24	- 14.56	26
Nigel Pointer	01:17:20	34	69.23%	19	- 1.09	19
Jenny Cooney	01:17:18	39	65.69%	16	- 5.37	24
Anita Hedges	01:18:21	38	66.90%	18	01:18:21	6
Jonathan Sharrock	01:21:42	33	57.82%	8	01:21:42	5
Elaine Reid	01:21:51	37	64.56%	14	- 7.10	25
Nicola Stevenson	01:23:45	36	59.90%	10	+ 2.38	14
Shun-Lai Chan	01:23:23	35	63.37%	13	01:23:23	4
Ruth Cottam	01:25:13	34	65.24%	15	- 0.20	18
Alison Fox	01:30:08	33	61.68%	11	- 5.27	23
Melvin Trundle	01:34:47	32	63.22%	12	01:34:47	3
Prisca Andrews	01:35:03	32	54.35%	6	+ 6.52	10
Marina Murdoch	01:38:26	31	56.48%	7	+ 0.27	17
Karen Chart	01:41:20	30	50.66%	5	+ 4.33	12
Trish Coombs	01:44:52	29	70.12%	21	+ 4.27	13
Jim Knight	01:50:16	31	48.98%	4	+ 6.17	11
Ria Trundle	01:59:35	28	58.65%	9	01:59:35	2
Maria Lawrence	02:00:27	27	45.13%	3	02:00:27	1
Harriet Archer	02:12:02	26	40.38%	2	- 3.28	21
Kate Knight	02:35:58	25	37.96%	1	+ 18.58	9

Event 6a	1st Near-As-Damn-It - Thursday, 29th May 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Robert Knight	00:39:58		67.18%	17	+ 1.27	13
Roger Bryant	00:41:09		71.71%	22	+ 0.07	16
Mark Constantinou	00:42:21		72.48%	24	+ 0.14	15
Antony Constantinou	00:42:35		72.09%	23	- 1.11	19
Richard Fox	00:43:59		68.15%	18	+ 1.08	14
Chris Curtis	00:44:10		68.40%	19	- 0.07	17
Bill Walsh	00:44:55		68.90%	20	+ 1.29	12
Keith Dunning	00:46:57		65.38%	16	+ 2.35	9
Andy Stalley	00:47:11		64.54%	13	+ 1.56	10
Mary James	00:47:35		65.15%	15	00:47:35	1
Cat Gaskell	00:49:04		62.09%	12	- 7.29	24
Annette Helliwell	00:51:51		70.63%	21	- 4.42	23
Elaine Reid	00:55:20		58.31%	11	- 0.13	18
Alison Fox	00:59:10		57.37%	10	- 3.40	21
Karen Chart	01:05:37		47.77%	6	+ 1.42	11
Tim Gray	01:06:22		44.46%	4	- 3.09	20
Mandy Curtis	01:06:40		48.82%	8	+ 5.11	6
Douglas Josham	01:07:06		40.67%	1	+ 2.38	8
Rupert Quested	01:07:55		52.36%	9	+ 4.20	7
Paul Cooper	01:08:35		41.42%	2	+ 7.58	3
Trish Coombs	01:09:32	64.56%	14	+ 5.58	5	
Rosa Constantinou	01:11:13	46.14%	5	+ 6.45	4	
Gill Stalley	01:11:47	47.87%	7	- 4.12	22	
Karen Weighall	01:19:44	41.63%	3	+ 8.31	2	

Event 7	Tour of Epsom - Horton Country Park - Monday, 9th June 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Olly Collis	00:18:45	40	71.02%	17	- 2.49	24
Roger Bryant	00:18:54	39	77.44%	24	+ 0.12	23
Gordon Hennessy	00:19:25	38	79.05%	25	- 0.19	17
Richard Fox	00:19:34	37	75.97%	23	- 0.16	21
Andy Randall	00:20:23	36	68.62%	14	00:20:23	22
Bill Walsh	00:20:26	35	75.12%	22	+ 0.14	19
Simon Donaghy	00:20:28	34	73.80%	20	00:20:28	5
Keith Dunning	00:20:29	33	74.33%	21	+ 1.17	8
Chris Curtis	00:20:37	32	72.67%	19	+ 0.19	13
Andy Stalley	00:21:33	31	70.09%	16	+ 0.26	16
Tom Curtis	00:23:22	30	62.69%	12	00:23:22	4
Elaine Reid	00:23:38	40	68.71%	15	- 2.54	25
Jonathan Sharrock	00:24:03	29	59.47%	9	00:24:03	3
Ruth Cottam	00:25:39	39	66.60%	13	- 0.28	18
Harry Bryant	00:26:14	28	55.84%	4	00:26:14	2
Prisca Andrews	00:27:19	38	58.11%	7	+ 1.57	12
Karen Chart	00:27:41	37	56.98%	6	+ 0.56	10
Alison Fox	00:27:55	36	61.19%	11	+ 0.31	9
Marina Murdoch	00:28:40	35	59.59%	10	00:28:40	1
Douglas Josham	00:30:46	27	43.99%	2	+ 3.30	6
Rupert Quested	00:30:58	26	56.96%	5	+ 0.02	14
Trish Coombs	00:31:14	34	72.34%	18	+ 2.29	11
Maggie Swinnerton	00:31:54	33	59.34%	8	+ 0.06	15
Gill Stalley	00:32:00	32	54.01%	3	+ 0.14	20
Alison Symonds-Taylor	00:46:37	31	40.07%	1	00:46:37	7

Event 8	Tour of Epsom - Nonsuch Park - Tuesday, 10th June 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Olly Collis	00:21:29	40	72.30%	23	00:21:29	9
Roger Bryant	00:21:55	39	77.89%	30	- 0.18	24
Mark Constantinou	00:22:19	38	79.57%	31	00:22:19	8
Gordon Hennessy	00:22:21	37	80.11%	32	- 0.18	24
Richard Fox	00:22:43	36	76.33%	29	- 0.21	25
Keith Dunning	00:23:39	35	75.09%	28	+ 0.26	15
Andy Randall	00:23:41	34	68.89%	21	- 0.18	24
Bill Walsh	00:24:24	33	73.38%	27	+ 0.09	17
Simon Donaghy	00:24:04	32	73.20%	25	00:24:04	7
Chris Curtis	00:24:07	31	72.47%	24	- 0.11	19
Andy Stalley	00:24:59	30	70.52%	22	+ 0.20	16
Tom Curtis	00:26:45	29	63.87%	16	00:26:45	6
Jenny Cooney	00:27:10	40	66.71%	18	- 0.06	18
Elaine Reid	00:28:03	39	67.24%	20	- 2.19	31
Shun-Lai Chan	00:29:15	38	64.48%	17	00:29:15	5
Ruth Cottam	00:29:34	37	67.11%	19	- 0.14	21
Harry Bryant	00:30:15	28	56.48%	9	00:30:15	4
Karen Chart	00:31:37	36	57.95%	11	- 0.14	21
Alison Fox	00:31:53	35	62.24%	15	- 0.50	26
Prisca Andrews	00:32:13	34	57.24%	10	+ 1.48	12
Marina Murdoch	00:32:57	33	60.22%	14	00:32:57	3
Mandy Curtis	00:35:13	32	54.03%	7	00:35:13	2
Rupert Quested	00:35:26	27	58.06%	12	+ 0.31	14
Trish Coombs	00:35:50	31	73.24%	26	+ 1.46	13
Gill Stalley	00:36:11	30	55.52%	8	- 0.57	27
Maggie Swinnerton	00:37:10	29	59.16%	13	- 2.39	32
Maria Lawrence	00:37:31	28	51.72%	6	- 1.39	29
Karen Weighall	00:39:48	27	48.75%	4	- 1.01	28
Rosemary Egbe	00:40:37	26	48.85%	5	- 1.48	30
Nicola Tarrant	00:42:16	25	41.97%	2	00:42:16	1
Karen Kirkby	00:43:22	24	43.14%	3	+ 4.23	10
Alison Symonds-Tayler	00:54:10	23	40.05%	1	+ 3.29	11

Event 9	Tour of Epsom - Hogsmill - Wednesday, 11th June 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Olly Collis	00:20:08	40	71.19%	18	- 4.12	25
Roger Bryant	00:20:39	39	76.28%	24	- 0.10	17
Gordon Hennessy	00:21:17	38	77.62%	25	- 0.18	19
Richard Fox	00:21:32	37	74.31%	23	+ 0.09	15
Andy Randall	00:21:57	36	68.59%	16	00:21:57	13
Keith Dunning	00:22:32	35	72.72%	22	00:22:32	12
Chris Curtis	00:22:32	34	71.57%	19	- 0.16	18
Simon Donaghy	00:22:34	33	72.04%	20	00:22:34	11
Andy Stalley	00:23:17	32	69.82%	17	+ 0.07	16
Tom Curtis	00:25:03	31	62.94%	11	00:25:03	10
Jenny Cooney	00:25:19	40	66.20%	14	- 0.42	23
Anita Hedges	00:25:41	39	67.36%	15	00:25:41	9
Jonathan Sharrock	00:25:44	30	59.83%	9	00:25:44	8
Elaine Reid	00:26:21	38	66.20%	13	- 1.42	24
Harry Bryant	00:28:32	29	55.26%	4	00:28:32	7
Ruth Cottam	00:28:35	37	64.20%	12	- 0.33	21
Prisca Andrews	00:29:43	36	57.39%	6	00:29:43	6
Alison Fox	00:29:55	35	61.34%	10	00:29:55	5
Karen Chart	00:30:14	34	56.05%	5	- 0.42	23
Marina Murdoch	00:30:56	33	59.32%	8	00:30:56	4
Rupert Quested	00:32:44	28	58.00%	7	- 0.30	20
Trish Coombs	00:33:33	31	72.34%	21	00:33:33	3
Gill Stalley	00:34:29	30	53.87%	3	00:34:29	2
Rosemary Egbe	00:40:55	29	44.85%	2	+ 1.53	14
Alison Symonds-Taylor	00:52:10	28	38.46%	1	00:52:10	1

Event 10	Tour of Epsom - Nonsuch Park - Thursday, 12th June 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	00:15:23	40	74.66%	27	- 0.08	18
Mark Constantinou	00:15:35	39	76.66%	28	00:15:35	8
Richard Fox	00:16:05	38	72.53%	24	- 0.13	20
Gordon Hennessy	00:16:09	37	74.58%	26	- 0.06	17
Andy Randall	00:16:26	36	66.79%	19	- 0.57	24
Chris Curtis	00:16:43	35	70.33%	22	+ 0.03	16
Keith Dunning	00:16:44	34	71.40%	23	00:16:44	7
Simon Donaghy	00:16:57	33	69.92%	21	00:16:57	6
Andy Stalley	00:17:24	32	68.12%	20	- 0.26	22
Tom Curtis	00:18:41	31	61.52%	10	- 0.17	21
Nicola Stevenson	00:18:50	40	64.17%	15	+ 0.11	15
Anita Hedges	00:19:30	39	65.56%	18	00:19:30	5
Harry Bryant	00:19:53	30	57.81%	7	00:19:53	4
Martin Lloyd	00:19:53	29	62.09%	12	+ 3.24	9
Elaine Reid	00:20:04	38	64.39%	16	- 1.08	26
Shun-Lai Chan	00:20:55	37	61.77%	11	00:20:55	3
Ruth Cottam	00:21:12	36	64.74%	17	- 0.10	19
Alison Fox	00:22:24	35	61.27%	9	- 0.28	23
Karen Chart	00:22:41	34	54.88%	6	+ 0.32	13
Marina Murdoch	00:22:55	33	59.89%	8	00:22:55	2
Prisca Andrews	00:23:11	32	54.13%	5	+ 2.01	11
Trish Coombs	00:25:05	31	73.16%	25	+ 0.27	14
Rupert Quested	00:25:12	28	64.07%	14	+ 1.41	12
Gill Stalley	00:25:59	30	62.72%	13	- 1.32	27
Rosemary Egbe	00:28:27	29	53.49%	4	- 1.00	25
Karen Weighall	00:28:52	28	48.24%	3	00:28:52	1
Karen Kirkby	00:30:35	27	46.37%	2	- 1.48	28
Alison Symonds-Taylor	00:38:45	26	41.80%	1	+ 3.04	10

Event 11	Tour of Epsom - NESCOT - Friday, 13th June 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	00:19:12	40	76.23%	21	00:19:12	22
Gordon Hennessy	00:19:15	39	79.73%	22	00:19:15	21
Richard Fox	00:19:43	38	75.40%	20	00:19:43	20
Andy Randall	00:20:48	37	67.24%	14	00:20:48	19
Chris Curtis	00:20:57	36	71.52%	17	00:20:57	18
Keith Dunning	00:21:01	35	72.44%	19	00:21:01	17
Simon Donaghy	00:21:04	34	71.69%	18	00:21:04	16
Andy Stalley	00:22:03	33	68.50%	15	00:22:03	15
Tom Curtis	00:23:40	32	61.89%	9	00:23:40	14
Elaine Reid	00:25:11	40	64.48%	13	00:25:11	13
Shun-Lai Chan	00:25:39	39	63.30%	11	00:25:39	12
Harry Bryant	00:26:12	31	55.91%	6	00:26:12	11
Ruth Cottam	00:26:33	38	64.34%	12	00:26:33	10
Alison Fox	00:27:06	37	63.04%	10	00:27:06	9
Prisca Andrews	00:29:05	36	54.58%	5	00:29:05	8
Marina Murdoch	00:29:19	35	58.27%	8	00:29:19	7
Karen Chart	00:29:46	34	52.99%	4	00:29:46	6
Rupert Quested	00:31:08	30	56.65%	7	00:31:08	5
Trish Coombs	00:32:32	33	69.45%	16	00:32:32	4
Gill Stalley	00:33:22	32	51.83%	3	00:33:22	3
Karen Weighall	00:38:16	31	43.65%	2	00:38:16	2
Alison Symonds-Tayler	00:48:52	30	38.22%	1	00:48:52	1

Event 12	Richmond 10km - Sunday, 22nd June 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	00:37:40	40	78.34%	15	+ 0.33	5
Mark Constantinou	00:38:03	39	80.67%	17	- 0.07	11
Gordon Hennessy	00:38:09	38	81.12%	18	- 0.27	12
Antony Constantinou	00:38:59	37	78.74%	16	00:38:59	1
Simon Donaghy	00:40:03	36	76.04%	14	- 2.24	16
Cat Gaskell	00:46:39	40	65.30%	8	- 8.42	18
Nigel Pointer	00:47:21	35	68.70%	12	- 0.55	13
Elaine Reid	00:48:39	39	66.32%	10	+ 0.02	10
Richard Tanner	00:49:06	34	62.52%	6	+ 0.04	9
Shun-Lai Chan	00:49:11	38	65.60%	9	+ 0.23	7
Ruth Cottam	00:50:18	37	67.48%	11	- 1.57	15
Alison Fox	00:53:33	36	63.38%	7	- 1.30	14
Karen Chart	00:54:22	35	57.65%	5	- 4.10	17
Prisca Andrews	00:57:03	34	55.29%	4	+ 3.16	3
Douglas Josham	01:03:10	33	43.20%	1	+ 0.15	8
Trish Coombs	01:03:27	33	70.75%	13	+ 0.29	6
Rosa Constantinou	01:03:32	32	51.72%	3	+ 0.41	4
Rosemary Egbe	01:16:10	31	44.56%	2	+ 4.23	2

Event 6b	2nd Near-As-Damn-It - Thursday, 26th June 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	00:40:28		72.92%	18	- 0.19	7
Keith Dunning	00:43:22		70.78%	16	- 2.05	12
Ercole Lugari	00:44:53		62.83%	11	- 3.10	13
Andy Stalley	00:45:00		67.67%	15	- 1.08	10
Jenny Cooney	00:47:46		64.90%	14	- 4.08	16
Shaun Cooney	00:49:24		57.51%	7	+ 1.11	4
Anita Hedges	00:49:34		64.56%	13	00:49:34	2
Nicola Stevenson	00:50:15		60.95%	8	- 0.58	9
Shun-Lai Chan	00:50:26		63.97%	12	00:50:26	1
Elaine Reid	00:51:43		62.38%	10	- 3.41	15
Ruth Cottam	00:55:20		61.34%	9	- 0.31	8
Karen Chart	00:59:31		52.66%	5	- 4.58	17
Prisca Andrews	01:00:25		52.21%	4	+ 2.32	3
Tim Gray	01:01:37		47.89%	2	- 6.22	18
Trish Coombs	01:03:18		70.92%	17	- 1.16	11
Mandy Curtis	01:04:14		50.67%	3	+ 0.10	6
Gill Stalley	01:04:17		53.45%	6	- 3.15	14
Karen Weighall	01:14:55		44.30%	1	+ 0.52	5

Event 13	Nonsuch Park Relays - Wednesday, 2nd July 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	00:10:29	40	76.88%	21	+ 0.05	10
Gordon Hennessy	00:10:48	39	78.26%	23	- 0.06	14
Mark Constantinou	00:10:52	38	77.15%	22	- 0.08	16
Chris Curtis	00:10:59	37	75.12%	18	- 0.03	13
Antony Constantinou	00:11:06	36	75.53%	19	00:11:06	5
Alex Magee	00:11:09	35	65.77%	11	+ 0.17	8
Simon Donaghy	00:11:15	34	73.93%	17	- 1.02	19
Keith Dunning	00:11:29	33	73.01%	16	+ 0.09	9
Andy Stalley	00:11:58	32	69.50%	13	+ 0.03	11
Tom Curtis	00:12:05	31	65.50%	10	- 1.14	21
Jenny Cooney	00:12:21	40	69.78%	15	- 1.37	23
Martin Lloyd	00:12:25	30	69.77%	14	+ 1.04	7
Jonathan Sharrock	00:12:55	29	60.98%	8	00:12:55	4
Harry Bryant	00:13:19	28	60.58%	7	00:13:19	3
Nigel Pointer	00:13:27	27	66.06%	12	-1.04	20
Jerry Sinfield	00:15:17	26	49.62%	1	00:15:17	2
Thomas Wilkie	00:15:55	25	57.79%	5	+ 1.11	6
Marina Murdoch	00:15:56	39	61.51%	9	00:15:56	1
Chloe Constantinou	00:16:04	38	54.47%	4	- 0.31	18
Gill Stalley	00:16:11	37	60.56%	6	- 0.18	17
Trish Coombs	00:16:56	36	76.39%	20	- 0.02	12
Rosa Constantinou	00:17:19	35	53.85%	3	- 1.15	22
Maria Lawrence	00:17:39	34	53.48%	2	- 0.08	16

Event 14	Elmore 7 - Saturday, 19th July 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Robert Knight	00:43:42	40	69.64%	13	+ 2.31	13
Mark Constantinou	00:45:20	39	76.52%	17	00:45:20	9
Antony Constantinou	00:46:17	38	74.95%	16	00:46:17	8
Simon Donaghy	00:47:26	37	72.55%	15	00:47:26	7
Andy Randall	00:49:31	36	64.91%	11	- 0.19	15
Keith Dunning	00:49:39	35	69.87%	14	+ 2.02	14
Mike Mason	00:49:39	34	63.37%	10	00:49:39	6
Andy Stalley	00:51:29	33	66.85%	12	+ 5.08	12
John Helliwell	01:02:30	32	58.32%	9	01:02:30	5
Alex Helliwell	01:09:33	31	43.76%	3	01:09:33	4
Karen Chart	01:09:41	40	50.94%	6	- 5.56	16
Paul Booth	01:10:49	30	53.29%	7	01:10:49	3
Tim Gray	01:10:55	29	47.41%	4	01:10:55	2
Maria Lawrence	01:19:13	39	47.60%	5	- 10.26	17
Rosa Constantinou	01:27:39	38	42.56%	2	01:27:39	1
Rob Wilson	01:31:34	28	53.82%	8	+ 16.31	10
Kate Knight	01:41:17	37	40.71%	1	+ 6.04	11

Event 15	Elmbridge 10km - Sunday, 20th July 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	00:37:49	40	78.03%	16	- 0.22	11
Gordon Hennessy	00:38:10	39	81.08%	17	- 0.20	10
Richard Fox	00:39:10	38	76.53%	14	- 0.10	8
Tony Trundley	00:39:17	37	76.90%	15	- 1.35	14
Simon Donaghy	00:41:17	36	73.76%	13	+ 0.09	4
Chris Curtis	00:41:37	35	72.59%	12	+ 0.05	6
Jenny Cooney	00:45:06	40	68.74%	11	- 0.07	7
Nigel Pointer	00:47:50	34	68.01%	10	- 0.44	12
Elaine Reid	00:48:17	39	66.82%	9	- 0.19	9
Jonathan Sharrock	00:48:20	33	59.67%	7	+ 0.05	6
Richard Tanner	00:52:03	32	58.97%	6	- 3.57	16
Alison Fox	00:53:31	38	63.42%	8	- 0.46	13
Rachel Tanner	00:55:29	37	58.67%	5	- 2.33	15
Douglas Josham	00:55:46	31	48.93%	2	- 7.12	17
Karen Chart	00:58:13	36	53.84%	4	+ 1.45	2
Mandy Curtis	01:00:31	35	53.79%	3	+ 1.20	3
Rosemary Egbe	01:15:03	34	45.22%	1	+ 1.53	1

Event 6c	3rd Near-As-Damn-It - Thursday, 31st July 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Robert Knight	00:38:53		69.05%	14	+ 0.22	5
Gordon Hennessy	00:41:18		74.93%	17	- 1.28	11
Antony Constantinou	00:41:36		73.79%	16	- 1.36	12
Keith Dunning	00:43:53		69.95%	15	- 2.09	13
Alex Magee	00:43:56		61.12%	8	00:43:56	1
Chris Curtis	00:44:31		67.86%	12	+ 0.16	6
Andy Stalley	00:44:43		68.10%	13	-1.28	11
Jenny Cooney	00:48:44		63.61%	11	- 7.01	17
Shun-Lai Chan	00:51:12		63.01%	10	+ 0.46	3
Elaine Reid	00:52:37		61.32%	9	- 0.48	8
Tim Gray	01:01:45		48.16%	3	- 4.05	16
Karen Chart	01:02:09		50.43%	4	- 2.45	14
Mandy Curtis	01:03:54		50.94%	5	- 0.14	7
Gill Stalley	01:05:58		52.09%	7	- 1.17	9
Rupert Quested	01:08:25		51.98%	6	+ 3.56	2
Maria Lawrence	01:11:49		46.22%	2	- 3.23	15
Karen Weighall	01:18:05		42.51%	1	+ 0.45	4

Event 6	Near-As-Damn-It - Championship Points				
Member	May	June	July	Best Time	Points
Robert Knight	00:39:58		00:38:53	00:38:53	40
Roger Bryant	00:41:09	00:40:28		00:40:28	39
Gordon Hennessy			00:41:18	00:41:18	38
Antony Constantinou	00:42:35		00:41:36	00:41:36	37
Mark Constantinou	00:42:21			00:42:21	36
Keith Dunning	00:46:57	00:43:22	00:43:53	00:43:22	35
Alex Magee			00:43:56	00:43:56	34
Richard Fox	00:43:59			00:43:59	33
Chris Curtis	00:44:10		00:44:31	00:44:10	32
Andy Stalley	00:47:11	00:45:00	00:44:43	00:44:43	31
Ercole Lugari		00:44:53		00:44:53	30
Bill Walsh	00:44:55			00:44:55	29
Mary James	00:47:35			00:47:35	40
Jenny Cooney		00:47:46	00:48:44	00:47:46	39
Cat Gaskell	00:49:04			00:49:04	38
Shaun Cooney		00:49:24		00:49:24	28
Anita Hedges		00:49:34		00:49:34	37
Nicola Stevenson		00:50:15		00:50:15	36
Shun-Lai Chan		00:50:26	00:51:12	00:50:26	35
Elaine Reid	00:55:20	00:51:43	00:52:37	00:51:43	34
Annette Helliwell	00:51:51			00:51:51	33
Ruth Cottam		00:55:20		00:55:20	32
Alison Fox	00:59:10			00:59:10	31
Karen Chart	01:05:37	00:59:31	01:02:09	00:59:31	30
Prisca Andrews		01:00:25		01:00:25	29
Tim Gray	01:06:22	01:01:37	01:01:45	01:01:37	27
Trish Coombs	01:09:32	01:03:18		01:03:18	28
Mandy Curtis	01:06:40	01:04:14	01:03:54	01:03:54	27
Gill Stalley	01:11:47	01:04:17	01:05:58	01:04:17	26
Douglas Josham	01:07:06			01:07:06	26
Rupert Quested	01:07:55		01:08:25	01:07:55	25
Paul Cooper	01:08:35			01:08:35	24
Rosa Constantinou	01:11:13			01:11:13	25
Maria Lawrence			01:11:49	01:11:49	24
Karen Weighall	01:19:44	01:14:55	01:18:05	01:14:55	23

<i>Event 16</i>	Wimbledon 5km - Sunday, 17th August 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	00:18:34	40	76.96%	13	- 0.06	11
Gordon Hennessy	00:18:50	39	79.59%	15	+ 0.03	9
Mark Constantinou	00:18:53	38	78.10%	14	+ 0.37	7
Antony Constantinou	00:19:21	37	76.22%	12	+ 0.43	6
Keith Dunning	00:20:24	36	72.29%	11	+ 0.59	5
Lisa Rooney	00:20:47	40	71.90%	10	+ 1.10	4
Jenny Cooney	00:21:15	39	71.18%	9	+ 0.12	8
Elaine Reid	00:23:06	38	68.14%	8	- 0.08	12
Shun-Lai Chan	00:23:36	37	66.70%	7	- 0.06	11
Harry Bryant	00:24:07	35	58.84%	6	- 0.59	14
Evie Odej	00:27:30	36	53.88%	3	- 0.47	13
Karen Chart	00:28:13	35	54.20%	4	+ 2.08	3
Gill Stalley	00:28:51	34	58.11%	5	- 1.41	15
Chloe Constantinou	00:30:32	33	50.76%	1	+ 4.03	2
Rosa Constantinou	00:30:57	32	51.80%	2	00:30:57	1

<i>Event 17a</i>	Highland Perthshire Marathon - Saturday, 6th September 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ercole Lugari	03:28:59		60.75%	1	- 27.52	1

<i>Event 17b</i>	Kent Coastal Marathon - Sunday, 7th September 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Andy Randall	03:29:41		61.05%	4	+ 2.44	4
Andy Stalley	03:49:58		60.64%	3	+ 11.45	3
Steve Cooney	04:00:41		54.99%	2	+ 26.22	2
Paul Cooper	05:31:33		38.93%	1	+ 42.27	1

<i>Event 17c</i>	In Flanders Field Marathon - Sunday, 14th September 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Rupert Queded	05:18:20		51.67%	1	+ 3.20	1

Event 17d	Nottingham Marathon - Sunday, 28th September 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Ercole Lugari	03:30:40		60.26%	4	- 18.08	4
Annette Helliwell	03:44:40		76.54%	5	- 22.26	5
Andy Stalley	03:57:11		58.80%	2	+ 10.28	2
John Helliwell	04:09:24		59.66%	3	+ 0.14	3
Paul Cooper	05:19:17		40.42%	1	+ 18.48	1

Event 17	September Marathon					
Member	Highland Perthshire Marathon	Kent Coastal Marathon	In Flanders Field Marathon	Nottingham Marathon	Best Time	Points
Ercole Lugari	03:28:59			03:30:40	03:28:59	40
Andy Randall		03:29:41			03:29:41	39
Annette Helliwell				03:44:40	03:44:40	40
Andy Stalley		03:49:58		03:57:11	03:49:58	38
Steve Cooney		04:00:41			04:00:41	37
John Helliwell				04:09:24	04:09:24	36
Rupert Quested			05:18:20		05:18:20	35
Paul Cooper		05:31:33		05:19:17	05:19:17	34

Event 18	Andrew Griffin Mile - Wednesday, 18th September 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	00:05:14	40	78.52%	31	- 0.08	22
Mark Constantinou	00:05:22	39	79.03%	32	- 0.02	20
Gordon Hennessy	00:05:23	38	80.08%	33	- 0.03	21
Tony Trundley	00:05:25	37	77.06%	29	- 0.11	23
Antony Constantinou	00:05:35	36	75.97%	28	00:05:35	11
Lisa Rooney	00:05:40	40	75.30%	27	00:05:40	10
Richard Fox	00:05:44	35	72.24%	25	- 0.02	20
Shaun Cooney	00:05:54	34	66.53%	17	+ 0.04	18
Steve Cooney	00:06:00	33	67.44%	19	+ 0.04	18
Chris Curtis	00:06:03	32	68.99%	21	+ 0.22	14
Martin Lloyd	00:06:05	31	72.05%	24	+ 0.04	18
Nigel Wood	00:06:06	30	74.32%	26	00:06:06	9
Jenny Cooney	00:06:07	39	71.15%	23	00:06:07	8
Dave Condon	00:06:08	29	60.96%	12	- 0.21	27
Andy Stalley	00:06:13	28	68.23%	20	00:06:13	7
Tom Curtis	00:06:17	27	63.72%	14	- 1.19	29
Shun-Lai Chan	00:06:45	38	69.40%	22	00:06:45	6
Annette Helliwell	00:06:52	37	77.49%	30	- 0.15	25
Harry Bryant	00:06:55	26	59.00%	9	- 0.19	26
Elaine Reid	00:07:11	36	64.45%	15	- 0.12	24
Tim Gray	00:07:32	25	54.55%	6	- 2.24	33
Alison Fox	00:07:41	35	64.85%	16	- 0.29	28
Chris Brooke	00:07:57	24	60.13%	11	+ 0.21	15
Melvin Trundley	00:07:59	23	62.78%	13	00:07:59	5
Gill Stalley	00:08:21	34	59.67%	10	00:08:21	4
Jude Wheeler	00:08:30	33	49.39%	5	+ 0.25	12
Rosemary Egbe	00:08:33	32	57.54%	8	- 1.33	30
Rosa Constantinou	00:08:39	31	54.81%	7	00:08:39	3
Ria Trundley	00:09:26	30	67.38%	18	00:09:26	2
Dominic Fox	00:09:46	22	43.79%	3	- 1.36	31
Maria Lawrence	00:09:51	29	48.73%	4	+ 0.24	13
Karen Kirkby	00:10:45	28	42.56%	1	- 1.38	32
Harriet Archer	00:11:06	27	42.72%	2	00:11:06	1

<i>Event 19</i>	Croydon Switchback 5 - Sunday, 28th September 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Roger Bryant	00:31:48	40	70.36%	11	+ 0.15	10
Mark Constantinou	00:31:50	39	72.55%	13	00:31:50	4
Gordon Hennessy	00:31:53	38	73.62%	14	- 0.56	13
Antony Constantinou	00:32:42	37	70.62%	12	- 1.26	14
Martin Lloyd	00:34:27	36	69.27%	10	+ 0.08	11
Steve Cooney	00:37:13	35	59.20%	6	+ 2.30	6
Jenny Cooney	00:37:13	40	64.71%	9	- 0.10	12
Dave Condon	00:40:06	34	50.77%	4	+ 1.36	7
Shun-Lai Chan	00:40:47	39	62.01%	8	00:40:47	3
Ruth Cottam	00:43:43	38	60.32%	7	+ 0.28	9
Mandy Curtis	00:48:17	37	52.38%	5	00:48:17	2
Evie Odej	00:48:53	36	48.26%	3	00:48:53	1
Rosa Constantinou	00:54:14	35	47.07%	2	+ 3.34	5
Maria Lawrence	00:55:32	34	46.44%	1	+ 0.29	8

<i>Event 20</i>	No event 20 was included in the nominated race list					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points

<i>Event 21(a)</i>	Surrey Cross Country League - Saturday, 11th October 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Lisa Rooney	00:27:48	40	69.86%	12	+ 0.48	10
Jenny Cooney	00:30:42	39	64.03%	11	+ 0.11	12
Annette Helliwell	00:32:10	38	72.19%	13	+ 2.20	9
Ruth Cottam	00:34:32	37	62.32%	10	- 1.07	13
Elaine Reid	00:34:52	36	58.67%	8	+ 2.23	8
Alison Fox	00:36:57	35	58.96%	9	+ 0.13	11
Karen Chart	00:39:40	34	50.10%	7	+ 3.48	6
Evie Odej	00:39:41	33	48.52%	6	+ 5.59	5
Prisca Andrews	00:40:20	32	48.02%	4	+ 2.50	7
Rosa Constantinou	00:41:20	31	48.48%	5	00:41:20	4

Please note that due to a very congested finish area for this race, the times used for calculating age gradings were the times recorded by Martin at the start of the finish funnel queue rather than at the finish line.

<i>Event 21(b)</i>	Surrey Cross Country League - Saturday, 11th October 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Robert Knight	00:29:58	40	71.19%	6	- 0.46	6
Roger Bryant	00:30:45	39	76.85%	12	- 1.37	7
Gordon Hennessy	00:31:12	38	79.45%	13	- 2.45	8
Antony Constantinou	00:32:24	37	75.28%	11	- 0.28	5
Tony Trundley	00:32:36	36	73.63%	9	- 3.58	13
Andy Randall	00:32:39	35	69.13%	5	- 3.45	12
Keith Dunning	00:33:28	34	72.88%	8	- 3.41	11
Martin Lloyd	00:33:54	33	74.34%	10	- 3.23	10
Bill Walsh	00:34:28	32	71.92%	7	- 3.08	9
Melvin Trundley	00:53:30	31	53.87%	4	00:53:30	4

<i>Event 22</i>	Croydon 10km - 19th October 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Gordon Hennessy	00:38:05	40	81.92%	16	- 0.02	13
Roger Bryant	00:38:22	39	77.52%	15	+ 0.37	11
Andy Randall	00:43:16	38	65.66%	8	+ 1.50	9
Chris Curtis	00:43:51	37	68.89%	13	+ 2.14	8
Jenny Cooney	00:44:48	40	69.20%	14	+ 0.10	12
Bob Chart	00:46:09	36	66.51%	10	+ 2.16	7
Shun-Lai Chan	00:47:55	39	67.93%	12	- 0.24	15
Dave Condon	00:48:26	35	55.87%	5	+ 4.22	5
Elaine Reid	00:48:44	38	66.20%	9	+ 0.39	10
Robert Nyman	00:49:13	34	64.98%	7	00:49:13	1
Ruth Cottam	00:50:25	37	67.32%	11	- 0.04	14
Mandy Curtis	00:57:53	36	56.23%	6	- 1.23	16
Evie Odej	00:59:01	35	51.45%	3	+ 6.42	3
Karen Chart	01:00:44	34	51.61%	4	+ 3.54	6
Jim Knight	01:04:34	33	51.26%	2	+ 5.26	4
Kate Knight	01:41:33	33	36.06%	1	+ 21.33	2

Event 23a	1st Surrey Classic, Oxshott 10km - Sunday, 26th October 2014					
Member	Championship		Age Graded		Handicap	
	Time	Points	Percentage	Points	Difference	Points
Gordon Hennessy	00:37:13		83.83%	19	- 0.59	15
Mark Constantinou	00:38:00		80.78%	18	- 0.10	11
Antony Constantinou	00:39:11		78.34%	17	+ 0.08	10
Lisa Rooney	00:40:38		75.37%	15	+ 1.34	8
Martin Lloyd	00:41:44		76.00%	16	+ 1.46	7
Richard Fox	00:42:03		71.28%	13	+ 2.31	5
Jenny Cooney	00:43:14		71.70%	14	- 1.11	17
Elaine Reid	00:47:26		68.02%	11	- 0.53	14
Ruth Cottam	00:49:17		68.87%	12	- 1.03	16
Alison Fox	00:52:41		65.22%	10	- 0.39	13
Tim Gray	00:53:34		55.52%	6	- 3.12	3
Prisca Andrews	00:58:24		54.38%	5	+ 3.43	1
Melvin Trundley	00:59:26		61.03%	8	+ 3.00	4
Rosa Constantinou	01:01:52		53.11%	4	- 1.29	18
Rupert Quested	01:03:48		55.74%	7	+ 3.12	3
Chloe Constantinou	01:05:01		48.26%	1	+ 1.25	9
Rosemary Egbe	01:05:17		51.99%	3	+ 2.11	6
Karen Weighall	01:08:11		48.68%	2	- 1.53	19
Ria Trundley	01:09:05		62.95%	9	- 0.24	12